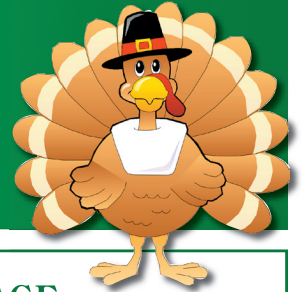


Quicksilver Quips

November 2006



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OFFICERS

President Maryben Stover
 Vice President Jennifer Voight
 Secretary Hillary Graham
 Treasurer Kathy Miller

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 Sandy Holder
 Kathy Brayton

Chief Mover and Shaker

Mike Maul

Newsletter Editor

Jackie Floyd
 P.O. Box 1045 • Lodi, CA 95241
typef@comcast.net

Quicksilver on the Web:

<http://qser.net/>

Deadline for submission of QUIPS material is the 25th of the month for 1st of month distribution. Exceptions made for late-breaking news and individual pre-arranged deadlines. Photos can be emailed or snail mailed. Word docs preferred for stories material, but not a prerequisite.

PRESIDENT'S MESSAGE

November is elections month. There is a white ballot this year consisting of:

Sandy Holder, President
 Kathy Brayton, Vice President
 Jean Bauer, Secretary
 Trilby Pederson, Treasurer
 Darrin Ross
 Steve Lenheim
 Jennifer Voight

*Happy
 Thanksgiving!*

We will be appointing and/or electing committees for the year-end awards. Eleanor Norton Award, Hall of Fame Horse, Hall of Fame Rider and Horse of the Year. If you would like to be on one of those committees, let us know. There will be food at the November meeting.

We will also be discussing the budget for the Annual Awards Banquet.

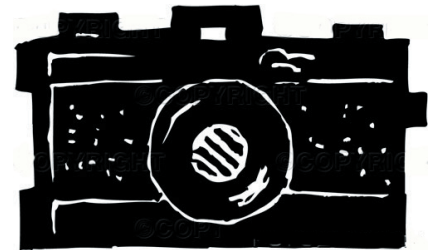
Trilby has agreed to once again put on the Christmas Dinner/December meeting and gift exchange.

The Quicksilver Mission Statement has been floating around for quite some time now and we will be voting on it at the November meeting.

– MB

STEVE WANTS YOU!!!! (ON A PHOTO, THAT IS)

Get those photos for the calendar. Its that time of the year! Send to Steve Lenheim at 2100 S. Bascom #4, Campbell, CA 95008. or call me if you want to send them another way.



Anyone want to design the cover? Create some artwork?

Steve-0

Dear Quicksilver Members,

I want to thank all of you for your hugs and words of condolence during this sad time of my mother's death. I am reminded of how the endurance community continues to feel like a supportive, extended family.

Hope to see you all on the trail soon.

Love, Judith

HIGH DESERT CLASSIC II AND III

Gorgeous fall color, great footing, beautiful camp in the shade of golden poplars with the Carson River running just off our LQ doorstep, well marked trails, two camp neighbors who just so happened to be great chefs, gourmet Margarita makers, and loads of fun what more does one need for a great ride experience....???

Yahoo and I were both itchin' for a ride – we hadn't done anything since Tevis, so with Bob's support and encouragement (the deal was he would NOT crew and instead would be free to explore the surrounding area), we loaded up and headed northeast to Nevada.



The High Desert Classic is a great ride – well run with friendly ride management, delicious food each night, and a bonfire to cuddle up to during and after the ride meetings. Plus we had Dave Nicholson as the head vet – he drove up from the very rainy and muddy Grand Canyon ride after many trials and tribulations there hopefully there will be someone to submit a story about that ride experience!

This ride (a 2-day) was the final leg of “triple crown” type award – if you do all 3 days of these rides, you receive a blanket with your horse's name monogrammed on it – the High Desert Classic I is held in the spring. This would be a good goal to set for next year, which Bob and I both hope to do.

The trail is over varied terrain – there are single track climbs up onto sagebrush covered hills with beautiful vistas of the surrounding high desert. Lots of opportunities on flat wide gravel trails to move out and trot/canter your horse if you wish. Plenty of water was available in the form of small streams and lots of troughs in strategic locations. The mornings were cool and crisp, and the afternoons warmed up to t-shirt weather. Both days take you fording down the Carson River for quite a distance to meet up with the trail on the adjacent bank. Some spots were nearly up to your horse's belly so it was quite an adventurous part of the ride, especially first thing in the morning on the 2nd day!

The 2nd day takes you out on the banks of Lake Lahontan – some years the trail leads across part of it – this year it was filled with water, so we rode around the edge through the sand for a couple of miles. This is the spot where wild horses hang out – though we didn't see them this year, last year I had a small band cantering parallel to me, about 75 yards away – what a thrilling experience it was!

Fort Churchill is another interesting historical place which we rode by on both days. Now just a series of fragmented adobe ruins, this site was Nevada's first, largest, and most elaborate military outpost. The fort existed from July 1860 through 1869. The resident soldiers protected mining camps in California and emigrants and other travelers from the Indians in the area.

If you are looking for a scenic and fun fall ride, this is definitely one to bookmark for next year's ride season!

– Bob and Peggy Eaton

DESERT GOLD RIDE

Hello Everyone,

Well, it is that time of year again. Desert Gold on Thanksgiving weekend at Ft. Ord. Here is a link to the entry: <http://aerc.org/Calendar/2006DesertGold.pdf>.

Just a Reminder: If you rode all three days on one horse last year I will be handing out your three-day award (Vest) at the ride meeting on Thanksgiving.

Also if you are not riding, or tied up with family that weekend, I could use your help as a ride volunteer. With three days of work I can use all the time you can spare as a volunteer.

- Without RM's who are willing to put on rides our sport will decline.

- Without vets willing to work long days (in the rain) for low pay our sport will decline.

- Without AERC members and family and friends willing to volunteer at rides our sport will die.

Show your support for our sport and volunteer at several rides a year. And you can start with Desert Gold 2006! And if you know someone that is interested in volunteering please give them my contact information.

Please let me know if you can volunteer for DG 2006. Email or call 408-984-5729.

Thanks, and have a great Thanksgiving!

– Scott Sansom

MEETING MINUTES

October 18, 2006

Treasurer's Report

Maryben will take over as the interim treasurer in Kathy's absence

Good Will

Bert Gustafson's horse Woody has passed away

Judith's mother

Marvin's horse fell on him at Del Valle, although he is doing very well now!

Marilyn Orlando's horse passed away

Spring Ride

The ride has been sanctioned for June 2, and the location is still undecided.

Nominations are as follows:

President: Sandy Holder, Maryben Stovers (cannot serve due to term limits)

Vice President: Kathy Brayton

- Secretary: Gene Bauer, Ildi Nadasdy (cannot serve due to age restriction)

Treasurer: Trilby Pederson

Board Members: Darran Ross, Jennifer Voight, Steve Lenheim

Motion made to close nominations, and the motion was seconded.

SURPRISE!!

A big thank you is owed to all of those who surprised Kathy Miller with her farewell party. Maryben's plotting seemed to pay off – Kathy was genuinely surprised, and she almost didn't arrive! Steve's hot dogs were scrumptious, and the rest of the pot luck items were plentiful and delicious. The Clubhouse was decorated in a festive way, complete with (my favorite) chocolate candies down the middle of the tables. Kathy received many wonderful gifts, some homemade, which proved once again that the club members are adept at much more than riding. She was also presented with a special QSER Scrapbook, for which photos were taken and comments written. She is headed for Montana with limitless riding in her future and a lovely new shearling coat to keep her warm. Happy Trails to Kathy.

Happy Trails, also, to a certain QS member who had an accident at the Del Valle Ride and appeared to be fully recovered at last night's meeting. That's good news.

Also good news is that our Quips editor Jackie announced today that Angie's book will be in the mail next week. As winter approaches (darn!) we can all look forward to curling up by the fire or in the hayloft with a great laugh, courtesy of the delightfully warped mind and pen of Angie McGhee.

– Barbara

CONSIDER HELICOPTER OR FLIGHT INSURANCE

A few years ago when Pat Dallam and I were riding a lot in the Sierras, we took out CalStar Air Rescue insurance. This group provides helicopter evacuation to the injured all over Central California. We first learned of it on the Tevis web site. It was so very reasonable in cost, that we considered it a no-brainer to sign up for it, and include our husbands. The current cost is \$40 for one person or \$45 for a family. See www.calstar.org or call 916.921.4094.

According to the American Trauma Society, trauma is the number one cause of death in the United States for persons under the age of 44. Trauma is defined as an acute personal wound or injury requiring immediate care. Between 140,000 and 160,000 trauma related deaths occur nationwide every year. For each death, at least two permanent disabilities occur, leading to a great loss of productivity and enormous disability costs.

The total annual cost of accidental death and disability in the United States is estimated to exceed \$110 billion. Despite the staggering loss of life, productivity and great cost to our society, trauma remains "the neglected disease". For trauma victims, medical treatment within one hour, often referred to as the "Golden Hour", can prevent 20-30 percent of potential deaths and dramatically reduce hospitalization times.

You always buy this sort of insurance and never think you will need it, then start wondering if you should drop it. On June 14, 2006 my horse slipped in Bort Meadows of Anthony Chabot Park and in one fell swoop justified my continued premium payments! I landed on my back, cracked my helmet, did a headstand and ended up in a face plant. Between my helmet and flak vest, I was pretty well padded, but still injured despite the precautions. Broken finger and lots of bruises kept me quiet for 6 weeks. Thanks to horse patroller, Martha Mikesell, who called this incident in immediately, two helicopters arrived within minutes and I was at the hospital within half an hour. Spent the night in Neurological ICU, then released next day.

A mountain biker injured the same day on the road near where I did my acrobatics broke an arm and lost some teeth and had to be heli-lifted out. His bill was \$24,000 for the helicopter alone, and \$49,000 for the hospital. He did not have the flight insurance. The med-evac personnel took my insurance info from my vest during first response and to date I have never even received a bill from CalStar, while my hospital bills equaled that of the biker (still no bill end of Oct).

Thanks to all of you like Martha who volunteer your time for trail patrols everywhere, and thanks to those on scene who helped my through this, both before and after. There was one fringe benefit of which I was not aware, but all of my lady friends advised me of after my return: apparently the flight EMTs look really great in their tight tee shirts and jeans!

For those of you who do extensive foreign travel such as my husband and I, AAA has a wonderful extension to

their regular membership that will either fly you out of foreign countries, or fly someone in to care for you during medical emergencies. We have this coverage as well. Contact your local AAA office for more information on it.

Please consider CalStar or other flight insurance whether you ride a horse or just drive a car, depending on your individual needs. You never know when an accident or sudden illness could happen. And don't forget that helmet when you ride your horse! I would have had a totally different outcome without the helmet.

Happy Trails and Good Health from the Trail Nag,
Adda Quinn

DRISCOLL RANCH NOV 16 WORKSHOP IN LA HONDA

Mid-Peninsula Regional Open Space District (MROSD) recently held a series of "open houses" to show the public their next potential acquisition, the Driscoll Ranch, which is scheduled to close escrow December 2006. The Driscoll Ranch is to become embedded into the La Honda Creek Open Space Preserve (OSP). Together these two properties will have combined acreage of 5759 acres.

MROSD will be assuming a 50 year lease on the property to continue a cattle grazing operation. In addition, MROSD is considering reintroducing cattle grazing by private parties at both the Skyline OSP and in the original La Honda OSP (as yet unopened to the public). In fact, MROSD sees its future land acquisitions as retaining existing agricultural usage, and is learning new skills with which to manage agricultural properties. They have hired Stella Cousins, who was raised on a cattle ranch and has a degree in rangeland management to help write resource management plans for ranches.

As part of its public processes bring Driscoll Ranch into its suite of properties, MROSD will be conducting a public workshop at the La Honda Elementary School on Sears Ranch Road (map attached) at 6:30pm November 16, 2006. Workshops are very friendly meetings where you break into small groups where everyone can have a say in a non-threatening environment. IT IS VITAL TO HAVE A LARGE TURNOUT AT THIS MEETING TO MAKE ONE SIMPLE STATEMENT: "Please open the trails in La Honda OSP and Driscoll Ranch sooner rather than later, provide linkage between the two properties, and a trail out to Sam McDonald County Park".

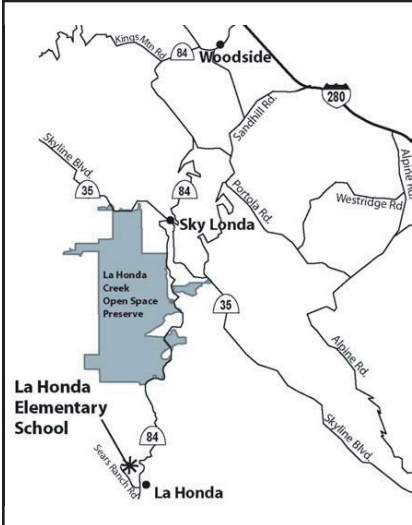
MROSD can be notoriously slow in opening lands after acquisition. They must hear repeatedly at this meeting that it is important to open these properties asap. They have already sat on La Honda over 20 years without public access. Both La Honda and Driscoll Ranch have extensive existing farm roads on them already. These two properties will provide a VITAL LINK from Woodside and Portola Valley to Sam McDonald/Pescadero Creek Parks and the Jack Brook Horse Camp, and ultimately through Big Basin to the ocean at Wadell Creek. Wow! What a ride that will be!!!

Potential trail connections won't begin to be scoped until escrow closes on Driscoll Ranch, and most likely, connecting trails won't be built until the La Honda Master Plan is completed, so trail users are looking at a minimum of one and a half years before a trail would be built. MROSD must understand that the public EXPECTS these trails to be open in THAT time frame, and NO LONGER than that. Planners have suggested that it could take probably more like three to five years unless the public input from the meeting Nov 16 encourages them otherwise.

The more people that speak up in favor of opening trails, the more pressure there will be to get this trail connection put at the top of the priority list. That kind of public input has been very influential in the Sierra Azul Master Plan process.

Please circulate this to your clubs and friends to assure a large equestrian turnout at this workshop.

- Adda Quinn



Directions to La Honda Elementary:

From the north:
Take I-280 to the 84/Woodside Rd. exit and exit toward Woodside. Head south 12.7 miles on State Route 84/La Honda Road and turn right on Sears Ranch Road, just before the intersection with Pescadero-Alpine Road.

From the south:
Take I-280 north to the Sand Hill Road exit. Take the Sand Hill Road West ramp and turn right onto Sand Hill Road. Travel 0.7 miles and turn right on Portola Road. Turn left onto State Route 84/La Honda Road. Travel 9.6 miles and turn right onto Sears Ranch Road, just before the intersection with Pescadero-Alpine Road.

La Honda Elementary is approximately 1/2 mile down Sears Ranch Road on the right.

MEMBER NEWS

Michele Roush on PR Tallymark won the Cold Springs 100 and BC on 10/28. Way to go, Michele!

Also, at the ride, several people were kind enough to let me draw blood from their horses throughout the ride for Michele to do a lactate study during the event. Those anonymous results will be published in Quips when completed. After over 40 blood draws in one day, I was beginning to feel like a vampire.

- Alex North

CHUCK KESSINGER MEMORY ALBUM

The Horsemen's Association is putting together a photo/memory album for Chuck Kessinger. send photos, notes, stories, up to 8½ x 11 to Lisa Ekers by November 15 (deadline moved from 10/31). These do not need to be formatted into a page, but limited to one-page plus photos, please. A thank you note on stationary with a photo is fine, a handwritten letter, a typed page ... whatever! Please include critters' names (not just horses, either – Chuck saw lots of 4-legged friends). Send to: wildcisco@juno.com OR Lisa Ekers, 125 Minnie St, Santa Cruz, CA 95062

RIDE RESPONSIBLY REMINDER

Fellow Equestrians,

Last August, an incident occurred during one of the Golden Gate National Recreation Area (GGNRA) Negotiated Rulemaking Committee site visits at Ocean beach (off of the Great Highway and Noriega Street in San Francisco). A group of riders (believed to be from Antioch) ran their horses right through a flock of federally threatened Snowy Plovers

(along with some other birds) that were being observed by members of the committee along with park police. The riders have been spoken to on a previous occasion by the officer who witnessed the event.

Chris Powell, GGNRA Public Affairs Specialist asked that we remind our membership that the National Park System is trying to save both the Snowy Plover and Cliff Swallow bird habitats at Ocean beach. We need to be more cautious so that the park doesn't have to put limitations on horse riding in the future. GGNRA is also working on an updated brochure that will share these concerns with the public.

You play an important role in the survival of the snowy plover. In the Bay Area, Half Moon Bay, Ocean Beach, Crissy Fields and Limatour Beach support plovers. Please ask members to ride their horses in wet sand and not up on the dunes or dry sand where the birds rest and forage. It's important to note that all park users can be cited for harassment of wildlife.

Please pass this on to your membership; we would hate to lose access to riding on Ocean Beach.

Respectfully,

The San Francisco Horsemen's Association

CALLING ALL MEMBERS ... MORE MEMBERSHIP PROFILES NEEDED!

Please fill out the questionnaire below and email or snail mail it to me with a photo of yourself and your horse. Have an endurance riding family? Let's see 'em!!!

MEMBER PROFILE QUESTIONNAIRE

Name _____

Where do you live? _____

Horse(s) name(s) _____

How long have you been riding? _____ How long have you been doing endurance? _____

Where do you train? _____

What distances do you ride? (LD, 50, 100) _____ What are your career miles? _____

Are you a Decade Team Member? _____

What is your favorite ride and why? _____

What is your "claim to fame"? (i.e. endurance awards) _____

What are your goals? _____

Anything else you'd like to contribute about yourself (spouse, children, do they ride, what you do for a living, etc.) _____

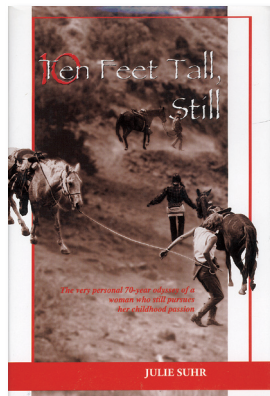
Email the answers to typenf@comcast.net or cut out and send questionnaire to:

Jackie Floyd, P.O. Box 1045, Lodi, CA 95241

DON'T FORGET A PICTURE OF YOURSELF!

NEED A CHRISTMAS GIFT SUGGESTION?

Every copy of *Ten Feet Tall, Still*, when bought through Julie at 831-335-5933, the AERC or WSTF, puts \$24.95 into our trails. Amazon take 55% so that is not as good a deal for our trails. This book is a good way to explain to non-understanding parents, relatives and friends why we do what we do.



TRIVIA TIDBIT

- In statues, if the horse has:
- Two feet off the ground, his rider died in battle.
 - If he has one foot off the ground, his rider died of wounds suffered in battle
 - If all four feet are on the ground, his rider died of natural causes.

HAVE SOMETHING TO SELL?

Advertise it here in the QUIPS classifieds. It's FREE!!

CLASSIFIED

HORSES FOR SALE

REGISTERED SHOW HORSE (1/2 SADDLEBRED, 1/2 ARAB). Brave Heart is 10 years old. Current on his shots. Very healthy (could use some exercise). BraveHeart won a few ribbons as a show horse in the Hunter/Pleasure category. We had him trained for 3 months at Coyote Ranch, and he's been doing very well on trails—goes thru water, doesn't spook, etc. His siblings have sold for over \$7k and some a lot more. His grandsire, Bask, is the all-time winningest Arab ever; his sire, The Chief Justice is also one of the winningest. \$3,500. Also 4-horse stock trailer for sale. Call Maryben for info. [12-6]

16-MONTH-OLD CHESTNUT FILLY FOR SALE. Sired by CF Sorcerer. Filly is half sister to 2005 AHA Distance Horse of Year Granite Chief +/- Smooth gaits and a looker. \$3500. Lisa Welch 831-674-3309 [12-06]

MISCELLANEOUS FOR SALE

LOOKING FOR A TRAILER TO HAUL HAY? I have a boat trailer in very excellent condition with double axle that could carry a ton or two. \$750.00 (for a 20' boat). Steve 997-0368. [12-06]

SUPPLEMENTS/HOOF PROTECTION. Wild Eye Arabians is now supplying FASTRACK Probiotics (paste & powder) HOOF -IT Pour in Pads,

Kentucky Equine Research products, ENDURAMAX Electrolytes (Paste & Powder) & Neigh Lox (Prevent Ulcers) Associated Feed products – EQUUS (complete feed) Auburn Labs – APF (Adaptogen). For more information contact **Wild Eye Arabians**, Kirsten or Michael Berntsen at 831 623-2120. kirstenzazz@hotmail.com or www.conklin.com/wildeyearabians. [12-06]

FOR RENT

SINGLE FAMILY 3-BEDROOM/3-BATH. Extra Extra Large Living Room w/fireplace, Dining Room, Central AC/Heat, 2 Car Garage, Swimming Pool. With your portable fencing a large area in front for 1 horse. MAIN BOARDING AREA NOT INCLUDED WITH RENTAL. 20110 Almaden Road, San Jose CA 95120, located just down the street from Brown's Feed Store. \$2600.00. For more information contact Mary Anderson (408) 891-8878 [12-06]

STALLS/PADDOCKS/PASTURES FOR RENT. Brand new 12x12 stalls with 24x12 paddocks, shavings; we clean. \$250 pastures, \$180. Feed twice a day, high-grade oat and alfalfa hay. 96x48 outdoor arena. Close to 3,600 acre Almaden Quicksilver County Park with 19 miles of manicured trails. Call Trilby at 408 997-7500. [12-06]

RIDING LESSONS

WANT TO LEARN TO RIDE WITH LESS STRESS AND FATIGUE? Do

you want your horse to move properly so that he can minimize wear and tear on his body for the long haul? Mary Fenton, Senior Centered Riding instructor, has lesson spaces on Thursday p.m. at "Lightfoot" Stables (McKean Road, San Jose). I've taken many lessons and several clinics from her, and feel that it's been real worth it. She coached Becky Hart to her Stockholm World Championship on Rio! You can contact Mary at (831) 761-2819. [12-06]

STALLION SERVICES

Introducing **CF SORCERER** - now standing at stud. Sire of TBR Granite Chief+/, 2005 AHA Distance Horse of the Year, 2004-2005 AERC National Mileage Champion and 2004 XP Horse of the Year. Visit his website at <http://www.spanisharabian.net/> or contact Wizard Arabians, Jackie and Jim Floyd, P.O. Box 1045, Lodi, CA 95241, 209-334-1981, typenf@comcast.net [12-06]

MISCELLANEOUS

CARETAKING COUPLE WITH OUTSIDE INCOME. Need handyman skills. Home and utilities provided in exchange for general maintenance. 831-335-5933 [02-06]

I'M LOOKING FOR A COMPANION HORSE for my 16 year old Arab gelding. Covered stall. 3/4 acre turnout. Calero area. \$200/month. Call Niki Lamb 408-323-9953 or e-mail nlamb@cbtnorcal.com [12-06]

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name _____

And then your address _____

And your phone number, Fax, e-mail _____

And then we need your money! Senior membership is \$ 25 _____

Junior membership is \$ 15 _____
(a junior is under 16 years of age)

Total enclosed \$ _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party and the annual awards ceremony and saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your 2006 dues, checks made out to: **Quicksilver Endurance Riders, Inc.**

Mail to Membership Chairperson:

Maryben Stover
1299 Sandra Drive
San Jose, CA 95125-3535
408 265-0839

May your and your horse(s) have a wonderful Year 2007 riding together as members of the Quicksilver Endurance Riders!!!



Quicksilver Endurance Riders, Inc.

P.O. Box 71
New Almaden, CA 95042