



# Quicksilver Quips

September 2018

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## *Officers*

**President.....Jeanine McCrary**  
**Vice President.....Katie Webb**  
**Secretary.....Shannon Thomas**  
**Treasurer.....Lori Oleson**

## *Board Members*

**Maryben Stover**  
**Kathie Brayton**  
**Melissa Broquard**

## *Newsletter Editor*

**Barbara McCrary**  
[bigcreekranch@wildblue.net](mailto:bigcreekranch@wildblue.net)

## *Quicksilver on the Web*

<http://www.qser.net/>

## *President's Message – September 2018*

Hello Quicksilver Members,

I hope everyone is enjoying their summer and riding to their heart's contentment.

September 15th and 16th the Club is invited to a campout-BBQ-potluck in Swanton, home of Swanton Pacific and Castle Rock Rides. About 12 to 13 miles of trail will be flagged for you to enjoy. For people that don't bring a horse, there is a beautiful hike to Big Creek Falls about 3 miles round trip. In the evening, there will be a wildlife presentation. The pictures in the presentation will be from game cameras located on some of the trails you will be riding on. For those camping, we will be cooking up some Alaskan sourdough pancakes. This is a members-only event, but that doesn't mean your non-member friends can't show up. They just need to sign up at the event, pay their dues and become a member. R.S.V.P. by September 10th to Jeanine McCrary.

Don't forget October 6th is our Quicksilver Fall Classic endurance ride. Please support the Club by volunteering or riding. If riding, please entertain the idea of volunteering before or after the ride.

Please contact Melissa Broquard if interested in serving on the board next year. The strength of a club is always to have new people, willing to step up to the plate to serve the membership. Please consider becoming a board member.

I hope to see you all at the coming events

*Jeanine*

**Notice:** To anyone who has not renewed their membership by now, this will be your last Quips.

# Quicksilver 2018 Calendar



## Quicksilver Fall Classic

Save the date: **October 6th**. If you can't ride,  
then volunteer to help.



### QSER Board Meeting, 8/8/2018 at Summit House

Calling to order at 7:03 PM

Present: Jeanine, Katie, Lori, Melissa, Kathy (via conference call)  
Absent: Shannon,

Minutes of the Previous Meeting: approved, all in favor

Treasurer's Report (Lori):  
General - \$11,552.81  
Trails - \$ 1,074.59

Melissa is continuing to moderate Facebook page & update website as needed. Melissa to revisit BAEN membership/advertising.

Trails – no update

Membership - Melissa will prompt Facebook members to join & support us financially as well as via Facebook discussions. We are very happy with the Paypal turnout and accessibility for new memberships!

Telephone conferencing – tabling this discussion for right now.

August/September club activity – September 15<sup>th</sup> at Jeanine's. Come Saturday, potluck Saturday evening, camp overnight. Ride Saturday and/or Sunday morning, head home as your schedule allows. The club will provide meat for the BBQ.

We request RSVPs to Jeanine via phone or email.

This is a great chance to expose new or young horses to a diverse variety of trail situations.

*It is a members-only event but very easy to join!*

Fireworks ride wrap-up – we did well! People were generally very pleased with the ride – when asked to rank the ride in a number of sections, it was overwhelmingly “excellent” with a distant second “good” ranking. We're looking forward to continuing this partnership with the Santa Cruz County Horsemen for the Fireworks ride next year.

Quicksilver Ride – we need volunteers! Are you riding? We'd love to have your help before or after the ride, or the help of your crew when they're not crewing.

Lori has been working on prizes – long-sleeve sport-tech shirts.

We have just a few riders so far. If Melissa can manage it, we may even try online registration.

We will open camp up on Thursday; it will be open 'til noon Sunday.

BBQ potluck Friday night; club will provide the meat.

Can we set up online ride registration? TBD.

**Minutes** (Continued on page 12)

# *Quicksilver Bylaws Revision 2018*

**As amended in June 2014**

## **ARTICLE I**

The name of this corporation shall be the Quicksilver Endurance Riders, Inc., a non-profit corporation.

## **ARTICLE II**

The purpose for which this corporation is formed is to promote endurance riding, horsemanship and sportsmanship.

## **ARTICLE III**

Quicksilver Endurance Riders, Inc. shall have a corporate seal having on its circumference the words: "Quicksilver Endurance Riders, Inc, incorporated on the 13th day of February, 1979.

## **ARTICLE IV**

### **MEMBERS**

#### Section 1. Senior Membership

One aged 16 years and over. Senior member has full membership privileges.

#### Section 2. Junior Membership

One who is under 16 years of age. A junior member has all privileges of membership except voting, holding office or committee chairmanship.

#### Section 3. Family Membership

Family members residing in the same household. *Family members are those who are related or living in the same household.*

#### Section 4. Membership Application

Application for new membership shall be presented to the membership committee chairperson along with appropriate dues *or submitted online.*

#### Section 5. Dues

The amount of the membership dues shall be fixed yearly by the Board of Directors.

#### Section 6. Membership Term

Membership shall run from January 1st to December 31st. Membership prior to July 1st, dues shall be the full amount. After July 1st, dues shall be ½ the annual amount. All dues are payable on

January 1st and delinquent as of March 31st of each year.

## Section 7. Termination

Membership shall be terminated by:

(a) Resignation: Any member may resign from the club upon written notice to the Secretary. *Any member may resign from the club in writing at their discretion.*

(b) Automatic Termination: Failure to pay dues in the allotted time period will result in automatic termination.

(c) Other Termination: By a 2/3 vote of a quorum, as defined in Article VI, Section 3, by secret ballot at a general membership meeting. A statement of cause will be presented to the members by the Board of Directors at least thirty (30) days prior to the meeting.

## ARTICLE V

### OFFICERS

Section 1. The officers of this club shall be President, Vice-President, Secretary, Treasurer and three (3) Directors. These officers shall perform the duties prescribed by these Bylaws and by the parliamentary authority adopted by the club. The term of office shall be one calendar year.

Section 2.

The positions of President, Vice-President, Secretary and Treasurer shall be chosen by and shall serve at the pleasure of the Board. These Officers shall be elected at the first meeting of the Board. *The past year's President shall serve as an ex-officio member of the board without vote to ease the transition to a new board and election of a new set of officers.*

Section 3.

No more than two members of the same family, living in the same household, may serve on the Board of Directors at the same time.

No officer of the corporation may serve for more than three consecutive terms.

## ARTICLE VI

### GENERAL MEMBERSHIP MEETING

Section 1.

The regular meeting of the club shall be held on the third Wednesday of each month unless otherwise ordered by the Board of Directors. *Regular meetings of the club shall be held at the discretion of the board.*

Section 2.

Special meetings of the club may be called by the President or by the Board of Directors, or upon

the written request of five voting members of the club. The purpose of the meeting shall be stated in the call and no other business may be transacted. At least five days notice shall be given except in cases of emergency.

Section 3.

Ten percent (10%) of the voting members shall constitute a quorum. No business may be conducted without a quorum being present except calls for a recess or adjournment.

## **ARTICLE VII**

### **THE BOARD OF DIRECTORS**

Section 1.

The officers of the club shall constitute the Board of Directors. Each Director shall be elected for a term of one calendar year.

Section 2.

The Board of Directors shall have general supervision of the affairs of the club between its business meetings, fix the hour and place of the meetings, make recommendations to the club, and shall perform such other duties as are specified in these By-Laws. The Board shall be subject to the orders of the club and none of its actions shall conflict with these orders.

Section 3.

Unless otherwise ordered by the Board, regular meetings of the Board shall be held on a day designated by the Board. Special meetings of the Board may be called by the President or shall be called upon the request of three members of the Board.

Section 4.

The Board of Directors shall have the power to acquire, possess, and dispose of the property of the club and to hold the same in trust for the use and benefit of the members of the club under their direction and approval. Neither purchase, nor sale of property, nor any expenditure of more than \$500 shall be entered into without the affirmative vote of the majority of the members present and voting at a general membership meeting. A voting membership quorum is required for this action.

Section 5.

Five (5) members of the Board shall constitute a quorum in and of the Board of Directors. No business may be conducted without a quorum being present except calls for a recess or adjournment.

Section 6.

If the Board has been informed that an officer will be unable to attend at least two meetings of the Board, the board may appoint a substitute. If an officer misses two consecutive meetings, the board may, by a 2/3 vote, declare the position vacant *and appoint a permanent substitute. A special*

election shall be called for the next general meeting. This must be stated in the call to the meeting.

#### Section 7.

A member or members of the Board of Directors may be removed for cause by a vote of 2/3 of the Board members present and voting at any regular Board meeting, including the annual meeting, or any Board meeting by special notice as herein provided.

a) At least ten (10) days written notice must first be given to the Board member stating the cause for which that member is proposed to be removed with sufficient clarity to satisfactorily identify the cause or causes. The notice must include the time, date and place of the meeting of the Board of Directors at which the matter of the proposed removal will be considered by a Board vote.

b) The Board member or members shall have the right to be present at the Board meeting and that member or those members and the representative or representatives thereof to present their views and position. The Board may, in the event it is believed to be in the best interests of the corporation and the interested parties, grant a continuance or continuances and such further hearing or hearings as may be requested by any interested party in its sole discretion.

c) Removal of a member from the Board of Directors shall not deprive that member or his/her family of membership in the club.

### **ARTICLE VIII**

#### **ELECTIONS**

##### Section 1.

No later than September 10, a nomination/election committee of three members shall be appointed by the Board of Directors, not more than one of whom shall be a member of the Board of Directors. The President shall not be a member of this committee. It shall be the duty of this committee to nominate candidates for the offices to be filled. The report of the nominating committee shall be included in the October newsletter. Additional nominations from the membership shall be permitted. All nominations must be received by the election committee by October 30th.

##### Section 2.

If more than seven Directors are nominated, they shall be elected by written ballot. The nominating/election committee will prepare ballots which shall be mailed to each voting member in good standing by November 15th. The ballots must be returned to the committee prior to December 10th.

### **ARTICLE IX**

#### **CLUB PROPERTIES**

##### Section 1.

All records, correspondence and materials are the sole property of the Quicksilver Endurance Riders, Inc.

##### Section 2.

Any person not returning such records shall be liable for the costs of hiring professional assistance to reclaim or reconstruct said records.

## **ARTICLE X**

### **AMENDMENT OF THE BY-LAWS**

These By-Laws may be amended at any meeting of the club by a 2/3 vote of a membership quorum, provided that the amendment has been submitted in writing at the previous meeting and has been published in the newsletter, mailed or e-mailed with the call to the meeting. The maker and seconder must be identified.

## **ARTICLE XI**

### **PARLIAMENTARY AUTHORITY**

The rules contained in the current edition of Roberts Rules of Order, Newly Revised, shall govern the club in all cases, which they are applicable and in which they are not inconsistent with these Bylaws and any special rules of order the club may adopt.

## **ARTICLE XII**

### **DISSOLUTION PROCEDURES**

Section 1.

A 3/4 vote of a membership quorum is required for dissolution of this club.

Section 2.

Whenever member approval is required for removal of a director, amending articles of incorporation or dissolution, the vote must be unanimous by those entitled to vote unless the notice of the meeting stated the general nature of the proposal. (This may not be varied in By-Laws or articles. See California Corporations Code, Sec. 9411.).

Section 3.

In case of dissolution, the assets of the club will be distributed to the University of California at Davis, School of Veterinary Medicine.

### **SPECIAL RULES**

Section 1.

At meetings of the club, the order of business, so far as the character and nature of the meeting may permit, shall be as follows:

Call to Order

Minutes of Previous Meeting *as published in the Quips*  
Correspondence  
Report of Treasurer

Committee Reports  
Unfinished Business  
New Business  
Programs, *if applicable*  
Announcements  
Adjournment

## Section 2.

At meetings of the Board, the order of business, unless otherwise directed by a majority of those present and voting, shall be as follows:

Call to Order  
Minutes of Previous Meeting *as published in the Quips*  
Correspondence  
Report of Treasurer  
Committee Reports  
Unfinished Business  
New Business  
Announcements  
Additional Items  
Adjournment

## Section 3. Financial Giving (New)

Request for support must be submitted to in writing to a current board member for sponsorship. The 501.c.3 status of the organization, latest annual report or other document that lays out the mission, objectives and financial status of the organization shall be reviewed by at least two board members prior to presentation to the full board for vote on funding request. Donation amount and approval shall be decided by a majority vote of the board.

## **STANDING COMMITTEES**

### Section 1. Membership

The membership chairperson shall be appointed by the President. It shall be the duty of the chairperson to be responsible for all matters pertaining to membership according to these By-Laws.

### Section 2. Program

The program chairperson shall be appointed by the President. This chairperson shall plan programs for the monthly meetings and inform the newsletter editor so the general membership may be notified. This chairperson shall plan programs for special meetings and inform the newsletter editor and send an e-mail so the general membership may be notified.

### Section 3. Goodwill

The goodwill chairperson shall be appointed by the President. This chairperson shall act on behalf of the club in matters of serious illness, bereavements of members and any special events of importance to individual members.

### Section 4. Technical



The technical committee shall be appointed by the President. This committee will be responsible for the club's website *and Facebook page*, making sure all information is updated. The chairperson of the newsletter committee shall be a member of this committee.

#### Section 5. Trails

The trails chairperson shall be appointed by the President. The trails chairperson shall be responsible for keeping the club members informed of developments pertaining to trails.

The chairperson *or a substitute designated by the President* shall act as the club's representative at political meetings, city council meetings, county board of supervisors' meetings, or any other meetings pertaining to trails, which may be of interest to the club.

#### Section 6. Spring Ride

Prospective candidates for ride manager must submit an application in writing to the board. The application is to include a brief outline stating ideas on how the ride is to be planned and managed. The ride committee shall be given various responsibilities to follow through on up to and during the time of the ride as deemed necessary by the ride manager. The ride manager must report to the board at each monthly board meeting on the progress of ride plans. A ride budget must be submitted to the board to be approved and then submitted to the general membership.

#### Section 7. Fall Ride

Prospective candidates for ride manager must submit an application in writing to the board. The application is to include a brief outline stating ideas on how the ride is to be planned and managed. The ride committee shall be given various responsibilities to follow through on up to and during the time of the ride as deemed necessary by the ride manager. The ride manager must report to the board at each monthly board meeting on the progress of ride plans. A ride budget must be submitted to the board to be approved and then submitted to the general membership. The club shall hold a Fall Endurance Ride. The board must approve of the ride management team. A member of the ride management team must report to the board at each meeting on the progress of ride plans.

#### Section 8. Newsletter

The Quicksilver Endurance Riders, Inc. shall have an official publication with the name of Quicksilver Quips. The Quicksilver Quips shall be distributed on or about the first of each month.

The Newsletter shall contain:

- (a) Board meeting date, time, place and address;
- (b) General meeting date, time, place and address;
- (c) Upcoming ride dates and other events;
- (d) Candidates nominated for office and election results;
- (e) Any other information, articles and stories of interest to the membership.

(f) Financial reports and minutes of the club.

## Section 9. Awards

The awards committee chairperson shall be appointed by the President. The committee's duties and responsibilities shall include:

1. Tabulating points for the year-end awards. Tabulate points or mileage for year-end awards.

All endurance rides, including limited distance, will be counted for mileage points;

Ride & Tie, crew mileage and volunteer mileage will be counted as a separate category;

It shall be the rider's responsibility to notify the awards committee of any specific milestones, accomplishments, etc.

2. Putting on the awards banquet, including procuring the awards.

3. Yearbook and/or calendar, if any. Club Directory, Yearbook and/or Calendar, if any.

Points shall be tabulated according to the current AERC ride record with the following exceptions:

1. All endurance rides, including limited distance, will be counted for full mileage points;

2. There will be no top ten points counted for rides of less than 50 miles.

3. Ride and Tie mileage will be counted as a separate category;

4. Crew mileage will be counted as a separate category;

5. It shall be the rider's responsibility to notify the awards committee of their points.

The **Eleanor Norton Award** shall be chosen as follows:

This award, given in the memory of Eleanor Norton, is a sportsmanship award, given to the club member that exemplifies the meaning of the word "sportsmanship."

The committee shall consist of the most current recipient of the Eleanor Norton Award and two general members, not serving on the Board. They shall be elected by the membership at the general meeting three months prior to the awards banquet.

Any nominations and recommendations for a possible recipient must be submitted in writing to any or all of the committee members by email or by telephone, along with the accompanying reasons as to why a particular candidate is to be chosen.

The committee is to consider, carefully and diligently, any and all recommendations and reach a final decision in time to meet the yearbook/calendar deadlines, or, if there is no yearbook/calendar, one month prior to the awards banquet.

An Eleanor Norton Award does not have to be given each year but is only given when the committee feels that there is a suitable candidate.

The **Horse of the Year** shall be chosen as follows:

The Quicksilver Horse of the Year Award shall be given to one horse owned and/or ridden by a current Quicksilver member. This award shall be separate from the Hall of Fame award. Horse of the Year shall demonstrate outstanding achievement in a single ride season in one or more of the following categories:

1. Outstanding performance at high profile endurance rides.
2. Outstanding accumulative record for the year (high mileage, numerous wins, numerous best conditions or top tens)
3. Outstanding performance in a single ride season by multiple offspring of a broodmare or stallion.
4. Any horse able to overcome adverse conditions (orphaned, serious illness or injury - not race related - etc.) and able to begin or continue an endurance career.

A committee shall consist of the most current recipient and two members chosen by him/her. The committee shall review nominations submitted by the membership and select an individual that best deserves to be named as Quicksilver Horse of the Year. If no horses are nominated by the membership, the committee may select a recipient for the award.

The **Hall of Fame Rider** shall be chosen as follows:

The committee shall consist of the most current recipient and two members chosen by him/her.

Any nominations and recommendations for a possible recipient must be submitted in writing to any or all of the committee members by email or by telephone, along with the accompanying reasons as to why a particular candidate is to be chosen.

The committee is to consider, carefully and diligently, any and all recommendations and reach a final decision in time to meet the yearbook/calendar deadlines, or, if there is no yearbook/calendar, one month prior to the awards banquet.

The award does not have to be given each year but is only given when the committee feels that there is a suitable candidate.

The **Hall of Fame Horse** shall be chosen as follows:

The award shall be given to one horse owned and/or ridden by a current Quicksilver member each year separate from the Horse of the Year Award.

The committee shall consist of the most current recipient and two members chosen by him/her.

Any nominations and recommendations for a possible recipient must be submitted to any or all the committee members in writing, by e-mail or by telephone, along with the accompanying reasons as

to why a particular candidate is to be chosen.

The committee is to consider, carefully and diligently, any and all recommendations and reach a final decision in time to meet the yearbook/calendar deadlines, or, if there is no yearbook/calendar, one month prior to the awards banquet.

The award does not have to be given each year but is only given when the committee feels that there is a suitable candidate.

#### Section 10. New Member Committee

The New Member Committee shall consist of three or more club membership good standing and shall be appointed by the President. The chairperson shall be decided by the committee members.

The Membership chairperson shall contact the New Member Committee chairperson each time a new member joins the club. The New Member Committee chairperson shall contact one committee member to reach out to the new member.

The New Member Committee member shall:

1. Contact the new member by phone or e-mail to welcome new members to the club (discussion points can include but are not limited to: endurance experience, benefits of being a member, invite them to go riding, find out their endurance goals, etc.)
2. Introduce them to other club members,
3. Invite to each of the upcoming events and activities held by the club throughout the year,
4. Write a paragraph or two for the Quips, introducing them to the club. Include a picture if possible.

At the awards banquet, a small gift with the Quicksilver logo will be given to the new member. ■

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#### **Minutes** (Continued from page 2)

Endurance 101 clinic – Nick Warhol put on a wonderful clinic this year. He'd like to put on another clinic in mid-May next year. As a club, we'd like to support this. This was a very popular clinic this year! Lori makes a motion that Quicksilver put on this Endurance 101 clinic with Nick as the manager. Melissa seconds the motion; all in favor, motion passes.

Bylaws: over the past few years it's become apparent that our bylaws need to be updated!  
Lori motions that we create a committee to amend the bylaws. Kathy seconds. All in favor.

Lori will chair the committee and put together a committee of several people. Currently, they are hoping to get a draft of the revised bylaws into the September Quips. Melissa Broquard will chair the committee to find additional committee members for next year. Please email Melissa ([MHBROQUARD@gmail.com](mailto:MHBROQUARD@gmail.com)) if you're interested in being on the board!

Everyone except Melissa and Kathy is willing to serve for another year, so we need to find at least two people willing to serve on the board for next year. If more than two people are interested, there will be an election.

Meeting adjourned 8:10 PM

## *An Invitation From Our President*

Hello Quicksilver members. You are invited to a end-of-the-summer BBQ, Potluck campout on September 15th thru 16th. Hosted by Ken and Jeanine McCrary. The campout is located at 300 Big Creek Road, Davenport (GPS) or mailing address 316 Swanton Road, Davenport.

For those of you who have attended Castle Rock and Swanton Pacific Rides, this will be a trip down memory lane. About 12 miles of trail will be flagged for you to enjoy.

In camp, for those that don't bring a horse, you may enjoy a shaded hike along Big Creek to the Falls. The hike is about 3 miles round trip.

For those camping, Sunday morning Ken will cook up some homemade Alaskan sourdough pancakes with sausage and fruit for breakfast.

Camp will open Saturday at 10:00 A.M.

BBQ. Dinner about 5:00 P.M.

Campfire (weather permitting) 7:30 P.M.

Sunday Breakfast 9:00 A.M. (approx.)

Please R.S.V.P. by September 10th to Jeanine at 831-423-4774 or e-mail [jmccrary@gmail.com](mailto:jmccrary@gmail.com)  
Please include information on the potluck dish you are planning to bring for dinner as well as your contact information.

Looking forward to seeing you.

*Jeanine*

## *A Request From Your Editor*

Every month, it's like "pulling hen's teeth" (and old expression of my mother's) to get members to submit interesting material for the Quips. I have consulted a former editor, Julie Suhr, and she made suggestions. Here is what she says:

"Why don't you call a couple of Quicksilver members a couple of months ahead and ask them to send in a story about their horse, or how they became interested in horses, or what is the best ride they have ever had or what do they hope to do on horseback in the future. I found I had to be a reporter when I did the Quips. People are reluctant to send in their stories as it seems self-serving. But if asked to do it they are flattered and will do it. Sarah Gray was tenth on Tevis riding someone else's horse. I am sure she has a story to tell.\* Judith Ogus is working with a new horse. She is also very busy with her art work. I would love to know more about it. David De La Rosa has a new guest cottage with all sorts of amenities. Kersten Leuther is still riding her very old horse, Cory, at a full gallop in Grant Ranch in spite of her own health problems. I think there are all sorts of stories out there, but people have to be asked to share them..."

Bear in mind that if you are worried about spelling, punctuation, or whatever, I can edit for errors.

So...with Julie's excellent suggestion in mind, I would like to ask Judith Ogus to write her own personal story of her new horse and her artwork for the October issue.

Judith, how about it?

And each month I will ask another member to share experiences as Julie suggests above.

*Barbara, your Quips editor*

\* See Sarah's article about her Tevis ride in the August issue of the Quips

## *Hyoid and the Ventral Line*

By Tami Elkayam

Most of my clients worry about their horse's top line, engaging the hind end, stepping under and using their back. The list of descriptions is endless.

These conversations have led to this post and it is a good follow up to the previous TMJ post.

THE VENTRAL LINE is just as important if not more so, because what good is power without direction?

The ventral line (bottom) starts at the Hyoid. The hyoid apparatus is small but has global power.

The hyoid apparatus has many important functions, "steering", balance, hearing, and feeling. The hyoid also holds the larynx (breathing and vocal cords ) and the Pharynx (eating, swallowing.) The hyoid is suspended from the Temporal bones just under the ears, and you can feel it in the soft hollow in your horse's Mandible.

Think back on my last post, if your Temporals are uneven, your steering and balance will also be off.

From the Hyoid apparatus, the Omohyoid muscle (starting at Basihyoid connected under the scapula) and the Sternohyoid muscle (starting at sternum and attached at lingual process of the basihyoid) connect to the sternum of the horse. Think of the hyoid as the steering and the sternum as the keel of a boat; where it points, the horse will follow.

From there, the deep pectoral muscles (support limb, draw it caudally, stabilize shoulder) melt into Rectus Abdominus muscles (support abdominal viscera, aids in breathing).

These long abdominals originate at the sternum and end in the pubic tendon.

The pelvic is the house of the engine; from there, there are a number of connections that can have big impact on the horse locomotion.

Psoas minor (draws pelvis forward and flexes vertebral column) originates in thoracic vertebrae 17 and 18 and inserts into Os Ilium (wing of pelvic).

The other direction is the Biceps Femoris (Cranial part extends hip and stifle joint, abducts limb. Caudal part flexes stifle and abducts limb, extends tarsal joint) and semitendinosus (extends stifle and tarsal joints while weight bearing. When limb is in the air, it draws limb back and rotates it medially) and from there we are right at the Hock . **YES WHAT YOU PUT IN YOUR HORSE'S MOUTH AFFECTS THEIR HOCK, BACK AND IMPULSION!**

There is one last piece to this ventral line, it technically is already on the Dorsal line and that's the tail.

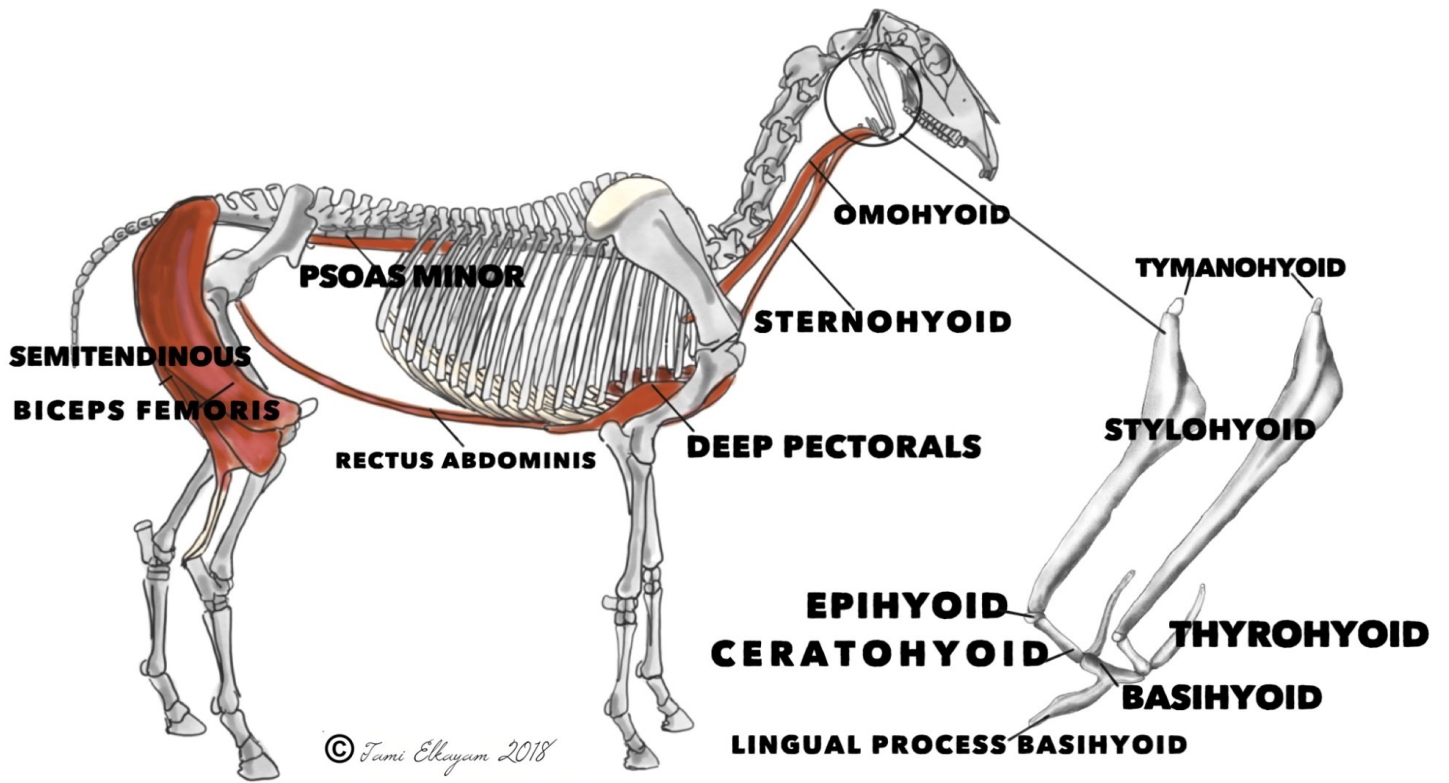
The tail is a continuation of the horses spine, it is also there for hind end balance. The tail will compensate for crookedness in the horse.

The tail is a good indication to the condition and orientation of the horses spine.

Again, this is a gross over simplification but it will give you a good starting point and bring awareness.

(Continued on Page 15)

# HYOID AND VENTRAL LINE



## *Preserving Equestrian Lands & Trails in the San Francisco Bay Area*

By Janice Frazier

### About Bay Area Barns & Trails:

We know that it takes constant advocacy and action to ensure that horses remain an integral part of our San Francisco Bay Area landscape. In 1999, BABT incorporated as a nonprofit 501c(3) organization with the mission of preserving access to public trail systems and facilities for equestrians in the nine Bay Area counties.

### What We Do:

Through our grant programs and educational outreach activities we preserve, promote and help maintain riding trails and stables; we support improved equestrian access and safety on trails; we encourage policies to preserve equestrian and agricultural land use; we promote and encourage sound stable management practices to protect the natural environment and we provide technical and financial support to start up organizations seeking capacity building assistance. Grants are usually 2.5K but can be 5K if larger projects and matching funds from other sources.

### We Can Help You!

If you have a public equestrian barn or trail project and could use funding apply for one of our grants! See our website <http://www.bayareabarnsandtrails.com/> for the application, its easy to apply, we have 2 funding cycles per year (next deadline is Nov 1). You can contact me ([Janice.Frazier@sbcglobal.net](mailto:Janice.Frazier@sbcglobal.net)) for more information or to see if its a project BABT would likely fund. A good local example is BABT helped fund the water trough at Hicks road staging area. There are many examples of trail building support in most of the counties, and you can see the list of some of the funded projects on our website. BABT has granted over \$300 K in matching funds over the years.

### You can help us!

Please contact BABT with news and information about stable preservation and trail access issues ([babt@sonic.net](mailto:babt@sonic.net)) and we can spread the word!

Visit our website to learn more about our programs or to make a contribution to help us keep funding needy projects at [www.BayAreaBarnsandTrails.com](http://www.BayAreaBarnsandTrails.com)



*Here is a picture of a facility  
we are helping fund after 2017  
fires damage*



*Melissa and Her Ponies*





# *At Jack Brooks Horse Camp*

By Carolyn Tucker

Here are a few photos from wonderful horse camping at Jack Brooks Horse Camp, Sam Macdonald Park - Pescadero, near Half Moon Bay. I'm riding Shagya Arabian, Kodi and friend Karen, riding 1/2 brother Omega. Both by Oman. Karen is joining Quicksilver so she can join us for the Swanton overnight. Looking forward to it...



*Outstanding accommodations*



*Spectacular scenery*



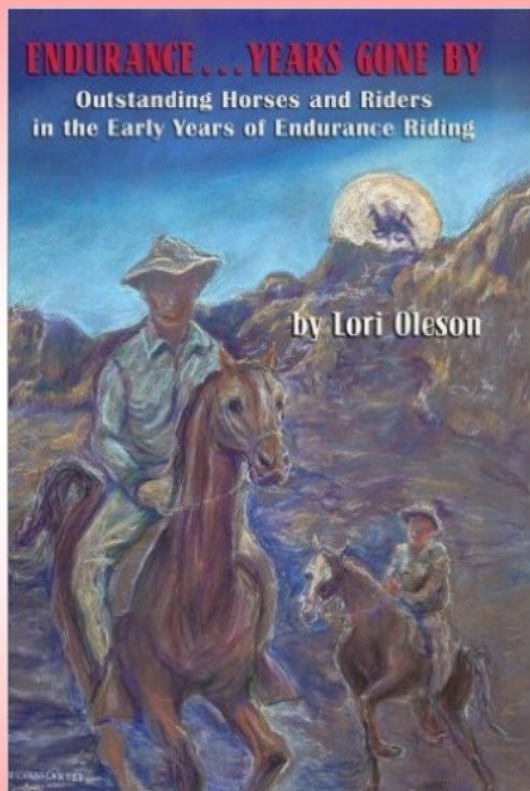
*Beautiful trails*



*Elegant table*

*What more could anyone want?*

## *Classifieds and Services*



This book is on great horses and riders in the beginning of our sport starting in the 1970's. It has been a fun project and I'm excited to introduce (or re-introduce) those that made endurance riding what it is today.

Dick Carter did the beautiful cover, Susan Garlinghouse wrote the Forward and 5 chapters are about great Quicksilver horses and riders.

A percentage of all sales will be given to the AERC Education Committee.

Lori Oleson

[endurancehistory@gmail.com](mailto:endurancehistory@gmail.com)

Cost of book is \$24 + tax/shipping

### **PRINTING SERVICES**

For Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky: [bghart@garlic.com](mailto:bghart@garlic.com)**

**TAX SERVICES - Specializing in horses**

**Trilby — (408) 997-7500**

## Classifieds and Services

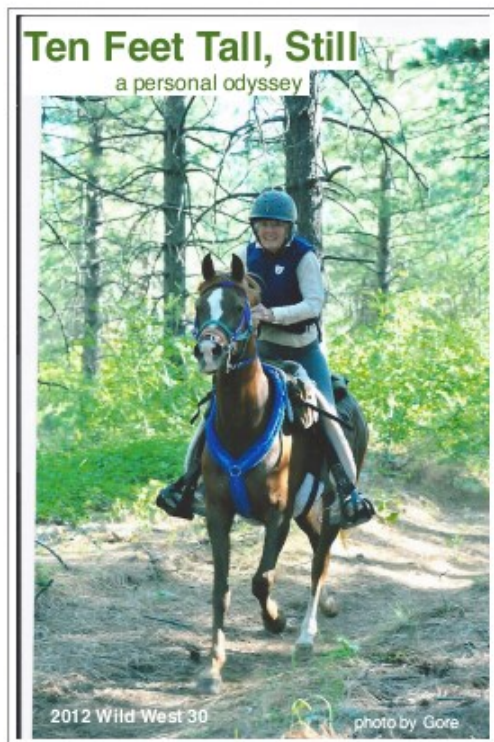


BOOKS ARE THE PERFECT GIFT!



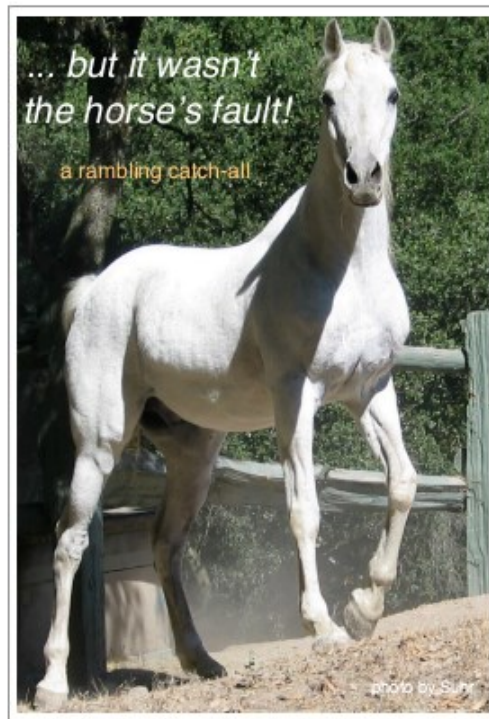
To benefit our trails and our horses, I have written two books. They are entirely different in style.

1. **Ten Feet Tall, Still** is out-of-print, but available as an e-book from Amazon, Barnes and Noble and others. All proceeds to **AERC Trails Fund** and **WSTF Trails Fund** for preservation of horse trails. \$9.99
2. **...but it wasn't the horse's fault!** Available from Marinera Publishing, [www.marinerapublishing.com](http://www.marinerapublishing.com) All proceeds to **CENTER FOR EQUINE HEALTH**, School of Veterinary Medicine, Davis, California \$24.95



by  
Julie Suhr

*You are never  
quite the same  
after you ride  
a good horse.*



### "TEN FEET TALL, STILL"

My first book, *Ten Feet Tall, Still*, is out of print, but is now an e-book for downloading at Amazon, Barnes and Noble and some other places. One Hundred Percent of the proceeds go to the AERC Trails Fund and the WSTF Trails Fund.

**Julie Suhr (831) 335-5933**

### CENTERED RIDING® LESSONS

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body.

Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with

Level 3 Centered Riding instructor. Clinics available upon request.

**Becky Hart**

**(408) 425-5860**

## *Classifieds*



We are simplifying our belongings and are selling some nice things including these hand painted Swedish horses. The largest one and smallest one are antiques, and were bought in Sweden. The smallest one is 2.5" x 2.5", the two medium are 4" x 4" and the largest is 7" x 7". We are asking \$50.00 for all four.

**Becky and Judith**

**Becky—(408) 425-5860**

**Judith—(408) 425-7873**

## *Classifieds*



### **HERO RANCH—ALMADEN AREA**

**SOMETHING FOR EVERYONE  
PERFECT FOR ENDURANCE HORSES  
GREAT FOR RETIREES**

Our pasture is a real pasture with grass and trees and not a crowded dry lot. (See photos above.) We have trail access to miles and miles of beautiful trails in Santa Teresa, Quicksilver, San Vicente, Calero and Casa Loma parks. No need to trailer. Huge pipe paddocks (36 X 72) with 12 X 12 stall. Lots of room for one or even two horses. New tenants are offered \$50 off of their third month of board. Top quality grass/alfalfa hay fed twice a day and paddocks cleaned 5 times a week. Ring is open to boarders when lessons are not being held (usually Wednesday, Friday and Saturday). Round pen is available anytime. Centered riding lessons are available with three-time world champion (<http://www.beckyharthorsepro.com>)

**Rates:**

Paddock/Stall: \$ 350.00      Pasture: \$ 310.00      Trailer Parking: \$ 25.00

**Call Maryben: (408) 265-0839 or e-mail to [merryben@live.com](mailto:merryben@live.com)**

### **HORSE BOARDING FACILITY**

20535 Rome Drive, San Jose, California.  
Stalls: \$320.00, pasture \$220.00,  
fed twice a day high-quality  
orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders. My place borders Quicksilver Park.

**Trilby – (408) 997-7500**

## *Classifieds*

### **GYPSY VANNER STALLION FOR SALE**

My friend and mentor is a fabulous horsewoman who has been fighting breast cancer and its aftermath for a few years. She can no longer properly train and care for her beautiful Gypsy Vanner stallion and now must find him a new home. Here is his description from her:

It is with great sadness that I am offering my imported TGCA Registered black 6-year-old stallion Brackenhill Durham. Durham is all traditional cob. Good bone, lots of hair, perfect feet, and clean legs. Bred and owned by James Taylor and imported by Custom Chrome in Canada (James Jaworski and Nancy L Brown). His sire, Brackenhill Solo is a Watson-bred cob, owned by Jeanne Schlenk of Aunique Ranch. His dam is the Patch Mare. He is 14H. I have Full Color Panel, and he is PSSM negative. This sale is heartbreaking for me, but unfortunately my health has made it impossible to continue with his training. Looking for a Five Star home. \$15,000.

Contact Linda Lanzoni at (530) 263-6696  
REPLY TO: [Linda@MtnEquestrian.com](mailto:Linda@MtnEquestrian.com)





## Humor and Birthdays

To all the men who knew she was a horse girl from the get go. Stop complaining when you figure out she's crazy. Someone warned you.

someecards



## Happy September Birthdays to our Quicksilver Members and Endurance Friends



Jackie Bumgardner*	2
Becky Hackworth	3
Libby Bass	3
Dave Nicholson	4
Tracy Hofstrand	5
Kathy Mayeda	8
Karen Chaton	10
Miriam Plaggmier*	11
Sandie Parker-Jones	11
Pete LeMond*	17
Rick Rashid	19
Cathy Kauer	20
Pam Villa	22
Pat Bush*	26
Jackie Davidson	26
David De La Rosa	28

## IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name

\_\_\_\_\_

And then your address

\_\_\_\_\_

And your phone number, Fax, e-mail

\_\_\_\_\_

And then we need your money! Senior membership is \$ 30 \_\_\_\_\_

Junior (under 16 years of age) membership is \$ 20 \_\_\_\_\_

Family membership is \$ 45 \_\_\_\_\_

If you want a printed copy of Quips mailed to you (as opposed to PDF file e-mailed) add \$15 \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.

Mail to Membership Chairperson: Maryben Stover  
1299 Sandra Drive  
San Jose, CA 95125-3535  
(408) 265-0839

May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!

*"Life outside of endurance? I don't think so."*

*Dave Rabe*

*"Nothing can stop a man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."*

*Thomas Jefferson*

## **Mission Statement of Quicksilver Endurance Riders, Inc.**

**QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.**

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**Quicksilver Endurance Riders, Inc.  
P.O. Box 71  
New Almaden, CA 95042**

