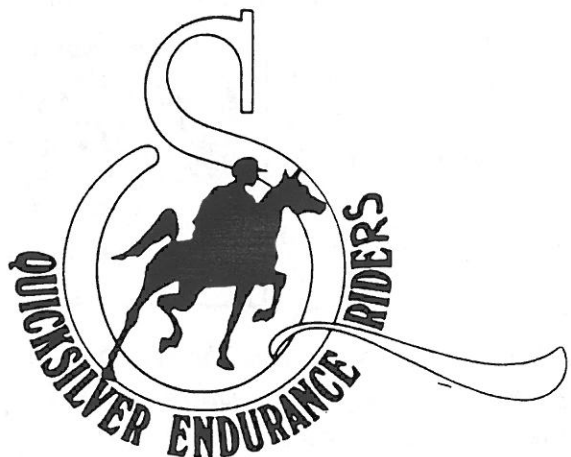


# QUICKSILVER QUIPS

June 1997



President: Steve Lenheim  
Vice-President: Valorie Weizer  
Secretary: Patsy Scharfe  
Treasurer: Kathy Miller

Board Members: Lori Oleson  
Brian Reeves  
Mary Thompson-Moore

Published by the Quicksilver Endurance Riders, Inc.  
Julie Suhr, Editor..TEL & FAX 408-335-5933

## STEVE SAYS

O K gang, do a little soul searching on the thought that, "When will I have the time to be active in Quicksilver Endurance Riders?" As many of you have a very difficult time balancing jobs, family and horses, here I am asking for more. You can only benefit from becoming active. Sure, you live far away but being at an event is not what we are all about. Be active by doing good deeds even if it's only a phone call or a contribution of time.

So, here we are with the Poker Ride on June 7th, just around the bend. What are you going to do to help? We can really use someone (more than one) to get out and scrounge up prizes. How about baking a donation? Heck, I'd rather have some home baked than those never used horse prizes. Hey, be creative. Build a dog house or a coat rack. At the least, go buy a prize. Be someone active! Oh! by the way, SHOW UP ON JUNE 7th. A fun event will only happen if your smiling face is there.

For those of you who missed the wienie roast at Julie Suhr's ha, ha. We, who showed up, had a great time making conversation, about our horses, reliving past glory and just plain B. S.ing. A very big thanks to Deb Cooper for her demo on horse handling which got everyone thinking about their horse relationship and how to improve on it. By the way, Deb has a clinic starting real soon and I recommend that you indulge in a little knowledge and take it. Nine weeks of fun. After the demo, we, who stayed until dark, went up to the big house and watched an interesting video that Julie had. Think of 4,000 4 to 8 year old kids in Mongolia racing across the countryside for 26 miles to win a prize. No saddles, small horses, REAL fast! Our riding skills can't even come close to what these kids were doing. Yes, some fell off but what a sight. It made our 100 horse starts look like adult play (pun).

Off to Castle Rock. Camp Far West and any other ride out west.

50 miles to go *Steve*

**SUMMER CLASSIFIEDS**

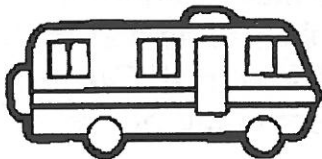
**1) Becky Glaser** has three horses for sale. Doug's new business is keeping him busy and Lena has discovered baseball. Becky can't keep all the horses exercised. So this is what she has to offer. She has two bay geldings that can carry heavyweights and have endurance experience. One is 14 years old, very athletic and stands at 15.2 H and needs a confident and experienced rider., He is registered Anglo-Arab, but is 3/4 Arabian. \$1700 puts him in your corral. The other is a registered 12 years old that stands at 16H. He likes to go, but is very controllable and can be ridden by an intermediate rider. His price is \$3500. The third horse is a very pretty (3/4 Arab1/4 pinto) palomino somewhere between 15 and 15.1H. She has done three 25's and one 50. This mare is very light on her feet and very forward. She was trained by Deb Cooper (Natural HorseManship) and can be ridden in a halter. She is for an experienced rider with \$3500. **Call Becky at 408-338-9863.**

**2) Cindy Roe** in Santa Rosa is hunting for a 15 plus hands Arab Gelding. **Call Cindy at 707-539-8498.**

**3) Kim Conely** wants a 2 horse step-up trailer in sound and safe condition. An under manger tack compartment is okay. **Call Kim at 408-338-0343.**

**4) David St. Charles** has a 1987 Lance Cabover Camper, fully self contained with a shower and a toilet. It is in excellent condition. This sounds like a real buy . **Call David at 408-353-8041.**

**5) Kate Jones** has a '76 Motor home on a Ford 450 CID 1 ton truck bed with dual rear wheels and a receiver hitch for your trailer. She would like \$2000 and says the interior is clean and everything works. **Call Kate at 408-997-0311.**



*To my dear Friends:*

*Thank you all for the telephone calls and cards. I couldn't have done it without you. I will never forget Shine & Shine tv 97. Thanks to Ron Waltenspiel for going for help. thanks to Nancy Elliot for*



*running all the way from the vet check to reach me. Thanks to Judith Ogus for driving to get me..summoning help and volunteering to go to the hospital with me. Thanks to the nurse who stopped and checked me out. I don't know her name. If someone else does let me know please. Thanks to the three runners who were with me right after the fall.*

*No amount of thanks can express how my family and I feel for the care Tract Falcone gave me at the hospital. I bet she really wishes she had raced that day. Being in pretty bad shape the emergency room doctor decided I could go (could is not the right word) Tract held my head each time I tried to get up. Needless to say I stayed for a few more hours. Tract got my street clothes together, took care of the beast and whatever else she could do.*

*Maryben Stover arranged with Robert and Melissa Ribley for them to drive our car home. Thanks guys! That saved us a great inconvenience.*

*Thanks to Hugh who spent two miserable weeks at home taking care of me.*

*Not in the saddle yet but getting better everyday. This is week four and the ribs should be healed by week six.*

*I love you all.*

*Gloria*  
**HAPPY TRAILS**

# County of Santa Clara

-3-

Environmental Resources Agency  
Parks and Recreation Department

298 Garden Hill Drive  
Los Gatos, California 95030  
(408) 358-3741 FAX 358-3245  
Reservations (408) 358-3751 TDD (408) 356-7146



THIS MIGHT JUST BE YOUR MOST  
IMPORTANT DATE OF THE YEAR!!!  
DO NOT MISS IT!!!

May 14, 1997

Dear Interested Citizen:

As promised, we are letting you know about the upcoming public hearing on the DRAFT Trail Master Plan for Almaden Quicksilver Park. The hearing will be held as an agenda item for the County of Santa Clara Parks and Recreation Commission meeting.

Meeting: Parks and Recreation Commission Meeting  
Item: DRAFT Trail Master Plan for Almaden Quicksilver Park  
Date: June 4, 1997  
Time: 7:00 P.M.  
Location: County Government Center  
(Board of Supervisors' Chambers)  
70 W. Hedding Street  
San Jose, California

At this meeting, the Parks and Recreation Commission will hear public comments on the DRAFT plan. If you wish to speak, please remember to add your name on the speakers' list at the front podium in the chambers. Your speaking time will most likely be limited to five minutes so plan accordingly and your name will be called before you speak. Please be prepared to approach the podium and speak to facilitate the hearing process. It is anticipated that there will be many persons who wish to speak and this will not be the only item on the Commission's agenda.

Copies of the DRAFT Trail Master Plan will be made available to the public at local libraries, all County Parks, and the Almaden Quicksilver Museum in the town of New Almaden. These should be available beginning the week of May 19. Individual copies are available for purchase from the County of Santa Clara Parks and Recreation Department, Administrative offices in Vasona Lake Park at 298 Garden Hill Drive, Los Gatos, California 95030. Or if you wish to request a copy to be mailed out to you, please send \$5.00 to the Department with your request. The cost for the plan if picked up at our office is \$2.00. These costs are only to defray printing and postage costs.

As noted in our last correspondence to you, the DRAFT Trail Master Plan will be put before county citizens for review in several public meetings. The first is this review by the Parks and Recreation Commission noted above. This is a citizen appointed advisory body that makes recommendations to the County Board of Supervisors on issues related to the County of Santa Clara Parks and Recreation Department. They are not an approving body, but will make a recommendation to the Board of Supervisors to adopt a Trails Master Plan for Almaden Quicksilver Park. If Commission deems that there are significant comments on the DRAFT Trail Master Plan, they may instruct our staff to revise it to create a FINAL Trail Master Plan. They could also refer the DRAFT Plan back to the Task Force to resolve specific concerns. The latter alternative would require additional Commission review and action before submittal to the Board of Supervisors.

This FINAL Trail Master Plan will then be presented to the Board of Supervisors in separate public meeting. The date for this meeting has not been set. We will let you know when a firm date for this hearing is set. At that meeting the Board of Supervisors will hear presentations on the plan and take public comment. They will then consider adoption of the plan or request staff to modify it for reconsideration at one of their future meetings.

Sincerely,

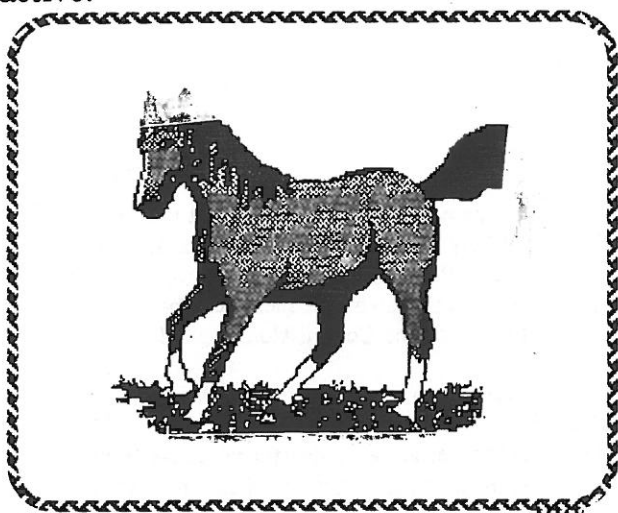
*David J. Pierce*

David J. Pierce  
Regional Park Planner

New Quicksilver Member LORI OLESON is the kind of new members we really like. Belonging to our club just a little over a year, she has already assumed the responsibility for our June 7th POKER RIDE. This is her story.

When I was 11 years old I got my first horse (Rusty) and knew I was hooked, I kept Rusty the rest of her life. A lot of horses have come and gone since then. Now I have Fame and Kassiq, both full Arab geldings. They keep me pretty busy, but I do find the time to ride other horses when the opportunity rises.

I lived in Southern California (mostly Orange County) my entire life until September 1995. I moved to Morgan Hill because of a job with the Santa Clara Agriculture Department as an Agricultural Biologist. When I moved here, I had no idea the endurance community was so active.



Before hearing about endurance, I used to show Quarter horses in western events. I really enjoyed showing for awhile but got tired of the politics and going around in circles.

When I was 16 years old I heard about a 25 mile ride in Norco (Farson 50). A friend and I decided to go. We rode a lot, so how hard could it be. August in Riverside County is very hot. We had no idea what we were doing Rusty and I finished. I don't know how long it took us, but we did spend a lot of time in vet checks and lost.

When I finished, I swore I would never do this again. Now I have almost 3000 miles and love it more all the time.

Moving to this area has renewed my enthusiasm for our sport. The atmosphere is much different. I have a lot more fun going to rides with people. I see them as friends, not rival competitors. The support and camaraderie between Quicksilver members (and others) is great and I'm glad to be a part of it.

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Don't forget to support Lori and the Poker Ride on June 7th at Calero Park. See Page 5. Lori needs donations for awards so look around and call her at 408-776-0199.

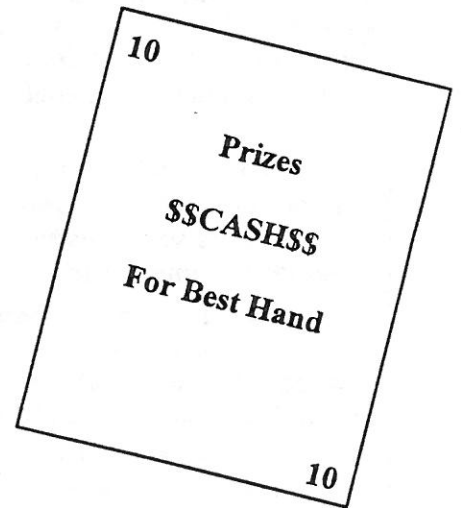
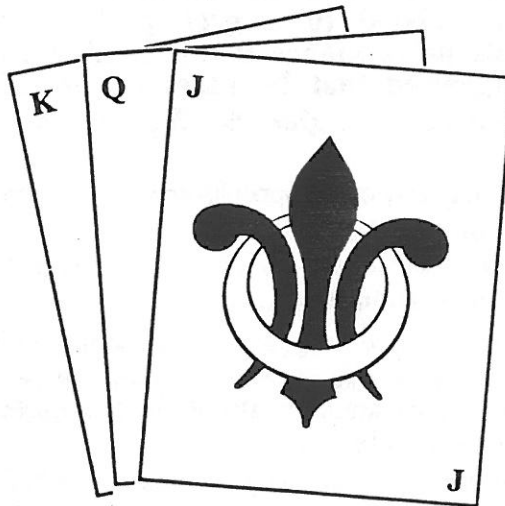
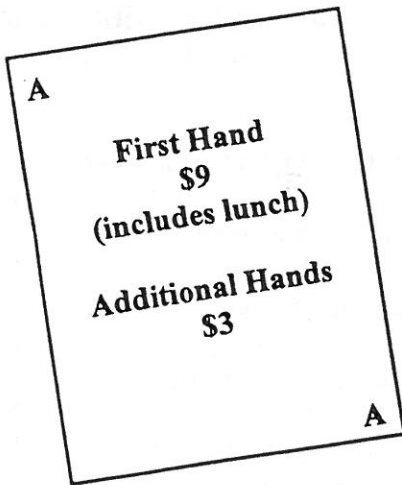


# POKER RIDE



## CALERO PARK

### SATURDAY, JUNE 7, 1997



**REGISTRATION**  
**BBQ LUNCH**  
**PRIZES AWARDED**

**10am**  
**12:30-1:30pm**  
**1:30pm**

**Rain Date: June 14**

**Phone (408)776-0199**  
**for information**



**COUNTY OF SANTA CLARA**  
**Regional Parks and**  
**Recreational Areas**

If there is one thing your editor abhors it is an internecine feud. She is appalled at the venom spewed out by two past presidents whose intolerable behavior hopefully has not sullied the good Quicksilver name beyond repair. The editor is so stricken that she can hardly bring herself to publish the following which the two adversaries, Marvin Snowbarger and Maryben Stover, have demanded be made public. Actually Marvin started it all by sending the following challenge to Maryben because he couldn't sleep for worrying about Maryben beating him at the Ride 'N Tie

*"from the horse's mouth*

Monday April 7, 1997

Just because:

1. Girls are a bunch of sissies,
2. A girl's place is in the kitchen -- after she gets home from work,
3. Girls aren't good with numbers,
4. Girls are weaker and more emotional than guys,
5. Girls are worth only 70% of a guy's market value,
6. Girls should always walk in front of a guy because of the possibility of land mines,
7. Its safer to fly than drive because there are more girl drivers than girl pilots,
8. Girls play shorter golf courses than guys,
9. God is a guy,
10. Girls save money by spending money at "sales",
11. Girls mean YES! when the say "no",
12. Girls cheat at R/T's and endurance rides
13. Godfrey and I will beat Maryben, her partner, her mule, and her horse at the QS R/T DOESN'T MAKE ME A MALE CHAUVINIST

Ever vigilant and always pure, *Marvin Snowbarger.*

Maryben's typical and unladylike reply was to return the message to Marvin with a clip-art picture of a pig and a photo copy picture of Marvin and title it **OINK ALERT.**



Then in a really suspect and strange turn of events...Marvin had to fink out of the R 'n T due to a groin pull. So then, Maryben, on pink paper no less, sprayed with perfume, distributed flyers which said **ONLY SISSY BOYS GET GROIN PULLS.** So Marvin naturally took offense and sent Maryben his medical report which said (and we don't believe a word of it)....

**MEDICAL OFFICE..April 28, 1997 Marvin Snowbarger came to us for professional counsel regarding complications related to a groin-pull. We advised him that, in the absence of medical attention, his performance in up coming competitions could possible be compromised. Therefore, we suggested that he take a week off for rest and, also, take a muscle relaxer for relief and healing. Dr. Guy S. Wyn-a-a Wyn.**

Marvin, questioning the intellectual capacity of the opposite sex, felt compelled to interpret the doctor's report.

**"Marvin Snowbarger came to us for professional counsel...":**

Guys are very sensitive people, but rational enough not to be influenced by taunting from girls.

**"regarding complications related to a groin-pull":**

Marvin is a very kind person, not wanting to exaggerate a foregone Ride 'n Tie victory\* over Maryben, her partner, her mule, and her horse, in spite of an injury which reduced his team's speed to a walk.

**"We advised him that, in the absence of medical attention, his performance in upcoming competitions could possibly be compromised":**

Guys are very gentle people, believing that beating girl teams is a softer approach to guy-superiority.

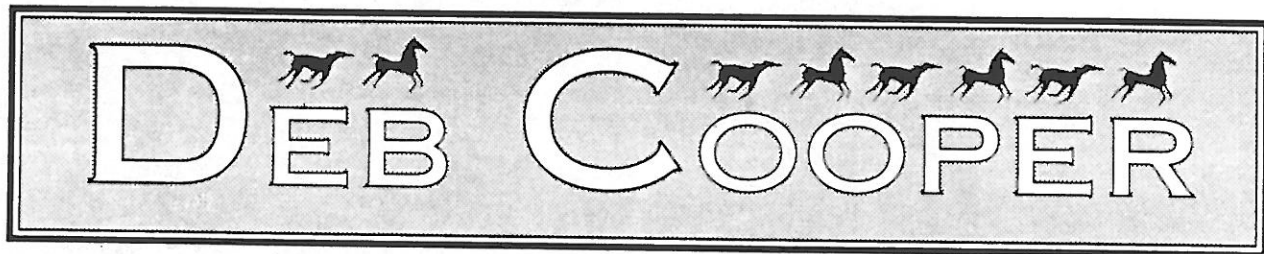
**"Therefore, we suggested that he take a week off for rest and, also, take a muscle relaxer for relief and healing."**

Guys, and their many more admirable qualities, need to be on public display for others to use as role models. Rest and muscle-injury repair is sound advice for good health and long life --in contrast to girl-logic, which causes guys to die laughing.

\*a "foregone conclusion" is an end or result regarded as inevitable. Source: THE AMERICAN HERITAGE DICTIONARY,--examples given are man/man ride 'n tie victories, male speed and endurance, and the winning attitudes of all guys.

*Back by Popular Demand...*

## NATURAL HORSEMANSHIP INSTRUCTOR



**9 WEEK  
NATURAL HORSEMANSHIP CLINIC  
STARTS JUNE 2, 1997, 6:00PM  
AT LIGHTFOOT STABLES  
23100 MCKEAN RD.**

Fee for you & your horse is \$180.00. A \$90.00 deposit is required to hold a place in the clinic. Sign up now to improve your communication skills with your horse. Whether you ride English or Western, Natural Horsemanship ground and riding school games and techniques will make both of you braver, smarter & more athletic and will rekindle the spark in you relationship! Only twelve spots are open and the class is already filling up. Auditors are welcome for \$10.00 per night.

**CALL BECKY OR JUDITH AT 997-9876 TO  
SIGN UP OR FOR MORE INFORMATION.**

# Too fast to get faster

The Derby record was set in 1973. Odds are it won't fall soon

BY STEPHEN BUDLANSKY

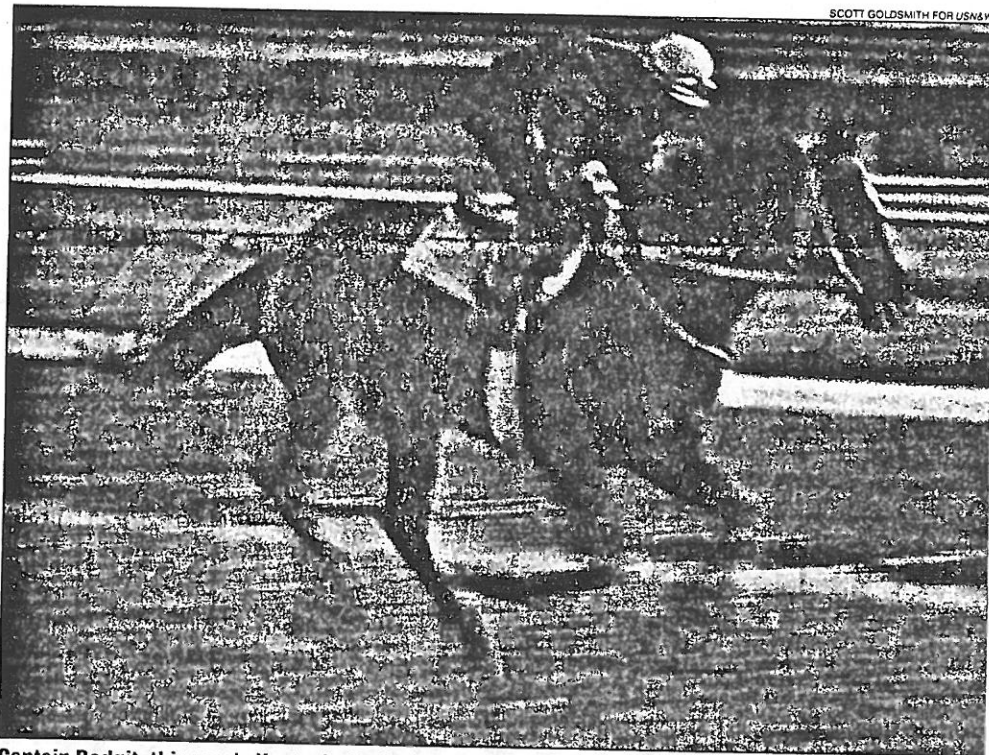
**A**thletes of the human kind continue to break records with almost humdrum predictability. The winning time in the men's 800-meter run has dropped in the past 100 years from 2 minutes, 11 seconds to under 1 minute, 42 seconds; marathon runners have shaved nearly a full hour off their time, cutting the record from about 3 hours to an incredible 2 hours, 7 minutes. Almost every track-and-field record currently on the books was set within the past 10 years, and most in just the past five years.

But equine athletes are in a slump—and a slump of monumental proportions at that. The winning times in most thoroughbred races have scarcely budged for more than 50 years. Since Northern Dancer ran the Kentucky Derby in two minutes flat in 1964, only one horse has posted a better time in the most famous of American horse races. That was the legendary Secretariat, who in 1973 shaved three fifths of a second off the record. In the quarter century since, no other horse has come even close to his record.

If recent history is any guide, this year's contenders in the Derby, which will be run May 3, are not going to be the ones to do it, either. The favorite, Captain Bodgit, has been called the best 3-year-old racehorse on the continent today. On April 12, he scored a brilliant win in the Wood Memorial at Aqueduct, the premier prep race for the Derby. But his time was only the third-fastest in the race's 72-year history.

In human athletes, studies have shown that rigorous exercise training can significantly increase aerobic fitness—the ability of the lungs to pump air, the heart to

*Adapted from The Nature of Horses by Stephen Budlansky, published this month by the Free Press*



Captain Bodgit, this year's Kentucky Derby favorite, working out at Churchill Downs last week

pump blood, and muscle cells to use the oxygen the blood delivers. The heart of a well-trained human exercising at peak output can pump five times as much blood per minute as it does at rest; in more normal mortals peak output is only about three times that of rest levels.

**Too good to improve.** There were great hopes that similar exercise programs would increase the aerobic fitness of horses and start the records falling again. They didn't. Yet from that very failure, researchers have begun to understand one key reason horses aren't getting better: They are such superb natural athletes that there just isn't that much room for improvement. "The reason people got better," says Howard Seeherman of Tufts University, an equine physiologist and a veterinarian, "is because

they weren't very good to start with."

On a plot of peak metabolic output versus body size, horses soar way above the curve. When exercising at peak capacity, a horse generates nearly four times as much energy as expected for a mammal of its size. And a horse is able to maintain that level of peak performance with astonishingly little exercise. While human athletes have to undergo grueling training programs to keep at peak fitness, a thoroughbred in active competition will typically race only once every two weeks and will be exercised at full racing speed only once or twice between races—and then only over a short distance of a half mile or so. In the days immediately preceding a race, a horse will be exercised at no faster than a walk.

Part of the explanation for this human-equine difference





CULTURE & IDEAS

Speed limits: Can horses go any faster?

ROBERT KEMP, RICHARD GAGE—US&WR

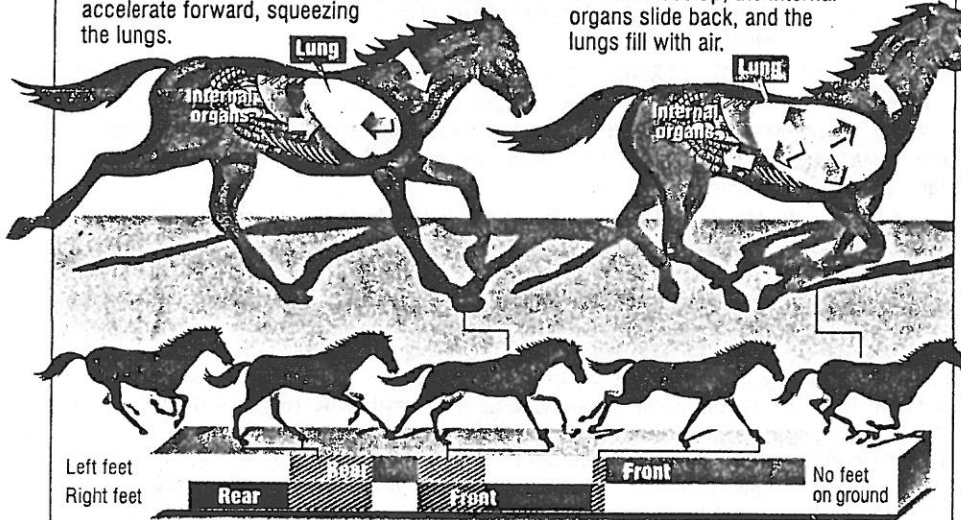
Record times in human athletic competition keep falling; racehorse speeds have stagnated, as the chart shows.

Out of breath

One limit to a horse's speed is built into its anatomy: At a gallop, a horse can breathe only once per stride.

**Exhaling:** As the horse's feet hit the ground, its head bends down and the internal organs accelerate forward, squeezing the lungs.

**Inhaling:** When the horse pushes off, its head rises up, the internal organs slide back, and the lungs fill with air.

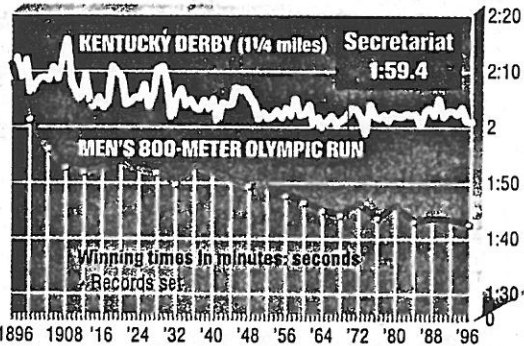


Fancy footwork

Feet overlap

At top speeds, horses go faster by lengthening their stride rather than taking more strides per minute. Reducing the time the feet overlap on the ground lengthens stride, but it also reduces the time available for breathing in.

Sources: *The Nature of Horses* by Stephen Budiansky; *World Almanac*



tomical fact that no amount of training can alter.

Star racehorses that use their legs most efficiently press up against this limit all the more. A horse maximizes the distance it travels in one gallop stride by minimizing the time each of its four legs overlaps with another on the ground. Secretariat's homestretch gallop in the 1973 Belmont Stakes had an average overlap of only 18.6 percent, versus 24 percent for his rival, Riva Ridge.

But reducing the overlap also reduces the fraction of the gallop stride when all four legs leave the ground—which is also when the lungs breathe in. At such extremely high speeds a horse just doesn't have enough time to take in a full breath during each stride.

**Pedigree pays.** Genetics may also play a factor in the failure of horses to get any faster—but not, as is often suggested, because of inbreeding. Thoroughbreds are inbred, to be sure. The population has been closed to new blood since 1791, and any two thoroughbreds picked at random will have 13 percent of their genes in common—a degree of relatedness greater on average than that found between half-siblings. And thoroughbreds do tend to suffer from a high incidence of congenital problems, especially respiratory defects and joint and bone disease.

But despite their inbreeding, the speed of at least the average thoroughbred is still improving, if slowly. In other words, there remains enough genetic variation in the thoroughbred population that breeding the best to the best should produce a faster racehorse.

What is not clear is whether breeders really are pursuing that strategy as much as they could be. Rather than isolating the physical factors that make a fast horse, and then breeding from horses with those traits, breeders tend to breed from famous winners—or sons of winners or granddaughters of winners. Pedigree is what sells, even though the results are often disappointing: Secretariat's foals were no Secretariats.

The real imponderable in breeding racehorses is that the race is not always to the swift. Horse A may beat Horse B in a solo time trial and then lose to B in head-to-head competition. There is a strong element of equine social psychology at work in racing. A breeder who adopts a rational program of genetic improvement aimed at making a faster horse might succeed in the lab and lose on the track. Such intellectual rewards might seem a bit meager compared with the \$1 million or so the winner of the Kentucky Derby will take home.

is that horses are naturally built for aerobic performance in a way people are not. "Looking from an evolutionary point of view, a lot of our nearest relatives don't do much locomotion on land at all," says Thomas McMahan, an expert on biomechanics at Harvard University. "Most of them swing around in trees. We are certainly the only large primate that runs long distances." The peak sprinting speed of humans is far below that of other two-or-four-legged animals of our size.

One way that horses are naturally built to achieve such high output is through an automatic and highly efficient mechanism that couples breathing and moving. Galloping horses take exactly one breath per stride. In fact, they have no choice in the matter. As the forelimbs strike the ground, a horse lowers its head and neck; that causes the rib cage to be pushed upward and toward the rear,

squeezing the lungs like a bellows. Then, as the horse lifts its forelegs off the ground and raises its head, the rib cage moves down and forward, causing the lungs to expand. At the same time, the slowing and accelerating of the horse's body as the legs touch the ground and then push off cause the intestines to slosh back and forth like a piston in exactly the same rhythm, giving the lungs a squeeze from the rear.

This mechanism forces the lungs to keep pace with the growing demands of muscle cells for oxygen as gallop speed increases. Yet its very efficiency over a wide range of energy demands also sets an upper limit. At their very top speeds, horses increase speed by taking longer strides, not by taking more strides per minute. So eventually the fixed cycle of one breath per stride can no longer keep up with energy demands. That is an ana-

# THE APPLGATE-LASSEN TRAIL

JUNE 1, 2, 3, 4, AND 5, 1997

**HISTORY:** In 1846 a route to southern Oregon was opened eastward from the Willamette Valley by the Applegate Party. This route crossed the northeastern corner of California below Goose Lake and then proceeded generally south and eastward to come into the main Humboldt River Trail at Great Meadows (also called Lassen's Meadows, now Rye Patch Reservoir near Imlay, Nevada. This is the site of our first night's camp.) In 1848, Peter Lassen persuaded a group of emigrants to follow a new route to the Sacramento Valley and his rancho. His route followed the Applegate Route as far as Goose Lake and then cut south and west through mountainous plateau country that had not been previously scouted by him. After much hardship, the wagons succeeded in getting through. In 1849, this new trail was heavily used by emigrants and gold seekers who mistakenly thought it was a short cut to the Great Valley....

This Applegate-Lassen Route had only one year of great usage - 1849, the second year it was open. That year the rumor circulated among the emigrants and gold seekers that this was a new and shorter route to the Sacramento Valley, and before the season was over, it had been estimated that between one-third and one-half of all the California-bound travelers turned off that way.

We will be retracing much of the historic trail. In some places, we will ride on the exact trail, carved for eternity in the sand and rock of the Nevada desert. In others, we have had to take some creative detours, as the original route is either too hazardous or inaccessible. But this ride will fill you with awe at thought of our pioneer forbears braving such terrain, previously unexplored, with so little grass and water for their livestock. Lud McCrary will give historical vignettes each day. Join us for a trip backwards in time.....

**INFORMATION:** This is a point-to-point ride, so YOU NEED A DRIVER FOR YOUR RIG. Last year the weather was hot but not unbearable. However, the weather on the desert can be unpredictable - overcast and chilly, rain and hail, snow or blistering heat. We guarantee NOTHING! Bring plenty of water for yourselves and horses and adequate storage for water, as there is little or no natural water on the trail on all but one day. Horse water is available at each evening's campsite. The trail has rocky stretches, so you might want to have your horses padded.

**ITINERARY:** DAY 1: Humboldt River at Callahan Bridge to Rabbit Hole Springs. Water from the river only; have an adequate supply of your own clean water for people and carry water for horses along the trail. One vet check at 25 miles, only muddy spring water available, poorly accessible.

DAY 2: Rabbit Hole Springs to Gerlach. Water available at Rabbit Hole Springs, good time to refill your supply. One vet check at 25 miles, no water available. Camp that night at the town of Gerlach. There is a restaurant, motel (702-557-2220, if you wish to reserve a room in advance), gas station with diesel fuel and ice. Be sure to top off your fuel tanks before leaving Gerlach. Bruno's Country Club will put on a wonderful dinner for us at \$13 per person. We will distribute finishing awards for the first two days at the dinner. We must have a commitment for this dinner so we can order the correct amount of food.

DAY 3: Gerlach to Mud Meadows Reservoir. We hope to be able to ride on part of the Black Rock Desert (if it is dry enough). Vet check on the road to Mud Meadows. Camp at Mud Meadows reservoir, water for horses.

DAY 4: Mud Meadows Reservoir to Massacre Lake. Vet check at 35 miles at Steven's Camp, a cow and hunting camp in Upper High Rock Canyon. Ride management will provide sandwiches, snacks, and drinks, as crews will not be allowed (access is difficult and parking limited). Camp is at the set of corrals by the side of road 8A about a mile beyond the cattle guard. Water for horses is available from a small stream.

DAY 5: Massacre Lake to Cedarville, CA: We cross Forty-Nine Pass and ride into California. Vet check at 25 miles at the stock tanks of Sand Creek Ranch on the edge of Middle Alkali Lake. We finish in Cedarville; camp at the Modoc County fairgrounds. Stalls at the fairgrounds are \$7.00 each and general camping fee is \$7.00 per rig. Showers are available included in the camping fee. Cleanup after your horses is required by the fairgrounds. Final awards dinner will be held at the fairgrounds.

**REGISTRATION:** Pre-ride registration is preferred so we can assure adequate vet care for the number of horses entered. However, we will accept on-site and day-to-day registrations. You may enter any or all days, paying only for the ones you actually start. You may ride one or any number of horses. There will be daily winners and best condition awards. The overall winner and overall best condition will be determined from those horse-rider (same horse, same rider) teams who completed all five days.

**DIRECTIONS:** The first night's camp will be at Callahan Bridge near Imlay, Nevada. Take I-80 past Lovelock, Nevada to Exit #145 (Imlay), turn L back under the freeway and turn L again on the frontage road. Follow the flagging to camp at Callahan Bridge on the Humboldt River. Before you come to camp, be sure to top off your fuel and water tanks at either Burns Bros. Truck Stop at Exit #129 or Mill City Truck Stop at Exit #149. Mill City Truck Stop is better supplied with any necessities you may need.

**CHECK-IN & PRE-RIDE YETTING:** Afternoon and early evening of May 31.

**Barbara McCrary, ride manager 330 Swanton Rd., Davenport, CA 95017**

**Phone/FAX# 408-423-4572 FAX #408-423-8869 after 2-25--**

PLEASE REMEMBER TO CHECK THE BOX AND ENCLOSE \$13.00 FOR THE DINNER AT BRUNO'S IF YOU ARE PLANNING TO ATTEND. WE WILL ORDER ONLY THE NUMBER OF DINNERS THAT ARE PRE-PAID, PLUS THE ONES FOR RIDE PERSONNEL. LAST YEAR WE ORDERED TOO MANY AND THE MANAGEMENT OF BRUNO'S WAS KIND ENOUGH NOT TO MAKE US PAY FOR THE LEFT-OVER FOOD. WE WILL NOT BE SO UNFAIR TO THEM AGAIN. IF YOU DON'T PAY IN ADVANCE, YOU WILL HAVE TO ORDER AND PAY FOR YOUR DINNER FROM THE MAIN CAFE MENU, AND BELIEVE US WHEN WE SAY THE DINNER THEY PREPARE FOR US IS MUCH BETTER!

# THE APLEGATE-LASSEN TRAIL

# \_\_\_\_\_

JUNE 1, 2, 3, 4, AND 5, 1997

Recd \_\_\_\_\_  
Paid \_\_\_\_\_

RIDER \_\_\_\_\_ AGE \_\_\_\_\_ RIDER AERC# \_\_\_\_\_

DIVISION: HWT(211#/up) \_\_\_\_\_ MWT(186-210#) \_\_\_\_\_ LWT(161-185#) \_\_\_\_\_ FWT(160#/BELOW) \_\_\_\_\_ JUNIOR \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ FAX (\_\_\_\_) \_\_\_\_\_

HORSE #1 \_\_\_\_\_ BREED \_\_\_\_\_ SEX \_\_\_\_\_ AGE \_\_\_\_\_ COLOR \_\_\_\_\_ HORSE AERC# \_\_\_\_\_

HORSE #2 \_\_\_\_\_ BREED \_\_\_\_\_ SEX \_\_\_\_\_ AGE \_\_\_\_\_ COLOR \_\_\_\_\_ HORSE AERC# \_\_\_\_\_

OWNER'S NAME/CITY/STATE #1 \_\_\_\_\_ OWNER'S AERC# \_\_\_\_\_

OWNER'S NAME/CITY/STATE #2 \_\_\_\_\_ OWNER'S AERC# \_\_\_\_\_

As a participant in the APLEGATE-LASSEN TRAIL ride, I agree to abide by the rules of AERC and the aforementioned ride. I understand that endurance riding involves being in remote areas for extended periods of time, far from communications, transportation, and medical facilities; that these areas have many natural and man-made hazards which ride management cannot anticipate, identify, modify, or eliminate; that horses can be excitable, difficult to control, and unpredictable; and that accidents can happen to anyone at any time. I AGREE TO TAKE FULL RESPONSIBILITY FOR MYSELF AND THE ANIMAL I AM RIDING. I will hold AERC, ride management, all ride personnel, and all property owners over whose land the ride passes blameless for any accident, injury, or loss that might occur due to my participation in the ride, and free from all liability for such injury or loss.

### I HAVE READ AND UNDERSTOOD THIS LIABILITY RELEASE

RIDER'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

FOR JUNIOR RIDERS:

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Signature gives permission for emergency medical treatment.

JUNIOR DATE OF BIRTH \_\_\_\_\_ NAME OF SPONSOR \_\_\_\_\_

DISCOUNTED FEES, IF POSTMARKED BEFORE MAY 19: AERC MEMBER-\$65/DAY AERC NON-MEMBER-\$75/DAY

SPONSORED AERC JUNIOR RIDER-\$55/DAY

REGULAR FEES, IF POSTMARKED AFTER MAY 19: AERC MEMBER-\$70/DAY AERC NON-MEMBER-\$80/DAY

SPONSORED AERC JUNIOR RIDER-\$60/DAY

WE MUST RECEIVE MAILED ENTRIES BY MAY 28, AS WE LEAVE FOR THE TRAIL ON MAY 29.

DAY 1  \$ \_\_\_\_\_  
DAY 2  \$ \_\_\_\_\_  
DAY 3  \$ \_\_\_\_\_  
DAY 4  \$ \_\_\_\_\_  
DAY 5  \$ \_\_\_\_\_

DINNER AT BRUNO'S IN GERLACH,

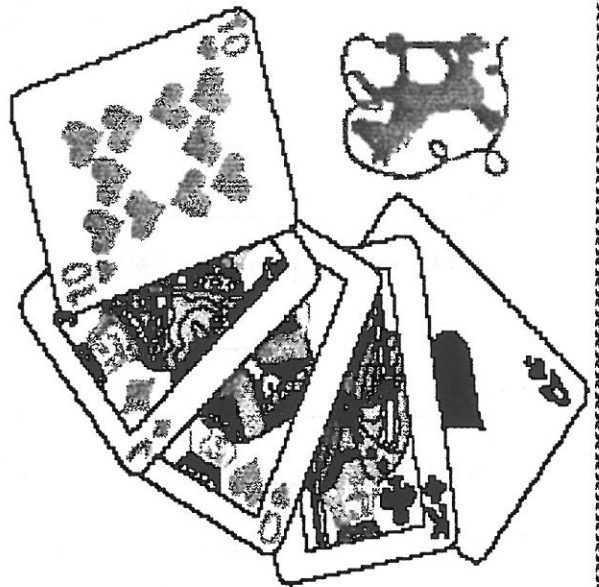
6/2  \$ 13.00

TOTAL \$ \_\_\_\_\_

- MAKE CHECK PAYABLE TO BIG CREEK RANCH AND MAIL TO:  
BARBARA McCRARY, 330 SWANTON ROAD, DAVENPORT, CA 95017
- PHONE/FAX# 408-423-4572 UNTIL WEDNESDAY, MAY 28th **FAX #408-423**
- CHECKS WILL NOT BE CASHED UNTIL AFTER THE RIDE. REFUNDS FOR **8869**  
ANY DAYS NOT STARTED. **after 2-25**

- ONLY PRE-PAID DINNERS ARE GUARANTEED
- WE WILL ALSO ACCEPT ENTRIES ON-SITE AND ON A DAY-TO-DAY BASIS, BUT PRE-ENTERING HELPS ASSURE ADEQUATE VET CARE FOR THE NUMBER OF HORSE/RIDER TEAMS ENTERED. \$75/\$85 PER DAY FOR ON-SITE ENTRIES.

PLEASE READ THE ACCOMPANYING SHEET; IT CONTAINS IMPORTANT INFORMATION YOU NEED TO KNOW.



QUICKSILVER ENDURANCE RIDERS, INC.  
P.O. BOX 71, NEW ALMADEN, CA. 95042

## JUNE 1997

- |            |   |
|------------|---|
| June 1-5   | APPLEGATE-LASSEN 5 DAY RIDE<br>Barbara McCrary 408-423-4572             |
| June 7     | QUICKSILVER ANNUAL POKER RIDE<br>Lori Oleson 408-776-0199<br>See Page 5 |
| June 7     | National Trails Day...Volunteer!  |
| June 7     | MT. LAGUNA 25/50<br>Terry Wooley Howe 619-598-6926                      |
| June 7     | WINE COUNTRY 25/50<br>Jessica Tuteur 707-258-1937                       |
| June 14    | NASTR 50/75<br>Connie Creech 702-882-6591                               |
| June 14    | CHALK 25/50<br>Elaine Kerrigan 707-443-0215                             |
| June 16-20 | BOYDS XP 5 DAY RIDE<br>Ann Nicholson 801-644-2008                       |
| June 21    | OAKLAND HILLS 25/50<br>Laura Fend 510-935-8147                          |
| June 28    | SIERRA ESCAPE 50<br>Wendy Lumbert 916-620-9323                          |