



# Quicksilver Quips

December 2015

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## *President's Message – December 2015*

True confession: Thanksgiving has never been my favorite holiday. As a kid it meant long days of driving and big meals with adults stressing over the food. I must have absorbed the stressing over food part, because now I seem to require a full on tactical battle plan to get the shopping done, the meal preparations organized, and everything ready to receive friends and family in time for dinner. I was reflecting on this as I was doing some deep breathing before entering the grocery store yesterday – and quietly made a pretty extensive list of all that I have to be so very thankful for. This made me feel better, helped me put on my happy face and be a bit more relaxed and pleasant with the other folks in the market that afternoon.

Among the folks who made the "gratitude" list were all those who do so much for the Quicksilver Club. Yes, we have a wonderful board of directors and officers, and we also have a tireless group of committee chairs who are continuously working behind the scenes to further the work of the club:

Melissa Broquard as our Technical Committee chair has been doing some tremendous work on our website adding archival issues of the Quips and getting our digital presence in great shape

Pat McAndrews has been our Trails Committee person and is making headway on getting another water trough placed at Calero

Maryben Stover welcomes new members as our membership chair, and keeps us connected through sending correspondence and greeting cards to endurance community members

Barbara McCrary is our indefatigable editor of this publication, putting together all the pieces of material each month to make the Quips happen

And Trilby Pederson not only serves as a board member, and our current treasurer, but cooks the turkey and pulls out all the stops for a fantastic club Christmas Party – which will be December 5<sup>th</sup> at the New Almaden Community Center

I appreciate all that you do for our club and the community, and I look forward to enjoying some time with you all on the 5<sup>th</sup>!

Ciao!

Jill

**P.S. We need:**

- \*someone to come help Trilby with set up at 2 pm, and
- \*someone to bring a cooked ham

## Officers

**President.....Jill Kilty-Newburn**

**Vice President.....Barb Granter**

**Secretary.....Jeanine McCrary**

**Treasurer.....Trilby Pederson**

## Board Members

**Pete Harper**

**Jayne Perryman**

**Pat Verheul**

## Newsletter Editor

**Barbara McCrary**

**[bigcreekranch@wildblue.net](mailto:bigcreekranch@wildblue.net)**

# Quicksilver Board Meeting

October 24, 2015

Called to Order at 10:30 AM

Treasure's Report: Account Balance = \$10,136.00

Committee Reports:

Technical: Website Quip links have been updated back to 1992. There is a possibility of finding older Quips

Trails: Trough project at Calero continues as the tractor work for the trough has been done.

Membership: No new members this month

Good will: Cards send to Courtney Hart who broke his leg. Remember Sue Hedgecock who recently passed away from cancer.

Ride Report: Ride was a success and a lot of fun. There were 85 riders who participated. 100 riders were allowed to enter. 40 riders rode the 50 miler, 33 riders rode the 25 miles, and 12 riders rode the fun ride. Total net income for ride was \$4,929. Awards cost was \$360. Expect higher costs next year because management used excess awards from previous years. Food cost was \$638 and vet cost was \$1000. Chuck Kessinger donated his services and \$500 each to the other two vets.

Suggested changes for next years ride are horses must wear hoof protection on all four feet as was requested by head vet Dr. Kessinger. Confirm the list of finishers with the list of riders. Dinner served after last rider comes in. Adults accompany young children in camp.

Unfinished business: No elections needed for the board because we have a full slate and no other nominations were entered according to Barbara Grantor.

Holiday Party: December 5, 2015 at New Almaden

New Business: The board approved to spend \$2,500 on awards banquet at Harry Hoffbrau and will include calendar reservations and awards.

Meeting adjourned at 11:05 AM

*Jeanine McCrary, Secretary*

## QSER Christmas Party

Come one, come all!

Saturday, December 5, at 6 pm at the New Almaden Community Center  
21727 Bertram Road, San Jose, CA 95120

Directions - <http://www.sccfiresafe.org/communities/midpeninsula/87-directions-to-meeting-sites/97-new-almaden-community-center>

Please bring a dish to share. If your last name starts with A - M bring a side dish to share. If your last name starts with N - Z bring a dessert.

We will have a gift exchange (or gift grab, depending on your perspective). Please bring a wrapped gift of less than \$20 in value if you would like to participate.

Hope to see you there

Jill

## Old Playmates Meet

I was at the San Martin Horseman's Poker Ride today, and met our new member Liz Konoshita. After talking with her more, I found out that she is Lizzy Namba (maiden name) whose family owned the carnation nursery next to my uncles' carnation nursery in Redwood City! So let's just say I met her again, because I remember playing with her with my cousins when we were kids.

We had no clue that the horsey gene existed in each other back then but it did.

*By Kathy Mayeda*

# Quicksilver 2015 Calendar



## Dec. 5th—Christmas Party



As some of you may know, the AERC is going to have an equestrian unit in the Rose Bowl Parade on New Year's Day. On December 5th the AERC will also be represented in the Los Gatos Christmas Parade also. Any Quicksilver riders that would like to join the group are really welcome. **Must be an AERC member.** I am sure many of you have a horse that would behave well. We could have a great time!!

Gayle Peña, who is the head honcho for the AERC in the Rose Parade, will lead the group. Come one, come all. Let me know.

*Julie Suhr*

## Quicksilver Endurance Riders Treasurer's Report

GENERAL ACCOUNT	\$10,136.37
TRAILS ACCOUNT	1,974.22
JUNIOR ACCOUNT	454.38

## FALL CLASSIC RIDE PROFIT & LOSS STATEMENT As of 10/24/2015

INCOME:	\$9,981.00
EXPENSES:	
COUNTY PARK FEES	\$1,080.00
DUMPSTER	341.00
VETERINARIANS	1,000.00
SUPPLIES	506.84
SANCTION FEES	645.00
PORTA POTTIES	286.31
AWARDS	360.00
FOOD	346.46
DRUG TESTING	355.00
POSTAGE	31.52
TOTAL EXPENSES:	\$4,952.13
GAIN:	<u>\$4,928.87</u>

*Trilby Pederson, Treasurer*

# 34

## How Many More?

34 Times raced the clock  
34 Times scrambled over Cougar Rock  
3,400 Miles-too many steps to count  
With resolve and quiet determination she has guided her steady mount.  
Remarkable feats-legends-heroes-hardships-so many failures;  
(Stories that mark this trail)  
For 34 years she has steadfastly been etching her own extraordinary tale;  
Visiting old friends-ancient landmarks-Devils Thumb-river crossings  
Canyons-bluffs-Forest Hill  
The unbearable heat seems to never end.  
Twilight ushers in a balmy quiet coolness;  
(Evening's welcome favor)  
Riding alone now in the night's stillness  
Along the river observing the water's shimmering reflections  
From the moonlit canyon walls;  
(A time to savor)  
Cross No Hands Bridge;  
Start that final climb;  
There's plenty of time;  
From out of the darkness into the light  
Once again emerges triumphant Barbara White!  
A bit tired, somewhat weary-yet feeling so alive  
Already planning on 35!

*by Dick Carter 2015*

# 2016 TEVIS TALKS

Want fun? Want to help raise funds for the Tevis Cup Ride? Then order tickets now for the sixth annual evening of "Tevis Talks," hosted by Matt Scribner in Auburn, CA. This year's guest will be Ben Masters, lead rider in the movie, "Unbranded." Previous "Tevis Talks" have featured Julie Suhr, Becky Hart, Linda Tellington-Jones, and Clinton Anderson. Julie, Becky, and Linda already have a collection of Tevis buckles. Matt intends to talk Ben Masters into taking on the buckle challenge in 2016. If you haven't seen the movie, please consider it. It will be shown in Auburn on December 15<sup>th</sup>. You may also be able to find it showing locally, or you can order your own DVD from Amazon. The cinematography is beautiful, the plight of the mustangs is described in an even-handed way, and, as you would expect, any 3,000 mile trek on horseback is full of excitement, challenges, heartbreak, disappointment, humor, and a finish line. Tickets are on sale now though the Tevis Store.



**TEVIS TALKS**  
presents



**BEN MASTERS**

Ben Masters will tell his story of how he "masterminded" Unbranded. In 2010, he and two friends completed a 3,000-mile ride along the Continental Divide.



**Tuesday, January 12, 2016**  
**The State Theatre**  
985 Lincoln Way, Auburn, CA  
6:00 p.m. No Host Bar  
7:30 p.m. Host Matt Scribner  
Fundraiser for the  
Western States Trail Foundation

**Ticket Choices**  
Signature \$175  
General \$40

Tickets available at the  
December 15th "unBranded"  
screening and the TEVIS STORE  
[www.TevisCup.org](http://www.TevisCup.org)

Submitted by Barbara White

## News Notes

# Pete and Ladyhawk—Ten Years Together

By Pete Harper

At the Sesenta Anos in November my Tennessee Walling Horse mare Iron Eagles Ladyhawk achieved the 3000 endurance milestone. Additionally the 2015 season was our tenth season doing endurance together. Ladyhawk becomes the first registered Tennessee walking horse to achieve these milestones.

I got started in horses later in life than most people. Ladyhawk is my very first horse. My wife Leslie is the horse person in the family having owned horses most of her life. It wasn't until we decided to move to acreage in Dallas that we had room for another horse. We had always done trail rides on QHs. We would either trade off on my wife's QH gelding or I would borrow a horse. We would ride 5-7 miles and think we were pretty badass trail riders. Then we got introduced to Walkers and were hooked on gaited horses ever since.

As a back up to my wife's aging QH Ocho she bought a walker gelding. The new Walker was too much for Ocho to keep up with. That is when I bought Ladyhawk from a show barn. Her barn name was "Big Motor". The owners said they had to ride her for 30 minutes in the parking lot before she could go into the show ring. Our 5-7 mile marathons quickly turned into weekly 15 mile enjoyable trail rides. At the end of 15 miles Ladyhawk was looking to do more. So I got on the web and researched horse events that were better suited to her.

First I looked at CTR, too many rules, way too fussy for me with camp inspections and trail judges. Then I stumbled on AERC. The event was a ride from point A to point B over a prescribed trail, first one to finish with a sound horse wins. "Got it! I can live with those rules."

So we showed up for our first endurance ride not knowing anyone. I wore blue jeans, cowboy boots, and an Australian stock saddle complete with horn. The RM required a helmet or I would have had on my cowboy hat. Ok here we are at our first LD ride, wrong horse, wrong saddle and wrong clothes. I call RM Sue Phillips my guardian angel. She put the word out to people to watch out for the poor cowboy on the wrong horse. People on trail could not have been more friendly or helpful. We come in after the first loop and people are pouring water on their horses, OK I'll pour water on my horse. Ladyhawk pulse right in and the vets talked me through the vet check. First of many comments on gaited horses at the "trot" out. Back then Ladyhawk was frequently the only gaited horse at the ride. Many vets had never seen a gaited horse trot out.

Second loop was uneventful other than it rained. This was my first and last endurance ride in jeans, my thighs were hamburger. Male vanity be damned, I learned tights are better suited to long rides. We finished mid pack in 4:30 and Ladyhawk looked and felt terrific. We were both totally hooked, Ladyhawk had found her natural calling on the endurance trail.

At 19 years old she still loves her job. She still has the same spark that got us started in endurance so many years ago. We've enjoyed some grand adventures together. Having done rides from the piney woods of Louisiana, Ozark mountains, Texas Hill Country, red clay of Oklahoma, corn fields of Kansas, high mesas of New Mexico, Grand Canyon, Bryce Canyon, Death Valley and her new home in California. I've been truly blessed to have had such a wonderful ride partner.



Photo by Lynne Glazer

©lynneglazer.com

# Healthy Postures—Sound Movement

How important is posture to equine health? Very. Without a good posture a horse may experience soundness issue and his/her movement wont be as beautiful and his/her performance will suffer. To learn more about how horses move from the inside out, please consider attending this upcoming series of lectures. For Manolo Mendez fans, Jillian Kreinbring appeared in his DVD and he will be doing joint events with her in 2016. We have a very good mix of students: a western clinician who is also a western dressage judge, an ARIA America's "Top 50 Riding Instructors" who was a featured clinician at Equine Affair recently, two equine massage therapists, an acupuncturist, a breeder, a driving and riding instructor, amateur riders, archer on horseback, and more!

This course is for the professionals as much as it is for serious amateurs and it applies to all disciplines. I have six spots left so come and join us! or share with colleagues, students or friends.

Understanding Equine Movement to Realize Your Horse's Potential: A Practical, Hands-On Biomechanics Lecture Series for Keen Equestrians with Jillian Kreinbring M.S

**WHEN: NOV 6-8th, 2015 (Friday Evening/Full Sat/Sun)**

**WHERE: Sonoma Coastal Equestrianing Center  
3641 Middle Two Rock Road  
Petaluma, CA 94952**

## **WHAT:**

Join us in the scenic Sonoma countryside for a weekend of intensive learning about equine anatomy and movement. No matter your experience level or anatomical knowledge, this course will provide you with valuable insights into what is necessary to develop a sound and healthy horse regardless of your discipline.

To strengthen and enhance equine well-being, it is important to ride and work horses in healthy postures. Throughout this course, students will connect the why and how of balance and collection to understand how a horse's anatomy, muscular development, and movement patterns affect his performance under saddle.

The 2 ½ day lecture series explains healthy movement in depth and gives the learner the opportunity to develop their eye so they can see healthy and unhealthy postures. Students will:

- **Learn what to look for in healthy movement and muscular development.**
- **Discover what creates a healthy posture in riding horses.**
- **Evaluate a horse's posture and anatomy from a new perspective.**
- **Add tools to develop horses' postural strength.**

## **WHO:**

### **JILLIAN KREINBRING, MS, LECTURER**

Jillian Kreinbring is an equine postural and equine movement expert with a graduate degree from the University of Wisconsin where she studied equine movement and muscle development.

Passionate about equine wellness, Jilly's graduate research on evaluating the musculature of the horse's neck was guided in part by Dr. Hilary Clayton, Dr. Sara Wyche and Dr. Nancy Nicholson.

An osteopath in training at the Vluggen Institute, Jilly is a Connected Riding instructor and an experienced horsewoman who has competed and worked professionally with horses in the United States and Germany for several years.

In 2011, at the invitation of Training for Wellness™ and traditional dressage trainer Manolo Mendez, Jilly traveled to Australia to work with him for five weeks and was featured in his 3 hour "In-Hand Lessons with Manolo Mendez: An Introduction to Working In-Hand" DVD. Jillian has developed a very successful series of lectures which she is now offering internationally.

*(Continued on page 8)*

(Continued from page 7)

**SCHEDULE:**

**Friday , Nov 6th: Evening Lecture: 6:00-9:00pm**  
Pastries, Hot Cider, Tea & Coffee will be served

**Saturday, Nov 7th: Lectures and Labs: 9:00am- 5:00pm**  
Mid Morning and afternoon snacks & lunch included

**Sunday, Nov 8th: Lectures and Labs: 9:00am- 5:00pm**  
Mid Morning and afternoon snacks & lunch included

**COST:**

**\$380 payable by checks or Paypal.**

Please contact the organizer to reserve your spot. First come, first serve, space limited to 24. Tuition is non refundable unless a replacement can be found.

To reserve a spot, contact Caroline at: [proudhorseconnections@gmail.com](mailto:proudhorseconnections@gmail.com)

For more information, visit: <http://www.proudhorseconnections.com/biomechanics-lecture-series-jillian-kreinbring-m-s/>

*Caroline Larrouilh*  
**Principal, ProudHorse Connections**



*Merry Christmas  
And  
Happy New Year  
To all  
Wishing you and  
Your horses a  
Great Year  
On the trails*



**TTouch for You and Your Horse  
Rancho Ruiz, Gilroy, CA  
March 11-13, 2016**

**Instructor: Linda Tellington-Jones**

**Training location:**

Rancho Ruiz  
Deb Timms  
993 Day Road  
Gilroy, CA 95020  
[www.rancho Ruiz.com](http://www.rancho Ruiz.com)  
408-309-0538

**Local Coordinator:**

Judith Ogus  
408-425-7873  
info@randomarts.biz

**Coordinator:**

**Tellington TTouch Training Inc.**  
1713 State Road 502 Santa Fe, NM 87506  
Phone: 800-854-8326 Fax: 505-455-7233  
kirsten@TTouch.com  
[www.TTouch.com](http://www.TTouch.com)

**Schedule:**

Day 1: 9:30 AM- 5:30 PM  
(please arrive at 9:15 AM)  
Day 2: 9:30 AM - 5:30 PM  
Day 3: 9:30 AM - 4:30 PM

**Tuition March 11-13, 2016:** \$565.00 before January 13, 2016 if tuition is paid in full. \$645.00 after. Payable to the Tellington TTouch Office. (Lunch is included in the tuition.)

**Auditing:** one-day auditing cost: \$115.00 (Lunch is included)

A \$300.00 deposit is due at the time of registration to hold a space in the class. The balance is due 30 days prior to the start of the training. *\*Please note, if you pay your deposit with a credit card, the balance will automatically be charged to the same card 30 days prior to the start of the class unless you request otherwise.*

**Three ways to Register:**

- Online at [www.ttouch.com](http://www.ttouch.com) select *Trainings & Workshops, Register for an Event*
- \* Mail a check to our office made payable to Tellington TTouch Training and note the course session in the memo line.
- Call our office to pay with your Visa, MasterCard, American Express, or Discover card

**Tellington TTouch Training Cancellation Policy:** Tellington TTouch Training reserves the right to cancel a session if necessary because of circumstances beyond our control or when enrollment is deemed insufficient. In this case all deposits, tuitions and the processing fees will be refunded. We recommend that you purchase flight and hotel insurance for each event for which you register.

**Tellington TTouch Training Participant Cancellation Policy:** For cancellations made more than 30 days in advance of the training, a refund will be given minus a \$100.00 administration fee. No refunds are possible for cancellations less than 30 days prior to the start of the training. If you have to cancel, \$300.00 is nonrefundable but you may apply the rest of the deposit to another training that must be attended within one year of your cancellation date.

**Meals:** Coffee and tea will be provided in the mornings by Rancho Ruiz. We will also provide lunches that will include vegetarian choices. If you have any special dietary needs, please bring your own food. Dinner will not be provided.

**If you are traveling to the class:**

**Airport:** San Jose International Airport or San Francisco International Airport

**Lodging:** <http://www.gilroyvisitor.org/lodging.ph>

**Camping:**

Camping is allowed at Rancho Ruiz if arranged in advance. \$15.00 per night with no hook ups and \$25 with hookup.

**Another lodging option to consider:** [www.airbnb.com](http://www.airbnb.com)

Bed & Breakfast listings and rooms in private homes

**DIRECTIONS to the Farm:**

101 to Gilroy, West on Masten Exit, Go to second stop light Santa Teresa and turn left (about 1 mile) Go about 1 mile to Day Rd West and turn right, 1<sup>st</sup> driveway on the right 993 Day Road

**Bringing your own horse to the training:** You are welcome to bring your own horse to the training but it is not necessary, as you will still have an opportunity for plenty of hands on work. **If you do want to bring your horse you must let us know in advance and register your horse as soon as possible as horse space is limited so it will be on a first-come basis.** To register your horse online, go to [www.ttouch.com](http://www.ttouch.com), select *Trainings & Workshops*, then select *Register Your Horse*.

**Stabling information for your horse:**

Overnight fee is \$15.00 per night, per horse. If you need or want shavings you must bring your own. Bring a bucket and your feed. You are responsible for cleaning your own stall. If stalls are not cleaned of all hay, shavings and poop before you leave you will be charged an extra \$15. Your horse should be healthy and in good shape. Please check with your vet for any outbreak status before leaving. For the safety of The Farms chickens **No dogs allowed during clinics**  
Please register your horse with The TTouch office **AND** Deb Timms (Rancho Ruiz) 408-309-0538.

**Weather & Clothing:**

The weather in March in Gilroy, California is usually very pleasant. daytime temperatures should range from 60° - 75°. However if we do experience an El Niño year, it could be rainy. Bring rain gear. Evenings and morning are cooler, usually in the mid-thirties - to mid-fifties. Bring plenty of sun block, sun glasses, hat/visor, and sunblock for your horse if he/she requires it. Make sure to bring water. The indoor arena is usually quite comfortable regardless of outside temperatures. Our advice is to dress in layers!

**Equipment:**

TTEAM Wand, 4' White Dressage Whip

Tellington TTouch Training, - USA Office  
1713 State Road 502 Santa Fe, NM 87506 Ph 800-854-8326 Fax: 505-455-7233  
E-mail: [kirsten@TellingtonTraining.com](mailto:kirsten@TellingtonTraining.com) website: [www.TTouch.com](http://www.TTouch.com)  
Page 2 of 4

TTEAM Lead with 28 chain or zephyr lead.

The wand and lead are essential items for a TTEAM training. If you have them, bring them with you. If you do not have a wand and lead, they will be available for sale at the clinic.

If you have any other TTEAM equipment, i.e., TTEAM driving lines, Balance Rein, Lindell or ace bandages, it would very helpful to have them on hand

Please be sure your items are well marked for easy identification.

Equipment, videos and books will be available for purchase.

**Required Reading:**

Before attending the training we suggest you become acquainted with Linda's new book, The Ultimate Training and Behavior Book and that you view the DVD Solving Riding Problems With TTEAM, From the Ground. If you purchase a second TTEAM video or DVD of your choice prior to the training, you will receive 50% off that video. These items may be purchased on our web site:

[www.TellingtonTTouch.com](http://www.TellingtonTTouch.com) ~ or call the TTEAM office to place your order. Phone: 800-854-8326

Judith Ogus

[judith@randomarts.biz](mailto:judith@randomarts.biz)

<http://nucancerfrogblog.randomarts.biz>

<http://www.randomarts.biz>



## Tellington *TTouch* Training®

TTEAM - Tellington TTouch Equine Awareness Method Training - Gilroy, CA  
March 11-13, 2016  
DATA SHEET

Please complete this form and return to  
the TTouch Office no later than one month before the training.

Your Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ E-mail \_\_\_\_\_

Emergency Contact (Name, phone number and e-mail): \_\_\_\_\_

I am bringing a horse. yes  no

I have signed my horse up with the facility. yes  no

**Accommodations:** Please make your arrangements with the hotel of your choice, then fill in the following:

**Accommodations:**

I am staying at: \_\_\_\_\_

**Transportation:**

Flying in/out of: \_\_\_\_\_

Arrival Date & Time: \_\_\_\_\_ Airline & Flight # \_\_\_\_\_

Departure Date & Time: \_\_\_\_\_ Airline & Flight # \_\_\_\_\_

I am willing to share my car: Yes  No  with (#) \_\_\_\_\_ people

I would like assistance with arranging a ride share: Yes  no

# Classifieds

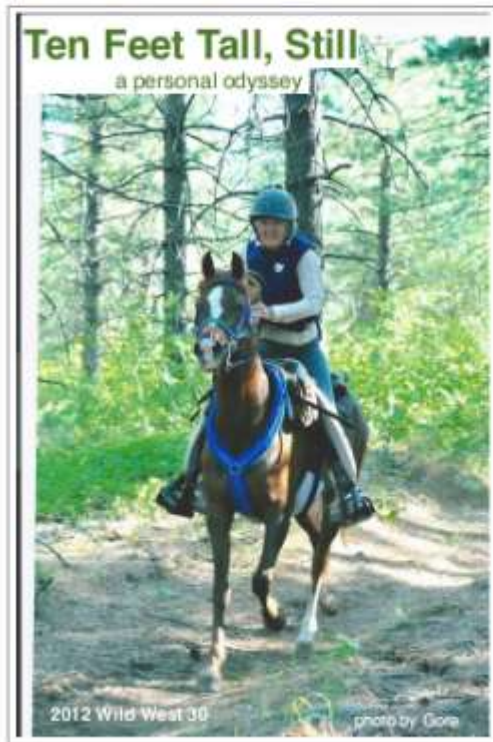


BOOKS ARE THE PERFECT GIFT!



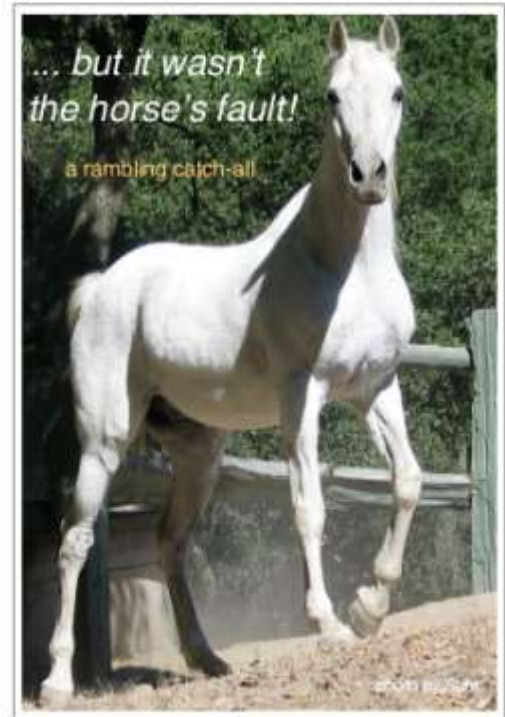
To benefit our trails and our horses, I have written two books. They are entirely different in style.

1. **Ten Feet Tall, Still** is out-of-print, but available as an e-book from Amazon, Barnes and Noble and others. All proceeds to **AERC Trails Fund** and **WSTF Trails Fund** for preservation of horse trails. \$9.99
2. **...but it wasn't the horse's fault!** Available from Marinera Publishing, [www.marinerapublishing.com](http://www.marinerapublishing.com) All proceeds to **CENTER FOR EQUINE HEALTH**, School of Veterinary Medicine, Davis, California \$24.95



by  
Julie Suhr

*You are never  
quite the same  
after you ride  
a good horse.*



## "TEN FEET TALL, STILL"

My first book, *Ten Feet Tall, Still*, is out of print, but is now an e-book for downloading at Amazon, Barnes and Noble and some other places. One Hundred Percent of the proceeds go to the AERC Trails Fund and the WSTF Trails Fund.

**Julie Suhr (831) 335-5933**

## Offered for Sale

Hungarian Shagyas. One is a gelding, age 15, well-trained, a beautiful bay. The other is a pure Shagya mare, age 16, well trained for trail riding, good breeding quality and both sired by the Hungarian Shagya stallion, Oman. Oman has produced both a Tevis winner and Tevis Best Condition horse. A bit more info about the bloodlines of my Hungarian horses for sale...Besides the pure Hungarian bloodlines there are Arabian bloodlines that include Bezatal, Cougar Rock, Gulastra, and other Polish lines.

These horses live in a 300-acre pasture.  
Photos can be provided.

# Classifieds and Services

## **FOR SALE**

Heavy Duty trailer hitch, with 2 attachable/detachable steel weight-equalizer bars, and a trailer wiring adapter. Price reduced to \$50.

**Marvin Snowbarger, 408-268-8752**

## **CRANIOSACRAL THERAPY FOR HORSE AND RIDER**

Are you curious about how craniosacral therapy can improve your riding, your horse's gaits and total well being? Craniosacral therapy can enable structural and emotional balance to yourself or your horse by working through and releasing old physical and/or emotional traumas (whether you remembered it or not!) in relaxing non-invasive bodywork sessions.

Are you uncomfortable while riding? I also offer saddle fit and gait evaluations for both you and your horse, unmounted and mounted, to help you identify and trouble shoot sticky spots as a Better Balance Session. I look at all aspects from rider imbalance to hoof imbalance and offer solutions to achieve Better Balance between you and your horse as a whole so that you can go the distance with joy.

We can discuss your issues and curiosities in detail in a free no-obligation telephone or email consultation. Please contact me to schedule a phone conversation or just shoot me an email!

**Kathy Mayeda, EBW-CST, CMT**  
**(408) 763-0977**  
**klmayeda@gmail.com**

# Classifieds

## **HORSE BOARDING FACILITY**

20535 Rome Drive, San Jose, California.

Stalls: \$320.00, pasture \$220.00,  
fed twice a day high-quality  
orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders.

My place borders Quicksilver Park.

**Trilby – (408) 997-7500**



### **HORSE BOARDING—PERFECT FOR ENDURANCE HORSES ALMADEN AREA (photo above)**

Huge paddocks with lots of room. Our pastures are real pastures and not crowded -- approximately 2 acres per horse. (See *photo above*.) We have direct trail access. Rates start at \$275. 1 free trailer parking space per boarder. Top quality grass/alfalfa hay fed. Also riding lessons with three-time world champion. Call

**Becky: 408-425-5860** or

**Maryben: 408-265-0839**

e-mail to [merryben@live.com](mailto:merryben@live.com)

# Services

## **CENTERED RIDING® LESSONS**

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body.

Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with

Level 3 Centered Riding instructor. Clinics available upon request.

**Becky Hart**

**(408) 425-5860**



## **PRINTING SERVICES**

For Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky: [bghart@garlic.com](mailto:bghart@garlic.com)**

## **TAX SERVICES - Specializing in horses**

**Trilby — (408) 997-7500**



# Humor and Birthdays

## CREATIVE BUSINESS NAMES



Happy December Birthdays  
to our Quicksilver Members  
and Endurance Friends

Ruth Waltenspiel	1
Dick Carter	6
Elaine Elbizri	6
Lisa Schneider	11
Brian Reeves	15
Julie Caprino Best	19
Bob Suhr*	20
Larrissa Voight	21
Heather Bryant	22

\* Deceased

**IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!**

**FIRST: We need your name**

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**And then your address**

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**And your phone number, Fax, e-mail**

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**And then we need your money! Senior membership is \$ 25 \_\_\_\_\_**

**Junior (under 16 years of age) membership is \$ 15 \_\_\_\_\_**

**Family membership is \$ 40 \_\_\_\_\_**

**Total enclosed \$ \_\_\_\_\_**

**Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!**

**How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.**

**Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.**

**Mail to Membership Chairperson: Maryben Stover  
1299 Sandra Drive  
San Jose, CA 95125-3535  
(408) 265-0839**

**May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!**

*"Life outside of endurance? I don't think so."*

*Dave Rabe*

"Nothing can stop a man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."

*Thomas Jefferson*

## **Mission Statement of Quicksilver Endurance Riders, Inc.**

**QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.**

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**Quicksilver Endurance Riders, Inc.  
P.O. Box 71  
New Almaden, CA 95042**

