



Quicksilver Quips

Sept/Oct 2023



**Happy
Fall**

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Officers

2023 Board members are

Jerry Wittenauer - President
Magda Bartilsson - VP
Nick Warhol - Treasurer
Elaine Elbizri - Secretary
Carloyn Tucker - Board
Rachel Miura - Membership
Magda Bartilsson - Board
Brian Reeves- Board

Newsletter Editor

Elisabet Hiatt lazo@ucsc.edu

QSER on the Web:

President's Message, Jerry Wittenauer, 20 Aug 2023

We made it through the "Dog Days of Summer" and now with the arrival of Labor Day Weekend, it's almost Autumn! Whew - time goes by so fast when you're logging those horse miles! With the arrival of Autumn of course comes the Annual Quicksilver Fall Classic – here are some updates:

- Most of the volunteers have been signed up – we could still use some pulse takers and timer tent volunteers. Please consider signing up if you are not entering the ride!
- Course maps have been updated and a short new loop added this year to bring us closer to a "True 50 Miles" – and we are eliminating the two-way traffic this year. The trails are in good shape for a safe ride.
- I've purchased & received the completion awards for this year's ride – roll-up fleece blankets with the QS logo – they look great!
- We are running slightly behind last year's entry numbers – so it might be a smaller ride in 2023.
- Our costs for staging the Ride are about the same as last year – no surprises. We are keeping a close eye on the balance sheet. Adjustments that we are making this year include finding sponsors for our rider awards, successfully lowering the costs of some of our biggest expenses (Park Permit and Porta Johns), and being a little bit less lavish with our Saturday post-ride meal plan. I think that we'll be OK!
- September will be busy times . . . printing maps & vet cards, final coordination of volunteers and equipment, fielding those last-minute entries and changes . . . excitement building as we approach the 30 Sept date for our 50th running of the QS Ride!

Thanks to everyone for your continued support of our Club activities!

[2023 QSER Club Calendar - see below.](#)

Hi everyone- I added the **2021 club directory** to the "members only" page on the web site.
From the web site click on the "Members only" button.

There is a button to download the directory in PDF format.
If anyone has any content, or any ideas for what they would like to see on the website please let me know.

Thanks, **Nick**

2023 QSER Club Calendar

18 Jan - Election of 2023 Officers
4 Feb QSER Banquet
23/24 Feb AERC Convention (Jacksonville)
~~8 Jul QS Support to Fireworks Ride~~ Ride cancelled.
11 Jul "Go Live" for QS Ride Entries
29 Jul QS Support to Tevis Cup – Finish Line Team

~~Aug 4-5 QS Camping at SCCHA – Cancelled~~
10 Sep Kick-off Board Search Committee.
30 Sept QS Fall Classic Endurance Ride
15 Nov All Awards Nominations Due
18 Jan Election of **2024** Officers

From Beverley Kane: Dear QSER Friends,

Our Webb Ranch Library needs donations of equine- and equestrian-related books, DVDs, and magazines, especially back issues of the San Mateo County Horseman. (Magazines are given away free.) Genres include, but are not limited to, Riding, Horse Care, Horse Training, General and Natural Horsemanship, Fiction, History, Memoir, Veterinary Medicine, Psychology & Spirituality, Equine-Assisted Learning & Therapy, Breeds.

Please e-mail or txt me to arrange delivery or pick up.

Thank you!

Beverley Kane

650-868-3379 --- bkane1@stanford.edu

Important message for DOG owners:

Xylitol (also labeled as Birch Sugar) is a common ingredient in sugar-free products like chewing gum and breath mints is *safe for human consumption but toxic to dogs.*

It is not a problem for cats.

"People need to learn that whatever the horse does is right. You're the one who got into his life... he didn't get into yours. It's amazing what the horse will go through to satisfy a human being."
Ray Hunt

From Judith Ogus



May is CUREPSP awareness month. PSP is Progressive Supranuclear Palsy, a neurodegenerative disease in the class of diseases that are called Parkinson's Plus syndromes. Another is CBD, corticobasal degeneration, which Becky was diagnosed with last July. We are in several non-profit support groups for these diseases. We meet monthly with other patients and caregivers to discuss methods of coping with and alleviating the symptoms of the disease. One week a fellow member of the group came up with this saying and I had to design a tee shirt to spread the word. I am doing some market research here to see if people would be interested in buying this tee. All proceeds after paying my expenses will go to CUREPSPS and to the UCSF MERI Center, which also host supportive groups that we attend. The tees will be \$20 plus shipping, which should be around \$5.50. I will get sizes from Small to XXL. Please share this post. There are no cures for these diseases, only palliative care as they progress. There is ongoing research, and we have just joined a study at UCSF. *Please let Judith know if you are interested: judith@randomarts.biz*

WOULD YOU LIKE TO HELP WITH THE QUIPS?

He y'all... I'm getting a little burnt out producing the Quips every month. The Quips will now be published **every other month**, unless someone wants to help share the load, AKA bugging people to send stuff. How about volunteering?

I won't lie to you: It's time consuming and somewhat frustrating, but it's also fun!

Elisabet

You don't have to be a fantastic hero to do certain things - to compete. You can be just an ordinary chap, sufficiently motivated to reach challenging goals. -*Sir Edmund Hillary, Mount Everest explorer.*

Did you know?

The average 1,000 pound horse produces 16 gallons a day of gastric/hydrochloric acid. That equates to .66 gallons per hour. The stomach only has a 2 to 4 gallon capacity. This is why it's so important for your horse to have hay available all the time, including while trailering!

Annual Club Awards – Give it Some Thought!

As the year enters its final quarter, and thoughts turn to wrapping up the 2023 Ride Season, (the AERC Season ends on 30 November), it's appropriate to start thinking about our year-end Quicksilver Club Awards.

Annual Awards Nominations - Our Bylaws (Special Rules, Section 8) describe Awards for riders and equines that should be recognized each year for exceptional accomplishment or contribution to Endurance. In 2022, the Quicksilver Board developed a set of guidelines for eligibility, evaluation, and selection for the awards described in the Bylaws. It is hoped that the availability of these guidelines will help to maintain our proud Club tradition of recognizing and honoring the accomplishments of our outstanding athletes! Self-nomination is pretty common – don't be shy! The awards and guidelines can be found on our website: https://www.qser.net/s/QS-Club-Awards-Guidelines-Jul_2022-pdf.pdf Award nominations must be submitted to the respective chairpersons of the awards committees no later than 15 December. These people are:

| <u>Award</u> | <u>Ctte Chairman</u> | <u>e-mail</u> |
|-------------------|----------------------|---------------------------|
| Eleanor Norton | Elaine Elbizri | lorioleson@alumni.cpp.edu |
| HOF Horse | Mary W-Anderson | horsemileage@hotmail.com |
| HOF Rider | Nick Warhol | nwarhol@comcast.net |
| Horse of the Year | Nick Warhol | nwarhol@comcast.net |

Thanks for your support to our Club and this great sport of Endurance

In Memoriam - Lud McCrary - 6/30/1928 - 8/6/-2023

E. Hiatt



On Sunday, August 6th, the world lost an amazing human being.

Lud and his wife Barbara dedicated a big part of their lives preserving the redwood forests where they lived, worked, rode horses and had fun.

In 1946, after his service during WW II, Lud co-founded Big Creek Lumber with his father, his uncle and his brother. What started as a small operation milling lumber in the Santa Cruz Mountains has since grown to include a renowned sustainable forestry division, a redwood sawmill, a wholesale lumber division, and 6 retail lumber and building materials stores located throughout California.

Lud and Barbara were also very active in the horse world. They managed

the Castle Rock 50-mile Endurance Ride, as well as the Swanton Pacific 100-mile Endurance Ride, hosted on their ranch in Swanton. These were great, very well managed rides on some of the most beautiful trails I have ever been on.



Lud and Barbara spent much of their free time building or maintaining public and private trails throughout Santa Cruz County, many of them in Big Basin State Park.

They were always willing to take people on lovely rides and talk about the history of the area where they lived.



Lud and his family donated their time assisting marine biologists with elephant seal research on Año Nuevo Island for several years and also volunteered with State Parks as mounted horse patrol. I remember many meetings held at their home for the Horse Patrol members, which were always fun and interesting gatherings!

Sadly, they lost their lovely home and all their belongings during the CZU fire in 2020, but undaunted, they lived in a trailer at their mill

site while planning and rebuilding their new home. They were able to move in about a year ago.



Up until his passing, Lud was able to enjoy an independent life on his ranch with his wife of 73 years. According to the family, In lieu of flowers, Lud would have liked people to contribute their talents towards helping their community.

A memorial/celebration of life gathering is being planned on October 29, 2023 at the UCSC Cowell Barn, 1156 High Street, Santa Cruz. Save the date. More details to follow.

On the move....

From Pat Verheul

We arrived at our new house on May 21st after a two week road trip. Our house on Nelson Road closed on June 29th. We still have moving boxes to go through and some finishing work to do on the house here.

Christy found this place and suggested we go in together. She has plans for the beautiful barn: yoga studio and retreats, and perhaps horse boarding.

She has been encouraging us to move up here for several years. It is good to be close to her and the grandkids although the grandkids are now 17 and 15 and quite busy with their own lives!

The attached photo is of the old barn on the property. We have 5 acres with an older house which we are remodeling. There is a newer barn just behind the house. Two horses live on the property, neither belongs to us.

We do love it here but miss our friends, especially the endurance bunch. There are so many good memories of miles and miles of trails, camping and wonderful horses and all of you riders. Got a hair cut last week and it took forever because we kept sharing horse stories with the hairdresser, Sandy, who is an avid cutting horse equestrian.

We have nice neighbors and there are lots of horses in the neighborhood. Great hiking trails too!

Our new address is 11438 Whistle Lake Road, Anacortes, WA 98221.



May this be a place for wonderful memories to be made and dreams to come true!

JUST FOR FUN...

"I would never retire. I'll just hopefully drop dead in the middle of a song onstage someday."

Dolly Parton (she sounds like an endurance rider!!)

A cowboy, who just moved to Montana from Texas, walks into a bar and orders three mugs of Bud. He sits in the back of the room, drinking a sip out of each one in turn.

The bartender approaches and tells the cowboy, "You know, a mug goes flat after I draw it. It would taste better if you bought one at a time."

The cowboy replies, "Well, you see, I have two brothers. One is in Arizona, the other is in Colorado.

When we all left our home in Texas, we promised that we'd drink this way to remember the days when we drank together. So I'm drinking one beer for each of my brothers and one for myself."

The bartender admits that this is a nice custom, and leaves it there.

The cowboy becomes a regular in the bar, and always drinks the same way. He orders three mugs and drinks them in turn.

One day, he comes in and only orders two mugs. All the regulars take notice and fall silent.

The bartender says, "I don't want to intrude on your grief, but I wanted to offer my condolences on your loss."

The cowboy looks quite puzzled for a moment, then a light dawns in his eyes and he laughs.

"Oh, no, everybody's just fine," he explains. "It's just that my wife and I joined the Baptist Church and I had to quit drinking... It hasn't affected my brothers though."

DID YOU KNOW? THE STATUE OF LIBERTY WEARS A SIZE 879 SANDAL !

Sometimes, if you absolutely have to get there, you have to get creative...



THEM: "You need to listen to your body more."

YOUR BODY: "You're old and you want pizza!"

Avocado: not ripe

Avocado: not ripe

Avocado: not ripe

Avocado: I'M RIPE NOW!!!

Avocado: OK, you were in the bathroom, so I rotted.

Can you believe it??? I was in Walmart using the restroom and just as I closed my stall door, a voice from the next stall said, "Hi! How are you?" Embarrassed... I said, "I'm alright!!" The voice said, "So what are you up to?" I said, "Ummm... Just trying to handle a little private business over here!" Then I hear, "Can I come over?" Annoyed... I said "Excuse me?!?!". Then the voice said, "Listen, I will have to call you back, there's an idiot in the next stall answering all my questions!" 🤦

Jellyfish have survived 650 million years, despite not having a brain. This gives so many people hope!

Getting to know you: *Kathy LaChaine*

I am excited to be getting back into active riding after some time off doing 4-H, Scouts, Band, PTA, etc., with my two kids for the last few years.

I have had great fun all my life participating in recreational riding, western showing, 3-day eventing, carriage driving (driven dressage and combined driving as well as long, meandering drives around town), and now I'm looking forward to seeing some countryside.

While on break, my riding mare and driving pony went and got old on me LOL (they are 28 and 32!), so I recently got an Arabian gelding who needed a new home.

He supposedly did parades with a carriage in his younger years, but now we're just getting to know each other on rides close to home, looking forward to venturing out.

I have volunteered at a couple endurance rides and joined a couple groups and I am desperately hoping that the virus that's going around doesn't shut everything down this fall!

I am looking forward to meeting new people and seeing new trails!



Summer fun!

from Rachel Miura

At the start of July we took Theodore the Wonder Horse back to the Woodside Horse Park for another schooling show, and he and Brynn even did a dressage test!

It was another fun day out, and yes, Theo was the only Arabian, and the only endurance horse, at the show :)

At the end of July we went on a rafting trip on the South Fork of the American. As expected, there was a lot of water! So, it was a lot of fun!



**The adventures continue!!
See Tevis story a few pages down!**



Iceland Trip

by Nicola Mohr



While traveling to Iceland in June, I had the opportunity to join a 12 mile horseback ride on the coast. A small group of riders from various countries were matched with Icelandic Horses (not ponies!), and we started riding along a black sand beach, then up a shallow river and across various meadows and wetlands. The horses had great energy and Go, no hesitation with water or rough terrain, and seemed very happy to keep marching all day with a few grazing breaks.

Although only about 13 hands tall, they know how to move efficiently, and everyone rode the various speeds - and we all especially enjoyed the Toelt! Although the horses really have to work their feet, they move surprisingly fast - and no posting required! At the end of the day, they were returned to a huge pasture and joined their many dozen pasture mates to recover and eat.



These horses survive in a very harsh climate with surprisingly little fanfare and fuss,

mostly eat grass/hay only, and live to grow very old.

They may be exported to other countries, but may never return out of fear of introducing diseases not seen on this remote island.

There are no other breeds either - so as not to dilute the characteristics of Icelandic Horses, especially the treasured Toelt, and as an acknowledgement to the unique status of this national breed.

It was a special experience to visit with these little working beauties!



Salinas River beach

By E. Hiatt

While the temperatures were in the 90's "over the hill", Carolyn Tucker, Shannon Thomas and I had a nice and cool beach ride!

Summer, winter, sun, rain, high tide or low tide, the Salinas River beach is a great place to ride.

On a low tide day, there is plenty of wet, packed sand to enjoy a good gallop. If you are not interested in that, walking on the deep sand is a great workout for the horses. Most of the time, there are very few people on the beach and the views are spectacular.

If you like the idea of riding on the beach but don't want to actually risk it, there is a trail that goes through the dunes, so you hear the ocean and get an occasional glimpse of it, but it's not close enough for the crashing waves to bother the horses.

The parking lot is large and can accommodate quite a few rigs, but I hardly ever see any other people there. You may see a few cars here and there, but 90% of the time, you have the parking lot to yourself. Warning! My husband's car was broken into a few years ago and all his tools were stolen, so make sure you lock your car and don't leave any valuables exposed.

There is no drinking water available. Porta potties are not the cleanest, but they always have TP. Ladies, perhaps this is a good opportunity to see how long you can squat? 🙄



There is no shame in failing. The only shame is not giving things your best shot. Robin Williams

July 2023: Jean Murphy-Ashton, 80, and her beloved horse, Geartsje, made the ride of their lives recently. The Parsonsfield woman and her 21-year-old black mare achieved a "**Century Ride**," where a rider and horse with a combined age of 100 or more successfully complete a prescribed performance in front of judges. You go, girl!!!



Redwood Empire Ride

by Diane Marcel

We got our first 50 done! - Diane and Disney (CP Luminaria 11)

Greenbeans... we got our first 50 done. Disney and I took 5 seasons and 300 LD miles to do it. Redwood Empire Ride in Orick, was decided to be the first 50 for us both, even with the long haul and it being a new Ride for us. The thinking was that it's closest to what we train on in Henry Cowell with cool weather, dense tree cover, and redwood forest trails and hills (to separate us and hide other riders better).

We had just come from the Tevis Ed the month before, having Lori Oleson run us through the second canyon that Saturday, and Sunday having Lucy Chapman Trumbull ride us fast through Cal loop (and Friday night riding with Mark Montgomery's Woody who just took off). We were ready for something big, so Redwood Ride was our "Big Ride".

The planning was the most fun, and it was decided to take the young Akhal Teke as a trailer buddy for Disney, which did work well as both horses ate and drank in route. I brought the Teke's trainer Michelle for camp babysitter. We stopped every 4 hours which turned out to be about every ½ tank of gas gone. We found easy fueling and shade the whole way north. We did leave Felton at 3:30am and found ourselves in camp before 2pm on Thursday, missing Bay Area traffic and any heat of the day.

Camping with 2 horses was another first for me. Lots of hay, mash station and containment. Both horses pull back on ties. We have been problem solving it and still need more time before High Ties, so portable panels were used. Lots of new thoughts for Teke gelding and having 50's ride right past camp did make him call. Then, the LDs went out a whole two hours later and again he was noisy and took a lot of the trainer's time to chill him out.

Disney started the 50 with trouble. She is still an emotional horse and with her breeding (Madgum Psyche) she may always have big emotions at starts.

I have "turtled" this horse for 3 seasons in LD's. She saw rider's going out on trail, some circling at the vet areas and she went all sorts of ways but forward. Made her join the circling horses and when I started chatting she shifted down.

When the trail was open I looked for a spot to put her. I saw a young 8 year old rider and mom team and knew I needed to go before them for safety. We found a spot and we started our walk out (or not!) me asking for her to step in time and allow space (big Tevis Ed point drilled into us).

The first 1 and ½ miles is uphill with small switch backs and we all held our places for a long time. All the people were quiet, that was weird. Human silence. We were a tight pack of riders and keeping Disney in her bubble was all I could do. I usually talk a lot to her. I rate her with my voice and use sound to bring her back to me when she is clearly thinking chasing thoughts... not for this start.



She was the hottest breathing horse the whole way up that mountain and the most emotional. No place to separate her out and she still was chasing horses, so I needed to take her off the trail



a few times to let the front runners go. We really got some space after collecting the faux money from the bucket on the out and back, but Disney would not go near that bucket with the funny footing under it (Disney fell through the forest floor in Henry Cowell -completely disappeared for seconds before reappearing in a huge cloud of smoke, right at beginning of Rincon!). So, I got off and we walked in hand for a while.

We got A's the first vet and ½ hour hold even with the dragon/glycogen burn

start. She got her mash we both got electrolytes. Second loop we rode alone and got passed a lot so I guessed we were middle of the pack. I got off Disney's face (that was the deal after first hour, rating her for rocks and big hills) and she and I trotted well. We did take down hills at the Tevis speed which we had been training for, but there were so many hills all day long!

Again she pulses down easy on first try and gets good hydration scores and B's for gut for the 1 hour hold. Our vet bag does us well on our second out check. My lunch is all in one place, my drinks are cold, my new tiny stool worked great for us finding a spot together and mashing out. Disney gets a dry girth and we ride out with a black Morgan named Star with rider Nicole all dressed in grape purple. We finally have someone to talk with and we rode well and fast together.

Super fun final 14 miles but we were done so early and came in 7th and 8th. We only found out when they asked us to weigh in. Are you weighing everyone I ask? No, you are top ten right now. Nicole on Star and I were both confused thinking we were mid pack. I choose not to stand for best condition and vetted Disney out right then to be finished. Star came in lame, so I might have come in 7th. I got a top ten award at dinner and a laundry bag for completion gift.



Recovery went well will Disney eating my mash options and green grass grazing. She was back sore for the first time.

I might start bringing a dry saddle pad in Vet bag. That was hard hilly trail and I should have gone downhill slower.

Humboldt Redwood Ride is next, 'cause we love riding under those trees! Thinking of focusing on Saturday 50 only. We have our things to work on which includes not coming in so fast.

"A ship in harbor is safe, but that is not what ships are built for." - John A. Shedd

Redwood Ride

by Nick Warhol

I had a great ride at the redwood ride this past Saturday in Orik, California, which is about 50 miles south of Oregon. This is one of the rides the REER group puts on each year, and it's a good one.

It was a comeback ride for me, my first ride in 7 months, due to my leg injury and other life stuff getting in the way. I rode my big, brown, girly horse Sorsha along with Ines and Gretchen, the whole ride, start to finish. Ines rode Rayos, and Gretchen was on Tika. The three horses get along great, and we just rode through the whole 50 and had a blast.



I do miss the original trail. We had to do more roads this year due to trail damage and down trees. At the ride meeting the trail lady said that they had cleared about 250 trees from the trail. My initial thought was right, sure. Then I saw some of those work areas. They might have under-estimated their count! The aspen (or Birch) trees looked like a giant pile of pick-up-sticks that had splattered down across the trails.

The weather was perfect in the morning but got a little warm in the afternoon. The humidity down in the canyon was almost unbearable. There was plenty of nice single track, and we did get to do the goofy switchbacks, twice actually. The

horses in the video are not us- I borrowed the video from Berit since it's very cool. You think you have ridden up switchbacks? These are not the tight ones! Very nice.

We finished in the middle of the pack with all three horses looking splendid. The little video in the arena is after the ride. I forgot how nice it is to ride with no leg pain- what a treat!

To view a short vide of some of the switchbacks, go to:

https://m.facebook.com/story.php?story_fbid=pfbid0YXAMBEpwDUzG389LhAogizzZoUJa73JmcakC4fFub8ZSCagPhJcqkYQJSr39fg9dl&id=100000518233713&mibextid=K1DZIZ

16 July '23 – Capitan, New Mexico: Carlos returns to his desert home, romps through 2 days of 50-mile Endurance Rides, including a first-ever “1st place” and “Best Condition”.

Carlos & I took the 3-day drive to the high desert of central New Mexico for the Fort Stanton Endurance Ride. I had some considerable trepidation about taking this trip owing to the unusually hot weather, but we both prepared as best we could and pressed on (some heat training at home, ramped-up electrolyte dosing protocol, plans for lots of night driving.)

The riding course was simply beautiful – the kind of open country that Carlos thrives on – gently rolling hills, dotted with Piñon trees, and covered with a golden blanket of high-desert grasses. With few hills to contend with, Carlos moved along swiftly with his floating trot, his pulse seldom getting above 125 during our two days of riding. He drank at every opportunity, and took good care of me (OK- he dumped me once when he spooked at an abandoned water trough!).

There were stretches of rocky/stony trail that slowed us to a walk to protect his feet, and this took its toll as we trudged ahead in the persistent desert heat. As usual with Team Carlos, I was the weak link – so wrecked from the heat and dehydration after Day 1 that I needed to take a day off to re-hydrate and recover. We were both back to it on the third day of this event, and rode about as strongly as I have ever experienced Carlos. We actually ended up in 1st place, and – following our completion - Carlos was judged to be in the “Best Condition” among the field of horses entered in the ride. With every desert ride that we do (eight so far just this year) Carlos continues to show off his 3000 years of breeding for these exact conditions – and I’m so proud to be associated with this “Drinker of the Wind”. I fared much better on our second ride – making the adjustment to take an electrolyte pill every 90 minutes for myself.

Kudos to the ride management team for water troughs every 2-3 miles on the course, a well-marked route, and a positive vibe throughout the event. This is one that we’ll go back to for sure! (Pic attached of me showing off our “Best Condition” award).



Travel Notes: With a “heat dome” in-place over much of the desert southwest, I took care to do most of our driving at night, aiming to complete the planned day’s journey at about the time the local temperature would reach 90F. On most days that meant completing the drive by 10:00 or 11:00 am. Our driving days were 10 hrs (to Kingman AZ), 5 hrs (to Grants NM), and then 4 hrs to our Ride Camp. We were warned to be prepared for daily cloud-bursts, and I made the adjustment for this ride to carry rain pants and a rain jacket tied to my saddle – never needed, of course!

Weighing myself and tack for the Best Condition judging showed a weight of 238 lbs – this high number has scared me into a starvation diet to try and lighten the load for poor Carlos – yikes!

Giant Hand of Vyrnwy

When the tallest tree in Wales was damaged by a storm and due to be cut down, artist Simon O'Rourke had other plans.

"I began researching the area and found the area of woodland that contained the tree was known as the Giants of Vyrnwy. This got me thinking and I decided on a giant hand, symbolizing the giants, and the tree's last attempt to reach for the sky!

My designs were chosen and I immediately got to work planning. Scaffold was needed to make it safe to work on, and the terrain was such a difficult one that it took two days to erect the scaffold! Six days of intense work followed using chainsaws and grinders. I needed to add two pieces for the thumb and little finger, as the tree wasn't wide enough to form the whole hand. After completion, the sculpture was coated in Tung Oil, a natural plant based oil safe for proximity to waterways."
The hand is 50 feet tall.

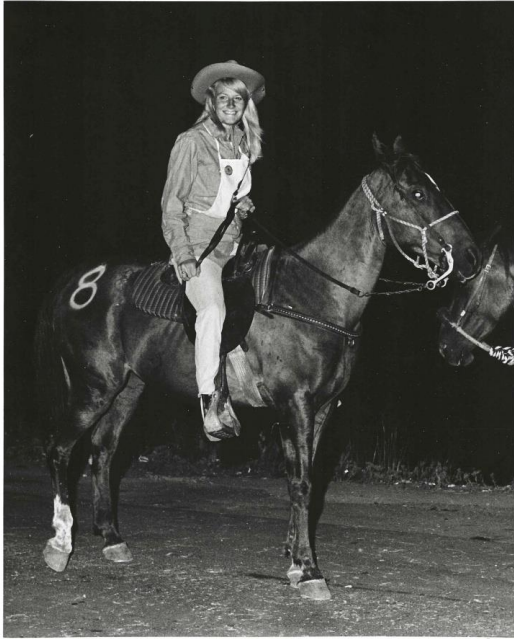


Bahrain Stripped Of FEI Endurance World Championship Title After Tribunal Decision

Four months after being crowned team world champions for the first time at the postponed 2022 FEI Endurance World Championship held in Butheeb (United Arab Emirates), Bahrain has been stripped of the team title following an equine anti-doping case involving a banned substance.

The case involved Hera Durances, an 11-year-old Arabian mare ridden by Abdulrahman Mohammed Alzayed (the third Bahraini combination), who finished 18th. The Fédération Equestre Internationale Tribunal confirmed the disqualification of the athlete and horse combination from the February event and imposed an 18-month ineligibility period for the athlete, who has also been fined.

As a result, Team Bahrain's results are void as they no longer have the three finisher required to count for the team ranking. All the remaining teams on the leader board move up by one place, with France taking gold, Portugal slotting into silver and Italy stepping onto the podium with bronze. *(Taken from a Chronicle of the Horse article).*



Congratulations to all 2023 TEVIS finishers.

Here's a "blast from the past" photo of Barbara White, Tahoe City Start, 1968.

Second Try

First Buckle.

Wendell's McClennan

Adsum AHR #9031

Tevis 2023 -- by *Barbara White*

The 67th Tevis Cup Ride was held on July 29 and was a highly successful event. Out of 94 horse and rider teams, 61 reached the finish line in the allotted 24 hours. Mild weather and an alternate course allowed the front runners

to come in earlier than usual. However, in typical Tevis fashion, over 50% of the finishers crossed the line in the final hour.

Do you remember that Mother Nature started taunting the Western States Trail Foundation shortly after the finish of the 2022 Ride by burning about 16 miles of the trail? She followed up with a relentless winter of rain, wind and snow. While the hard work of the trail crews allowed the burned miles to be used, the snowpack at the higher elevations meant a reroute to Lyon Ridge was called for. So WSTF shifted its attention to a start at Soda Springs. The heavy snowpack also meant a heavy snowmelt and a high, fast, and cold American River. Crossing at Poverty Bar was a risk that couldn't be taken. So, more meetings with maps yielded an alternate (and never used before) Tevis route that crossed over the wild river on pavement. Somehow it all worked out, primarily due to the unlimited energy and talent of Chuck Stalley and his Ride Committee.

Thank you and congratulations are due this group. Quicksilver members, past and present, were a big part of the Ride's success. Many on the membership roster earned the coveted buckles; others served nobly and without complaint as crew members. A large number of you worked as Ride volunteers, attired in blue t-shirts and helping with transport, timing, sponging, and feeding at vet stops, and myriad other ways, including donations for the extra expenses. On behalf of the Board of Governors, we appreciate your devotion to the sport and the Tevis Ride. The weekend felt like a celebration of all that is good in endurance, and it was wonderful to see so many of you (us) there.

In 2024, we will gather up in the Sierra on the weekend of July 20th. Mark your calendars so we can do it again!

A truck loaded with thousands of copies of Roget's Thesaurus crashed yesterday losing its entire load. Witnesses were stunned, startled, aghast, taken aback, stupefied, confused, shocked, rattled, paralyzed, dazed, bewildered, mixed up, surprised, awed, dumbfounded, nonplussed, flabbergasted, astounded, amazed, confounded, astonished, overwhelmed, horrified, numbed, flummoxed, speechless, perplexed, and gob smacked.

Meanwhile, those waiting for the shipment were at a loss for words.

First Tevis Adventure!

by Rachel Miura

Theo and I had a wonderful experience riding the Tevis Cup for the first time this year! We'd been working diligently towards this goal for a while, focusing on getting enough qualifying miles last season, and then honing our fitness, nutrition, tack, etc throughout this year. Theo felt great in the weeks leading up to it, and the weather turned out to be pretty decent (mid 80s-mid 90s), so that was a variable that didn't turn out to be too bad.

The start at Soda Springs had us camping right by an active train track, which Theo wasn't a fan of, but he made it through the night unscathed even after a few fits of bucking as each train went by! The first part of the route was different this year due to snow, which had us on a fire road for ~12 miles, and I tried to rate our speed until we got to the first one-hour hold at Robinson Flat. Theo is competitive and was mad I was letting so many other teams pass us!



After Robinson Flat we got our first taste of the canyons. The descents were fine but the climbs were tough, and with recent fire damage there wasn't much shade in some sections.

After we made it to the one-hour hold at Foresthill about an hour ahead of our planned schedule, we

were both feeling good, and I knew that if we continued to ride smart we had a good chance of finishing. Theo seemed to get stronger and more focused as the heat of the day dissipated, and we even got kudos from the vet at the Francisco's checkpoint about how great he was looking!

We rode with two other teams through the darkness and ended up making it to the timed finish line at about 3:30am. When it was our turn to take our victory lap in McCann Stadium I choked up with emotion. We'd worked so hard to get to this point, and it was a surreal experience to be there, with all the months of prep, and miles of the day, now behind us! Theo vetted through well, and we ended up in 29th place out of 94 starters/61 finishers.

We feel grateful for everyone who has helped us on this journey - our coach, trainers, vet, farrier, crew, family, and friends! And we are especially feeling thankful to the Tevis Cup ride managers, vets, and volunteers who worked so hard to put the ride on. It was a dream come true to experience the trail and be part of the infamous Tevis Cup!

Congratulations, Rachel and Theo on a job well done!!



Training 8/26/2023



Thank you to all who lectured, helped, and worked hard to make this a very successful event!

For those of you who like old Westerns and a bit of history, here's a fun one! Elisabet

James Stewart explains his love of the four-legged co-star he rode for 22 years...

Pie the horse was amazing.

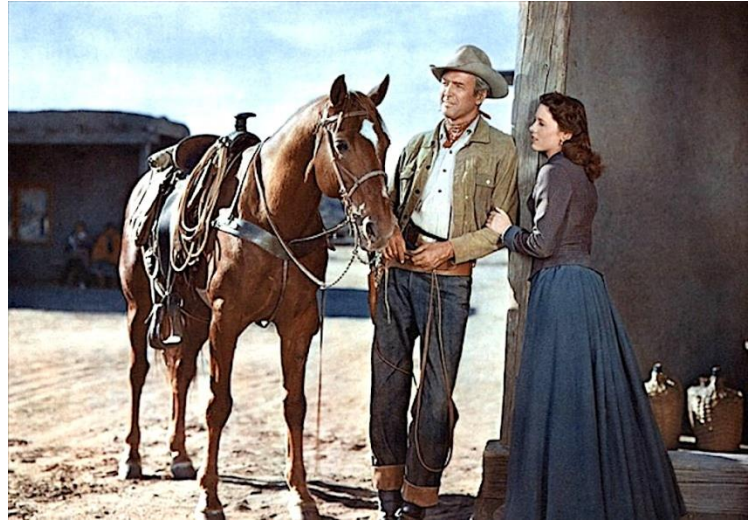
I rode him for 22 years. I never was able to buy him because he was owned by a little girl by the name of Stevie Myers, who is the daughter of an old wrangler who used to wrangle horses for Tom Mix and W.S. Hart. He retired and he gave this horse to her.

Pie was a sort of a maverick. He hurt a couple of people. I saw Pie when I started making Westerns. Audie Murphy rode him a couple of times. He nearly killed Glenn Ford, ran right into a tree... But I liked this darned little horse. He was a little bit small, a little

quarter horse and Arabian. I got to know him like a friend. I actually believed that he understood about making pictures. I ran at a full gallop, straight towards the camera, pulled him up and then did a lot of dialogue and he stood absolutely still. He never moved. He knew when the camera would start rolling and when they did the slates. He knew that because his ears came up.

Petrine Day Mitchum, Robert Mitchum's daughter, horse enthusiast and the author of "Hollywood Hoofbeats" ... explains further:

James Stewart rode Pie in 17 westerns. ... And they just became so attuned to each other that in one film, "The Far Country," Stewart had developed such a rapport with him that he was able to get the horse to do something at liberty all by himself when the trainer was not around. They were on location, but the trainer wasn't on the set. The horse needed to walk from one end of a street to another with no ropes on him or anything, and Stewart just went up to him, he said he whispered in his ear and told him what he needed him to do. And the horse did it. And everyone on the set was absolutely amazed, and Stewart just said, that was Pie. That's what he did. So he absolutely had an incredible bond with the horse.



Henry Fonda, best friend of Stewart, painted a portrait of Pie and it hung in Stewart's home. Jimmy Stewart had Pie buried on his ranch in California.

Beyond the work Pie did with Stewart, on film he was also ridden by Kirk Douglas, Audie Murphy, Glenn Ford. And, more than likely, a number of other actors. There is no exact count of the number of films in which the little quarter horse appeared.

Yul Bryner also rode Pie in The Magnificent Seven movie.

Quicksilver Endurance Riders (QSER) Club August 16, 2023

Board Meeting Minutes

The Board meeting was held via Zoom on August 16, 2023, beginning at 6:34 pm.

In Attendance: Jerry Wittenauer, Nick Warhol, Rachel Miura, Elaine Elbizri, Carolyn Tucker, Brian Reeves

Apology from, Magda Bartilsson

Review of Committees/Reports:

A. Technical: Website/QUIPS/Other:

Implementing access to the use of the GPS tool was progressing well. Nick and Rachel continue working on the website. New site was to be made accessible after the ride. Quips is to be published on alternate months.

B. Membership – one new member and one renewal this month.

C. Goodwill – Lud Macrary passed away. Maryben was to be asked to send a sympathy card to his family.

D. Financial – In response to Judith Ogus's message concerning Becky Hart's diagnosis, it was proposed that a donation of \$250 be made to CUREPSP. Jerry was to contact Judith.

Banquet – a potluck was proposed with QS providing a main course

E. Trails – Permit to use ebikes on trails had passed. It was noted that individual parks could decide whether to allow them on trails.

Clearing and repair of trails was complete and most trails were open.

F. Ride Committee Report

QS Fall Classic – Nick and Bryan will have their quads available.

Dumpster is to be set up. Some changes to Vet list to be confirmed by Jerry. Space would be arranged for Vet's trailers. There is a need for a few more volunteers. 30 signups for the ride received. Elaine to coordinate meal set up with Jill Newburn

Concern was expressed for the spread of vesicular stomatitis, some events in California have been cancelled; progress of the disease would be monitored.

Presence of a photographer at the ride was discussed. Jerry was to find out if a permit was required.

G. Recent/Upcoming Events:

There were no QS volunteers for the Tevis ride support this year.

The camp at SC Horseman's Association was cancelled. The offer to hold the camp still stands, it was suggested it is held next year in the fall when members have more time available.

H. Awards Ctte Status – Invite for nominations would be placed in Quips. Also an email notice would be sent to members. Nominations were to be made by December 15.

New business

Safety on trail Magda's safety talk would be at the ride following the ride meeting.

Swag Store A revamp of the website was underway and it was planned to go live when the new QS website was online.

The next Board meeting will be on Wednesday September 13th.

The meeting was adjourned at 7:27 pm.

Elaine Elbizri

Treasurer's report:

Checking \$7,381

Savings (trails fund) \$1,075

Ride income to date in paypal-\$3,735

No expenses



*Happy Birthday to all who are
celebrating another trip
around the sun!!*



Market Place

HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California. **Stalls: \$400.00, pasture \$330.00.**

Fed twice a day high-quality orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available.

1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails).

I provide my trailer for use to boarders.

Trilby – (408) 997-7500

Horse boarding in Bonny Doon: 1 large paddock - 68x72 - and covered shelter with stall mats. Arena and round pen, bathing area, room to park a trailer (small extra charge). Immediate access to Fall Creek trails. 2 feedings a day and cleaning. Very clean, pipe corral fencing, no mud in the winter. Retired horses welcome! \$550/month. debbieboscoe@gmail.com

Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses by Beverly Kane, MD

Equine-imity teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family! Purchase paperback or e-book on Amazon and other outlets. Learn more and download free Introduction at

<http://equine-imity.com>

Illustrations by Judith Oqus

Books by Julie Suhr --- Ten Feet Tall, Still and ...but it wasn't the horse's fault! are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at:
(831) 335-5933

CENTERED RIDING® LESSONS

Help your horse use him/herself effectively while going down the trail. Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.

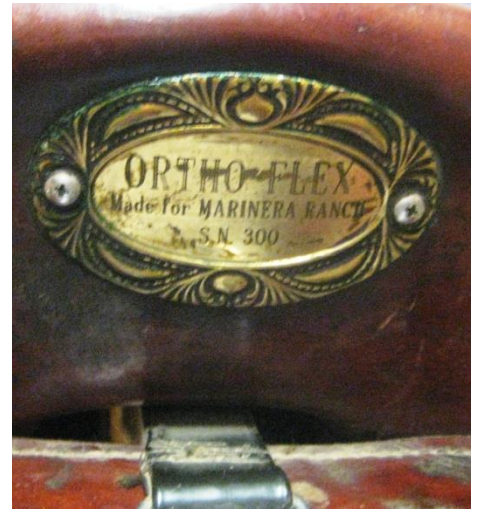
Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860**

Books by Lori Oleson --- Enduring Memories and Endurance... Years Gone By are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at **(408) 710-5651** or lorioleson@alumni.cpp.edu

Specialized Trailmaster Saddle for Sale:

The Trailmaster is a lightweight performance based trail saddle. This one is 15lbs, with a 15" seat, and a wide tree. It is all black and has a custom fleece seat cover over the leather seat. I'm including endurance stirrups and a Specialized girth. The billets are new but no leathers are included. Great condition - just needs to be fitted to your horse. \$1399 **OBO** - plus shipping if necessary. debbieboscoe@gmail.com (Santa Cruz)





Saddle made for Julie and Bob Suhr's Marinera Ranch. I bought this saddle for my husband he didn't like it. It's been sitting in my tack room for about a year. I don't think it's happy used, but in good condition. I would love to hear some of the stories it has to tell. All original well, including the aluminum stirrups (one of them needs a pad). More photos available. If you contact me and I will send them. Weighs 28lbs. \$450.00 Elisabet - LAZO@UCSC.EDU

From Elizabeth Madera Evans, Founder and Executive Director of Caring Cowgirl (501c3):

My NPO, Caring Cowgirl is asking for support in buying our merchandise to help us get through this rainy season that has prevented us from providing visits. We have hoodies, baseball caps, t-shirts and really cute mugs! Caring Cowgirl offers adaptive horseback riding to children with different abilities to bring about radical improvements in the physical, mental and emotional health of her students.

<https://www.caringcowgirl.org/shop>
www.caringcowgirl.org
liz@caringcowgirl.org



Country Living Situation Available!

Becky Hart and Judith Ogus live in a spacious one level home on five acres in San Juan Bautista. We have a living space available for a July 1st move in. Renter gets two rooms plus access to kitchen and laundry facilities; rooms are a master bedroom with bath and an office, own entry. House is U shaped so you will have privacy on your side of the house and a private entrance. There is a large kitchen/dining area. You will have your own refrigerator and two storage cabinets for food and kitchen utensils.

Hoping to find someone with one horse. The horse will live in a 3 acre pasture with a 32 year old mare and two 9 year old Arabian geldings. One dog who gets along with other dogs is welcome; we have minimal agility equipment. No cats

There is a 4 mile trail a half mile away - out and back is 8 miles and it is up and down hill so good conditioning and we have a Euro-sizer.

Rent is \$1300 plus utilities. Horse board is baseline of \$300; negotiable if willing to share maintenance and whether or not you supply your own feed. Trailer parking included.

Stunning views; VERY QUIET though only a few miles from 101.

PM either one of us if you are interested and please pass this on.

Becky: bghart@garlic.com

Judith: jr_ogus@garlic.com

Posted for a friend of Elaine Elbizri:

For sale Good as New Dressage/Endurance saddle -

17,5 Lovatt & Rickett Rubicon MW Cross Over Saddle.

Great to use for Dressage or Endurance. I gave up riding 1 year ago. I have ridden only one 25mile L D in this saddle, it was a perfect fit and very comfortable.

Soft wool flocked, horses love it and it is a super soft seat for the rider. This saddle was made directly in England for my horse and me (but with a regular M/W tree) it has special D-rings. It fits a variety of withers but not so well for very high withered horses. Horses move out beautifully underneath. It is soft on the withers!!!

My horse was never sore anywhere from long distance rides.

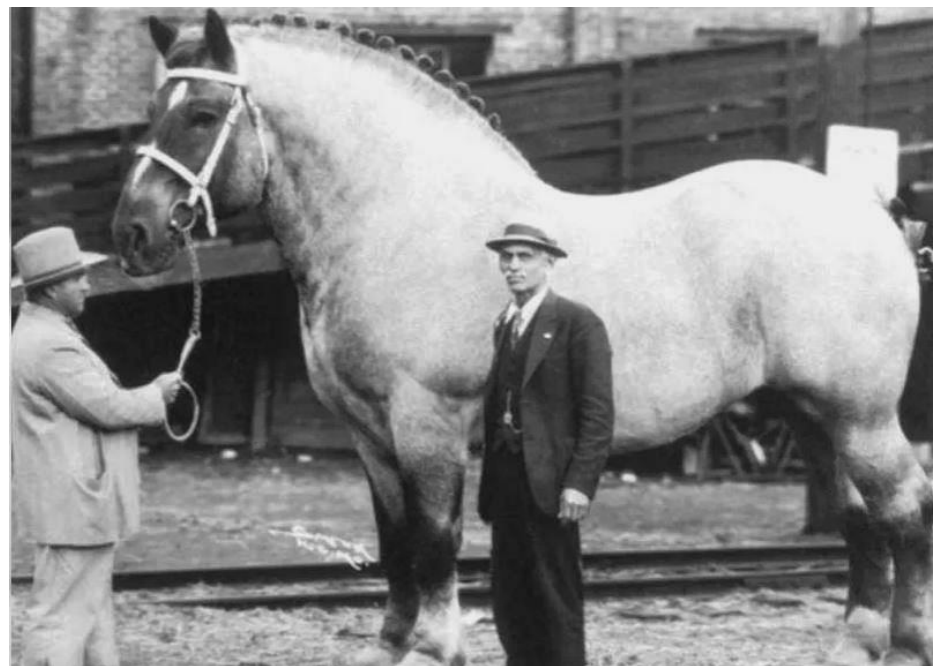
Sold new: \$4,100, asking price: \$3,000

Please contact me, I can bring the saddle for you to try it!

Karina Hoog hoogkarina@yahoo.com 408 646 4361



***Brooklyn
Supreme was
the largest
recorded horse
the world has
ever seen***



Have you found yourself thinking about the largest ever recorded horse? It might not be a thought that's crossed many of our minds, but it could be one that stays there thanks to this incredible lost photo. It might be little surprise that the equine was called Brooklyn Supreme, as the horse easily towers over the people in the snap.

That's because Brooklyn stood a whopping 6-foot-6-inches tall and weighed 3,200 pounds. The photo was taken some times in the 1930s and is just a glimpse into the giant horse. Amazingly, each of his shoes needed 30 inches of iron, and he was once shown across the US, where people paid 10 cents to see him.

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

Club Mission - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name _____

And then your address _____

And your phone number and e-mail _____

And then we need your money! Senior membership is \$ 30 _____

Junior membership is \$ 20 _____

(a junior is under 16 years of age)

Family Membership is \$45 _____

Mailed Quips (paper copy) \$20 _____

Total enclosed \$ _____

You can go to our website at : www.qser.net to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

THANK YOU!!

