

# QUICKSILVER QUIPS

## JUNE 1998



President: Brian Reeves  
Vice-President: Diane Enderle  
Secretary: Marvin Snowbarger  
Treasurer: Kathy Miller

Board Members: Lori Oleson  
Trilby Pederson  
Valorie Weizer

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P. O. Box 71, New Almaden, CA 95042  
Julie Suhr, Editor..TEL & FAX 408-335-5933

Hi All,

Well, I think spring is finally here! Time to ride, ride and ride. More and more club members are starting the season now, hopefully we get some good stories for the newsletter. We have several things coming up for the club, and I'm looking forward to seeing all of you at these events.

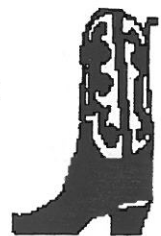
We have a date for the Quicksilver Fall Classic.....Oct. 10 I'm putting the ride on again and will have some news about a new course later on!!

We also have good news on new trails or areas. Thanks to a lot of hard work, Yosemite is open for horses, and the new entrance to Coe State Park (see page 10) is now open. Everyone that worked on these and other projects to open or keep open riding land deserve a long round of applause.

Washoe Valley 100 is up next for me, then off for the Applegate-Lassen multi day. I guess this is the year of the desert for me!!!

Happy Trails,

*Brian*



Wednesday, May 13, 1998

QUICKSILVER BOARD MEETING: President Brian Reeves called the meeting to order at 7:10pm.

MINUTES OF LAST MEETING: Published in Quicksilver Quips

CORRESPONDENCE: None

PRESIDENT'S REPORT: None

TREASURER'S REPORT: General Account \$1808.46  
Ride Account 738.16  
Trail Account 806.98  
Junior Account 729.70

COMMITTEE REPORTS: Trails: A brief report on the Monday, May 11, meeting at County Park Headquarters on the Draft Trail Master Plan and Negative Declaration for Almaden Quicksilver County Park. The meeting will be continued on May 20, at which time the second part of the Master Plan will be discussed. The meeting will be held at County Park Headquarters on Garden Hill Dr. at 6:30 pm.

Ride: The Poker Ride will be held on Sunday, May 17, at Calero, beginning at approximately 9:30am. The Quicksilver Endurance Ride will be held on October 10, at Grant Ranch. Quicksilver Park cannot be used on the 10th because a NATRC ride is scheduled.

NEW BUSINESS: Trilby said that there had been no Horse Hall of Fame award since 1994, but she would like to see the club give a horse award every year. She proposed a Horse of the Year award to be given annually. The issue will be discussed at a forthcoming meeting.

ANNOUNCEMENTS: Mary Thompson-Moore gave birth to a baby girl who has been named Caitlan.

Meeting Adjourned at 7:28pm.

PROGRAM: The evening's program began at 7:35pm with a presentation by Scott Sims, DVM, from the Pegasus Vet Clinic in Novato, CA. Dr. Sims discussed tying-up and colic.

GENERAL MEETING: A brief general meeting was called to order at 9:20pm for Maryben to make a motion that the club extend an honorary membership to JoAnne Evans and Don Brown. They have been generous supporters of Quicksilver activities. Passed unanimously.

Trilby again raised the issue of a Horse of the Year award. A committee of 4 volunteered to look into the issue: Trilby, Valerie, Diane, and Lori. Meeting adjourned at approx. 9:35pm.

Respectfully submitted. Marvin Snowbarger, Secretary.

## El Nino Gives Up! SASO Actually Held!!

After playing second fiddle to El Nino most of the winter, Becky Hart finally got a SASO ride off and running on a glorious April day. The wildflowers were gorgeous, the view of Silicon Valley from the ridge was breathtaking and even the coyotes looked as though they were enjoying spring. Everything went well for everyone—including the three wild baby pigs who wandered among the trailers and horses as though an endurance ride came there every weekend.. There were 42 fifty milers with Quicksilver Member Lori Oleson finishing a strong sixth on Flame and Heather Bergantz right with her in seventh spot on the youthful Rio completing his first ride since his 21st Birthday. Other members in attendance were Julie Suhr on Razznan, Nancy Elliot on Izzie, Ken Cook on Red, Robert Ribley on Tabasco, Kim Kirkpatrick on Quannah, Carolyn Tucker on \*Oman and Trilby Pederson on Exclamation A. Thirteen out of thirteen finished the Limited Distance twenty-five miler with Quicksilver member Elizabeth Hiatt riding her pretty Solo horse. j.s.

## Derby Ditch Meets Its Match in LS Zane Grey

Kathy Thompson successfully piloted LS Zane Grey to a first place finish at the Derby Ditch Ride in Nevada in early April. The blonde and grey led the Quicksilver contingent which included among others Brian Reeves and Valorie Weizer, Hugh and Gloria Vanderford and Robert Ribley. j.s.

## Lori Oleson Reports On The Lakeside Classic

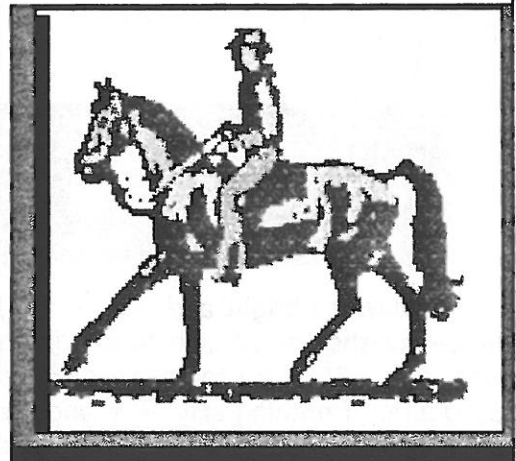
### Flowers, Flowers, Flowers

The color at the Lakeside Classic was spectacular. The hills and pastures were a thick carpet of flowers...red, orange, yellow, blue and purple. was the first time I had done this ride. The trail was well marked , management and volunteers were helpful and friendly and the SUN WAS SHINING. All of this, plus an outstanding veterinary staff headed up by Nancy Elliot, made for a great day. Quicksilver members in the top 10 were Steve Son

Image (2nd), I was riding Kassiq (3rd) and Julie Caprino on Atlantis (4th). Other Quicksilver finishers for the day were Nancy Twight on Mischak, Heather Bergantz on her mare Nataska, Julie Suhr on Razznan, Traci Falcone on Doogie, Mark Falcone on Sherman and Trilby Pederson on Red.

## QUICKSILVER President Conquers Washoe 100

Well, since Nick is moving this week, I'd better write something about the 100. Karen, I'll try to give it justice!! :-) The 5 am start brought cool but clear conditions as we started down the trail. Nick Warhol and I were planning to ride together as we had at 20 Mule Team 100. As we left camp, Dennis Sousa and Karen Chaton caught up to us and the 4 of us rode and talked. Up and over the mountain into Carson City, across the highway and back into the mountains. We crossed water a time or two :-), then came across Pat Fredrickson. She joined our little group, and into the vet check in Dayton (32 miles).We came into the check, all of us were fine, and waited out our 45 minute hold. We were just about the only ones in the check, almost every one else was already thru and we had averaged just a bit over 7 mph!!



Leaving Dayton, we crossed over the highway and into the industrial part of town. Karen, remember that driveway that Nick slipped on? That was where Shirley and company fell. Started back into the hills, where Karen didn't get us lost, we were just directionally challenged! Back on trail, up and over the mountain, riding thru a rock or two, and back to camp for our hour hold at 50 miles. It was at this point that our group split up. Nick and I left camp about 14 minutes behind the other three. My fault, I didn't give enough electrolytes, (should have been

twice what I used).

Went out on the second loop and climbed and climbed some more. Saw a herd of wild horses just past the reservoir, then hit the SOB's. They are!! Back into camp at 76 miles and a 40 minute hold. Because of the added electrolytes I used, recoveries were good. ( The vets did a CRI at every check) Back out just as it was getting dark for the third loop of 20 miles. By this time Karen had turned on the afterburners, and we passed her as we were going up and she was coming down the mountain. Dennis had been pulled, his horse came up short in the rear. Pat was somewhere ahead of us. Caught up to her, and the 3 of us continued the loop. Came into camp at 96 miles at about 1:45 am or so, vetted thru fine, and finished our 15 minute hold. We left camp with 4 miles to go around the lake, and were getting pumped up about finishing. Did the last loop in 35 minutes and crossed the finish line. Vetted thru and all of us completed. There were three others left out on the trail when we finished, and all of them completed. The last finishing with just a couple of minutes to spare. Overall, 23 out of 31 finished the 100. Nick and I couldn't have done all this without our fantastic crew. Val and Judy, you two were great!!! Many, many thanks to Connie and all of her helpers and to Nancy and all of the other vets that put on a great ride!!

Brian Reeves

R. B. Royal Brand aka "Goofy"

West Region

## Lightfoot Ride & Tie As Reported by Maryben

May 2, dawned bright and clear -- well, some of the time-- for the annual Lightfoot Ride and Tie. There were about 30 or so teams lined up for the start at 8:30 a.m. If nothing else, Ride and Tie events start at a civilized hour. The sun is always up. The weather stayed pretty much okay for the rest of the day. Skip must live right. The ride was won by Dan Barger and Tom Cristofk in some ungodly short amount of time. They used Tom's horse who he informed us is 18 years old. We all thought he acted and looked about 7. He must be the Rio of Ride and Tie.

The first all woman team was Quicksilver member Melissa Ribley and her partner, barely beating Steve Shaw and his partner after Steve turned on the afterburners trying to catch Melissa. Too bad Steve,

she saw you coming. But she really had to push it to beat him.

Skip Lightfoot decided to run the race about 10 minutes before it started which gave Heather a whole lot of time to get ready. Skip's daughter, Heather, and her partner borrowed Ken Cook's horse, Rocky, and did the short course. Rocky is getting to be quite the Ride and Tie horse. He likes it because he gets to gallop a lot.

Noticeably absent from the lineup was Marvin Snowbarger. Actually, I'm probably the only person that noticed he was not there. I guess he couldn't face a Ride and Tie without me to run against. Maybe he was tired from the American River 50 which he ran the week before. But my spies tell me that he went down south somewhere to do a 100 mile bike race. Is this true? Way to go Marvin!

Also in the top ten were Mark Falcone and Pat McDonald riding Traci's horse Doogie. And Quicksilver member Diane Enderle and teammate Liz Maitoza had a good day.

I'm writing this from memory which we all know is not too good. Age is catching up with me. So if I have forgotten anyone, I'm really sorry.

Spies have reported back to me that not only did Marvin ride the 100 mile bike race last week but ran the 50K race in Quicksilver Park May 9th. The 50 mile race was won by Dan Barger for the second year in a row. He did it in under 7 hours.

Also on the Barger front, for those of you who don't know, we can soon be calling Dan Daddy. Wow, we can call Mary and Mike grandparents....

## Hardy Bunch Survive Scotts Flat

What happened at the Scotts Flat Ride? What didn't happen? There was rain, cold, getting lost, and finally hail- enough to turn the ground white. This ride is off Hwy 20 not far from Nevada City. The ride camp is at a private campground which is very nice. There are lots of camp sites where your truck is parked on a level paved spot and the horses are on the dirt under trees right next to your rig. The ride management was quite well prepared, very friendly and there were ample vets and P&R volunteers.

Friday night there was rain so most riders had their rain gear on Saturday. A good thing since there were off and on showers all day. The trails were very muddy and steep so it was a real workout for the horses. The creeks were high with one very mushy bank the horses had to jump up. There were some injured horses but as usual, endurance horses proved again they can go thru most anything. Sorry we don't have complete placings and a who's - who of riders, but all we saw were raincoats! If next year is not another El Nino, this would be a good ride for experienced hill climber horses

See you on the trail- Joanne and Jim Dietz

## Caitlin May Moore Debuts

Jerry and Mary Thompson Moore have other things to think about than endurance riding these days. Our youngest Quicksilver member was presented to the world on March 30 and weighed in at a husky 8 pounds, 11 oz. If you want to see a picture of the proud parents and the dark haired beauty go to [www.kevster.com](http://www.kevster.com).



**Wanted:** An over 4 but under 10 year old endurance Arabian at least 14.2 in size; gelding or mare Must have good legs.  
**For Sale:** Pleasure horse. Gorgeous Al-Marah Arabian gelding, 7 years old. 14.3 hands. Very sweet and loving. Call Iylla Reisman at 426-0685

(cont. from page 6)

hay. The more a horse can slurp and less he has to chew, the less saliva he has to produce, and the less fluid that gets removed from the plasma volume. Horses should still get all the hay they can chow down, because you also need the gut fill to maintain motility, but making a big effort to keep the fluids where they will do the most good is going to REALLY pay off in performance

Anyway, this is why I think Karen's idea of feeding cookies, or anyone else training their horse to grab a bite of d\*\*n near anything on the run is a TERRIFIC idea.

As you can tell, fluid shifts are a big deal, Hope someone gets something useful out of it.

Susan Garlinghouse

## Chuck Beebe Wins Quicksilver Citizen of the Month Award

Santa Cruz County Sentinel  
 May 10, 1998



### HAPPY TRAILS:

It was a frog that brought them together.

Some 350 horseback riders, mountain bikers and hikers got together recently to raise money to build bridges over creeks at Wilder Ranch State Park.

The idea is to protect the endangered Red-Legged Frog which lives at Wilder Ranch.

According to Chuck Beebe, who helped organize the "Bridging the Gap" event, the Fish and Game Department has said that unless three bridges and numerous culverts are put in Wilder and Grey Whale ranches to protect the frog this year, the trails throughout the coastal parks will be closed.

So Chuck, along with the Association of Concerned Trail Riders, the Mountain Bikers Association and Santa Cruz County Horseman's Association, put together a poker ride and barbecue at the ranch.

The event brought together groups who can be at odds over use of trails in local parks, said Chuck.

"We tried to put together all multi-use trail users in a friendly situation, which it did do.

"It is one more step toward making people appreciate the need for multi-use trails," he said. (Multi-use trails are ones used by horseback riders, bike riders and hikers at the same time.)

But best of all, the event raised \$8,300 to build the bridges and keep the trails open. ...

## The Internet Sheds Some Light

Ridecamp on the internet presents those interested with a constant exchange of endurance related ideas. The following was Susan Evans Garlinghouse's answer to a query by Kimberly Price.

KIMBERLY PRICE wrote:

*My question to add is :*

*I understand the horse's gut slows considerably as blood is drawn away to carry oxygen etc to the working muscles. I know it is good to let the horse get some roughage during the ride, to help keep the guts moving, but I wonder if you would have to be careful about giving him too many small meals during this period of work?*

Forgive me for leaping into this one---this is an area that I have a particular interest in, so I'm going to jump up and down on this one for awhile (look out, Susan's on a roll this week Small, frequent meals are EXCELLENT during an endurance ride (or any stressful and dehydrating event), and MUCH preferable to only letting the horse eat considerably larger meals only at checks. The reason is because when a single, large meal is eaten (such as is the case in horses only fed twice a day, or to a slightly lesser extent, endurance horses that go for miles without a bite, then eat a big meal of grain/mash and hay at the checks and lunch), there are large fluid shifts that occur that move fluid out of the blood (which is where you want it) and into the lumen(interior) of the digestive system. First, you get a big influx in the form of saliva, and the more chewing and dryness that needs to be overcome in the feed (such as dry hay cubes), the more saliva is produced. In 350 lb ponies, they measured saliva production of around 8-10 LITERS in an hour (that's around four or five Pepsi bottles of fluid being removed from the blood). Then the feed hits the stomach and yet more moisture is added from various gastric juices. Pancreatic secretions alone were measured at .5 liters/100 kg of body weight, so in an average 900 lb endurance horse, you can estimate a total of around 22-24 liters (around 6 gallons) of fluid that's been removed directly from plasma volume. That's a BIG change in plasma volume here, folks. In research ponies, they measured plasma volume reductions of around 15-24%---and that was in ponies that were just standing around. Now imagine those kinds of fluid changes occurring in endurance horses on a hot day, sweating out yet more fluid and in all likelihood not replacing all the lost fluids through drinking (other research has shown that endurance horses can or will only replace through voluntary drinking 2/3 of the fluids lost during the ride, and this was in "good" drinkers). So we're talking some major amounts of fluids that are being removed from the system, and either lost

as sweat, or being shunted into the digestive system---where it IS eventually recycled back into the plasma, but not for several hours, which can make a big difference to an endurance horse. Not to mention that several hours later, just as the fluid balance is getting back to normal, that's just in time to get into the NEXT vet check and time for another big meal so we can shift those fluids right back out of the plasma again and back into the digestive system.

Just so as to cover this completely,... there are additional fluid shifts that go on once the food gets back into the hindgut. The lining of the intestine will go into two phases, first a secretory, followed eventually by an absorptive phase. In the secretory phase, about .5 liters per hour will flow from the plasma volume into the gut. In ponies, the total fluid shift was about 6 liters, so you could expect it to be larger in horses. This shift takes place within about 6-8 hours after eating the meal, so keep in mind that even though you may be done with the race, fluid is still being removed from the horse's system, even though temporarily. This shift is followed by an absorptive shift, when the fluid goes back into the plasma volume, but except in 100-milers, this part is going to occur after the event. Anyway, the fluid shifts in the hindgut aren't as extreme or as immediate as the shifts occurring in the foregut right after a big meal, but they're still something to consider.

OK, so here's the nifty thing, now that I've got everyone in a big lather. Obviously, if you want to keep your horse rolling down the trail and avoiding all the problems that go along with dehydration(which is exactly what this is, a metabolic dehydration), all you have to do is just not feed your horse big, episodic meals during a competition. Notice I didn't say don't feed your horse, I said not "big" or "episodic". Pretty simple, huh? When they did all this research on fluid shifts (and there were dozens of studies on the various aspects), NONE of these extreme fluid shifts occurred when the horses ate small meals every two hours or so throughout the day. In other words, if instead of feeding your horse two pounds of grain at lunch, you instead packed it in a couple of baggies in your fanny pack and handed it out here and there throughout the day, you'll still be supplying just as many calories, electrolytes, whatever, but you WON'T get these big fluid shifts that are going to dehydrate your horse (and remember all this has NOTHING to do with whether or not your horse is drinking a lot at water stops---the important thing is not how much water the horse has inside of him, it's WHERE the water is inside the horse that makes a difference.

By the way, this is also why I'm always (and Heidi and lots of other people) jumping up and down about feeding nice, sloppy mashes at checks, or anywhere else you can, soaking your beet pulp and wetting down the

# HORSE HEALTH

College of Veterinary Medicine - Michigan State University

Contact: Dr. John Kaneene (517) 355-2269  
or Linda Chadderdon (517) 355-5165

## MEMS IDENTIFIES RISK FACTORS FOR HORSES

News Release May 15, 1997 • A- 120E East Fee Hall • East Lansing, MI 48824-1316 • 517/355-5165 • Fax: 517/432-2391 • Chadderdon@cvm.msu.edu

EAST LANSING, Mich. -- Researchers with the Michigan Equine Monitoring System (MEMS) have established some major risk factors for the development of lameness, respiratory disease and colic in horses.

MEMS, which is run by the College of Veterinary Medicine at Michigan State University, has been monitoring Michigan's equine population since 1991.

Researchers identified 14,000 equine operations in 1992 and 1993 using breed associations, university county extension agents, the Michigan Horse Council, Michigan Department of Agriculture lists, telephone books, and lists from the equine census conducted in 1984.

According to Dr. John Kaneene, an epidemiologist and MEMS director, operations were selected for participation in the MEMS project using a random sampling procedure designed to ensure that the sample of operations selected by MEMS would reflect all Michigan equine operations in terms of geographic location and numbers of horses on the operations.

A total of 190 operations were selected for data collection. These operations contacted by MEMS personnel, who explained the program and the participant's role in data collection, and then asked the operation to participate in the study. Of the selected operations, 156 enrolled to participate, and a total 138 operations with 3,925 horses participated in monthly data collection.

### Lameness

From 1992 to 1994 there were 384 cases of lameness affecting 298 horses from 92 different operations. New cases were seen in seven percent of horses in the study.

Problems with the equine leg accounted for 42 percent of new cases of lameness, and 27 percent of new cases were hoof related, according to Kaneene.

Kaneene and his colleagues identified several lameness risk factors related to the horse itself, the type of horse operation and the horses' housing.

Stallions and geldings had higher proportions of lameness than did mares; registered horses also had higher proportions of lameness.

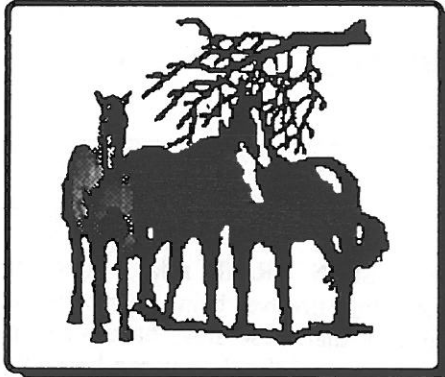
Operations with horses in exercise-related activities had more lameness than other operations (such as boarding facilities), and racing and show horses had increased chances of developing lameness than horses in other activities (1.75 times for racing and 1.4 times for showing).

Herd size too, made a difference: the larger the operation, the lower the risk lameness.

The type of bedding and flooring was significant. Compared to horses on other types of flooring and bedding, horses in stalls with sand and/or gravel flooring had nearly three times

the risk for developing lameness. Horses in stalls with straw bedding had approximately two times the risk, while horses in stalls with dirt and/or clay floors had only half the risk of developing lameness.

"These findings indicate the importance of lameness prevention for active horses and point out the need for more study on the different types of flooring and bedding," Kaneene said.



### Respiratory disease

From 1992 to 1994 there were 130 cases of respiratory disease, an average of 8 cases per 100 horses.

Risk factors were related to the horse itself, the activities in which it engaged, and management practices, according to Kaneene.

Older horses were less likely than younger ones to develop respiratory problems, and Arabian horses had less risk than other breeds.

Horses involved in harness racing and flat-track racing had much greater risk for respiratory infection (over four times for each).

Another important factor was ventilation. Horses that were housed indoors at any time (where ventilation is not as good as being outdoors) had four times the risk of developing respiratory infections compared with those kept outdoors exclusively. In addition, buildings with poor ventilation were also associated with increased rates of respiratory problems.

"More emphasis should be placed on the prevention of respiratory problems in foals and young horses," said Kaneene. "It appears that a good number of horse farms initiated vaccina-

tion after experiencing respiratory disease. And more study is needed on the role ventilation plays in respiratory diseases."

Horse owners should become more aware of the type and degree of building ventilation needed to avoid respiratory problems, he urged.

### Colic

From 1992 to 1994 there were 77 cases of colic in 62 horses, an average of 3.5 cases per 100 horses.

Kaneene and his colleagues identified colic risk factors related to the horse itself, the type of activity in which the horse engaged, and management practices.

Geldings had only half the risk of developing colic compared with mares, while mares that had foals during the study were over 2.5 times as likely to develop colic as all other horses. Older horses also had greater chances of developing colic than younger ones.

Activity was also important: horses that were shown were 2.3 times as likely to develop colic as those that were not.

Horses that were dewormed more often had more colic than those dewormed less often.

Finally, providing adequate water to horses was a factor for colic. Horses that received adequate water were at a greatly reduced risk for colic; they had one-fifth the risk of horses that did not get adequate water.

Kaneene stressed the need to find management methods to help broodmares avoid colic and also urged horse owners to become more aware of the importance of adequate quantities of drinking water to prevent colic.

### Contact:

Kenneth Gallagher, DVM, MS  
Equine Extension Veterinarian  
MSU College of Veterinary Medicine  
(517)353-5033

-or-

Linda Chadderdon  
Information Officer  
MSU College of Veterinary Medicine  
(517) 355-5165  
(517) 432-2391 (fax)

Internet: Chadderdon@cvm.msu.edu

MEMS was established by a grant from the Michigan Department of Agriculture to maintain a database on the population of horses, mules, and donkeys in the state of Michigan, identify major equine disease and health problems, and determine major management and environmental risk factors that may affect the health and performance of horses.

"The Horse in Michigan," a booklet detailing these and other findings of the MEMS project, is available from Dr. John Kaneene at the Population Medicine Center, A-109 veterinary Medical Center, Michigan State University, East Lansing, MI 48824-1314.



**THE APPLGATE-LASSEN TRAIL**  
**MAY 31, JUNE 1-4, 1998**

# \_\_\_\_\_

Rec'd \_\_\_\_\_  
Paid \_\_\_\_\_

RIDER \_\_\_\_\_ AGE \_\_\_\_\_ RIDER AERC# \_\_\_\_\_

DIVISION: HW (211#/up) \_\_\_\_\_ MWT(186-210#) \_\_\_\_\_ LWT(161-185#) \_\_\_\_\_ FWT(160#/BELOW) \_\_\_\_\_ JUNIOR \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ FAX (\_\_\_\_) \_\_\_\_\_

HORSE #1 \_\_\_\_\_ BREED \_\_\_\_\_ SEX \_\_\_\_\_ AGE \_\_\_\_\_ COLOR \_\_\_\_\_ HORSE AERC# \_\_\_\_\_

HORSE #2 \_\_\_\_\_ BREED \_\_\_\_\_ SEX \_\_\_\_\_ AGE \_\_\_\_\_ COLOR \_\_\_\_\_ HORSE AERC# \_\_\_\_\_

OWNER'S NAME/CITY/STATE #1 \_\_\_\_\_ OWNER'S AERC# \_\_\_\_\_

OWNER'S NAME/CITY/STATE #2 \_\_\_\_\_ OWNER'S AERC# \_\_\_\_\_

As a participant in the APPLGATE-LASSEN TRAIL ride, I agree to abide by the rules of AERC and the aforementioned ride. I understand that endurance riding involves being in remote areas for extended periods of time, far from communications, transportation, and medical facilities; that these areas have many natural and man-made hazards which ride management cannot anticipate, identify, modify, or eliminate; that horses can be excitable, difficult to control, and unpredictable; and that accidents can happen to anyone at any time. **I AGREE TO TAKE FULL RESPONSIBILITY FOR MYSELF AND THE ANIMAL I AM RIDING.** I will hold AERC, ride management, all ride personnel, and all property owners over whose land the ride passes blameless for any accident, injury, or loss that might occur due to my participation in the ride, and free from all liability for such injury or loss.

**I HAVE READ AND UNDERSTOOD THIS LIABILITY RELEASE**

RIDER'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**FOR JUNIOR RIDERS:**  
PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Signature gives permission for emergency medical treatment.

JUNIOR DATE OF BIRTH \_\_\_\_\_ NAME OF SPONSOR \_\_\_\_\_

**FEEES, IF POSTMARKED BEFORE MAY 18: AERC MEMBER-\$65/DAY SPONSORED JR.RIDER-\$55/DAY**  
**FEEES, IF POSTMARKED AFTER MAY 18: AERC MEMBER-\$70/DAY SPONSORED JR.RIDER-\$60/ DAY**  
**NON-MEMBERS: ADD \$10 AERC RECORD-KEEPING FEE TO YOUR ENTRY CHOICE**  
**WE MUST RECEIVE MAILED ENTRIES BY MAY 28, AS WE LEAVE FOR THE TRAIL ON MAY 29.**

DAY 1  \$ \_\_\_\_\_  
DAY 2  \$ \_\_\_\_\_  
DAY 3  \$ \_\_\_\_\_  
DAY 4  \$ \_\_\_\_\_  
DAY 5  \$ \_\_\_\_\_  
TOTAL \$ \_\_\_\_\_

MAKE CHECK PAYABLE TO BIG CREEK RANCH AND MAIL TO:  
BARBARA McCRRARY, 330 SWANTON ROAD, DAVENPORT, CA 95017  
PHONE# 408-423-4572  
FAX# 408-423-8869

**CHECKS WILL NOT BE CASHED UNTIL AFTER THE RIDE**

WE WILL ALSO ACCEPT ENTRIES ON-SITE AND ON A DAY-TO-DAY BASIS, BUT PRE-ENTERING HELPS ASSURE ADEQUATE VET CARE FOR THE NUMBER OF HORSE/RIDER TEAMS ENTERED. \$75/\$85 PER DAY FOR ON-SITE ENTRIES. REFUNDS FOR ANY DAYS NOT STARTED. **PLEASE READ THE ACCOMPANYING SHEET; IT CONTAINS IMPORTANT INFORMATION YOU NEED TO KNOW.**



# THE APPLGATE-LASSEN TRAIL

MAY 31, JUNE 1 - 4, 1998

**HISTORY:** In 1846 a route to southern Oregon was opened eastward from the Willamette Valley by the Applegate Party. This route crossed the northeastern corner of California below Goose Lake and then proceeded generally south and eastward to come into the main Humboldt River Trail at Great Meadows (also called Lassen's Meadows, now Rye Patch Reservoir near Imlay, Nevada. This is the site of our first night's camp.) In 1848, Peter Lassen persuaded a group of emigrants to follow a new route to the Sacramento Valley and his rancho. His route followed the Applegate Route as far as Goose Lake and then cut south and west through mountainous plateau country that had not been previously scouted by him. After much hardship, the wagons succeeded in getting through. In 1849, this new trail was heavily used by emigrants and gold seekers who mistakenly thought it was a short cut to the Great Valley....

This Applegate-Lassen Route had only one year of great usage - 1849, the second year it was open. That year the rumor circulated among the emigrants and gold seekers that this was a new and shorter route to the Sacramento Valley, and before the season was over, it had been estimated that between one-third and one-half of all the California-bound travelers turned off that way.

We will be retracing much of the historic trail. In some places, we will ride on the exact trail, carved for eternity in the sand and rock of the Nevada desert. In others, we have had to take some creative detours, as the original route is either too hazardous or inaccessible. But this ride will fill you with awe at thought of our pioneer forbears braving such terrain, previously unexplored, with so little grass and water for their livestock. Lud McCrary will give historical vignettes each day. Join us for a trip backwards in time.....

**INFORMATION:** This is a point-to-point ride, so YOU NEED A DRIVER FOR YOUR RIG. The last two years the weather was hot but not unbearable. However, the weather on the desert can be unpredictable - overcast and chilly, rain and hail, snow or blistering heat. We guarantee NOTHING! Bring plenty of water for yourselves and horses and adequate storage for water, as there is little or no natural water on the trail on all but one day. Horse water is available at each evening's campsite. **The trail has rocky stretches; management recommends pads or Easy Boots over shoes.**

**ITINERARY:** DAY 1: Humboldt River at Callahan Bridge to Rabbit Hole Springs. Water from the river only; have an adequate supply of your own clean water for people and carry water for horses along the trail. One vet check at 25 miles, only muddy spring water available, poor accessibility.

DAY 2: Rabbit Hole Springs to Gerlach. Water available at Rabbit Hole Springs, good time to refill your supply. One vet check at 25 miles, no water available. Hot spring for people to enjoy; bring your swim suits. Camp that night at the town of Gerlach. There is a restaurant, motel (702-557-2220, if you wish to reserve a room in advance), gas station with diesel fuel and ice. Be sure to top off your fuel tanks before leaving Gerlach. We will have dinner at Bruno's and distribute awards.

DAY 3: Gerlach to Mud Meadows Reservoir. We hope to be able to ride on part of the Black Rock Desert (if it is dry enough). Vet check at the old Wheeler Ranch. Camp at Mud Meadows reservoir, water for horses.

DAY 4: Mud Meadows Reservoir to Massacre Lake. Vet check at 35 miles at Steven's Camp, a cow and hunting camp in Upper High Rock Canyon. Ride management will provide sandwiches, snacks, and drinks, as **crews will not be allowed (access is difficult and parking limited).** Camp is at the set of corrals by the side of road 8A about a mile beyond the cattle guard. Water for horses is available from a small stream.

DAY 5: Massacre Lake to Cedarville, CA. We cross Forty-Nine Pass and ride into California. Vet check at 25 miles at the stock tanks of Sand Creek Ranch on the edge of Middle Alkali Lake. We finish in Cedarville; camp at the Modoc County fairgrounds. Stalls at the fairgrounds are \$7.00 each and general camping fee is \$7.00 per rig. Showers are available, included in the camping fee. Cleanup after your horses is required by the fairgrounds. Final awards dinner will be held at the Country Hearth Restaurant.

**REGISTRATION:** Pre-ride registration is preferred so we can assure adequate vet care for the number of horses entered. However, we will accept on-site and day-to-day registrations. You may enter any or all days, paying only for the ones you actually start. You may ride one or any number of horses. There will be daily winners and best condition awards, The overall winner and overall best condition will be determined from those horse-rider (same horse, same rider) teams who completed all five days.

**DIRECTIONS:** The first night's camp will be at Callahan Bridge near Imlay, Nevada. Take I-80 past Lovelock, Nevada to Exit #145 (Imlay), turn L back under the freeway and turn L again on the frontage road. Follow the flagging to camp at Callahan Bridge on the Humboldt River. Before you come to camp, be sure to top off your fuel and water tanks at either Burns Bros. Truck Stop at Exit #129 or Mill City Truck Stop at Exit #149. Mill City Truck Stop is better supplied with any necessities you may need.

**CHECK-IN & PRE-RIDE VETTING:** Afternoon and early evening of May 30.

**WE NEED A MINIMUM OF 10 RIDERS FOR THIS EVENT TO BE SUCCESSFUL. TELL YOUR RIDING FRIENDS THIS IS A GREAT RIDE - SCENIC, FAIRLY EASY, PERFECT FOR NEW MULTI-DAY RIDERS TO LEARN ON, FUN FOR EXPERIENCED MULTI-DAY RIDERS, DELIGHTFUL SURPRISES FOR ALL. CALL FOR UPDATE BEFORE MAY 29th.; WE'LL CALL IT OFF FOR LESS THAN 10 ENTRIES.**

Barbara McCrary, ride manager

Phone # 408-423-4572

FAX # 408-423-8869

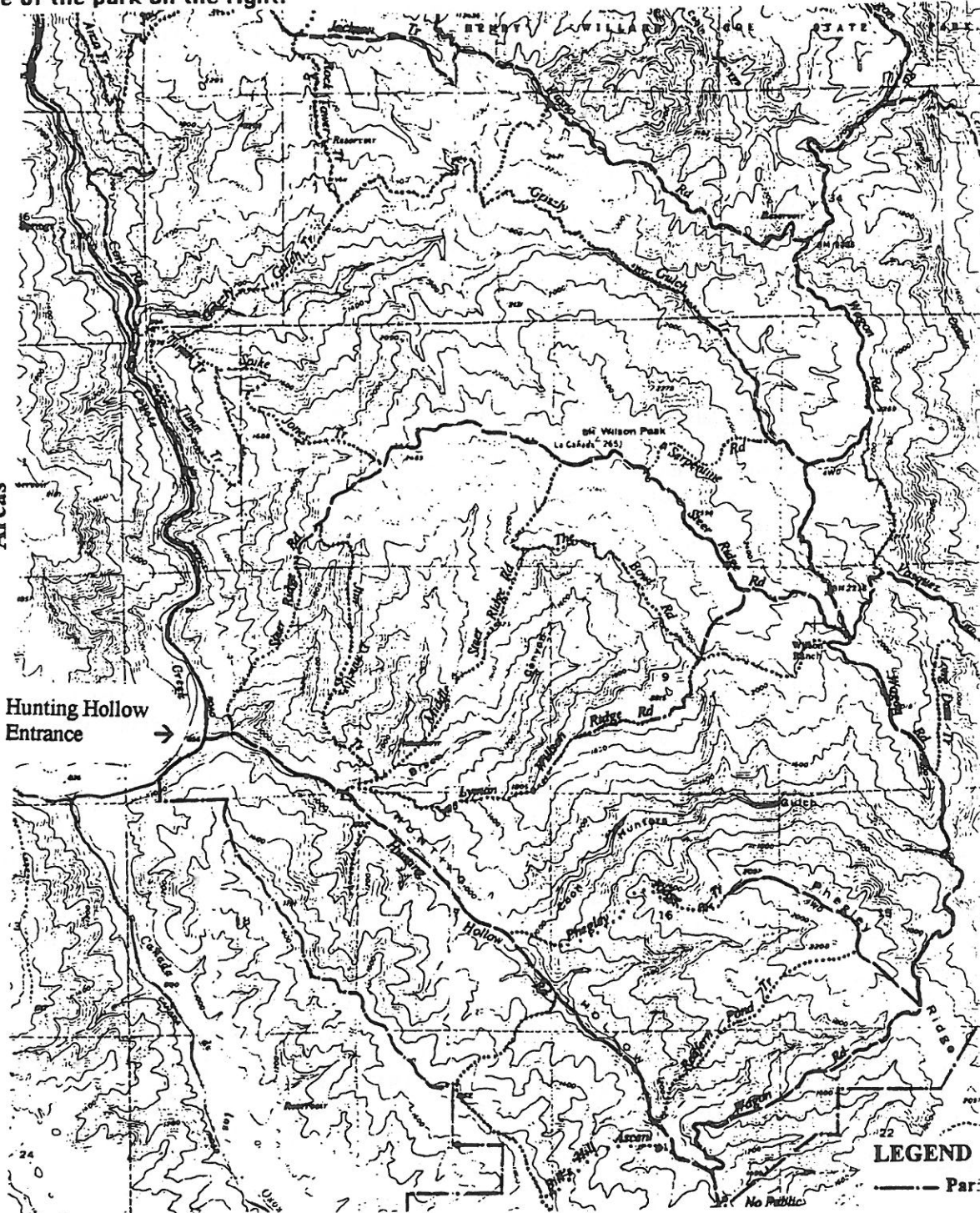
Quicksilver is fortunate in having among its membership, a superior trail scout. Ex-president Steve Lenheim likes nothing better than to explore new trails and then share them with others. He previously has reported on the Fatio State Park off Pacheco Pass. This month he has some new information for us on the Ford Ord Public Lands and the new entrance to Henry Coe State Park. The next two pages will tell you how to get there and where to go once you have arrived. A hearty THANK YOU to Steve from all of Quicksilver.

### Henry W. Coe State Park

So you want to try a new location? Well, here's the ticket. I went in at the new entrance, Hunting Hollow and proceeded to take a leisurely five hour ride. I followed the Hunting Hollow Road (flat), went up Wagon Road, down Wagon Road to the Wilson Ranch. After a short break I went back out on Wagon Road to Wasno Road and then all the way in to the Coit Road and the old gate. That was a mistake as you then have to walk along the paved road back to the entrance. I would suspect that this amounted to 18-20 miles and of moderate difficulty. Water is abundant and the grass was green with a lots of wild flowers. From Almaden go up to the Coyote Reservoir entrance, go past it on Gilroy Hot Springs Road to the entrance of the park on the right.

GILROY HOT SPRINGS QUADRANGLE  
CALIFORNIA - SANTA CLARA CO.  
7.5 MINUTE SERIES (TOPOGRAPHIC)

Hunting Hollow  
and Redfern  
Areas



LEGEND

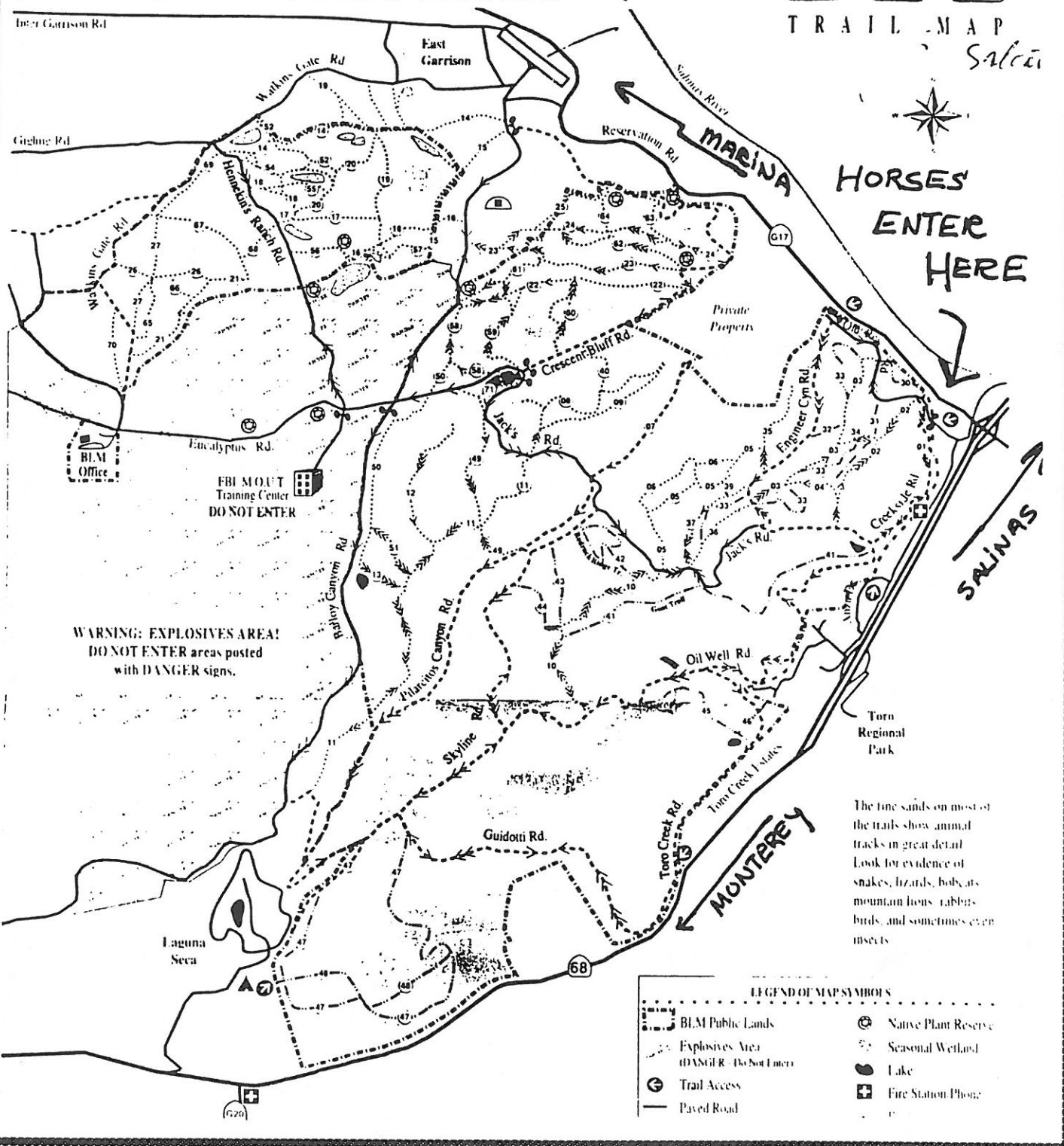
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HENRY W. COE STATE PARK

### Fort Ord Public Lands

So, you haven't been to Ft. Ord yet? Well that's no excuse because it's a great place to visit and to spend the afternoon riding your horses. The terrain is average to easy with water everywhere. There are bikes on the trails but for the most part they can be seen. Be careful on going up hill on the narrow trails. They tend to come down fast. When I went there I followed the Creekside Road to Toro Creek Road to Guidotti Road up to Laguna Seca Raceway. After a short break I went Barloy Canyon Road to Jacks Road and then back to the entrance. The ride only took 2 1/2 hours with a moderate pace. Very little hill climbing and just fun to canter along. Footing is great as it's mostly packed sand. Water is here and there and should not be a problem. The grass was green and it was quite fun.

# FORT ORD PUBLIC LANDS



TRAIL MAP

Salas



**HORSES  
ENTER  
HERE**

**SALINAS**

**MONTEREY**

The fine sands on most of the trails show animal tracks in great detail. Look for evidence of snakes, lizards, bobcats, mountain lions, rabbits, birds, and sometimes even insects.

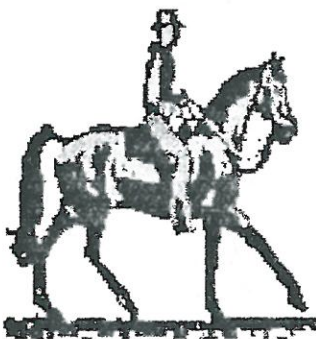
#### LEGEND OF MAP SYMBOLS

- BLM Public Lands
- Explosives Area (DANGER - Do Not Enter)
- Trail Access
- Paved Road
- Native Plant Reserve
- Seasonal Wetland
- Lake
- Fire Station/Phone



OSER, INC.  
Box 71  
NEW ALMADEN  
CA. 95021

JUNE 1998



- May 31-June 4 Applegate-Lassen 5 Day 250 Miles  
Barbara McCrary 408-423-4572
- June 6 Wine Country 50  
Jessica Tuteur 707-258-1937
- June 10 QUICKSILVER MEETING
- June 6 Californio's 100  
Vern Biehl 805-7241060
- June 13 Mt. Laguna 25/50  
Terry Wooley 760-598-6926
- June 13 Oakland Hills 25/50  
Laura Fend 510-935-8147
- June 13 Chalk Rock 25/50  
Elaine Kerigan 707-443-0215
- June 15-19 Ft. Schellbourne XP Loop 5 Day 250 Mile  
Ann Nicholson 801-644-2400
- June 27 Mariposa Run For The Gold 30/60  
Richard Theodore 209=742-7895
- June 27 Hashknife Cattle Co. 25/50  
Ruth Waltenspiel 707-433-8254