

QUICKSILVER QUIPS

July 1999



President: Steve Lenheim
Vice-President: Lori Oleson
Secretary: Marvin Snowbarger
Treasurer: Trilby Pederson
Board Members: Ken Cook
Diane Enderle
Maryben Stover

Published by the Quicksilver Endurance Riders, Inc.

P. O. Box 71, New Almaden, CA 95042

Julie Suhr, Editor..TEL & FAX 831-335-5933

T'is the Season

Welcome Race Fans! Here we are in the middle of June with all the great races coming up. Some of our members are headed off to Tevis and others are looking further ahead to Canada. For all of us, this is the best of times...that is, if your horse isn't lame or under the weather. From what I've been hearing, a few of the Club members, including myself, have been chased by the above-mentioned. Adequan and Bute and of course, a little rest for the ole boy.



The Poker Ride was a huge success. I must admit that Judy Etheridge did a smashing great job! We had to deal with some rather unusual circumstances at the last minute and with so many phone calls from possible attendees, she barely had time to do the work, (A horse at Calero had strangles and since we were going to put on an event there, we needed to warn everyone.) The turn-out was excellent and I think everyone had more than a happy time. How could they not? It was a perfect 75-80 degree day with lots of great food and gifts. No one got badly burned or had a problem with their horse. Quite a jovial group.

Our next function will be July 14 which will be the Bar-B-Que. We have enough left over from the Poker Ride to make it a big treat. I'm thinking of sirloin and salmon with a very special shrimp potato salad. What I need from the members is a nice dessert, so think up something special to bake or mix. I'm partial to chocolate if you need a hint. Also, bring a guest so others can enjoy a little horsing around.

50 miles to go....

Steve



Wednesday, June 9, 1999

The Quicksilver Board Meeting was called to order at 7:10pm. All members were present.

PRESIDENT' REPORT: Steve reported on the Poker Ride. There were 76 entries, and the club earned approximately \$369 in profit. There was food left over for next month's BBQ. The strangles outbreak at the Calero Stables may have had some effect on the ride participation. Thanks to Judy Ethridge for a successful ride.

TREASURER'S REPORT:

General Account	\$1535.97
Ride Account	969.55
Trails Account	825.50
Junior Account	746.48

COMMITTEE REPORTS:

Program: The July meeting and program will be the BBQ at Trilby's. The Club will provide the drinks and the meat. Last name initial of A - L should bring a salad or casserole; M - Z should bring dessert.

The August meeting will be the Barn Dance at the Horseman's.

There are no programs scheduled for September or October. Any suggestions?

Trails: Mountain bikes will be allowed into Quicksilver Park during the first part of July, for an 18 month trial period. Trilby would like to have all incidents reported to her.

The Great Eastern trail has been widened.

There has been an addition (gender unknown) to Calero Park, but no information on the (proud) County's plans.

Ride: Lori has designed, and sent to AERC, an advertisement for the Quicksilver Fall Ride. Look for it in the Endurance News.

Meeting adjourned at 7:45pm. In place of the General Meeting was a saddle-fitting demonstration by Linda Cowles.

Respectfully submitted. Marvin Snowbarger, Secretary.



Quicksilver wishes to welcome **Dominique Freeman** to membership. Dominique lives in Pescadero. Her *GO THE DISTANCE* tack supply service, specializing in biothane products, is familiar to most of us.



The July meeting will be a Bar-B-Que at Trilby's. **Steve Lenheim** is in charge of food so you know it has to be good. Don't miss out!

Gloria and Hugh Vanderford along with **Pete LeMond** traveled to Elko, Nevada for the 50th Anniversary Celebration Ride of the Hyannis Cattle Company. Here is their report to the QQ editor.

The Elko ride was absolutely great. I don't know if you have been to that place but I would describe the country as beautiful, a lush green valley with a river running through it. I didn't get to ride as Salinas was off at the Vet-in. Gloria said the trail was moderate to hard, good footing, and for Nevada, few rocks. We have never been treated better at a ride. Ted and Shelia are as gracious, and friendly as they can be.

The facilities at the base camp are worth seeing.

They gave awards to 4 horses. Weanling Fillies for BC of the 25, 50, and 100. The winner of the 100, got a yearling. There were also other good awards. (Gloria missed the yearling by a nose.)

Shelia presented Ted with the portrait that you knew about. It brought a lump to the throat. I meant to get a picture of it for you but didn't. You must get some kind of copy of it.

Ted loves those renegade HCC horses but he gives most of the credit to the riders. When he talks about his luck in getting the horses to right people, there is no question that he is talking about Julie, Donna, and Hal.

Gloria will fill you in on more details. We and Pete were the Quicksilver representatives.

Hope to see you soon,

Gloria and Hugh

Bill and Sandie Parker can be found enjoying life at The Villages in the eastern foothills. Their new address is 6155 Montgomery Place, San Jose, 95053.

This message from Helen Harvey to all of our members and their guests.

I'm going to have Diana Thompson do another Hands on Horse Care clinic this summer.

Clinic Synopsis:

Diana's clinic will be 2 days, July 31-Aug 1. During Saturday, each horse is individually evaluated for body soreness, movement problems and uneven muscle development. Participants will learn and practice hands-on acupuncture, massage and stretching methods which relax and calm the horse, alleviate tension and soreness in the neck, back and hips.

On Sunday, participants will learn and practice massage and range of motion exercises for the horses' shoulders, hips and tendons. Diana will demonstrate innovative padding solutions which address common saddle fit problems. She will also demonstrate nonviolent training methods which encourage horses to focus on their handlers and calmly follow training cues.



There will be 4 horses evaluated and worked with during the clinic, and a maximum of 12 participants. Cost is \$120 for participants in the 2 day clinic. The cost is \$220 for participants who bring a horse for evaluation and to be worked with during the clinic.

Helen Harvey

wk: (408)285-2092

hm: (408)978-9926

CAMP FAR WEST had so many horses and riders that it was hard to tell who all was there and possible to miss your best friend in the crowd. But among the Quicksilver horde we saw were **Karen Dockendorf, Ervin and Ivy Quinn, Jim and Joanne Dietz, Ken Cook** (who by the way was Top Ten), **Michael and Kirsten Berntsen, Linda Cowles and Bob and Julie Suhr.** We heard other members were there, but did not see them personally. The ride ran smoothly with management allowing an extra 15 minutes added to the noon 1 hour hold in case the vet line backed up. But it all worked pretty smoothly even though one veterinarian canceled the night before. There was a full moon for middle of the night feeding of your horse and the 7 a.m. start was orderly and pleasant.

The reason for the annual large turn-out at this ride is two-fold. The country side is so typically California—rolling hills and oak trees—with the lazy hawks circling above and the blue sky seemingly endless. The trail is an easy one and has adequate water to keep the horses happy. The temperature on this day was just about perfect. Ride management is friendly and the food is good. I am told that riding is permitted in this Camp Far West preserve at any time. js

Lifted from Ridecamp on the Internet—

Endurance Training Session

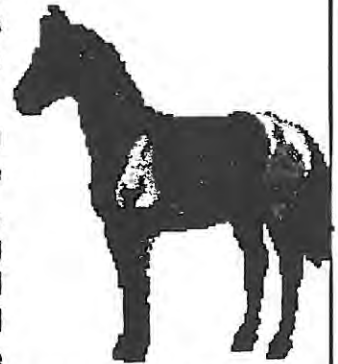
The site was Lightfoot Stables in San Jose, California where three-time Gold Medalist **Becky Hart** rides and trains. Riders invited by USET were either on the USET Long List or the long list for this year's Pan American Endurance Championship, with USET covering most of the expenses.

Fourteen riders from the West Coast assembled for the three-day clinic. Just to prove there is no such thing as too much knowledge, Ona Lawrence drove 12 hours from Oregon with RAA Crusader, who

competed successfully in Dubai in December at the WEC. The clinic was comprised of a stellar group of riders who will be representing the U.S. in the next few years at International Competitions.

Those who shared knowledge were some of the best in their field. Mary Fenton offered expertise in the art of Centered Riding, promoting body awareness, balance and movement. Mary has been Dressage and Centered Riding instructor to Becky Hart and Rio since 1989.

Nancy Elliot D.V.M., who also was an invited clinician, gave a presentation on **Traveling Tips for the Competition Horse**, which covered hauling for long distances and tips on conditioning and feeding after the trip, pre and post-ride. Other topics covered were saddle fit, shoeing, dental and chiropractic.



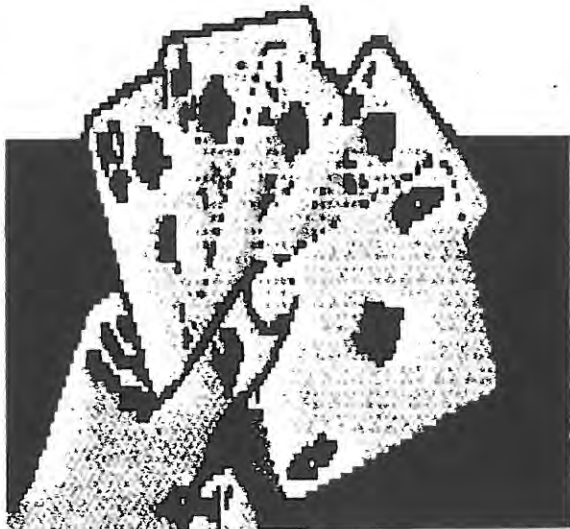
One of the bonuses from such an intense small clinic such as this is the exchange of ideas between riders, and the freedom to ask questions from experts in a working environment.

Comments from first-time attendees were extremely positive. Conrad Briggs from Placerville thought the clinic was well worth coming to as he learned a lot, he said. **Brian Reeves**, who lives not far from the site in San Jose, said "loved it. way beyond cool!"



MYSTERY PERSON

Any member who can identify this Quicksilver member hanging on to the horn for dear life wins a halter rope. Family members excluded.



**Treasurer's Report on the Poker Ride
June 6, 1999**

INCOME:		\$ 981.00
EXPENSES:		
PERMIT	\$ 35.00	
PRIZES	197.72	
FOOD	388.94	
FLYERS	31.33	
	TOTAL	<u>652.99</u>
	NET GAIN	\$ <u>328.01</u>

Thank you, Trilby

**NEED A CHANGE?
HOW ABOUT THIS?**

Quicksilver members Robert and Melissa Ribley keep busy. During the summer season, the Ribleys conduct back country camping trips. They can take either small or large groups into the back country who "can experience many miles of beautiful trails in the high mountains. We will meet the riders at the trail head and spend a day packing into base camp. We pack in all supplies and equipment on our pack horses, and riders ride in on their own horse. Maps of trails out of camp will then be provided so riders can explore on their own on day rides or we can do day rides with the riders if they would like some guidance. It is a great way to spend time with your horse and to explore the wilderness and the great outdoors! The snow should be melted in the Sierras by mid July and the Trinitys and Marbles should be accessible by the first of August".

Prices are as follows;

\$160/day/person Sierra Mountains Trip

\$170/day/person Trinity Alps Trip*

\$180/day/person Marble Mountains*

*allow full day for drive to and from trail head if traveling from central CA area.

**COME JOIN US
FOR THE FINEST IN
BACK COUNTRY CAMPING**

Tired of riding the same old trails?
Tired of the hustle & bustle of modern life?
Do you dream of a week with your horse
away from it all in paradise?

*Scheduling now for Summer & Fall
pack trips in the beautiful high country
of the Sierras, Trinity, Marble Mountains*

Great Food • Clean Air
Beautiful Trails • Peaceful Days

You provide your horse, clothing, personal care
products, sleeping bag, we provide the rest

**CALL THE RIBLEYS FOR GENERAL INFO,
DATES & PRICES**

(530) 268-1378



From Holland to Quicksilver, with love. — — — — the story of Gertrud Walker

I was born in 1966 in Terneuzen, a town in Holland. Terneuzen is a small city just north of the Belgian border, quite far from the hills and mountains of California. My love for horses began there at the tender age of 4.

My parents took my sister and I to a fair that year. There were Ferris wheels and bumper cars and other rides, including pony rides. As I remember, I was immediately attracted to the ponies and begged my parents to let me ride one. Once on the pony, I refused to get off. After several rides my parents, despite my very vocal protests, pulled me off the pony. In a way, I never got off that pony.

A few years later I found another pony, Minerva, languishing in a paddock a few kilometers from my house. I convinced the owner of the pony to let me ride. My parents thought this passion for horses was too dangerous, and a bit too expensive. "And besides", my mother said "Who is this man that lets little girls ride his ponies?" To make a long story short, turns out this man was related to my mother, a cousin, and I began to ride and take lessons on Minerva. I have been riding since.

After a few years I graduated to larger horses and found Peggy, a Polish Arab. At that time I also discovered that I preferred trail riding over indoor ring work. Unfortunately there were few trails to ride on in Holland. The only place one could ride any distance was along the dykes that ran past the edge of town. In my imagination, as I rode up and down the dykes by the waters edge, I rode over mountains and through forests, even though they were not there. Little did I know that some day this would become a reality.

In 1986 I met my husband, Dave, an American traveling through Europe. We fell in love and I came with him to California, Pescadero to be exact. When I decided to

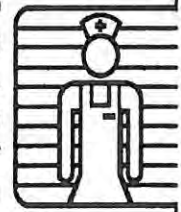


leave Holland I had no idea that I would be moving to some of the most beautiful horse country one could imagine.

After living in Pescadero for a little while I bought a horse and began trail riding. It was a dream come true. I was really riding through the forest and over the mountains. I soon discovered Endurance Riding and was lucky enough to find a beautiful Arabian gelding, Eddie, that loves it as much as I do.

We now have two horses and my husband, Dave, has become an AERC member. He has completed 2 50-mile rides and hopefully many more to come. Eddie had a bit of rough spot last year, colic surgery, but he has recovered beautifully. We have completed two 50's together this spring and are on track to do a few more. I hope to reach 2000 miles with him in the next year or two, we're getting very close.

My husband plays music and works for an internet startup in San Francisco. I myself worked at Duarte's Tavern, a local restaurant, for 11 years. Recently I went back to school and took some classes at Cabrillo College. I am now a CNA (Certified Nursing Assistant) and am currently providing home care for the elderly in the Pescadero area. I will most likely further my education in this field.



We are living and boarding our horses on Ernie and Nancy Elliot's ranch in Pescadero. Nancy gave me this quicksilver membership as a Christmas present (Thank you, Nancy!) I enjoy reading this newsletter very much, thanks to all who put it together.

See you on the trail!

Gertie

(ed.note..under Gertie's good care..Eddie not only recovered well from his colic surgery but proved it to the world by winning the best condition award at the Lakeside Classic, his first post-surgery ride)

CASTLE ROCK

Yesterday's Castle Rock ride tops them all for spectacular weather, scenery, camping accommodations, good company, excellent vetting - it was what I dream "perfect" endurance rides should be like!

Castle Rock is the toughest 50 I've ever done. Like Tevis, it is "The" 50 to ride, and is not for snivelers! The McCrary's and the Summit Riders take good care of everyone in camp, and set us up for a good ride with well marked and planned trails, but this is trail of legendary toughness. If you finish, you finish an extraordinary ride. Castle Rock is the first ride I ever dreamed of completing...and now I have.

The trail runs up the picturesque and rugged California Coast, and is nonstop views of the ocean and coastal mountains. We rode through redwood and oak forests carpeted in powder blue Forget-Me-Nots and Cyanosis (?) and wild iris in lavender, white and shades of blue, with the sound of waterfalls, running streams and wild birds as a backdrop. The hills were thick in knee-deep green grasses accentuated by poppies and other wild flowers to numerous to mention, all waving in the 60-70-degree breeze under a bright sun and perfect blue sky.

I don't have the statistics of who won, how many rode, how many were treated...I heard that there were 120 entries in the 50, and was told that we came in 62, and that 30 more riders were behind us. It seemed like there were my horses treated for metabolics, because this is a a tough trail and for this ride, was very fast because of the perfect weather. There were pulls for lameness too...this is not a racetrack ride!!

Gav did great. The plan was slow and steady, and

to get straight A's. We came close! I started out the ride as a calm walk to hear Lori Olsen of Quicksilver call out "LINDA!!! What is that BIT doing in Gavilan's mouth????!!!" I stuck a snaffle on him for the start after having him be a handful at the last ride, SASO Grant Ranch. He was an excellent guy though, and while it was good insurance, it was unnecessary and I dropped it at the first water.

Our Quicksilver Club members were everywhere, smiling, encouraging and supporting each other. It feels so good to have these people, who have so much knowledge and experience, telling you how good your horse looks! When Becky, Lori, Steve, Maryben, Judith, Brian or Julie tells you something like that, it really means something.

These folks know - what a

group of fine horse people! If you want to join a good club, folks, this is it: <http://www.homestead.com/qsendurance/files/>. Super people...Many Ridecamp friends were there too. Ridecamp lurking is a major form of entertainment here in California!

Barbara and Lud - yesterday was heaven. Trotting and cantering along the creek after lunch was one of the riding memories I'll cherish for a lifetime...thank you for sharing your forests and meadows with all of us! . _-Linda

P.S. My new friend, Sammy was able to join us because Barb lifted her No Dogs rule!!! A few folks took advantage, but not many. Maryben deserved a citation book in recognition of her efforts to make this a VERY successful experiment for the ride, and I hope Barb allows us to bring our friends next year!

Was Sam good? Well, every good dog has a story to tell, right Valerie?! He tried to have an adventure, but it was thwarted...maybe next time!



Let Your Voices Be Heard

You may have heard about the proposed Cisco development in Coyote Valley, (Mercury News March 7th, 1999) This issue needs to be watched closely as this could lead to premature development of the Urban Reserves (Almaden as well as Coyote) if developers pressure city planners and council members to ignore the General Plan and common sense.

Community Leaders held a press conference on Monday April 19th to urge San Jose Officials to abide by the Coyote Five to guide development of Coyote Valley. The Coyote Five includes:

1. Honor the General Plan Development Triggers (or Prerequisites).

* 5,000 new jobs are added as evidenced by the issuance of building permits in North Coyote Valley

* San Jose's fiscal condition is stable, predictable, and adequate in long term based on:

- 5-year economic forecast for city projecting balanced budget or budget surplus for each forecast year

- City Services same level as in '93 including

- police response time and personnel per capita

- fire response time and personnel per capita

- library books and space per capita and hours

- community center floor space per capita

* Reasonable certainty that San Jose's basic fiscal relationship with state or other gov't will not be altered in 5-year forecast period

2. Development Should Pay Its Own Way.

Development of the area will require significant new infrastructure including freeway interchanges, railroad overpasses, and stormwater detention system, this should all be paid by the companies requesting the development not by the city.

3. Regional Impacts Must be Addressed.

Analysis of environmental impacts of job and housing development must address the long-term, growth-inducing impacts on Southern parts of our county as well as San Benito and Monterey Counties, and San Jose must work with the neighboring jurisdictions to make sure impacts are properly addressed.

4. Development Should Help Fund Permanent Greenbelt Protection.

Development should contribute to the acquisition of a continuous strip of land around each of the Urban Reserves

5. Development Should be Done Right.

If all these conditions are met the planning process should be open and thorough. Development in the Urban Reserves as well as the industrial area should represent the best practice of urban planning including pedestrian friendly design, adequate public transportation, housing densities, and mixed use developments.

Speakers included

Janice Frazier, Almaden Resident

Chuck Reed, Santa Clara County Planning Commissioner

Dennis Kennedy, Mayor of Morgan Hill

Gary Patton, Executive Director of Land Watch Monterey County

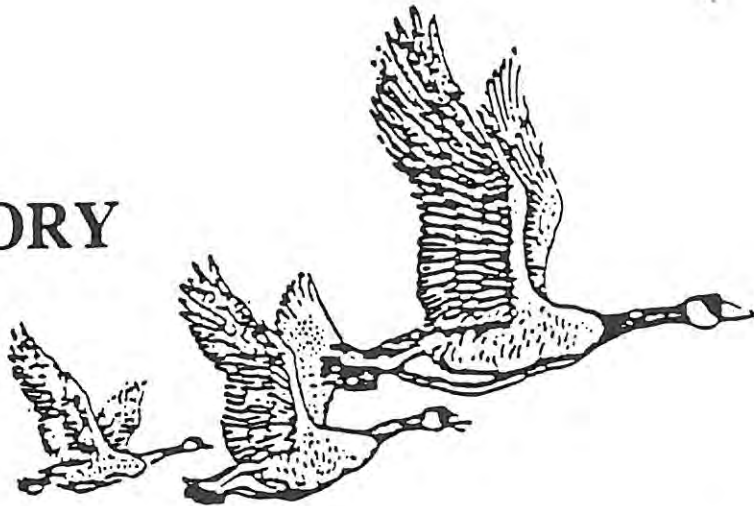
Debbie Ruddock, Director of Loma Prieta Chapter of the Sierra Club

Jim Sayer, Executive Director Greenbelt Alliance

This issue needs to be watched closely. Please stay tuned for further information and ways to get involved, including calls to action, if required. In the meantime if you want more information contact Janice Frazier (408) 927-1670 or Greenbelt Alliance (408) 983-0539

From the editor. Frequently, when news is sparse and contributions to the newsletter even moreso, I end up with a blank page. Diane Luternauer, former Quicksilver member, gave this to me at the AERC Convention and thought I could use it as filler. It is reprinted from the PNER News.

THE GOOSE STORY

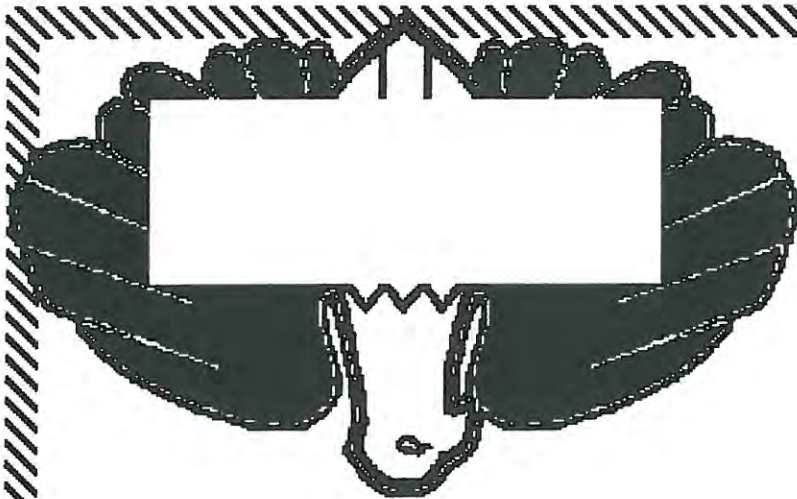


Next fall, when you see geese heading south for the winter flying along in a "V" formation, you might be interested in knowing what science has discovered about why they fly that way.

It has been learned that as each bird flaps its wings, it creates an uplift for the bird immediately following. By flying in a "V" formation, the whole flock adds at least 71% greater flying range than if each bird flew on its own. (People who share a common direction and sense of community can get where they are going quicker and easier, because they are travelling on the thrust of one another.)

Whenever a goose falls out of formation, it suddenly feels the drag and resistance of trying to do it alone, and quickly gets into formation to take advantage of the lifting power of the bird immediately in front. (If we have as much sense as a goose, we will stay in formation with those who are headed the same way we are going.) When the lead goose gets tired, he rotates back in the wing and another goose flies point. (It pays to take turns doing hard jobs -- with people or with geese flying south.) The geese honk from behind to encourage those up front to keep up their speed. (What do we say when we honk from behind?)

Finally (now I want you to get this), when a goose gets sick, or is wounded by gun shots and falls out, two geese fall out of formation and follow him down to help and protect him. They stay with him until he is able to fly or until he is dead, and they launch out on their own or with another formation to catch up with the group. (If we have the sense of a goose, we will stand by each other like that.)



FRANCE RIDER
PLMADEN, CA



July 1999

- | | |
|---------|--|
| July 3 | FLATWOODS 25/50/75
Churstire Evans 530-337-6530 |
| July 4 | Fourth of July, Sunday |
| July 10 | TAHOE RIM
Charmaine Driscoll 530-994-3932 |
| July 14 | QUICKSILVER BarBQ at Trilby's |
| July 17 | MAD RIVER 25/50
Elaine Kerrigan 707-443-0215 |
| July 24 | TEVIS CUP RIDE 100
Larry Suddjian 530-823-7282 |
| July 31 | MORGAN SPRINGS 50/100
Sarah Seward 530-347-3394 |