



Quicksilver Quips

August 2018

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Quicksilver on the Web

<http://www.qser.net/>

President's Message – August 2018

Hello Quicksilvers,

Fireworks Ride was successful. Jill Newburn, one of the ride managers, said overall we did really well. On the questionnaire, "Folks rated everything very highly, even if they thought the trail was a bit long and tough." Thanks to the memberships of the Santa Cruz Horsemen's Association and Quicksilver who volunteered their time to make this ride a success.

Congratulations to the Quicksilver members who finished Tevis this year: Sarah Gray 10th place, Sandy Holder 12th, Michelle Roush 15th, Hailey Daeumler 18th, Robert & Melissa Ribley 26th and 27th. Quicksilver was well represented at Tevis.

For those of us, like me, who have had a busy summer and haven't gotten to a ride this year, I say, put that ride on the calendar, and Just Do It!! You can skip Aunt Bertha's Birthday Party, she'll forgive you. That's my advice.

Jeanine



Quicksilver 2018 Calendar



Quicksilver Fall Classic

Save the date: **October 6th**. If you can't ride, then volunteer to help.



The Quicksilver Fall Classic is scheduled for October 6th at Harvey Bear County Park. Are you riding or volunteering for our big ride? Each year, we are getting a few more riders. Everyone needs to come and support the ride in some way. If you are riding, great, but if not, you can still help out. Mark your calendars and join the fun!

Information via Maryben

The State has put San Jose Tallow out of business. There are a couple of options but the cheapest one I have found is \$750 cash in advance. Just a heads up.

Facebook Post from Haily Daeumler

Tevis 2018...the Tevis gods sure made me work for my buckle this year! What a ride! I am so thankful for all my sponsors (Longhorn Method Ranch, Echo Valley Ranch, and Tetra Tech) and my crew! All were so amazing with getting me not only to the race but for getting me through, check to check! Gulliver is one hell of a horse and I'm am beyond honored that my great grandpa Hugh Vanderford has loaned me him for the year! He stayed strong all day and took care of me through the night when my body had literally tried to shut down on me and I almost felt like I couldn't go on, but as volunteers cared for both Gulliver and me, I kept telling them if my horse can go on then I can go on! Special thanks to Courtney Giardina, Hilary Van Tatenhove, Shawn Bowling, Brian Reeves, Pat Chappell, and Pamela Bailie, all my endurance family who helped me one way or another along the way!

Treasurer's Report July 30, 2018

Submitted by Lori Oleson

General Account \$11,579.77

Trails Account \$ 1,074.59

Why is the TMJ So Important ?

By Tami Elkayam, MMCP CST

The Temporomandibular joint is arguably the most important joint in the horses body. The Mandible (lower part of the joint) or jaw of the horse is moving continuously through eating, scratching and being ridden. Every movement sends Information to the brain, proprioceptive information.

The upper parts of the joint are the Temporal bones. This pair of bones is heavily involved in suspending the brain within the cranial cavity (Tentorium cerebelli the horizontal membrane system Superior and inferior leaf). The brain is a soft mushy thing; if the platform it is suspended from, is not even, what do you think will happen to the brain? What would that do to the horses temperament, to the equilibrium, to their proprioception and to their vision?

We are constantly interacting with the TMJ every time we put a bit in the mouth and ride. Every time we put a halter on and pull on their head .

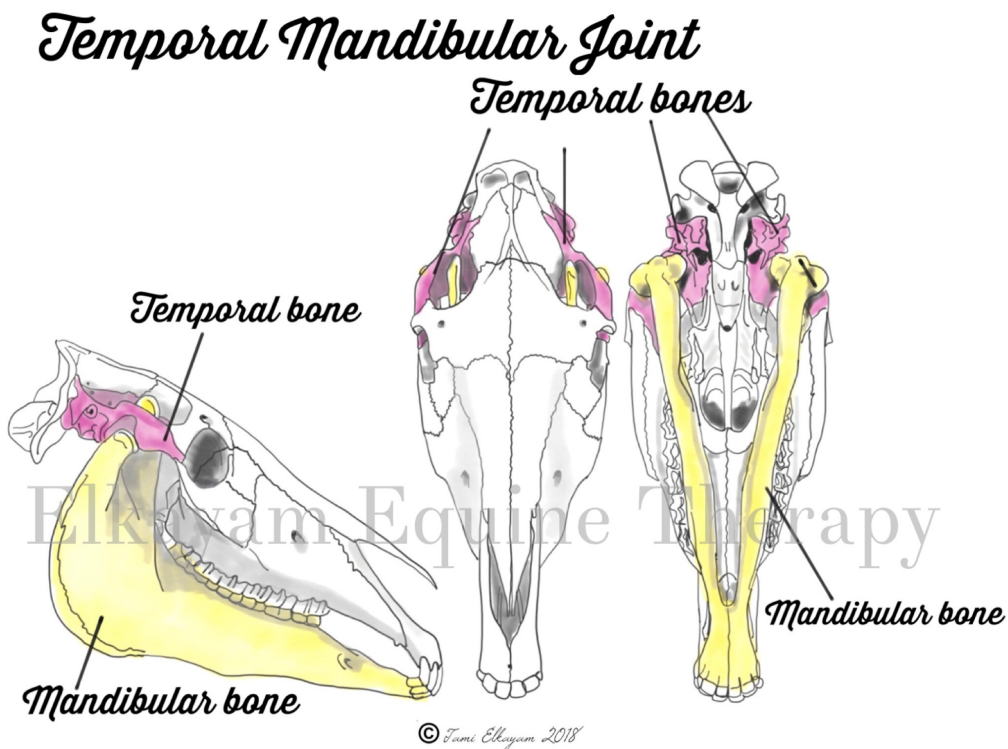
Next time you see your horse, put a finger on each side of their face on the TMJ joint and have someone take a picture. Then lift the forelock and see if both temporal muscles are of even size .

This is a very simplified explanation for many complex neurological and bio-mechanical things that happen in a horse. The goal is to bring awareness.

So what can you do to help your horse? Most of you already do teeth and feet regularly and this is key in keeping the TMJ balanced. Chiropractic and Cranial-Sacral Therapy can help too. If however you see facial asymmetry or have behavior issues, tripping and balance issues this may be why.

What happens is as the Temporal bones shift the membranes that suspend the brain in the Cranial cavity shift in doing so they may impinge or trap Cranial nerves. The Temporomandibular joint is also the neurological home of the nerves that engage fight and flight. This is were the term Temporal Tantrums comes from.

There is another component to this complex system I will write about next month. The Hyoid! Hope you enjoyed this information; if you would like to know more feel free to get in touch.



Heather Reynolds Wins Tevis



Former QS member, Heather Reynolds won Tevis for the third time.
This year she rode Hillorie Bachman's horse, Cayucos.

Haggin Cup went to MM Cody ridden by Mykala Corgnell.
This is the first time a Mustang has ever won the Haggin Cup!

Congratulations to all Quicksilver members who finished Tevis this year; Sarah Mariah Gray (10th), Sandy Holder (12th), Michele Roush (15th), Haily Daeumler (18th), Melissa Ribley (26th) and Robert Ribley (27th)

Sarah Gray—Tenth Place Finish Tevis 2018



This year was a culmination of fitness, strength and endurance for myself and Sharade Le Fey (Rader) owned by Kim Zvik.

A perfect combination of teamwork and excellent planning (just kidding on the excellent planning), but truly amazing focus and dedication. Some of my favorite memories were the morning hush of people readying their horses. The bright red orange sun coming up over the Sierra Nevada Mountains peeking through the smoke filled valleys. High sierra mountain flowers—millions of flowers, lupines tall as Rader, and fields of sunflowers, a scene right out of Wizard of Oz. Crystal clear water, flowing out of granite crevasses along trails through ferns taller than we are. The vast views down the valley and the heat and smoke so thick it was like breathing under water. The strong, forward, graceful and sure-footed horse below me, Rader jumped across all small water crossings, and made me wish I had at least taken one jumping lesson between all the dressage. The thundering sound of hoof beats on the soft red dirt coming from below, behind and ever pressing me fast forward. Heavy horse breaths and the palpable tension of riders at vet checks. Cougar Rock...Rader wanted to go left (no trail - steep drop!) and when I asked again he started backing off the edge! Hollering off Pucker Point and waiting for my echo (took a bit but it was there) and having a beer with the amazing people at Poverty Bar, before crossing the mighty American River that was up to Rader's midline, and lastly, following the trail of glow sticks on to the finish.

I was riding for Jamie Kerr, DVM, who is the greatest vet I know. His smile and kind words (even while telling you what to do better next time) are always more than appreciated. I hope that you are

back vetting as soon as possible. I rode for Dick Carter, an amazing horseman who is gentle, caring, and humble. I hope your heart stays strong and lets us ride together soon!! I rode for Laura Webb (even though she rode herself) because she is so strong; she taught me that you don't know what people are up against, so be nice to everyone.

I want to thank Kim Zvik for trusting me with her boy. It was like riding a thunderstorm of power. I am not sure that I have ever been on a more capable athlete. He made the ride easy. Having a truly capable horse makes every step fly by. The hills are smaller, the air is cooler. Thank you Lauren De Vore for your words of wisdom on everything endurance. Thank you for being an impeccable crew leader, friend, and the most amazing home for Roe (I can't imagine a better place for him to be doing his third career). Thank you Susan Garlinghouse, DVM for teaching me how to keep my horse cool and electrolyted. Iylla Reisman, thank you for showing me how to cover ground. Jeff Luternauer brought me along to many rides and encouraged me to sign up to every ride he did (which was a lot when I started endurance). He really is why I am doing endurance.

Thank you to my crew. I really blew it and didn't tell anyone that I was shooting for top 20. I didn't want to jinx my ride. As a result, my crew was not looking for me at Robinson Flat, and I never found them. I know from my last two Tevis rides that they crewed for me, that they are truly the best crew out there. I am so lucky to have them, and for what ever reason, things worked out the way they worked out this year.

Since I had to "adopt a crew", I need to thank Barbara White and Caroline Ligne for the bucket of water, hay, and spot to be (they had to go up trail to be ready for their rider, and so left promptly after setting me up), thank you endlessly to Robert Weldin, who ran around finding me all I needed. He volunteered to drive down to Forest Hill and crew for me there, if I needed. He found me electrolytes that were absolutely instrumental in my completion (incidentally, Mark Montgomery is the one that gave them to Robert...another huge thanks.) I asked many folks for electrolytes and got the feeling that they were not up for helping the competition.

There were many other helpful people though, and you know who you are. Thank you all. Who were you who helped me saddle? Thank you. Thank you volunteers -YOU MAKE THIS RIDE. This event is a dream, just amazing. Seeing the top ten horses waiting to show for Haggin Cup was outrageous, they all looked so good. These are the most powerful horses in the world. To be in their company is unbelievable.

Mark Montgomery and Mykaola Corgnell shared the trail with me from Poverty Bar in, the mustangs so strong and graceful; when Mykaola's mount, MM Cody, got BC (Haggin Cup) I was so happy I could cry. It was well earned and absolutely deserved.

Sandy Holder was just the best all day, leading me along the trail all the way from the highest peak of the ride to Lower Quarry. I would have been with her through the finish, but she insisted that I go on, when her boy Q's (Quicksilver) pulse hung at 80 (he just needed to pee!!). She did finish only losing two places (12th). She is an outstanding horsewoman and I am so honored that I got to ride with her through this ride. I know that this list is long - and I know I have missed people (hubby Matt who put up with crazy me for the last week or so), but I guess it takes a village.

By Sarah Mariah Gray

Comments and Compliments From QS Members Who Crewed, Timed, and Otherwise Supported Tevis

Quicksilver is able to pat it self on the back for the sterling performances of two of its members. Sarah Gray managed a Top Ten performance. Both she and the horse looked great at the Best Condition judging on Sunday morning. Not far behind in 12th place were Sandy Holder and Q, the same position they held last year. These gals make us very proud. It was not an easy day with the smoke thick in many parts of the trail. I can't say enough about how well they took care of their horses which should bring them the respect they deserve for jobs well done. *Julie Suhr*

And another Quicksilver member with an excellent performance at Tevis - Robert Ribley, who finished just before 4 AM on a very strong looking horse. Not only did Robert tough out the heat and the smoke, but rode all day with a fractured fibula! *Melissa Ribley*

And don't forget the beautiful Melissa Ribley who finished with him!! *Sandy Holder*

And don't forget Melissa, she had a tough go at it, but crossed the finish line hand in hand with Robert. *Brian Reeves*

Haily Daeumler also finished well in 18th place and fighting illness the last few hours. Michele Rowe also finished very well in 14th place and sponsoring first Junior. As always, Quicksilver does well. Hope this makes list complete. Melissa failed to mention the Lady who rode with Robert .
Hugh Vanderford

Julie Suhr was the magic I needed at Michigan Bluff while many, many other QSER members made sure both horses and riders completed!! The Quicksilver Club ROCKED Tevis!!! And Brian was one of the QSER members on hand to help us all out (including me and Q)!! *Sandy Holder*

Peter and I were Out Timers at the Robinson Flat vet check. It was great to see everyone come by :-)
Kiki Leuther

I failed to mention the other QS members who brought our club a reason to celebrate. I talked to Sandy and Sarah post-ride at the banquet, but did not see the others....Haily, Michele, Melissa and Robert. All of them conquered the same trail one step at a time with the encouragement of Quicksilver volunteers. I hope to see all of them back on July 20, 2019 and I will be there to cheer all of them on. Mark your calendar!
Julie

The Oldest Horse to Finish Tevis



Mercury and his rider Claire Godwin, finished the Tevis Cup in 13th place (100 miles in 19 hours).

Why is this important? Merc is 27 years old - way, WAY past that age when most people think their horses' competitive, "useful" lives are almost over. Merc didn't even start doing endurance until he was 15 years old. His teenage rider moved on in life and her mom started riding him. YAY for the people who treat their horses right, who look at them as individuals and respect them as living beings instead of recreational machines.

Comments from our Club Members

Sandy Holder: "You know you're a Tevis addict when you finish just after midnight and are AL-READY planning the next Tevis before midnight of the same night!!"

Two Quicksilver riders rode together ALL DAY - both finishing the ride, with one of them on our Clubs namesake - Quicksilver WR...both riding for Dick Carter, who happened to name that horse!!

Alternative Experiences!

By Janice Frazier

I use my seasoned horses for meet and greets at the local Santa Clara County parks, for two unique aspects 1) doing trail etiquette training tables with the parks staff at multi-use trail heads, and 2) for Park open house events, so people can get up close and personal to a horse.

First I took my beloved ex-endurance Arab Easy - who of course had that "seen it all experience" been there done that attitude, and just loved doing these events, but then she passed away in 2016. I was perplexed what horse could do this as well as she, but the job has fallen to my Andalusian "Caribe " - a horse who doesn't know what the word walk means (she THINKS she is an endurance horse), won't stand still if I am on her as she is sure I want to move out, and who lives to do airs above the ground, and show off.

But its amazing how some horses can tell the difference between "let's ride" and "I must be a statue, even under this pop-up tent they forgot to stake down"!

I am so proud that both these horses have helped the parks and promote horse ownership. The horses have loved the attention, and people (including mountain bikers) get a great chance to pet a full-size horse, and dog owners can let their dogs get some experience around horses. We have had some interesting experiences like the flamenco dancers that surprisingly kept the horses entertained but the horses were not scared even with the loud music and fast dancing; to the stupid parent who let her kid walk under the horse's belly between the front and back legs, when she was on the offside from me and I didn't see it happening. Thank God Caribe didn't move.

So those horses aren't doing endurance, but what a special service they are providing!

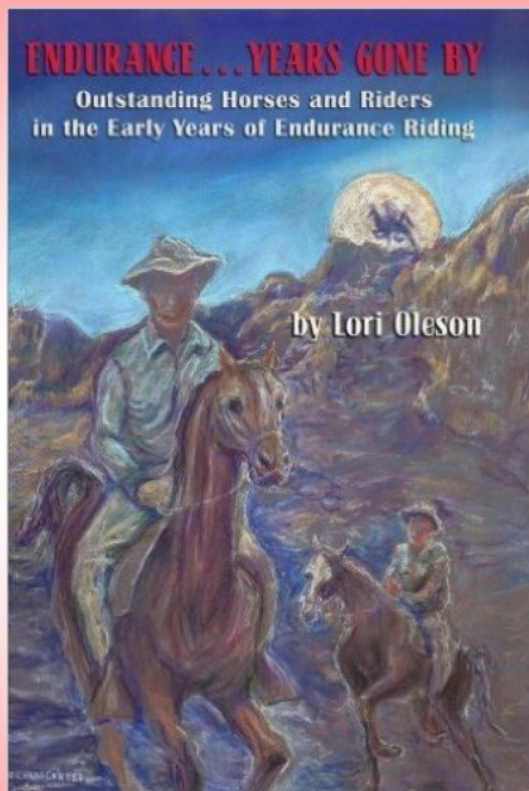


Caribe (Andalusian) at a park meet and greet



Easy (ex-endurance horse) at a park etiquette tableing—2015

Classifieds and Services



This book is on great horses and riders in the beginning of our sport starting in the 1970's. It has been a fun project and I'm excited to introduce (or re-introduce) those that made endurance riding what it is today.

Dick Carter did the beautiful cover, Susan Garlinghouse wrote the Forward and 5 chapters are about great Quicksilver horses and riders.

A percentage of all sales will be given to the AERC Education Committee.

Lori Oleson

endurancehistory@gmail.com

Cost of book is \$24 + tax/shipping

PRINTING SERVICES

For Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

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Classifieds

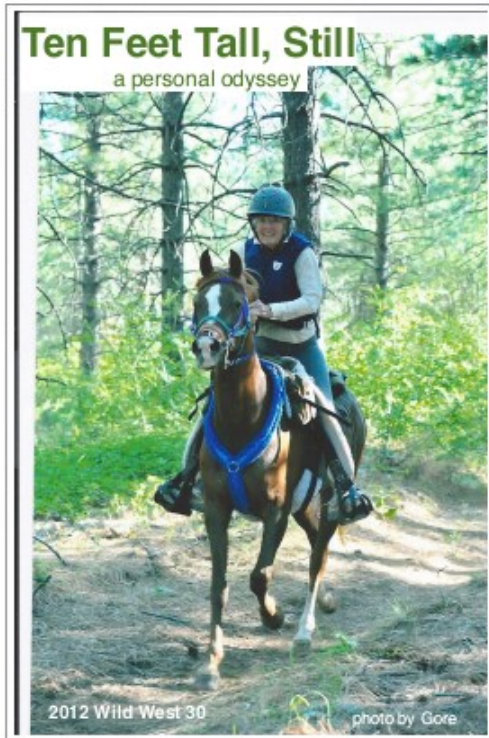


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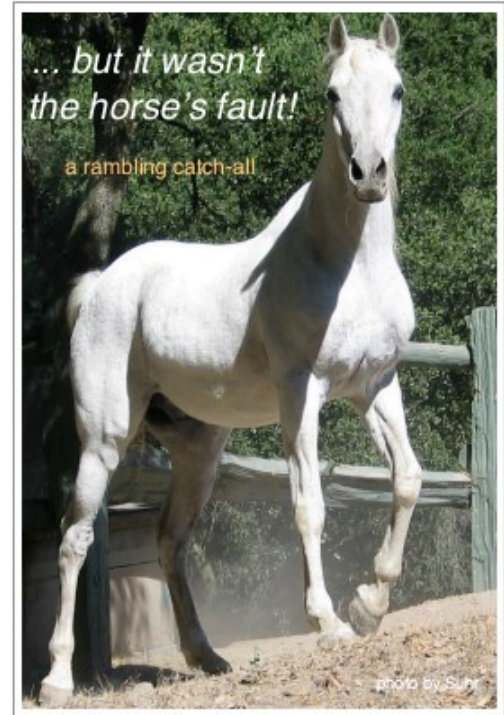
To benefit our trails and our horses, I have written two books. They are entirely different in style.

1. **Ten Feet Tall, Still** is out-of-print, but available as an e-book from Amazon, Barnes and Noble and others. All proceeds to **AERC Trails Fund** and **WSTF Trails Fund** for preservation of horse trails. \$9.99
2. **...but it wasn't the horse's fault!** Available from Marinera Publishing, www.marinerapublishing.com All proceeds to **CENTER FOR EQUINE HEALTH**, School of Veterinary Medicine, Davis, California \$24.95



by
Julie Suhr

*You are never
quite the same
after you ride
a good horse.*



"TEN FEET TALL, STILL"

My first book, *Ten Feet Tall, Still*, is out of print, but is now an e-book for downloading at Amazon, Barnes and Noble and some other places. One Hundred Percent of the proceeds go to the AERC Trails Fund and the WSTF Trails Fund.

Julie Suhr (831) 335-5933

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Classifieds



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Classifieds and Services

USRider Insurance Services

HEALTH TIP



Biosecurity for Horse Owners Away and at Home

Just like the sick person coughing in range of your personal space, each physical contact potentially passes viruses or bacteria between animals.

Whether you are at home with your horse or away, **hygiene and management practices** are critical to defending against the introduction and/or spread of infectious diseases. This strategy is known as biosecurity.



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Humor and Birthdays

What's Your Sign?

In a Podiatrist's office: "Time wounds all heels."

On a Plumber's truck: "We repair what your husband fixed."

On another Plumber's truck: "Don't sleep with a drip. Call your plumber."

At a Tire Shop in Milwaukee: "Invite us to your next blowout."

At a Towing company: "We don't charge an arm and a leg. We want tows."

On an Electrician's truck: "Let us remove your shorts."

In a No-Smoking Area: "If we see smoke, we will assume you are on fire and take appropriate action."

At an Optometrist's Office: "If you don't see what you're looking for, you've come to the right place."

On a Taxidermist's window: "We really know our stuff."

On a Fence: "Salesmen welcome! Dog food is expensive!"

At a Car Dealership: "The best way to get back on your feet - miss a car payment."

Outside a Muffler Shop: "No appointment necessary. We hear you coming..."

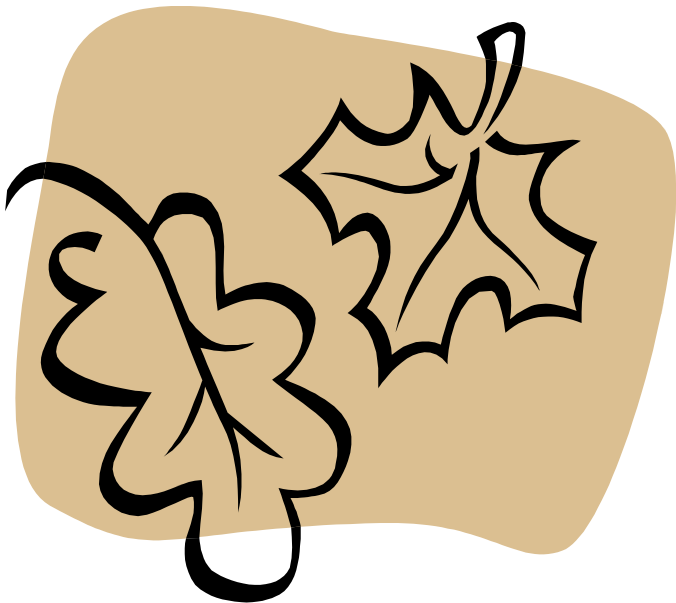
In a Veterinarian's waiting room: "Be back in 5 minutes. Sit ! Stay !"

At the Electric Company: "We would be de-lighted if you send in your payment. However, if you don't, you will be."

In the front yard of a Funeral Home: "Drive carefully. We'll wait."

At a Propane Filling Station: "Thank heaven for little grills."

In a Restaurant window: "Don't stand there and be hungry; come on in and get fed up."



Happy August Birthdays to our Quicksilver Members and Endurance Friends

Viril Norton*	1
Heather Reynolds	4
Megan Chamberlin	8
Pat McKendry	14
Barbara White	16
Lori Oleson	16
Annie George	17
Becky Glaser	26
Beverley Kane	27

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name

And then your address

And your phone number, Fax, e-mail

And then we need your money! Senior membership is \$ 30 _____

Junior (under 16 years of age) membership is \$ 20 _____

Family membership is \$ 45 _____

If you want a printed copy of Quips mailed to you (as opposed to PDF file e-mailed) add \$15 _____

Total enclosed \$ _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.

Mail to Membership Chairperson: Maryben Stover
1299 Sandra Drive
San Jose, CA 95125-3535
(408) 265-0839

May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!

"Life outside of endurance? I don't think so."

Dave Rabe

"Nothing can stop a man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."

Thomas Jefferson

Mission Statement of Quicksilver Endurance Riders, Inc.

QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

**Quicksilver Endurance Riders, Inc.
P.O. Box 71
New Almaden, CA 95042**

