



Quicksilver Quips

November 2009

What's inside

President's message	1
QS Fall ride report.....	2
Minutes, Vets & WEG.....	3
Ibuprofen use and abuse.....	4-5
The Manly men of QSilver.....	6-7
Oh, Baby!.....	8
Bits and pieces.....	9
Fav photo.....	10
Classifieds.....	11-13
Join the club/pay dues.....	14

Officers

President.....	Maryben Stover
Vice President.....	Karla Perkins
Secretary.....	Ildi Nadsady
Treasurer.....	Trilby Pederson

Board Members

Kirsten Bernsten
Jennifer Voight
Margaret Graham

Newsletter Editor

Elisabet Hiatt lazo@ucsc.edu

Submit articles, photos, ideas, classifieds and anything else any time... just DO IT!!

QSER on the Web:
<http://www.qser.net/>

PRESIDENT'S MESSAGE. . . .

The November meeting will be held on November 18, 2009, at 7:00 p.m. at the Community Center in New Almaden. This month the elections will be held at the regular meeting. Running so far are:

President: Sandy Holder
Becky Hart

V-president: Elisabet Hiatt
Ildi Nadasdy

Secretary: Kathy Brayton

Treasurer: Maryben Stover

Board: Lori McIntosh
Cathy Kauer

Pursuant to the By-laws, a candidate for an office who is not elected is automatically nominated for a position on the Board of Directors unless said candidate declines to run.

Also in November, we need to get our committees for the year-end awards put together. For the Eleanor Norton Award, Barbara and Lud McCrary will chair the committee and two members who are not on the BOD are to be elected at the November meeting to complete the committee.

The Hall of Fame person and Hall of Fame horse committees will be appointed by the president and anyone wishing to be on the committee should contact me and/or come to the meeting.

Horse Of The Year award will be chaired by Dennis Tracy and anyone interested in being on the committee should also contact Dennis or me.

QUICKSILVER FALL CLASSIC REPORT

Submitted by Terri Rashid

I told the boys that they had to write up ride reports from this weekend. This is what Kylan (3rd grade) wrote in his hand-written report:

"It was cold. I was grumpy. I saw a coyote. It was fun. I had lots of candy. Pepsi was very excited. She went very fast."

*Now I ***know*** that my very verbose son would have said something quite a bit more informative if he didn't have to WRITE it down, so I offered to type a report for him if he would dictate it. Below is the expanded version, with only a few grammatical changes and clarifications. Terri*

--- Kylan's dictated report ---

Saturday I was on an endurance ride with my horse Pepsi. It was my first limited distance ride. I was very nervous. Pepsi was very excited and I thought she would gallop off with me. There was a lot of candy because of the bags they gave out at the ride meeting prior to the ride. My particular favorites were the pumpkin and bone shaped candies. My mom let us take some Sharkies (another candy) on the ride. They worked pretty well, though I had a hard time taking them out of the ziplock bag with my ride gloves on.

It was very foggy and creepy. I saw a coyote, but it looked more like a werewolf. On the first loop it was very cold, but on the second the sun started to come out and it was warmer.

The vet check, where they make sure the horses are doing OK, was very short so I had to gulp down my peanut butter sandwich. It was very funny and Dad was yelling at us a lot, "Hurry up! Hurry up!"

I think at the end it was very fun and although right at the end I didn't think I would want to do it again, now I think I might give it another try. The morning after the ride my back was very sore, but now I feel better and I want to do another 25 mile ride!

Tieran's Typed report – no input from me, his punctuation and lack of paragraphs:

This is a report on my 25 mile ride I did last weekend. On the first loop it was pretty cold, and we couldn't see a thing it was so foggy. On the second loop we could see at least 5 feet in front of us and it was much warmer. Now, on the first loop we were with a female rider with a chestnut horse. She was very friendly, but we lost her at the first vet check. On the first loop we had some trouble with the photos. Mom wanted us to have 2 pics, one of her and Kylan, and one of me and Dad. That is not what happened. We all were so bunched up that the photographer took 1 pic of us all! Mom got angry, but on the next time around he got one of each of us. The second loop was beautiful! Now that we could see, all of nature seemed to spring up at us! For the first time we saw the sparkling lake! Mom got a lot of pictures of it, and we saw it a bunch. Well it look like we're out of time! I hope you liked my report!

Until Next Time, Tieran Rashid



**"My Horse's feet are as swift as rolling thunder, He carries me away from all my fears,
And when the world threatens to fall asunder, His mane is there to wipe away my tears"
Bonnie Lewis**

QSER MEETING MINUTES

10/21/09

Meeting called to order at 7:06 p.m

Present:

Maryben Stover, Ildi Nadasdy, Trilby Pederson, Karla Perkins, Patrick Perkins, Marvin Snowbarger, Becky Hart, Kathy Brayton, Terri Rashid, Elisabet Hiatt, Sandy Holder, Lori McIntosh, Cathy Kauer

Minutes from the September meeting were approved as read..

Treasurer's report:

General	\$8,373.85
Trails	\$1,071.82
Junior	\$ 453.48

Motion by Sandy Holder to have Elisabet work on finding a place for meeting in Scotts Valley. A small fee is okay. Motion passed.

Nominations for next year are:

President: Sandy Holder/Becky Hart.

Vice President: Elisabet Hiatt/Ildi Nadasdy.

Secretary: Kathy Brayton.

Treasurer: Maryben Stover

Board members: Lori McIntosh/Cathy Kauer.

Meeting adjourned at 7:48 p.m.

Ildi Nadasdy, Secretary



It's the Soldier, not the reporter
Who has given us the freedom of the press.

It's the Soldier, not the poet,
Who has given us the freedom of speech.

It's the Soldier, not the politicians
That ensures our right to Life, Liberty and the
Pursuit of Happiness..

It's the Soldier who salutes the flag,
Who serves beneath the flag,
And whose coffin is draped by the flag.

REMEMBER VETERANS DAY, NOVEMBER 11

Name dropping at the WEG.....

There were quite a few familiar faces in Kentucky for the WEG practice run:

Michelle Roush, Chuck Kessinger, Becky Hart, Alex North, Heather and Jeremy Reynolds, Tracy Hofstrand, Skip Lightfoot, Martin Vidal, Hillorie Bachmann, Teresa Cross and Kathy Campbell to name a few.

To see the photos Mike Tomlinson took, go to:

http://www.tomlinson.com/CEI_Lexington2009.htm

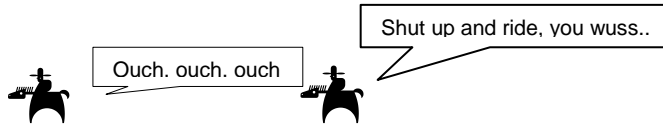
Michelle says she "...is still coming down from the high of the total immersion and working on it literally 21 hours a day."

By the looks of it, all of them are also still busy removing mud from their shoes...!



"The one great precept and practice in using a horse is this, never deal with him when you are in a fit of passion."

Xenophon, The Art Of Horsemanship, 400 BC



As one who cannot make it through a 50 miler without at least half a dozen Ibuprofen, I found this article very interesting. Elisabet.

Does Ibuprofen Help or Hurt During Exercise?

By [Gretchen Reynolds](#)

Several years ago, David Nieman set out to study racers at the Western States Endurance Run, a 100-mile test of human stamina held annually in the Sierra Nevada Mountains of California. The race directors had asked Nieman, a well-regarded physiologist and director of the Human Performance Laboratory at the North Carolina Research Campus, to [look at the stresses that the race places on the bodies of participants](#). Nieman and the race authorities had anticipated that the rigorous distance and altitude would affect runners' immune systems and muscles, and they did. But one of Nieman's other findings surprised everyone.

After looking at racers' blood work, he determined that some of the ultramarathoners were supplying their own physiological stress, in tablet form. Those runners who'd popped over-the-counter ibuprofen pills before and during the race displayed significantly more inflammation and other markers of high immune system response afterward than the runners who hadn't taken anti-inflammatories. The ibuprofen users also showed signs of mild kidney impairment and, both before and after the race, of low-level endotoxemia, a condition in which bacteria leak from the colon into the bloodstream.

These findings were "disturbing," Nieman says, especially since "this wasn't a minority of the racers." Seven out of ten of the runners were using ibuprofen before and, in most cases, at regular intervals throughout the race, he says. "There was widespread use and very little understanding of the consequences."

Athletes at all levels and in a wide variety of sports swear by their painkillers. [A study published earlier this month](#) on the website of the British Journal of Sports Medicine found that, at the 2008 Ironman Triathlon in Brazil, almost 60 percent of the racers reported using non-steroidal anti-inflammatory painkillers (or NSAIDs, which include ibuprofen) at some point in the three months before the event, with almost half downing pills during the race itself. [In another study](#), about 13 percent of participants in a 2002 marathon in New Zealand had popped NSAIDs before the race. [A study of professional Italian soccer players](#) found that 86 percent used anti-inflammatories during the 2002-2003 season.

[A wider-ranging look](#) at all of the legal substances prescribed to players during the 2002 and 2006 Men's World Cup tournaments worldwide found that more than half of these elite players were taking NSAIDs at least once during the tournament, with more than 10 percent using them before every match.

"For a lot of athletes, taking painkillers has become a ritual," says Stuart Warden, an assistant professor and director of physical therapy research at Indiana University, who has extensively studied the physiological impacts of the drugs. "They put on their uniform" or pull on their running shoes and pop a few Advil. "It's like candy" or Vitamin I, as some athletes refer to ibuprofen.

Why are so many active people swallowing so many painkillers?

One of the most common reasons cited by the triathletes in Brazil was “pain prevention.”

Similarly, when the Western States runners were polled, most told the researchers that “they thought ibuprofen would get them through the pain and discomfort of the race,” Nieman says, “and would prevent soreness afterward.” But the latest research into the physiological effects of ibuprofen and other NSAIDs suggests that the drugs in fact, have the opposite effect. In a number of studies conducted both in the field and in human performance laboratories in recent years, NSAIDs did not lessen people’s perception of pain during activity or decrease muscle soreness later. “We had researchers at water stops” during the Western States event, Nieman says, asking the racers how the hours of exertion felt to them. “There was no difference between the runners using ibuprofen and those who weren’t. So the painkillers were not useful for reducing pain” during the long race, he says, and afterward, the runners using ibuprofen reported having legs that were just as sore as those who hadn’t used the drugs.

Moreover, Warden and other researchers have found that, in laboratory experiments on animal tissues, NSAIDs actually slowed the healing of injured muscles, tendons, ligament, and bones. “NSAIDs work by inhibiting the production of prostaglandins,” substances that are involved in pain and also in the creation of collagen, Warden says. Collagen is the building block of most tissues. So fewer prostaglandins mean less collagen, “which inhibits the healing of tissue and bone injuries,” Warden says, including the micro-tears and other trauma to muscles and tissues that can occur after any strenuous workout or race.

The painkillers also blunt the body’s response to exercise at a deeper level. Normally, the stresses of exercise activate a particular molecular pathway that increases collagen, and leads, eventually, to creating denser bones and stronger tissues. If “you’re taking ibuprofen before every workout, you lessen this training response,” Warden says. Your bones don’t thicken and your tissues don’t strengthen as they should. They may be less able to withstand the next workout. In essence, the pills athletes take to reduce the chances that they’ll feel sore may increase the odds that they’ll wind up injured and sore.

All of which has researchers concerned. [Warden wrote in an editorial this year](#) on the website of the British Journal of Sports Medicine that “there is no indication or rationale for the current prophylactic use of NSAIDs by athletes, and such ritual use represents misuse.”

When, then, are ibuprofen and other anti-inflammatory painkillers justified? “When you have inflammation and pain from an acute injury,” Warden says. “In that situation, NSAIDs are very effective.” But to take them “before every workout or match is a mistake.” 🏇

You Saw it here first!!! *Contributed by Mike Maul.*

Regional BC

Rank	Equine Name	Breed	Owner	#BC Points
1	PR Tallymark	1/2 Arabian	Michele Roush	5 280
2	Ssamiam	Arabian	Skip Lightfoot/Heather Reynolds	3 150
5	Cal Flaming Emit	Arabian	Jeremy & Heather Reynolds	2 115

Regional Mileage West Region Championship

Rider Name	Equine Name	Breed	Sex	Miles
1 Karen Chaton	Granite Chief+	Arabian	G	1825

Continued on page 10....

The Manly Men of QuickSilver

**** Special Feature ****



Lud, age 18, training a gelding named Detour

Lud McCrary

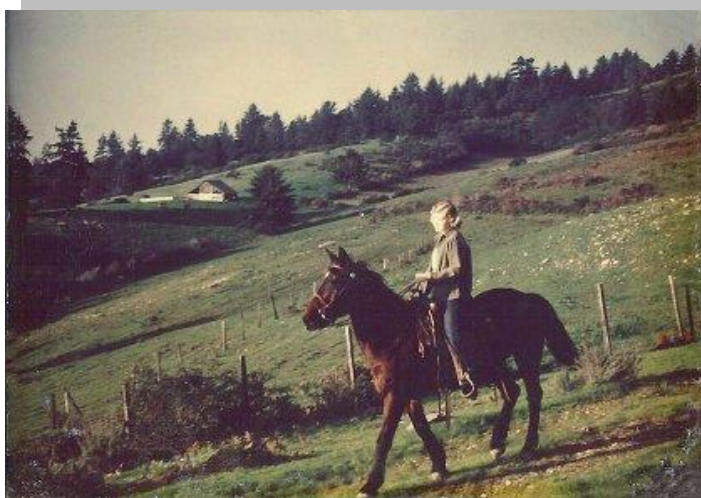
1 - when was the first time you sat on a horse, and what do you remember about it?

My uncle's family had a mare named June. When I was about 6 years old, I went off her while riding along Swanton Road and was dragged some distance before I freed my foot from the stirrup. I was skinned up pretty badly.

Lud and Detour, 1951

2- how do you think your life would be different if you had never been introduced to horses?

Well, horses were a pretty good way to meet girls, and there was a scarcity of girls in Swanton when I was young. It was the common interest in horses and riding that led me to meet my wife.



3- who is/was the most influential horse person in your life, and why?

Probably my wife. I had a girlfriend before I met Barb who was really into horses and western riding, but through a long complicated route involving this girlfriend, I ended up meeting Barb, and we were married four months later.

Barbara on Detour, 1952 (way to go, Lud!)

Michael Maul

Rroco-my-Sol

Rroco-my-Sol - my 21 year old 1/2 Arabian gelding - completed 8,000 miles at the Unicorn Hunt ride just north of Huston, TX. He's now number 33 on the list of highest mileage horses in AERC history.


He started his endurance career at 11 and I met him at the 2001 Ft. Schellbourne Pioneer ride. He was driving his owner - Katey Geis from Idaho - crazy by being uncontrollable during much of the 5 day ride. Barney Fleming did the pre-purchase exam and I took him home with me. It took about 6 months before I managed to get him over this. About a year ago - Barney finally told me he didn't expect Rroc and me to last more than 6 months together.

In 165 rides, he has only been pulled 10 times and most of those have been my fault - not his. We tried Tevis together but he looked tired at Michigan Bluff so we stopped there. He's not fast but he's reliable. He's a member of the Texas Endurance Ride Association Hall of Fame.

He colicked on the way to a ride in New Mexico in 2004. After surgery at Texas A&M, one vet at A&M had urged me to retire him as he was an older horse and would not be able to withstand the difficulties of endurance. My personal veterinarian said Rroc was ready for another ride 90 days after the surgery so we did a 50 then. Every year now when he passes another 1,000 milestone, I send the A&M veterinarian an email letting her know how he's doing.

He still seems to be enjoying what he's doing and we keep passing another 1,000 mile mark every year. I don't know if we will make it to the 10,000 mile mark but if he's having fun - we will work on it.

The attached photo is from a local ride in Texas in 2008.

Mike 

Making Memories That Last



Mike and Rroco

Mike's three questions:

1 - when was the first time you sat on a horse, and what do you remember about it?

I was older than 50 when I first sat on a horse and my horse was old too - 25.

2- how do you think your life would be different if you had never been introduced to horses?

I would never have seen the places that I've been on horseback and never realized the accomplishment of finishing Tevis.

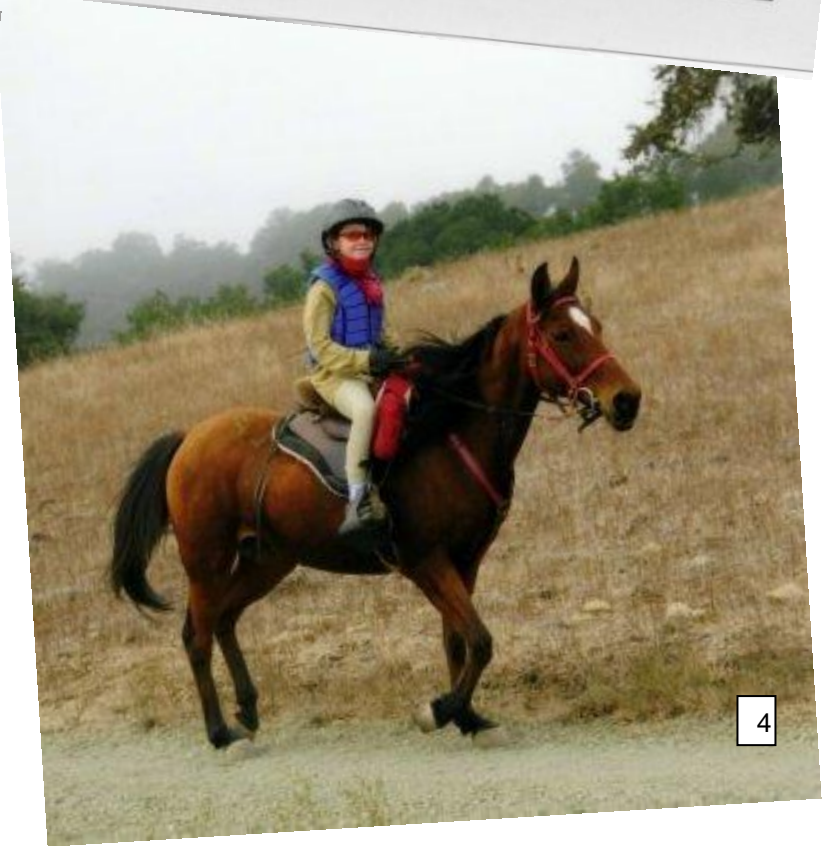
3- who is/was the most influential horse person in your life, and why?

Courtney Hart, for showing me some of the principles of training and conditioning in endurance.

"If you want a kitten, start out by asking for a horse"

Anon.

Oh, BABY!!



Who are these cuties? Answers are somewhere in the newsletter

All I need to know in life I learned from my horse:

- When in doubt, run far, far away.
- You can never have too many treats.
- Passing gas in public is nothing to be ashamed of.
- New shoes are an absolute necessity every 6 weeks.
- Ignore cues. They're just a prompt to do more work.
- Everyone loves a good, wet, slobbery kiss.
- Never run when you can jog. Never jog when you can walk. And never walk when you can stand still.
- Heaven is eating at least 10 hours a day... and then sleeping the rest.
- Eat plenty of roughage.
- Great legs and a nice rear will get you anywhere. Big, brown eyes help too.
- When you want your way, stomp hard on the nearest foot.
- In times of crisis, take a poop.
- Act dumb when faced with a task you don't want to do.
- Follow the herd. That way, you can't be singled out to take the blame.
- A swift kick in the butt will get anyone's attention.
- Love those who love you back, especially if they have something good to eat.

Horses are traditionally measured in 'hands', this was originally the width of a man's hand and has been set at 4"



yep, I'm very, very tall...

Three questions

When was the first time you sat on a horse, and what do you remember about it?

I honestly cannot remember the first time I ever sat on a horse. I do remember when I was a little kid we used to go to Tahoe and Richardson's grove and they had rent horses. My mother would make sure that I got to go horseback riding. She was not especially crazy about horses but understood my obsession with them.

How do you think your life would be different if you had never been introduced to horses?

Almost every single friend I have, I met through horses.

Who is/was the most influential horse person in your life, and why?

The "was" would be Bob Thompson my riding teacher when I was 11. He used to let me do a lot of things free because my parents could not afford everything.

Now, would be all of my endurance friends.

Can you guess who answered the questions? *



Jo Barrett's kitty, 'Patches' can't quite figure out what all the fuss is about with those horses... they don't purr, they can't sit on your lap, they don't catch mice and they can't even cough up a decent hair ball... go figure.



Happy Thanksgiving!



DESERT GOLD RIDE



Hi All, yes, it is that time of year again. Time flies. The entry is on the AERC website:

<http://www.doublejoy.com/erol/Calendar/RideDetails.asp?rideID=4935>

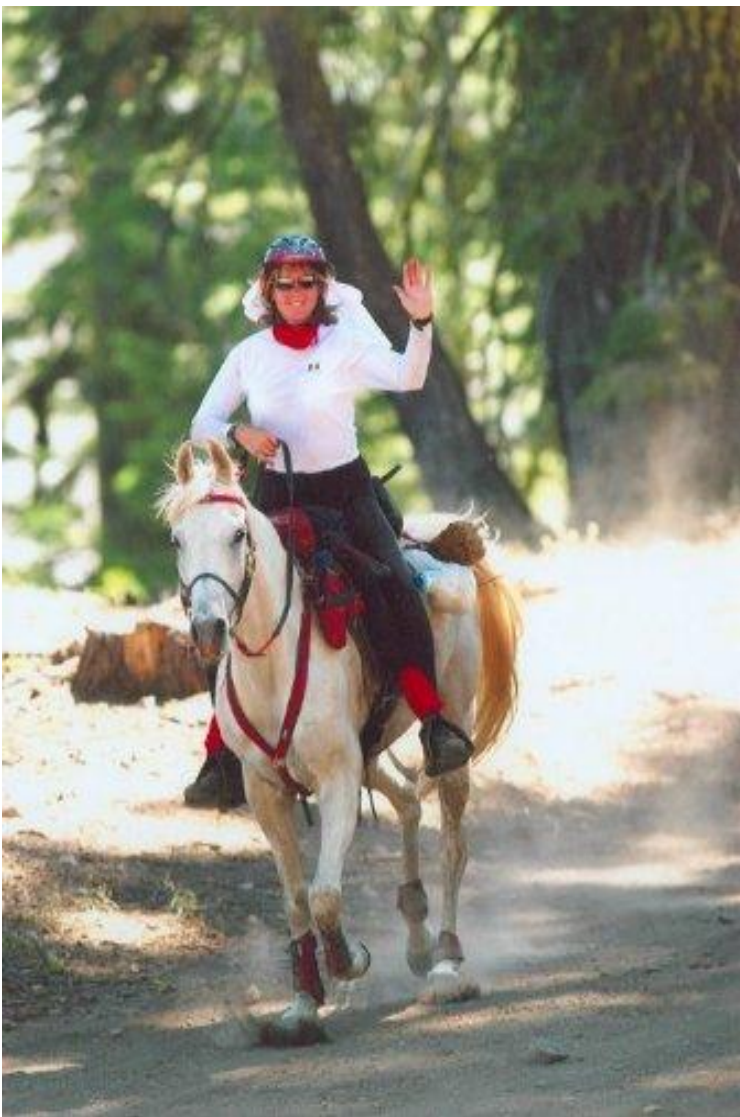
If you are unable to get it from there, please contact us and we will get you one. For those of you that are unable to ride for whatever reason, we hope that you will think about coming out to volunteer and join in on the fun. Don't forget that there will be a potluck on Thanksgiving Day and a wine and cheese get together on Saturday evening. We would appreciate any and all wine donations.

We always need volunteers. Come out and help!! We hope to see you at Desert Gold!!!

Scott & Susie

P.S. If you would like to volunteer, please send us an e-mail so that we can coordinate. sansom@sbcglobal.net

Oh Baby!!! **1** Kylan Rashid **2** Scott Sansom (in front) **3** Steve McCorkle (Alex's hubby) **4** Tieran Rashid. How did you do???



Sandy Holder's favorite photo.

Sandy and Tally at Tevis, 2005

Regional Point Standings (continued from page 5):

Featherweight Division:

- #1- Karen Chaton, Granite Chief+/, Arabian
- #2 - Karen Chaton, Pro Bono D, Arabian
- #6- Michelle Roush, PR Tallymark, ½ Arabian

Junior Division:

- #6- Haily Daeumler, Haly's Ember, Grade

National Mileage Championship

Senior:

- #6- Karen Chaton, Granite Chief+/, Arabian

Gulf Coast 4-Star National Best Condition:

- #5- PR Tallymark, ½ Arabian, owned by Michelle Roush

Bob and Julie Suhr Husband and Wife Team:

- #1- Jeremy and Heather Reynolds

Bil Stucky Award:

- #3- Michael Maul

Pioneer Award Standing

Featherweight Division:

- #8- Karen Chaton, Granite Chief+/, Arabian

Congratulations to all these QuickSilver members on their accomplishments so far this riding season!

You guys ROCK!!

Classifieds....

I have a black FreeForm treeless saddle with leathers and a mohair girth for sale. 18" seat, used very little, in great shape. \$1250. Barbara McCrary

bigcreekbranch@wildblue.net

=====
CorreCtor Pad, well used but still has some life left, try this one out before you buy a new one! Will trade for a few bales of grass hay.

Michelle 831-427-1533

=====
2001 Black Bay, handsome, gelding prospect. 15.1 hh. No AERC record, clean legs. Forward, enjoys the trail, 4.8 mph walk, nice smooth canter. Needs experienced rider. \$3,000. Email alex@northcpa.com or call 209-962-8900.



=====
NEW portable corral system: Backed by Parelli and others. Light weight, very easy to set up, attaches to your trailer. Call or email me and I can send a short video presentation. Wendy Ebster horsewife@ymail.com

Shipping Container/Storage unit. Waterproof/Lockable. Excellent shape 8x20 \$2,000.00/OBO Susie & Scott Call (408) 984-5729



=====
I have a new job: helping Haul Your Horse get trailers on their site. www.haulyourhorse.com

Haul Your Horse is a website where anyone can rent a trailer; for a day, weekend, or longer.

I will get a commission for any trailer I get on the site and gets rented.

SO PLEASE GO THRU ME (*costs the trailer owner nothing*). I also will act as a liaison between trailer owners and HYH; to make the whole process of signing up easier, getting them necessary information faster, and provide tips for preparing to rent. Ah! I know what you're thinking! What if someone's horse(s) hurt my trailer?

Well that's why you do this through Haul Your Horse, and not on your own. Frankly, I don't want some of my friends' horses using my trailer so I would never have done this on my own. Haul Your Horse carries the insurance for any

ding, dent or major issue. The renter is made to pay for the repair (*they have a deductible*) and if they don't pay Haul Your Horse handles it. This has happened a few times to the owner of HYH, Shannon, and she is sure to get the trailer owner paid first. Then she goes to work with her collection agency or whatever means she needs to get her money from the deadbeat renter.

***You get your fee (and your repairs if any) paid no matter what. She's values the trailer owners. Good business woman. It's just a fantastic deal. I have my trailer on there (see the one in El Cajon), and it is great to make a little pocket change just by letting someone pick it up. This weekend while I'm in Oregon for a wedding, I'll make \$70 without lifting a finger. They're taking it for 2 days; \$70 per day, I make half the rental fee, HYH keeps the other half. So, I want to let everyone know of this service.

Maybe they don't have a trailer anymore, and could use this site. Maybe they have a trailer collecting dust, as mine does 24 days out of the month, and would be willing to put it up for rent.

Wendy Ebster
horsewife@ymail.com

=====
More Classifieds on next pages

Classifieds.....

11 YO 14 hh Arabian Gelding
Endurance Prospect. Codigh
("Cody") is highly personable,
super-intelligent, Raffles/Indraff
(Al Marah) AHA registered
horse (MV Double Vision
AHR*564422) with superb
ground manners, lovely gaits,
Natural Horsemanship savvy,
and lots of go. His cousins and
half-sibs are doing well in
endurance. I bought (and
vetted) him to be my 100-mile
horse, but I have not been able
to get him out on the trails due
to lack of trailer and I no longer
want to do a 100. Is a hard-
working, fun little horse for a
calm and confident rider. He is
now in a hilly 40-acre, so he
could do an LD tom'w, a 50 by
the end of the ride season. He
is ridden in treeless saddle and
bitless bridle. Will also consider
a boarding situation where you
campaign and sell him for a the
usual and customary % of the
sale price. Beverley.
sensei@horsensei.com
650-364-8722

I have for sale : 17" Stubben
Seigfred all purpose saddle with
stirrups \$300
Brown string girth \$10 size 48
or maybe 50 inch
Raised brown leather cob size
breast collar \$25
English brown leather girth with
elastic \$25 50 inch
email hobie_gal@yahoo.com
or call Tracy 408 379-6209

**Training and conditioning for
you and your horse:** Winter
rains, cold and snow slowing
down you and your horses
endurance conditioning
program? Horses standing in
mud? Are you riding in the
rain? You will be soon. We can
help at Ribley's Whispering
Sands Ranch, located in
southeast California near the
Sierra mountains with dry
desert conditions. Unlimited
miles of trails available with
excellent footing. Good riding
conditions throughout the
winter. Send your horse to us
for training/conditioning or
come yourself to ride with us
and learn how to become a
successful endurance rider.
Private bunkhouse available.
Experienced endurance rider
and horse trainer (30,000
AERC miles and multiple AERC
national and regional
championships) to
condition/train you and/or your
horse. Have trained and
conditioned two Haggin Cup
winning horses. Beginners
welcome. On-site veterinarian
available to monitor horses in
training. Have your horse fit,
healthy and ready to hit the
trails soon! Call Robert Ribley
for weekly/monthly rates.
(530) 268-1378 or
(760) 670-7677
email: mribley@wildblue.net

=====

For sale: BCR Katherina Bey,
2A337107-1999 ¾ Arab Bay
mare, 15 hands, Echstrordinary

X Fad-Tiffany. Sweepstakes
nominated. Price \$3,500
Has had lots of training
(including Natural
Horsemanship) but has no one
to ride her at present. Strong
uphill horse, surefooted, has
considerable trail ex-perience.
Completely sound, great legs
and feet. Shoes, bathes, clips
(including legs), takes paste
wormer like it was candy.
Ponies off our John Deere
Gator (farm utility vehicle.)
Rides in a snaffle or rope halter.
Trail, endurance, or would
make a good dressage horse.
Very light, responsive, and
collected. Friendly, likes
attention, and is easy to catch
in pasture. Lovely ground
manners. This mare has huge
potential, and several of her
siblings have already done, or
are doing, endurance. Her 3/4
sister finished Swanton Pacific
100 in 2008. She needs an
experienced rider with light
hands; she is not a beginner's
horse. We bred her and raised
her and she has had routine
care since birth. With some
conditioning she could be ready
for a 50 in short order.
Barbara McCrary
bigcreekranch@wildblue.net



Classifieds...

Truck for sale! '98 Chevy Silverado Extended Cab ½ ton. Set up for hauling 2-horse bumper pull trailer. The Snugtop Shell with BedRug gave me comfy sleeping quarters for multi-day endurance rides. New brakes and new brake controller. Service records available. Runs well, reliable, serviced, smogged and ready for a new owner! \$4,500. All offers will be considered.

Kathy Mayeda (650) 996-7709
klmayeda@gmail.com



=====

Saddle for sale:

Black Albion dressage saddle in good condition, \$1,100 or obo. It is an 18 MM K2 06651, saddle # 28740 which has been widened a bit and restuffed by David Gilpin. Please contact Judy Etheridge at 925 862-0232 or misxfire@yahoo.com for information.

Stuff Wanted...

Stirrups with cages.
Elisabet
lazo@ucsc.edu



*Maryben Stover

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name _____

And then your address _____

And your phone number, Fax, e-mail _____

And then we need your money! Senior membership is \$ 25 _____

Junior membership is \$ 15 _____

(a junior is under 18 years of age)

Total enclosed \$ _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party and the annual awards ceremony and saving the best for last, you will meet the best friends you will ever have!

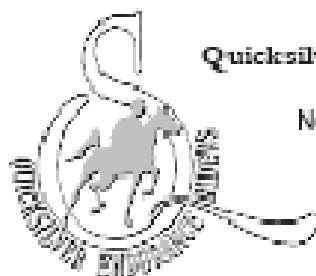
How are our dues spent? Annual Yearbook/Calendar, monthly Newsletter, a representative voice in local horse politics, trail maintenance and improvement projects, year-end awards and monthly meetings.

Send your 2008 dues, checks made out to: Quicksilver Endurance Riders, Inc.

Mail to Membership Chairperson:

Maryben Stower
1299 Sandra Drive
San Jose, CA 95125-3535
408 265-0839

May your and your horse(s) have a wonderful Year 2008 riding together as members of the Quicksilver Endurance Riders!!!



Quicksilver Endurance Riders, Inc.

P.O. Box 71

New Almaden, CA 95042