

# Quicksilver

September 2021



Fall is coming!

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Join the club/renew

#### Officers

2021 Board members are

Jill Kilty Newburn, President
Jerry Witenauer, VP
Nick Warhol, Treasurer
Margaret Hastings, Secretary
Carloyn Tucker
Maryben Stover
Trilby Pederson
Dick Carter

#### **Newsletter Editor**

Elisabet Hiatt lazo@ucsc.edu

QSER on the Web: <a href="http://www.qser.net/">http://www.qser.net/</a>

### President's message

At the time that I am writing this the dust has just barely settled after the 36<sup>th</sup> Fireworks Endurance Ride. The day was a good 20 degrees hotter than had been forecast just a few days prior, and the heat was unforgiving on some horses.

We had many QSER members present working the finish line, the vet check and of course riding too. A special thanks to all of you who answered the call to come out and help! This ride requires a huge number of volunteers, and having experienced endurance folks working some of the key jobs makes everything run much more smoothly.

Your Board has already begun preparations for next year, and Jerry Whittenauer is heading up the Nominating Committee that is looking for two new Board members next year.

Our Board continued to meet via Zoom this year, which makes it possible for folks who live further away to serve. If you would like to learn more about the expectations and activities of the Board, please reach out to Jerry.

If you would like to pre-ride some of the trail before the QSER Fall Classic, join me for the 4<sup>th</sup> Friday Ride at Harvey Bear on Friday, September 24<sup>th</sup> at 10am.

Meet at the San Martin entrance and we'll take a wander through some of the trails on the north end of the park.

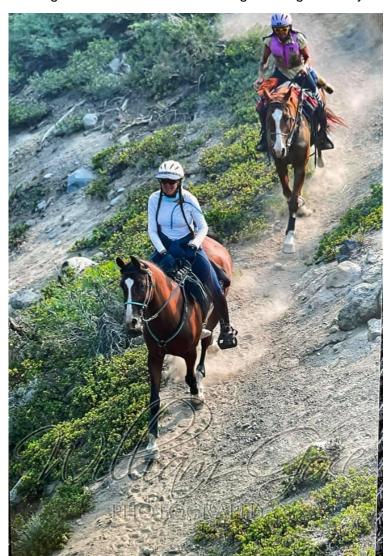
See you out there-

Jill

Tevis adventure by Lori Oleson

Every Tevis is an adventure. Just getting to the start is a huge effort for every single horse and rider. I'm fortunate that Rushcreek Fargo is a really solid guy. This was his first 100 and felt he was ready to take it on. He had already completed 2, 75 mile rides in Nevada.

We started at 5:15am on Saturday morning in the middle of Pen 1. The start was much more civilized than I remember from past years, maybe because of the lower number starting riders. Climbing Squaw went by quickly because I spent most of it visiting with others. After Watson's Monument (and saying hi to Cowman), we were on to the Granite Chief Wilderness Area. Because of severe drought, there were no bogs. That is probably the only positive of the drought. The rocks were bad, really bad. But that's normal for this part of the trail. Riding with Kristine Hartman through the high country was really fun.



I didn't know if I would go over Cougar Rock and at the last minute, I made the decision to go around.

The smoke from Nevada fires was creating very poor air conditions and there were no spectacular views that is typical for the Sierras.

Coming into Robinson Flat was great. This where I was able to see my wonderful crew - Jill Kilty Newburn and Margaret Hastings. I had put together a ride plan and we came in within 1 minute of the plan. Fargo was starving and I was really dirty. This was expected, so was able to clean up, change my shirt, eat, drink and relax.

Shortly after leaving Robinson, we came across Haily Dutton walking her horse. She was obviously limping. She said her Achilles hurt but she was going to get as far as she could on foot. She's one tough cookie.

Last Chance at 50 miles is where things slowed down for us. As hungry as Fargo was at Robinson, I wasn't expecting him to stop eating at this check. His gut sounds were quiet but I knew he was not in 'trouble' because his heart rate was 40. The vet held my card and I

stayed and got him eating, probably we were at the vet check around 30 minutes. His gut sounds were not good, but with a heart rate so low and a second opinion from Rob Lydon, they let me continue. I think it was helpful to know the vet and he knew I would take care of my horse.

Heading out, I caught up with Kathie Perry. She's amazing, in her mid-70's and riding for her 24th buckle. We started down the first canyon together but that didn't last long. I got off and she just motored down on her strong horse. They went on to finish well ahead of us. Walking down the canyon, there was grass along the trail. I didn't want to stop but I did want Fargo to eat, so I picked grass and hand fed him all the way down. I'm so glad I did because for the rest

of the ride he never refused a bite of any food.

In the river, below the swinging bridge, Fargo had a big drink and then started to splash. We were in the river with Diane Stevens and her stallion Bentley. Both horses were splashing up a storm. Photographer, Lynne Glazer was there taking lots of pictures. They will be fun ones to see.

Fargo and I have been working on marching up hill for this canyon. It is steep, long, rocky and just plain hard. Our practice paid off. In front of us was a horse with a strong walk and Fargo keep pace with him really well.

At the top at Devil's Thumb, a group of volunteers were there to feed Fargo and sponge him down because his body was so hot after the big climb.

On to Deadwood, just a few miles down the trail, then the second biggest canyon. This one took awhile. We rode with Andy Marlen, whom I've ridden with at a few other rides with Fargo. Finally we arrived at Michigan Bluff. It's a cute, quiet little town in the mountains but this day it was overrun with Tevis activity. The volunteers were great! Fargo ate a big mushy bucket, he was sponged, I got to sit in a chair. It sounds so simple, but it felt so good. Oh, they did feed me and gave me plenty of liquids. Fargo hated to leave but we still had a long way to go.

Since we were at Michigan Bluff for a nice rest, the Chicken Hawk vet check was a very short stay. Fargo's heart rate was 48.

The last canyon felt like nothing compared to what we had already done.

We came into Foresthill strong, trotting all the way to our wonderful crew. Tack was stripped, Fargo was cooled and we went straight for his pulse check. His heart rate so low the person taking his pulse didn't think she

was doing it right. I assured her that was typical for him.

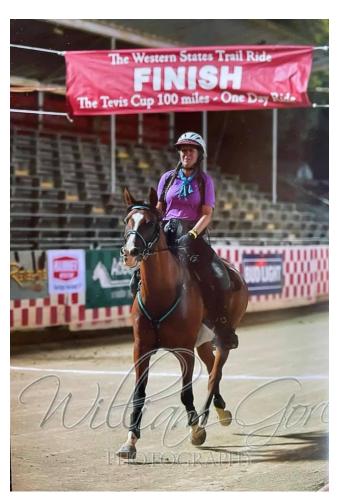


It was great to have another 1 hour stop. Fargo was well cared for, I had a quick shower and a change of clothes. It makes you feel almost human again.

Leaving Foresthill, it's great trotting though town and seeing all the locals out to cheer you on before heading to the dreaded California Loop. We were a hour behind the ride plan, so that meant we had lost an hour of daylight. I was pretty bummed about it because everything would slow down in the dark on this stretch. It took 4 hours to get to Francisco's at 85 miles.

Again, Fargo was so hungry. When I took him away from the food to see the vet and then leave, he was so sad. He saw no reason to leave all that wonderful food behind.

We partnered up with Annie Whelan from Kentucky. She led all the single track and most of the road, but right before the river she said her horse doesn't do water well. No problem, Fargo loves water. She followed behind with no problems. I know Fargo enjoyed the crossing.



The path in the river is lit up with glow bars, it's pretty cool. It was deep enough for me to be wet to my knees while sitting on him. This time I wasn't going to let him splash!

On to the Lower Quary with only 6 miles to go. I watched Annie leave and decided it was little too fast a pace for us. We walked most of the last part of the ride. Fargo keep wanting to graze on the dry grass along the trail. I let him, but not too much because we needed to finish this up.

I was so happy to see the .5 mile marker and the glow of the finish line. We finished at 4:20am Sunday morning. My crew was waiting for us and walked with us to the stadium for our victory lap.

I was so happy to get off him for the final time. As tired as we were, I knew Fargo was just fine. Our final vet check with Mike Peralez went well and Fargo trotted out beautifully.

Fargo has earned a nice rest of at least a month before we take on the next challenge.

**Meet female outlaw Belle Star:** Born Myra Maybelle Shirley Reed Star, she could often be seen riding sidesaddle and toting two pistols. Belle Starr was known as an infamous outlaw in the Wild West — the western edge of the expanding United States in the second half of the 1800s. She associated with famous outlaws, like Frank and Jesse James, and was arrested several times. In



recent years, however, historians have gathered data that suggests that she committed far fewer criminal acts than her legend would suggest, with the men in her life being the main purveyors of illicit acts. Starr was killed in 1889, with her murderer having never been brought to justice.



Meet some of the upcoming Quicksilver Fall Classic riders. They may not be QS members, but they are all looking forward to the ride!

#### Lilia Lucero and JoJo



I was born and raised in Modesto, Ca. My family has lived there for 5 generations. However, I haven't been back since my early twenties. Life, house buying and selling etc. We now own 5 acres next to the antelope valley poppy reserve in southern California, PS region. My entire childhood I visited Santa Cruz and Yosemite every season. In fact I learned to ride a horse in Yosemite valley at age 2.5. But Santa Cruz is my favorite place on earth. It's my happy place. JoJo just happens to be my heart horse.

I started exercising race horses at golden gate fields in my late teens. I also competed over fences. I went on to work at Arab training barns, dressage barns, mustang barns... dabbled in almost everything yet somehow missed endurance.

The universe brought JoJo to me and I can't say enough about her heart and temperament for this sport. She takes phenomenal good care of herself and me. Eats and drinks like a champ, loves to camp, socializes with everything while there, and loves the vets. She loves everything about endurance, undoubtedly. She's 33% Crabbet and Spanish, out of one of Wanye Newton's best mares.. I have had her since she was 3.5. Backed her, did all her training, conditioning and so on. She's truly my best friend.



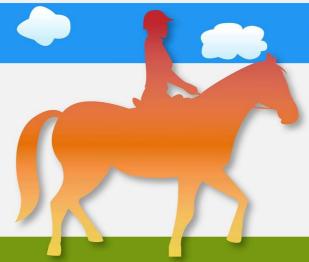
Getting to bring her to this ride was always a dream of mine. We'll be doing the 30 this time. But plan to be back yearly to do the 50, as our central California ride of the year. I'll be there with our friend Bill on his black gelding. I can't tell you how excited we are to be riding in the redwoods. It's truly home to me and it's been calling me back for a long time. What an honor to bring along my best 4 legged friend for the experience.

"You only live once, but if you do it right, once is enough." - Mae West

Wise men speak because they have something to say. Fools speak because they have to say something.

Until the lion learns how to write, every story will glorify the hunter - African proverb

# **HEAT INDEX VS HORSES**



## "COOL" FACTS:



- Horses heat up 3-10 times faster than humans.
- Exercise is a major source of body heat; even 17 minutes of gentle exercise in hot weather can raise a horse's internal temperature to dangerous levels.
- Horses, like people, need to sweat for thermoregulation (cooling); sweat is more efficient at removing heat when it evaporates.

### **How HOT is TOO HOT to work your horse?**



#### Heat Index > 180

USE EXTREME CAUTION Normal cooling is almost ineffectual

#### Heat Index > 150

USE CAUTION
Watch for signs of heat stress

### Heat Index < 130

ENJOY YOUR RIDE! Your horse can keep its body cool



### **HOT TIPS**

Heat exhaustion should not be underestimated as it can advance to heat stroke quickly.

If you suspect your horse is developing heat stroke, or if your horse's body temperature does not drop to 101F or lower despite your best efforts to cool him off, call your veterinarian immediately!

#### And now for something completely different....

On March 4, 1989, the racing buffalo Harvey Wallbanger made his California debut at Golden Gate Fields. Ridden by his owner and trainer, T. C. Thorstenson, Harvey Wallbanger defeated Two Eyed Burt, a quarter horse ridden by "Cowboy" Jack Kaenel, by a half-length in a 110-yard dash down the Golden Gate Fields stretch.

The 8-year-old, 2,000-pound buffalo posted a time of 9.4 seconds while recording his 21st victory in 26 starts. (GGF file photo).



# Meet another upcoming Quicksilver Fall Classic rider. They may not be QS members, but they are all looking forward to the ride!

#### Wade Brill and "Sam"

Wade Brill was born in Dodge City, Kansas, at one time, a town famous for its saloons, outlaws, and Boot Hill Cemetery. Bat Masterson, and Wyatt Earp earned their fame as lawmen there. Maybe there is something in the water that makes folks from over there love horses...?

He will be riding Sam ('Sueño Especial') his Peruvian Paso horse, in the Quicksilver ride. They will be tackling the 25 miler in smooth style! Make sure you say "howdy" if you see them out there!

Wade also has two of Sam's brothers as well as a McCurdy horse. If you have not heard about that breed, McCurdy Plantation Horses have a very calm, easygoing temperament that makes them unequaled as personal and family horses. They excel at many tasks such as trail riding, field trialing, driving and working

livestock. Back in the days when horses were the primary mode of transportation, McCurdy's were especially noted for their endurance and stamina.

Wade and his wife of 38 years did a lot high country packing together until he lost her to brain cancer in 2019. Wade started a Face book page called "559 Trail Ride" in her memory. When COVID hit in 2020, he was forced to close his business and became a trail guide in Shaver Lake. He likes to keep busy!



Sam has done trail trials, gymkhana and a lot of sorting, but as he puts it, "He and Sam love trails the best!!



# Meet another upcoming Quicksilver Fall Classic rider. They may not be QS members, but they are all looking forward to the ride!

#### **Stephanie Smith and Tuck**



Stephanie and Tuck have been together since August of 2020. Stephanie had been leasing horses for about 5 years in Sacramento, moved to Sunnyvale, and then during the pandemic, decided it was time to find a horse of her own!

After searching for 3 months and testing out a minimum of 2 horses every weekend, driving anywhere within a 3 hour distance from the south bay - Stockton, Shingle Springs, you name it - she finally found what she was looking for with Tuck:

a solid trail horse, under 10 years old, desensitized

already to common trail spooks, a bit of a princess but willing to cross any obstacle with her!



She's been riding the trails at Rancho San Antonio several times a week with her trail warrior every since.



Tuck is an 8 years old paint horse with a beautiful flaxen mane and white socks, and he will win your heart!

\_\_\_\_\_

This will be the last Quicksilver Fall Classic riders feature for this year. I hope you enjoyed getting to know some of the riders and the great horses that will be taking on the challenge of the Harvey Bear Park trails this October.

It pleasantly surprised me how far and wide the ride net is cast, how many different breeds are represented and how interesting and diverse are the riders' backgrounds!

I hope they all have a great time at the ride!

Elisabet



# dubbed the "angel from a foxhole."

#### SMOKY - SUCH A HERO!

Smoky was found in a foxhole in New Guinea in Feb 1944. The American thought she must have been a Japanese soldier's dog, but when he took her to a POW camp, they found out she didn't understand commands in Japanese or English. The soldier sold Smoky to Cpl. William Wynne of Cleveland OH for 2 dollars Australian.

Over the next two years Wynne carried Smoky in his backpack, fought in the jungles of Rock Island and New Guinea, flew 12 air/sea rescue, She survived 150 air raids on New Guinea and made it through a typhoon at Okinawa, made a combat jump in Lingayen Gulf, Luzon, in a parachute made for her. She would warn G.I's of incoming artillery and was

Early in retaking the Philippines combat engineers were setting up a telegraph line to an airfield. The joints collapsed filling them in with sand. Cpl. Wynne knew that Smoky could climb through the pipe with a new line and that is what she did. Smoky's work saved approximately 250 ground crewmen from having to move around and keep operational 40 fighters and reconnaissance planes, while a construction detail dug up the taxiway, placing the men and the planes in danger from enemy bombings. What would have been a dangerous three-day digging task to place the wire was instead completed in minutes. In her down time she preformed tricks with the Special Services to improve the morale of the troops and visited hospitals in Australia and Korea. Visiting with the sick and wounded, she became the first recorded "therapy dog".

After the war she became a sensation back in the states, had a live TV show, and often visited Veterans hospitals. Smoky's work as a therapy dog continued for 12 years. Wynne had Smoky 14 years before she passed away. He buried her in a 30 caliber ammo box in Rocky River Reservation, Ohio.

Smoky... the smallest war hero weighing in at 4 lbs even and standing 7 inches tall. Books have been written about her.

#### "Clooney"

By Catie Staszak

You know him as the 2019 individual European Champion. You know him as a two-time Olympian. You know him as the individual silver medalist from the 2018 World Equestrian Games.

You might not know him as Clooney, the grey horse. Martin Fuch's (SUI) sensational 15-year-old gelding is unquestionably one of show jumping's very, vest best. But even on the world's biggest stage—the day of the individual jumping final at the Tokyo Olympic Games—Clooney was allowed to be a horse.



I can't count the number of times that I have heard the words "Oh you just trail ride" or "It's just a trail horse", especially from other riders who focus on only one discipline. And each time I have to smirk a little. To be JUST a Trail Rider you need a very special talented kind of steed for which many folks don't realize the expertise required:

- He needs to be as maneuverable as a Dressage Horse...to be able to place each foot exactly where and when you need because there is a steep cliff drop-off on one side and a wall of solid mountainside on the other. A sure-footed horse is a must to be a good Trail horse.
- -He needs to be as bold as a Foxhunter....to go willingly where he is pointed, whether that is over a log, up a steep hill, down a gully, through rushing water, bootsucking mud or bushwhacking through thick scrub.
- -He needs to be as agile as a Show Jumper....able to easily twist and turn around trees and bushes, boulders and hop over fallen logs.
- -He needs to have the stamina of an Endurance Horse....because a 7 mile ride can easily turn into a 20 mile ride if his "on-board GPS" (aka rider) takes a wrong turn.



- -He needs to have the calm mind of a Rodeo Pick-Up Horse....because many horses cannot hold it together under stress. But a good Trail Horse must be able to cope with the high emotional energy often coming from other horses in front, behind and either side of him. He needs to always be level-headed and sensible.
- -He needs to manage being squashed against others like a Polo Pony....because on some trails his nose might be pushed against a tail in front, or flanks pressed side-by-side with rider's knees banging against other rider's knees, or another horse breathing down his back. He needs to have patience and get along well with others.
- -He needs to cope with bursts of speed like a Racehorse.....because if that "on-board GPS" (aka rider), stated above, turns the short ride into 20 miles you won't get home till dark if walking that whole distance.
- -He needs to be a clever problem-solver with his mind and feet like a Cutting horse....sometimes his rider is gonna get him stuck in places that seem impossible to get out of!
- -He needs to be brave like a Cow Horse because not only will he have to deal with protective mama cows and bulls out on the trails, but he'll also be faced with mountain bikes, ATVs, motorcycles, strollers, tractors, logging equipment, chainsaws, horse-drawn carts, bullet-riddled appliances, floating plastic bags and balloons, booming thunder and pouring rain with flapping slickers, loose wild horses and burros, and all forms of wildlife.
- -And he needs to be cuddly and sweet like a Child's Pony....because he will spend countless hours exploring trails with his rider.

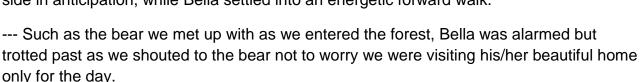
#### **Redwood Ride**

by Elaine El Bizri

Three days later, as I write, I've hardly come down from the excitement of this ride. In his AERC webinar Nick Warhol talked about the thrill and amazement of his acquaintance that she could complete a 10 mile ride. I identify with that on completing the Redwood Equestrian Endurance Riders (REER) 35 mile journey at Orick, through old growth redwoods Saturday 14<sup>th</sup> August 2021.

Was it the thrill of my horse coping calmly determinedly with every situation she is faced with? --- Such as the ride start along a levee leading to the forest with horses around her racing to get ahead or leaping from side to

side in anticipation, while Bella settled into an energetic forward walk.



--- Such as her energy in climbing those single track switch back trails - up and up to the skyline - where we looked down and could not see the base of the trees and then looked up and could not see the top of those 300 foot tall redwoods.

--- Such as her trotting through mud and creeks with almost no hesitation (this was an

absolute first for Bella) or moving along narrow cliff edge trails with no space to spare and giant ferns hiding the treacherous fall away.

Was it the thrill of how she coped with the heat and high humidity? Climbing and climbing she was very hot, we would stop rest for a few minutes and she would pick up the pace as I felt her hind muscles pushing us up again.



I rode with Dmitri on his beautiful grey Andalusian mare. The two horses were a good match they kept an even speed, we took turns to lead and knew when it was time to slow down, to take a rest or to speed up and feel the wind.

The day before this ride I tormented myself and my neighbors in camp as to whether to do the 50 or 35 mile ride? Bella and I had a tough experience at both Cache Creek and Cooley Ranch rides, our first 50s of the year or more significantly since before the Covid outbreak. She did not want to move out on those rides, was reluctant to leave the vet check and gave me the sense she had no energy and had lost enthusiasm and interest.

On the Friday morning I spied Nick Warhol parked close by and shared with him my concerns, he told me that there were horses that did not take to endurance and when their minds are turned off the sport there is little can be done except try a different activity. He also pointed out that just as the rider is learning the elements of endurance through time and practice the horse also has to learn what it is all about.

Next to our rig were Abe and Sharron they had done this ride 20 times and shared great

enthusiasm for it, they both listened to my tale and my indecision. They were very understanding and helped me at the end of the day to go with my gut feeling and sign up for the LD. As Sharron said there would be plenty more 50s and if my 35 was successful I would move forward with greater confidence.

I also have to mention the beautiful site, where the camp was enveloped in the morning fog that crept over us from the ocean at



night and opened up to curling white mists encircling the redwoods on three sides. In the evening a herd of elk sauntered by along the river. We went home with bags of juicy blackberries.

This ride is very well organized and smoothly run by James and Donna Biteman with a very helpful and dedicated team of volunteers.

Thank you REER.

#### Just wondering.....

Why are they called Apartments when they are all stuck together? If con is the opposite of pro, is Congress the opposite of progress? If flying is so safe, why do they call the airport the terminal? Why didn't Noah swat those two mosquitoes? Why isn't there mouse-flavored cat food?

A few weeks ago, Carolyn Tucker and I spent time in Iceland, riding the horses in the highlands. I've been wanting to go for a few years. It took awhile for it to happen, but it was worth the wait.



On August 12<sup>th</sup> we were picked up and taken to Skalakot Hotel and Resort. There were 4 of us from California (Carolyn, myself, Brenda Benkley and Brenda's friend Terri). There we met the other 2 guests, Marianna (22 yrs old from Iceland) and Paula (19 yrs old from Germany). It was a small group, which was great. Our guides were Tor, Dilja and Pally.

The next morning we had breakfast, made our lunches, packed our gear and were given our first horses to ride. The 8 of us riding would move a herd of about 25 horses throughout the trip. The herd were to be our riding horses and each day

we rode up to 4 different horses. We would ride for an hour or so, take a break and switch horses. I didn't understand why we had to change horses so often, but soon learned we were traveling at a pretty fast tolt and that was a lot of work for the horses.

This riding is not for the faint of heart. We were moving along fast, often over rough terrain all while moving a herd.

Icelander's take a lot of pride in their horses. Their ruggedness, tolt, disposition, but these horses are not pets or part of the family. They are work horses. They all have names but they are not friendly or easy to catch. They would prefer to be left alone, but once they are caught, they are completely agreeable to what you want from them.

Manes and tails are in huge knots. Some of us spent time getting the knots our of manes with no grooming tools. We didn't touch the tails. Carolyn discovered that lava rock makes a great brush.





The countryside was breathtaking. Water is flowing everywhere and it is so crystal clear, we were able to drink directly from the creeks. There were glaciers in the mountains, lava rock everywhere and lots of grass. The grass is the sole diet for the horses. The grass is cut and baled for the winter months. It has a very sweet smell, almost like molasses.



Overall, we rode ~110 miles over 5 days and I rode 12 different horses, some multiple times. I would highly recommend riding in Iceland if this is on your bucket list.

Each day's end, we stayed in a different cabin. These bunkhouse style cabins are dotted throughout the highlands for people to reserve/rent while traveling. They all have corrals, but other user groups stay there. Most do not have electricity or hot water. They are run by generator. They are all quite nice, clean and well kept.

Our guides worked hard for us, but they also had fun with us. In the evenings, we had very competitive card games. And at least once a day, we did yoga outdoors.



HEAR YE.... HEAR YE.... Important notification for club dues:

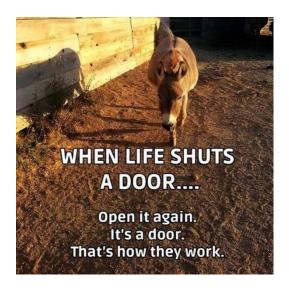
From now on, please send your <u>club membership dues</u> directly to:

Nick Warhol, QSER Treasurer

3664 Old Quarry Road, Hayward CA 94541

Sometimes you have to do it yourself if you want it done





#### Quicksilver Endurance Riders (QSER) Club - August 2021 Board Meeting Minutes

The Board meeting was held via Zoom on August 18, 2021, beginning at 7:00 p.m.

In Attendance: Jill Kilty-Newburn, Jerry Wittenauer, Nick Warhol, and Margaret Hastings.

- Website: Nick reported that he will be making improvements to the website registration and payment system prior to next year's ride.
- Newsletter: Elisabet Hiatt Members are always encouraged to send in articles.
- Membership and Goodwill: No new members this month. Shannon Ashley Thomas had knee surgery.
- Ride Committee: Jerry reported that there are 51 entries for the Quicksilver Ride on October 2, 2021. Entries are 19 in the 50 mile, 27 in the 25, and 5 in the 12 mile intro ride; most entered using the online registration and payment. Releases will need to be signed in person on the day of the ride. We hope to have a potluck dinner Friday night and a hosted Awards dinner Saturday night. Looking for volunteers to help with the ride. Contact Shannon or Jerry.
- ➤ Jill reported that the Fireworks ride scheduled for August 28<sup>th</sup> will be "No Frills," COVID style. A Pre-ride meeting via Zoom will be held the Wednesday before the ride. There will be a mandatory meeting for "Newbies" after the regular ride meeting. 106 entries so far.
- Treasurer Report: Nick reported that the Club is in good standing financially. He sends Elisabet a monthly report for inclusion in the newsletter.
- Old Business: Individual club members continue to plan social rides on the last Friday of the month. The ride on September 24<sup>th</sup> may be the first loop of the Quicksilver Ride at Harvey Bear County Park.
- New Business: The Board discussed establishing the "Board Nomination Committee" to nominate members to serve on next year's QSER Board. Jill will be completing her term as President. Jerry will chair the committee and two non-Board club members are needed to serve on the committee.
- The Board discussed the annual year book and the need for someone to put that together.
- Board members agreed that we should try to have an in-person Awards Banquet this year and planning should begin as it is typically held in February. Jill will reach out to members to coordinate.
- ➤ Jerry reported on his experience as head volunteer at the Tevis Cup Finish at McCann Stadium in Auburn and asked the Board to consider a long-term goal of establishing the QSER Group as the team that annually provides the volunteer staffing. As "Head Volunteer" for the coming years, Jerry will be responsible for recruiting a team of 10-12 "horse savvy" folks to provide hospitality to arriving riders, take care of the horses, and support the Tevis vet crew as needed. If supported by the membership, this would be a chance to establish this as a regular "thing that we do" as a club. No club resources are required…just our volunteer hours. This would not be a formal commitment by QSER to provide staffing but rather an opportunity for folks to participate in Tevis and to build camaraderie amongst QSER members. The Board will vote on the proposal next month when we have a Quorum.
- Nick noted that the AERC Convention in 2022 will be held at the Nugget Hotel in Reno, NV and Nick will be a speaker. His topic will be "30 Years of Stories."
- The Board meeting schedule will continue on the third Wednesday of the month via Zoom. The next meeting will be at 7p.m. on September 15<sup>th</sup>.
- The meeting was adjourned at 8:00 p.m.

Respectfully submitted,

Margaret Hastings

Trea\$urer'\$ report:

General Account Balance: \$16,900
Trails account Balance: \$1,074
Paypal balance \$72



# Birthdays and other announcements



If anyone has a birthday in September, I do not have the date!!!

A note on birthdays: I don't have a complete list of Quicksilver member's birth dates. If you feel inclined (and don't mind having your birthday date published), please send me a note. I don't want the year, just the month and day. Thanks! Eiisabet

# Market Place

#### HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California. Stalls: \$350.00, pasture \$280.00, fed twice a day high-quality orchard-alfalfa mix hay. 96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders. **Trilby – (408) 997-7500** 

### Books by Julie Suhr --- Ten

Feet Tall, Still and ...but it wasn't the horse's fault! are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at (831) 335-5933

#### **CENTERED RIDING® LESSONS**

Help your horse use him/herself effectively while going down the trail. Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860** 

### **Books by Lori Oleson ---**

Years Gone By are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at (408) 710-5651 or lorioleson@alumni.cpp.edu

**Michelle Herrera** is still looking for a few more **ride t-shirts** to complete her quilt... if you have some that are duplicates or... ahem, don't fit you any more, how about letting her have them?

Please contact: Michelle Herrera - 831 427 1533 or by e-mail: montra7003@sbcglobal.net

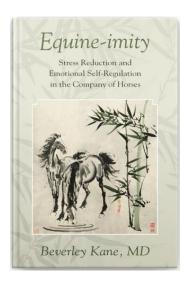
### Upcoming event you may not want to miss.....



In addition to the usual paintings, prints, wrapping paper and exotic beads that I always have at my show, we will be selling lots of tack — both our own and Julie Suhr's. There are several saddles, including the Ortho-Flex Traditional made for Julie's Marinera Ranch, an Aussie saddle and an SR Gonzalez. The list also includes bits, breast collars, martingales, stirrups, head stalls, hackamores, pads and more!

#### Email:

Judith at randomarts@garlic.com or Becky at bghart@garlic.com if you have any questions. Look forward to seeing you!



#### \*\* NEW BOOK by Dr. Beverley Kane! \*\*

# Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses by Beverley Kane, MD

Equine-imity teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family! Purchase paperback or e-book on Amazon and other outlets. Learn more and download free Introduction at <a href="http://equine-imity.com">http://equine-imity.com</a>

Illustrations by Judith Ogus

### IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!!

**Club Mission** - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

rikor. We need your name	
And then your address	
And your phone number and e-mail	
	And then we need your money! Senior membership is \$ 30
	Junior membership is \$ 20
	(a junior is under 16 years of age)
	Family Membership is \$45
	Mailed Quips (paper copy) \$20
	Total enclosed \$

You can go to our website at: www.qser.net to join, OR send a check made out to: Quicksilver Endurance Riders, Inc. to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

#### THANK YOU!!

