



Quicksilver Quips

August 2012

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August President's Message

Wowiee... Quicksilver members are everywhere.... And making history!!

Let's start with great photos: Have you seen the latest Endurance News? Feast your eyes on the cover and reflect on the amazing woman you see and her accomplishments. Not much that you can say that has not already been said about Julie. When I grow up, I wanna be like her!

Tevis is coming up and I know of several members that will be riding, and, hopefully, making history. Barbara White is going for her 32nd buckle, while several are going for their first! Best of luck to you! I know that Lori McIntosh, Diane Trefethen, Peggy Davidson, and new member Iylla Reismann are riding. I'm sure there are others. Many of us will be there crewing and helping out. I hope some of you send your experiences to Barbara McCrary to publish in the Quips once the ride is over.

Our very own Becky Hart is going to England! The horses will ship sometime around the 10th and the riders will follow soon after. Several members are going along to help. What a fun opportunity! We are sending all our best wishes along. Personally, I hope you, along with the rest of the US team (including ex-members Jeremy and Heather Reynolds) kick some serious international butt! GO USA!!!!

We are having our second club group ride of the year on the 18th of August, this time at Calero (rain, shine or anything else). Invitations have been sent to the Santa Cruz Horsemen's, a local Parelli group, Monterey Bay Equestrians and a few others that escape me at the moment. Lori Oleson requested and received some literature from the AERC, we have several people who have volunteered to take visitors out on a ride (but we can always use more!!!) and hopefully everyone will bring something to share for a fun pot luck after. We'll skip the KFC chicken this time and just go with whatever people bring. I really hope that even if you can't ride, you'll come for the food and camaraderie. I will let everyone know if I get any RSVPs from potential guests. At the moment, the tentative schedule is to meet at 9AM for discussion and demonstrations with interested guests, ride out at 10AM (several distances) and pot luck at 12:30PM. Come on over, and bring a friend!

Plans for the annual banquet are beginning to form. Mary Anderson and I have been talking. If you have thoughts or suggestions, shoot me an email. Remember though, you can't make everybody happy all of the time....

Finally, I am glad to hear that Sheila Kumar is feeling much better, and that Scott Sansom's horse Farzonn is improving from his injury. Keep sending good thoughts their way.

Happy trails!

Elisabet

One Step Closer to the World Championship

by Judith Ogus

Friday, June 22, 2012, 4:30 am. The alarm won't go off until 4:45, but Becky Hart cannot sleep. She is anticipating today's ride at Fort Ord where she and her mount, No Repeat (Pete) will canter for 60 kilometers. She must prove to the Chef d'Equipe (team captain), Emmett Ross, that she can rate her horse, keeping the speed at 18.7 kph (about 11.7 mph) for the first 42 k and 19 kph for the last 18. We must work in kilometers instead of miles because this is the norm for international endurance racing. She must also prove that her horse can remain sound, metabolically stable, and appear fit enough to go another 100 kilometers. The World Championship will be 160 k (100 miles) in one day in Euston, England, August 24, 2012.

Our friends Brian and Valorie Reeves and their 3 year old son Andrew have all come up to crew for Becky and Pete's trial. The four of us stay in bed until the alarm sounds at 4:45 am. Andrew languishes a little longer while the rest of us ready for the day. Becky has already made coffee. I pour it into a thermos for the vets and rest of the crew. As the sky starts to lighten, we run out to feed the feral cats and other two horses in our pasture. Then back to the house to feed dogs and ourselves. 5:19 am and we gather up extra coats (a high of 61 is predicted for the coast, so we expect it to be cold, foggy and possibly windy this early in the morning) and bags of last minute necessities—an extra GPS and heart monitor, honey and molasses to buffer the horse's electrolytes, a hat or two. I usher Valerie and Andrew out the back door and lock up the house while Becky goes to load Pete in the trailer.

The truck is ready to go—packed the night before with three large trash cans of water plus twenty, one gallon containers for cooling the horse. The way an endurance ride works is that competitors take off early in the morning. The ride is broken up by crew points out on the trail and veterinary checks, often at a base camp, where the horses come in and must recover to a heart rate of 60 to 64 beats per minute. The rider jumps off, the crew removes the saddle and starts cooling the horse with water to bring down the pulse. As soon as the horse recovers to the criterion, time is called and the designated rest period begins—anywhere from 15 minutes to one hour. During the rest period the horse is examined by a veterinarian to make sure it is sound and metabolically fit to continue. Once the horse passes the vet check, it is taken to a crewing area to rest, eat and drink. This also gives the rider an opportunity to rest and replenish. The faster the recovery, the sooner one can leave the vet check, get back on the trail, and the race is on. Even for this short test event, we have come prepared with lots of extra water for cooling Pete to prove that he recovers well and that our crewing is efficient.

5:28 AM: Pete loads into the trailer (wondering where he is going without his breakfast or one of his riding buddies), and we head west on 156 toward Fort Ord. The Reeves family follows us in their car.

6:10 AM: We arrive at Becky's starting point, a nondescript sandy trail head with no facilities. We groom Pete and I warm him up by walking and trotting him in a hand a short distance up and down the trail. Pete would rather grab bites of native grasses than concentrate on the warm-up, but I try to keep him focused. Our friends, Scott Sansom and Stacy James-Ryan arrive to help with crew points out on the trail. We transfer the two of the trash cans and all of the small containers of water into Scott's truck for crewing out on the trail.

6:30 AM: The Chef d'Equipe, Emmett Ross, arrives with his committee of two veterinarians, Tom Timmons from Oregon and Todd Holbrook from Oklahoma, and one selector, Carol Giles from Oregon. She is a member of a team of selectors who will review the nominated horses and riders and help choose the final team of six from the long list of twenty. Selectors are usually endurance riders who have had some international experience—either riding, crewing or officiating. I realize that the carefully prepared thermos of coffee is still sitting on our counter at home. Not to worry—the vets will make a Starbucks run while Becky is out on the trail.

Before they satisfy their caffeine craving, they do an extensive examination of Pete's legs, feet, tendons, back, hydration, muscle tone, and capillary refill. They watch him trot out and back in a straight line and then in circles to the left and right - looking for any gait aberrations. It is of course nerve wracking for us as they mumble their opinions to Carol who is marking everything down on an evaluation sheet. Pete looks fine over all and Becky is given the go to start. Brian - who towers over the rest of us gently lifts the saddle onto Pete's back. We complete the tacking up process - breast collar, bridle, and easy boots to protect his feet on the pavement. Becky mounts and Brian does one last girth tightening before she starts a half hour warm up. It usually takes an endurance horse about an hour to warm up to optimal metabolic functioning. Horse's will often recover better and have better metabolic parameters at their second vet checks than their first. Pete will have to finish the rest of his warm up on the trail, which begins with a short ascent over which she and Pete disappear. Suddenly they come flying back over the rise, "The electrolytes!" She shouts. How could we forget something so basic—something we administer before every ride? I dose poor Pete with a large syringe, slipping it past his bit so he won't spit out the salty mixture. Normally we would rinse out his mouth, but the warm up is over.

7:35 AM: Becky and Pete canter up the hill and out of sight, the orange electrolytes dripping from his lips. Stacy and Scott take off for the two crew points - one at the end of each of two legs of Becky's Y-shaped route. She will repeat the "Y" twice before coming back to us for her first vet check. All of the nominees trials are supposed to be on relatively flat and fast footing to mimic the trail they will be on in England, which is why Becky chose these particularly parts of Fort

(Continued on page 3)

(Continued from page 2)

Ord. Some of the trails here are flat, but there are also stretches of pavement, winding single track and some hills. It was the best she could find in this vicinity. While she is gone, Brian, Val and I set up the crewing area. Andrew moves sand with his battery of pick up trucks. There is a designated "In Timer" spot at a sage brush shrub about 75 yards up the trail. From there, back into the crewing spot we set up parallel rows of water buckets that we will pour over Pete to cool him down. We have a cart ready close to the bush, where Brian will drop the saddle. Once we have everything set up, there is nothing to do but wait—read the paper, chat, review our crewing procedures. I phone Scot and ask him to call us when Becky has left the last crew point, since it is only about 3 miles for her to reach us from there. She should take about two hours and 20 minutes for this part of the ride.

About two minutes after her departure, Scott and Stacy come driving in—without having called. Becky is about 20 minutes out and we all take our positions up by the sage brush.

9:56 AM: Emmett hears hoof beats. "Here she comes," he says.

9:57 AM: Becky leaps off Pete, Emmett marks down her arrival time; Brian loosens the girth, I detach and remove the breast collar, Brian lifts the saddle. Becky takes off the bridle, I attach the lead rope, Becky starts leading Pete through our gauntlet of water buckets as Stacy and Brian calmly pour the water over his neck. All of this happens in a matter of seconds. The sky has been overcast and temperatures are in the mid 60's, which will make it easier for Pete to recover.

9:58 AM: We stop half way back to the trailer and I take his pulse. One is supposed to count the heart beats for 15 seconds then multiply by 4 to get the beats per minute. I can tell after just a few beats that he has recovered to 60 - below the required criterion of 64 and I call out "He's down!" Emmett writes down the recovery time: One minute and 5 seconds - excellent! Now the one half hour rest period starts. The veterinarians do a brief check - watch him trot out and back, check for back pain, hydration and capillary refill. He looks great and is released to his rest period, of which only about 20 minutes remain. He nibbles hay and grain while Becky eats half a peanut butter and honey sandwich. Now the time flies by. Pete gets a syringe full of honey, which he seems to love and will help him absorb electrolytes. We put on a fresh pad, the saddle and bridle. The rest of the ride will only take an hour.

10:28 AM: Becky mounts and they are off again - this time at 19 kilometers/hour (almost 12 miles/hour) for the last 18 kilometers. Emmett wants to be sure that the team riders can ride to his specifications and so each must carry a GPS and heart monitor that indicates their average speed, their current speed and the horse's heart rate.

The current record for a 100 mile ride on perfectly flat footing—this is at the President's Cup ride in the United Arab Emirates—is 6 hours and 21 minutes, an average speed of about 15.8 miles per hour. This speed has never been reached in the United States. Most of our terrain is more challenging and varied than the groomed desert trails. Also, we have not perfected our training methods to the same degree. As I wrote in last month's article about Becky, throughout most of the history of endurance riding in America, the trails have been over tough terrain and winning times of 10 - 12 hours have been the norm for 100 miles. Most American endurance riders prefer the tough trails that demand slower speeds. A very few elite riders are racing at top speeds.

Once again we set up our buckets and wait. The hour goes by fast. The sun is breaking through the clouds—an elevation in temperature may slow down Pete's recoveries. Becky and Pete appear over the rise and come trotting down toward us. We repeat the procedure, but this time pour water over his entire body. When I take his pulse it is higher than last time. To verify that he has recovered I count for the full 15 seconds —16 beats—"64," I say. This time it took him a little over two minutes to recover, still very good. The vets do a preliminary check, but want to allow him to rest for one hour, then check him again. He is sound and all his basic parameters look good. We quickly load up buckets, tack, feed and horse and drive back to San Juan to the Pelario-Holcombe ranch where there is a nice arena for a more thorough vet check. It is 12:45 by the time we all reconvene. The vets have 3:30 flights out of SFO, so we move right along through the vet check. The exam includes flexion tests on all four legs—this means the vet holds each leg up with the major joint bent for 45 seconds, then they watch the horse trot out. In addition they carefully palpate his back and the tendons in his legs. The consensus is that he looks even better now than he did before he started! Still, we do not know whether he and Becky are on the team. There are six more horses to evaluate in the Midwest next weekend, then the final decisions will be made. Watch for the August issue of the Star to see if San Juan Bautista's own Becky Hart and No Repeat will represent the United States in Euston, England at the 2012 World Champion Endurance Race. ■

STEVE LENHEIM COMPARES HIS NEW HOME IN COOL, CA TO ALMADEN

Summer slightly hotter by about 5-10 degrees. Winter is warmer here than bay area but more rain. So far it has been about the same as Almaden. Do miss the evening breeze from the bay which is NOT here. But...can sit outside at night with just a shirt on.

Riding is about the same. The lower part is more like Coe or Harvey Bear and the mountains are, well, like your backyard (Swanton.) Not the variety that the bay area has, no sand, no Ft. Ord and such. Peaceful though, and affordable.

Takes a lot of \$\$\$ to have a horse in the Bay Area. See everyone at TEVIS!

Today high 74°, low last night was 57°. Not normal and this AM the bay fog hung out here.

HOW IT ALL BEGAN An account of the challenge that may have led to the first Tevis

Provided by Julie Sultr

THE CHALLENGE...

In the February 1950 *Western Horseman*, the following letter appeared in a column titled "LETTERS FROM RIDERS"

Western Horseman

In John Richard Young's article "The Arab Horse Speaks For Himself" (Dec. 1949) Dr. George H. Conn of Freeport, IL, states that the Arabian is the horse that has all the world's records for long distance performance.

I do not believe that is true as I rode Drifter, a Thoroughbred gelding, 81 miles in seven hours and 10 minutes and 27 seconds. A year later I rode the same horse 127 miles (from Hill Creek to Miles City) in 12 hours and 10 minutes and 36 seconds. These times were officially clocked by three judges and I haven't heard of any other horse accomplishing the same distance or even 50 miles at that speed per hour.

I also challenge Dr. Conn, Carl Raswan or any other Arab enthusiast to an endurance race any distance from 50 to 200 miles, for money, marble or chalk.

(s) Bill Stewart, Miles City, MT

THE CHALLENGE IS ACCEPTED...

From the March 1950 *Western Horseman*:

Western Horseman

In your February issue, the first item in your Letters from Riders department is a 50 to 200 miles endurance race challenge to any Arabian horse owner for money, marbles or chalk by one Bill Stewart. I accept this challenge and, being the challenged party, I select the Auburn-Lake Tahoe horse trail in California for the race at any date during the next summer which will be to Mr. Stewart's convenience. The distance is 90 miles and, in view of Mr. Stewart's astonishing records over long distances, it is hoped he will not consider this too short.

However, since the 90 miles of this horse trail climbs and crosses the crest of the Sierra Nevada, he may find it ride enough. This is a direct west to east trail starting at elevation 1400, crosses the Sierra in Squaw Pass at 8600 feet, and drops to Lake Tahoe at 6225. From Auburn to Lake Tahoe

this trail is on a natural footing of dirt and mountain rock. It is selected by reason of being a California trail removed and free from oil surfaced automobile road travel. I will bet \$250 on my horse Bando's AHC 1785, by Nasr from Baida, against the chalk, marbles or equal money on Stewart's horse Drifter. Each horse shall carry equal weight and I would like a minimum of 165 pounds.

While calling this gentleman on his challenge, I do not want to be considered as using it to name my horse as champion to represent Arabian horses. There are so many good horses, but Stewart wanted an endurance race of distance he named from any Arab owner, and so he can have it.

(s) Wendell Robie, Box 1228, Auburn, CA

STAND OFF...

From the October 1950 *Western Horseman*:

Our readers will remember the letter from Bill Stewart which appeared in the February 1950 issue in this section in which he challenged "any" Arab enthusiast to an endurance race, the distance from 50 to 100 miles for money, marble or chalk. In the March issue this challenge was accepted by Wendell Robie, and, so we thought, the race was on. Since the letter carried in the June issue, we have heard nothing from either party. *WESTERN HORSEMAN* sent the following letter to Mr. Stewart with a copy to Mr. Robie, and we are quoting:

Dear Mr. Stewart,

Quite a few of our readers have been inquiring as to the status of the race on which Mr. Robie accepted your challenge. Since the acceptance of the challenge carried in this magazine, we would like to keep our readers posted on it and would appreciate any information you have. We would like to know the place the race will take place, the start date, ending and other details.

We are sending a copy of this letter to Mr. Robie and sincerely hope that you will give us the information at an early date.

(s) "The Western Horseman"

WE'RE READY...

Endurance Race Status from *Western Horseman*: (date unreadable)

Here is the latest news we have on the proposed race between Wendell Robie and Bill Stewart (Letters from Riders, March 1950). We are quoting from two letters written by Mr. Robie and addressed to the *WESTERN HORSEMAN* and the other to Bill Stewart.

Western Horseman: Saturday (March 14)

I had a letter from Bill Stewart, the young man from Montana, and hurriedly hand-wrote a reply in order not to keep him waiting. This copy is for your information. It indicates what he wrote about. It does not how if he intends to get something settled definitely or if he will try to set some newly changed location conditions which I may not be able to meet. While my job of earning a living and improving a brush and timber ranch can give a day of this summer for this race as accepted, it won't pan out a week to trailer off someplace else. This, I recon, is my fault for not learning how to handle work differently or not working.

(s) Wendell Robie

Dear Mr. Stewart:

I just came in this morning from the redwood country up on the northwest coast and hasten to answer your letter which arrived here yesterday. In it I note that you want to place the endurance race of your horse with mine at Miles City or Colorado or Idaho, and you suggest the purse should be \$1500. In another place, you might consider the race in California over the Auburn-Lake Tahoe horse trail if 10 Arabian horses are entered to make a purse of \$2500.

Why do you want to change your proposal now? This does not read like your challenge spread far and wide by *THE WESTERN HORSEMAN*. Then you challenged any Arab owner to an endurance race for money, marbles or chalk. From the words you bloomed in print with, you would let the world believe you are raring to go anyplace for a race with an Arab horse, and you don't care what there is for it, but you want a race.

I am a challenged party

and have the right to call the turn on your play in keeping with the condition you named. I can't go to Miles City, Mont., Julesburg, Colo. Or someplace else, and with that in mind, I have set it right here in California on a suitable location for a good race. I have bet \$250 my horse will beat yours. That, likewise is my choice for your challenge, and I have told you that you can put up the same or run without it. My money stays offered to go to the winning horse.

As far as I am concerned, this is a race between your horse and mine, called from your challenge and on a first class route for it, over the Sierra Nevada on horse trail from Auburn to Lake Tahoe. If you want to enlarge the field, that suits me, too, but not with a limit on only one or two breeds of horses. I do not care how many are the entries or what kind of horses. Also, I am not interested in raising the ante or entry fee above \$250 to keep anybody out. Neither do I have time to monkey with the promotion of entries from others.

judges and timers.

You asked if the Auburn-Lake Tahoe horse trail can be followed by an automobile? This is a horse trail and cannot be followed by car, although cars can meet the trail and view portions at some scattered points. I will expect you here on any date you select then. Stable accommodations are easily available in Auburn, and I will help any way I can to make this pleasant for you, up to race time.

(s) Wendell Robie

Editors note: Apparently this was the anticlimactic end to the whole affair because subsequent issues of WESTERN HORSEMAN make no further mention of the proposed race. It would sound as though Mr. Stewart never arrived and Wendell's beloved Bando's was not able to show his stuff against Mr. Stewart's Drifter. But perhaps that original challenge which Wendell Robie accepted was the catalyst for what is now known world wide as the Western States 100 Mile One Day Ride. I have an idea that Mr. Robie was sorely disappointed that the race was



The immortal Wendell Robie

If you want to play it open for everybody who may want in. I am for it on the basis they pay their entry to the bank, and the winner take it all. I would like to see anyone else in and welcome. Plenty of good man can be counted on here for starting, finish, trail

never held and so decided to stage a race without Mr. Stewart, but with some of his good friends. So possibly, Mr. Stewart was the force that started modern day endurance riding. Conjecture only, but food for thought.



Trailer-Safety Checklist

Is your rig ready for your next trip? Make sure it's safe with this video from the Bay Area Equestrian Network.



HEIDI NYLAND/MELOCCO PHOTO

Keep your truck and trailer road ready with these essential tips.

Check the Truck

- Check the oil, water, brake fluid, and steering fluid levels.
- Check the tread on all the tires.
- Check the air pressure in all the tires.

Tip: carry at least one quart of oil in your truck, just in case.

Check the Trailer

- Make sure the hitch is welded on tight in back and bolted to the frame in front.

The last thing you want is to have a mechanical problem with your trailer when you're on your way out or coming back from enjoying a beautiful day at the show or on the trail with your horse. At the least, such a problem can cause a delay; at the worst, it can put your horse in danger.

Watch this video for essential tips on how to keep your truck and trailer road ready with nationally respected writer, trail advocate, and clinician Bonnie Davis and the Bay Area Equestrian Network.

Plus, here's a handy checklist.



Tire Tread



Tire Pressure



Hitch

HEIDI NYLAND/MELOCCO PHOTOS

- Make sure the channel that slides into the hitch is heavy and free of wear.
- Make sure the nut that holds the ball in place on the channel is tight.
- Make sure the king pin is through the channel and hitch.

Tip: Be sure to check the keeper.

Check the Coupler

- Make sure the bull dog coupler that fits over the ball on the channel is on tight.
- Put the keeper on, so the collar won't be released.

Tip: Make sure the ball fits the coupler.

Check the Chains

- Hook the chains from the trailer to the truck.

Tip: Cross the chains, so if the trailer gets loose, they'll keep the tongue off the ground.

Brake Lights

- Plug in brake lights, and close the keeper.

This information comes from USRider magazine and the Bay Area Equestrian Network and was submitted by Mike Maul.

In order to fit the article into one page, I had to do some tweaking, so the photos look a bit elongated, but the information is all here. Also, the video is accessible only from the original website—<http://viewer.zmags.com/publication/0f7bc8ed#0f7bc8ed/12>

Hitch Stand

- Make sure hitch stand is cranked all the way up and is all the way underneath the trailer.
- Make sure the breakaway brake cable is attached to the truck.

Tip: Make sure the hitch stand handle is flipped down.

Trailer Lights

- Check the trailer-light battery.

Tip: Check for leaks in battery casing.

Windows

- Keep the windows directly in front of your horse closed to help protect his eyes from dust and debris.

Tip: Open the other windows for ventilation.

Living Quarters

- Make sure everything is secured so nothing falls inside the trailer and spooks your horse.

Inside the trailer

- Make sure vents are open, for ventilation.
- Check for protruding objects that could injure your horse.

Tip: Use a keeper on the trailer door to make it extra secure. USR



Coupler

HEIDI NYLAND/MELOCCO PHOTO



Brake Lights

HEIDI NYLAND/MELOCCO PHOTO



Trailer Lights

CELE PHOTO



Inside

CELE PHOTO



"Ride Bear I & II"

SEPTEMBER 22ND AND 23RD, 2012
50 Miler, 25 Miler and SHORT FUN RIDE!

A TRULY UNIQUE "THIS-EVENT-ONLY" COORDINATION OF TRAILS CONNECTING TWO BEAUTIFUL PARKS OVER PRIVATE PROPERTY AND OPEN SPACE! Our exciting annual fall ride benefiting the Western States Trail Foundation, a not-for-profit, will once again be offered as a multi-day event from a spacious base camp. Ride Management continues to work collaboratively with OSA (Open Space Authority), supportive private land owners, County and State officials to realize the vision of linking Harvey Bear County Park with Henrey Coe State Park. **Please note:** because of the nature of working with 3 different government authorities and private property owners, these trails are open only once per year. Maintaining this sensitive arrangement greatly depends on how you treat others while attending.

WE LOOK FORWARD TO WELCOMING YOU AT RIDE CAMP!

CAMP INFORMATION: Camp is located at the Coyote Lake-Harvey Bear Ranch County Park. This ~5,000 acre park - featuring a 635 acre lake with miles of horse, bicycle and hiking trails - is nestled in the Diablo Range east of the City of Gilroy. There are three entrances into Coyote Lake-Harvey Bear Ranch County Park. Our ride site will be at the Harvey Bear Ranch. Dogs are welcome on a 6 ft. leash at base camp only. **From U.S. Highway 101** (between Gilroy and Morgan Hill), take the San Martin Ave. exit. Proceed east on San Martin Ave. for 2 miles. The park entrance is on the left, one-quarter mile east of Foothill Avenue. **RIDE CAMP IS JUST BEYOND THE MAIN ENTRANCE TO THE PARK.** Creek and hydrant water, both in camp and at appropriate intersections, are suitable for horses only. Riders should bring their own drinking water. Portable toilets and trash receptacles are provided. **NO OPEN FIRES ALLOWED.**

RIDE DETAILS: Day One for the 50 milers (only) will start in Harvey Bear Park, go through 10 miles of technical new trail to include Open Space and Private Property, and include a loop in Henrey Coe before returning home. Day Two will incorporate the original Harvey Bear trail and feature the Savannah Trail with beautiful vistas of Coyote Lake and the valley below as well as other newly opened trails.

- **PRE-RIDE VETTING:** Upon vet arrival (usually about 4:00 PM) - 7:00 PM Friday. Multi-day riders please bring your second day rider card to your first day completion exam.
- **FABULOUS MEALS:** PRE-RIDE POTLUCK on Friday starts at 5:30 p.m. Please bring something to share with our wonderful group of riders and volunteers. Prizes for "Best in Show" will be given (2 categories - Entrée and Dessert). Wine tasting on Saturday starts at 5:30 p.m. with Dinner. Pre-Ride Briefing at 6:30 PM both days.
- **RIDE TIMES:** 50-milers 6:00 AM - 6:00 PM; 25-milers - 6:30 AM - 12:30 pm; 10-mile Fun Ride - 7: 30 AM UNTIL YOU'VE HAD ENOUGH FUN (but please, prior to 5:00 PM so we can check you in prior to having dinner together)!!
- **IMPORTANT REMINDER:** 25 miler placements are based on the order in which the horses meet a heart rate of 60 beats per minute (and required prior to 12:30 p.m. as additional criteria for completion).
- **POST-RIDE EXAM OF HORSES:** Based on AERC current rules and control judge Bill Seales criteria for then current conditions. All criteria will be posted at the check-in table upon arrival and shared at the ride meeting.
- **AWARDS:** Official awards will begin at around 6 p.m. and will be given to ALL Riders participating, including Top 10 for 25/50 mile riders as well as special awards for FUN RIDERS!
 - ✓ **BEST CONDITION:** based on AERC established criteria for all Sanctioned Distances
 - ✓ **MULTI-DAY RIDERS:** as in the past, special awards will be given to riders/horses completing both days

RIDE RULES: The 50-mile and 25-mile rides are sanctioned by AERC and will comply with AERC rules and policy. The Fun Ride is sponsored by Ride Management and is put on for the benefit of those that want to enjoy the trail as well as those wanting an introduction to the wonderful equestrian sport of endurance. All horses entered in the ride will be under veterinary criteria. Our knowledgeable Volunteers will be helping all riders with/without experience to understand the criteria as well as how to present their horses at the vet checks. Additionally, Ride management reserves the right to interpret the rules as would be necessary to insure the continuity of the rides and to settle any questions which may arise from any incident that might occur during the rides. **Minors (under 18 years of age) are required to wear helmets. All other riders are STRONGLY encouraged to wear helmets.**

SEND ENTRIES TO:

Katie Holder, Ride Secretary, 2471 Bridle Path Drive, Gilroy, CA 95020
cell: 510-206-4745 or email: spikelove83@yahoo.com

All other questions:

Sandy Holder, Ride Manager, cell: 408-218-5028, email: shholder002@gmail.com or
Barb Granter, Assistant RM, cell: 408-712-7996, email: barb.granter@gmail.com

"Ride Bear I & II" Entry Form

Rider Name: _____ AERC # _____ Age: _____

Address: _____ Phone: _____

City/State/Zip: _____ Email: _____

Day 1 (SATURDAY) Information: Distance: 25 Miles / 50 Miles OR Fun Ride: (check one)

Horse Name: _____ Horse AERC#: _____ Age: _____ Sex: _____

Owners Name and AERC#: _____ Breed: _____ Color: _____

Day 2 (FRIDAY) Information: Distance: 25 Miles / 50 Miles OR Fun Ride: (check one)

Horse Name: _____ Horse AERC#: _____ Age: _____ Sex: _____

Owners Name and AERC#: _____ Breed: _____ Color: _____

Division: FW (0 - 160 lbs w/tack) LW (161 - 185 lbs/tack) MW (186 - 210 lbs w/tack) HW (211 lbs + w/tack) JR (under 16 years old)

Entry Fees: 2 - Day entry fee (both days for 25 and 50 miler - your choice) \$230.00 _____

1 - Day entry fee (25 and 50 miler - includes \$12 camping fee) \$130.00 _____

Juniors (under 16 as of 12/1/11) & 2012 Ride Managers discount (\$25.00) _____

Non AERC day member fee (applies to 25/50 mile riders) \$15.00/day _____

FUN Riders (includes dinner and awards) \$40.00/day _____

Extra Dinner Ticket(s) @ \$20.00 each: Saturday Sunday _____

Add \$25 if postmarked after September 15, 2011 \$25.00 _____

TOTAL AMOUNT ENCLOSED: \$ _____

ENTRY FEE AND REFUND POLICY: Please make checks payable to **SANDY HOLDER**. Checks will be cashed after the ride. All proceeds will be donated to the Western States Trail Foundation and used to purchase a mile of the Tevis Trail. Entry fee for any horse failing to pass pre-ride Vet criteria will be refunded less \$25.00 (meals tickets will be kept by the rider). Full refunds will be given on or before September 12th; however, should you cancel without cause after September 15th or fail to show up at the ride, your entry will not be refunded. Multi-day riders whose horses are pulled from Saturday will be given a 50% refund for Sunday. No refunds will be given for riders whose horse gets a completion for Saturday, but decides not to ride Sunday (except in cases where there is a veterinary recommendation for the horse to not participate, in which case, a 50% refund will be given for Sunday).

PLEASE READ AND SIGN LIABILITY RELEASE

I wish to participate in the "Ride Bear" event. I am aware that an endurance competition as well as a Fun Ride course covers difficult terrain on trails where the footing for the horses may be unsure, and will include road crossings and hazards. I further acknowledge that competitive events such as this, over considerable distance contain inherent risks of injury and damage to me personally, to my animal(s) and equipment. Knowing these facts, nevertheless, in consideration of your accepting this entry, I do hereby for myself, heirs, executors and administrators, waive and release all Ride Management, Volunteers, the Santa Clara County Parks, Santa Clara County Open Space Authority, the State of California and/or their representatives, heirs, executors, administrators, and assign from any and all right claim of liability for damages, or for any and all injuries that may be sustained by me including injuries to other animals or equipment and property or from any and all claims of any kind or nature that I might have. I do acknowledge that I have read the foregoing paragraph and know and understand the contents thereof.

Signature: _____ Date: _____
 Minors (anyone under the age of 18) must have the following liability signed by one of their parents/guardians.

Parent/Guardian: _____ Date: _____ Minors Birth Date: _____
 For more about the sport of Endurance Riding, please go to: www.aerc.org For more information about the WSTF, please go to: www.teviscup.org

Eleventh Annual East Bay Hills Trails Benefit Ride Wednesday, Aug 29--Monday, Sept. 3



Ride: the trails of the East Bay Hills in small groups at your own pace for one, for more or for all 6 days. Follow and/or parallel the Bay Area Ridge Trail much of the time, on both fire roads and single track trails, over both flat and hilly terrain, with views of the Bay Area, across the valley and beyond. Camp 2 nights at Tilden, Joaquin Miller, and Anthony Chabot Parks with the 5th Annual Bay Area Ridge Trail Through-Hike from Castro Valley to Martinez.

Food and Evening Entertainment: All meals provided for riders and hikers, and hay, carrots and water for the horses. Evening programs will include a visit to the Chabot Space Center, a naturalist presentation, the Flying Fillies Drill Team, the Dark Hollow Bluegrass Band, and other surprises.

Costs/Benefits: Ride fees start at under \$60/day and cover your camping, food and horse provisions, trail maps, and all evening programs. A raffle and silent auction will provide other opportunities to support the Bay Area Ridge Trail and East Bay equestrian and volunteer trail projects. Register online at <http://www.eventbrite.com/event/3635275206> or by US Mail using the entry form at www.twha.org or on the reverse of this flyer.

Camp Rules: Riders will be responsible for stabling their horses at each camp. Stallions will not be allowed on this ride and please no generators after dark. Dogs by special permission only. SEI-certified helmets are required.

Questions: Contact Judy Etheridge, at misxfire@yahoo.com or at 925-862-0232. or Morris Older, at ebhillside@comcast.net or at 925-254-8943, for more information or to volunteer.

More info at
www.twha.org—
click on events.
Sign up for the
hike at
www.ridgetrail.org



2012 East Bay Hills Trails Benefit Ride Entry Form

Name(s) _____ Phone(s) _____ email _____

Address _____ City, State & Zip Code _____

Please check the days you will be riding: All 6 days, Wed, Thurs, Fri, Sat Sun Mon

Trails Advocate: \$65/day times _____ (number of days checked above) \$ _____

All 6 days -- \$350 \$ _____

Trails Supporter: \$75/day times _____ (number of days checked above) \$ _____

All 6 days -- \$400 \$ _____

Trails Champion \$85/day times _____ (number of days checked above) \$ _____

All 6 days -- \$450 \$ _____

Non-Rider/Hiker Dinner/camping on _____ nights \$15 per night x _____ (note which nights) \$ _____

Additional contribution to the Ridge Trail and/or parks \$ _____

New Membership/Renewal for _____ TWHA (\$20), ---MHA \$25) \$ _____

Ride Discount if membership dues included (-\$15) \$ _____

Trailer Info: Size: _____ (# horses) _____ / Tow Vehicle size / _____ (#) horses coming with this trailer

Please sign release form below and mail entry form & checks payable to TWHA to _____ Total \$ _____

Morris Older, 50 La Encinal, Orinda CA 94563

2012 EB Hills Trails Benefit Ride Release of Liability

Name(s): _____ Telephone: _____

Address: _____ City, State and Zip Code _____

I acknowledge that horseback riding is a sport which carries inherent risks of injury and damage to myself, my horse, and property. I knowingly assume all risks, whether known or unknown, of horseback riding.

I hereby release the Tilden Wildcat Horsemen's Association (hereinafter referred to as TWHA), the Metropolitan Horsemen's Association (MHA), the Bay Area Ridge Trail Council (BARTC), the East Bay Regional Park District (EBRPD), Volunteers for Outdoor California (V-O-Cal), the East Bay Municipal Utility District (EBMUD), and the City of Oakland from all liability for any act of negligence or want of ordinary care on the part of TWHA, MHA and/or any of its agents. In consideration of my participation in this event, I waive, release, and discharge TWHA, MHA, BARTC, EBRPD, V-O-Cal, EBMUD, the City of Oakland and their directors, officers, agents, and members, their representatives, heirs, executors, and assigns from any and all claims of liability for injury or damage to myself, my animals, or my property arising out of my participation. This agreement is binding upon my executors, heirs, and assigns.

I expressly waive any rights I may have under California Civil Code 1542, which states: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him might have materially affected his settlement with the debtor."

I agree that I will indemnify and hold harmless TWHA, MHA, EBRPD, EBMUD, BARTC, the City of Oakland and their officers, directors, members, and agents against all claims, demands, and causes of action, including court costs, and actual attorney fees, arising from any proceeding or lawsuits brought by or prosecuted for my benefit, in which this release is upheld. TWHA, MHA, EBRPD, EBMUD, BARTC, the City of Oakland and their agents or employees shall not be liable for any damage which may accrue from any cause or as a result of fire, theft, running away, state of health, or injury to person, horse or property.

I acknowledge that I have read this Release of Liability and know and understand its contents.

SIGNATURE: _____ DATE _____

MINORS DO NOT SIGN THIS FORM-- PARENT OR LEGAL GUARDIAN MUST COMPLETE THIS SECTION

I, the undersigned parent or guardian of the above participant, in consideration of my minor's participation in the event, agree that the terms and conditions of this Release of Liability shall be binding as to damage or injury to my minor, his animals, and property arising out of his participation in events.

I acknowledge that I have read this Release of Liability and know and understand its contents.

NAME: _____ ADDRESS: _____ CITY, STATE & ZIP: _____

TELEPHONE: _____: DATE _____ SIGNATURE: _____

Classifieds

Centered Riding® Lessons

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with **Becky Hart**, Level 3 Centered Riding instructor. Clinics available upon request.

408-425-5860

PRINTING SERVICES

for Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky: bghart@garlic.com**

Horse Boarding Facility

20535 Rome Drive, San Jose, California.

Stalls: \$270.00, pasture \$200.00, fed twice a day high-grade oat and alfalfa.

96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders. My place borders Quicksilver Park.

Trilby – (408) 997-7500

R.L. Watson Endurance Saddle for Sale

Featherlite Model: the most comfortable saddle you will ever ride. Hand made with lifetime warranty on tree (hardwood). Medium width, size 16 seat.

Adjustable western rigging; lots of D-rings and latigo ties. Made with flexible panels and converted to Specialized style panels for more flexibility in fit. You can use as is or convert back to flex panels. Exceptionally well made and in great condition.

See <http://www.shadowtree.com/>

[#ecwid:category=179208&mode=product&product=437714](#)

for complete description/pictures. Asking \$1000.

Contact **Debbie**, at dboscoe@pacbell.net

TEN FEET TALL, STILL

My first book, *Ten Feet Tall, Still*, is out of print, but is now an e-book for downloading at Amazon and Barnes and Noble and some other places. One Hundred percent of the proceeds go to the AERC Trails Fund and the WSTF Trails Fund.

This is shameless advertising, but I believe in the cause. *Julie Suhr*

TAX SERVICES

Specializing in horses.

Trilby - (408) 997-7500



From Judy Etheridge:

I would like to give some recognition to the QS members who are entered in the Tevis this year. We have several members, Diane Trefethen, Sam Donaldson (Peggy will be guiding him) and Lori McIntosh and maybe others (New Quicksilver member Iylla Reismann is entered for her first try) who are going for their first buckle, not to mention Barbara White who is hoping for her 32nd! .

The rest of our super stars, Heather and Jeremy Reynolds and Melissa and Robert Ribley who have won and/or been awarded the Haggin Cup are in the chase, too. Good luck to everyone.



BOOKS ARE THE PERFECT GIFT!



To benefit our trails and our horses, I have written two books. They are entirely different in style.

1. **Ten Feet Tall, Still** is out-of-print, but available as an e-book from Amazon, Barnes and Noble and others. All proceeds to **AERC Trails Fund** and **WSTF Trails Fund** for preservation of horse trails. \$9.99
2. **...but it wasn't the horse's fault!** Available from Marinera Publishing, www.marinerapublishing.com All proceeds to **CENTER FOR EQUINE HEALTH**, School of Veterinary Medicine, Davis, California \$24.95



by
Julie Suhr

You are never quite the same after you ride a good horse.

One of the earliest religious disappointments in a young girl's life revolves upon her unanswered prayer for a horse. Phillis Theroux, as quoted in Julie's book



FOR SALE



Schleese Trail Saddle \$4000
Excellent condition. Owned only 1 year and is no longer available as it is discontinued. Perfect for cross training your dressage horse. Comes with adjustable/removable knee rolls. Has custom cantos and additional D rings for showways, breast collar and crupper. Excellent for endurance all very comfy.

FOR SALE



Schleese Infinity Dressage Saddle \$3500
18" Infinity saddle just bought in Oct. 2011. Hardly used. This saddle is \$4700 new. Please call with additional questions.

Offered by Lori McIntosh—please e-mail Lori@lorimcphoto for additional photos and questions

Classifieds

Georgia (Too Tart #5118636) 4 year old AQHA Buckskin Mare. Currently in training - pretty, will be good arena &/or trail horse. Reason for sale - owner changing discipline. Asking \$2,500.

Contact trainer Kathy Torres 408-935-9974 (in Milpitas) or owner **Andrea Pasek 408-710-6463**, andreapasek@yahoo.com. Email for photos.

Dear QSER members – we had our place off of the market for a while, but we’ve done a bunch of work on the house to bring everything into tip-top shape and have a new agent marketing it for us. If you have any equestrian friends that might be looking for a nice horse property (complete with a covered arena that I know several of you are familiar with), please feel free to pass along this flyer to them.

In addition to the facilities, the property itself is very unique (which was one of the attractions for me when I first moved to the bay area). There is an entire small valley located behind the hillside that rises behind the house; that valley is very picturesque and private – you can’t see it from Shannon Rd, and the houses uphill beyond are almost completely screened off by oak trees. It’s amazing how peaceful it is, even so close to downtown Los Gatos. There are community trails that can be ridden directly from the property.

Terri Rashid

14411 SHANNON ROAD, LOS GATOS

ALAIN PINEL REALTORS



The Ultimate Equestrian Estate

Located on 25.5+/- acres, this unique equestrian estate evokes the serenity of the countryside yet is just minutes from downtown Los Gatos. The sprawling, California ranch-style home with Georgian influence, features 3 bedrooms, 2.5 baths, with a separate den. Estate includes a separate one bedroom cottage for guests or a facilities manager. The 25,000+/-sf barn includes a 16,000+/-sf covered, mirrored riding arena. This estate would be suitable to many equestrian disciplines including dressage, grand prix, hunter/jumper, endurance training or arena polo. Excellent Los Gatos schools. Offering you the ultimate California equestrian lifestyle!

www.LosGatosEquestrian.com | Price Upon Request

SHERRY HITCHCOCK
Broker Associate
408-314-0878 | Hitchcock@apr.com
SherryHitchcock.com | DRE# 01409943



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apr.com | SARATOGA 12772 Saratoga-Sunnyvale Road

FOR SALE

Reliable 88 Ford cargo van 1 ton, 460 engine, turtle top, new brakes and tires, set up for camping and towing. Dual tanks, second battery for interior lights. Queen bed that converts to single bed. Lots of storage. \$2,700/offer.

Elisabet (831) 234-4732

HORSES FOR LEASE

Two Beautiful Purebred Arabian Horses for CARE Lease

Can either go together, or individually

Due to urgent relocation circumstances, they cannot go with me until I am established.

No money exchange - only agreement to pay for care and maintenance of the horses

Contact for more information: (408) 930-9194



15hh Purebred 2001 (11 Year old) CMK Bred Arabian Gelding
Trained under-saddle, great on trails, a little rusty but ready to get back going
Ties, bathes, clips, trailers like a dream!
A confident and solid rider preferred
Would be great for the show circuit
Sound, healthy, and very sweet
He has a strong and very confident personality
He is the love of my life! :)



14.2hh 2008 (4 year old) Purebred Arabian Mare
Very very very sweet, eager to please, calm and kind
Ready for under-saddle training. Great for someone interested in gaining experience starting a very mentally sound horse

Due to life, I have not spent a great amount of time with getting her out and exposed to new and different experiences, but she is confident, solid and grounded. Does not spook easily

GORGEOUS HORSE—FREE

I'd love to find a great home for a gorgeous white/grey 14 to 15-yr-old Arabian mare about 15.1 hands. She is a powerhouse. Beautiful tail and mane. She's only been back with me for a couple months and I rode her today and she didn't stop for a second. Jeff Luternauer had to trot to keep up with her walk. She has very few miles on her because she was my daughter's horse and she moved to Texas. This horse needs a medium to strong rider/trainer. She hasn't had much work in a couple years and at that time she was powerful but my 16-year-old daughter use to ride her with ease. She does need to be re-schooled after being out to pasture for a couple years.

Title will remain with the Registered owner in Los Gatos but the new "owner" will have full rights to compete and use her. The owner wants to retain ownership to make sure she is always taken care of.

Anyone interested call me at **831-427-3040** or
Email me at GentlemanRancher@Gmail.com **David De La Rosa**

Classifieds

WANTED

I am looking for my next horse, and would greatly appreciate it if you would keep your eyes and ears open for possible horses for me. I am looking for the epitome of a Julie Suhr, later-in-life horse. I need a short, safe, smooth Arabian gelding no taller than 14.3. Ideally, I would like to clone my precious endurance horse Raj, but that is not going to happen. Please let me know if anything comes across your radars and I would be grateful. Thanks for the assistance and happy trails.

Margaret Graham

Jerry Dowdy in Scotts Valley has 14 saddles from McClellans to Western, Australian and English plus a lot of harnesses, bridles, and miscellaneous horse gear for sale in Scotts Valley. If you are interested he will send you a CD with pictures of them and also include a list of tree and seat sizes. All very reasonably priced. His number is

831-335-5587

For Rent

2000+ SF Home in Gilroy (off New Avenue)

- * Private, gated country estate
- * Home is attached to custom horse barn
- * 3 Bedrooms, 2 full baths
- * Owner lives in separate home on property; willing to sign 12 month lease
- * One small pet acceptable with additional security/cleaning deposit
- * \$1800 per month plus \$1800 security deposit
- * PG&E (gas and electric), phone, trash pick-up at tenant's expense
- * Interested parties must complete application and provide references

Please leave name/phone number at **408-847-2043**

Ann B. Curtis
[408-691-2043](tel:408-691-2043)

WANTED

Endurance rider turned cowgirl looking for Big Horn brown Cordura Western saddle. Will purchase outright or will consider temporary trade for my Freeform Liberty treeless endurance saddle in like-new condition.

Beverley Kane sensei@horsensei.com 650-868-3379

Obituary

Judy Etheridge has lost her mare SSA Rocketstar (Rats), who was diagnosed with a heart condition a few months ago. Apparently in the last few days something went really wrong with her heart and Judy had to put her down. Judy still has her other horse, Orion, who is 24 but still rideable, and she is finding much solace in that at the moment. Quicksilver sends Judy our deepest sympathy for the loss of her equine riding partner and friend.

Book Reviews

By Elisabet Hiatt

***“Images of America-Soquel”* By The Soquel Pioneer and Historical Association.**

I picked this one up only because our illustrious Editor, Barbara McCrary, had a hand in this book, and I do enjoy local history. I don't live in Soquel, but I am close enough to frequent the town , shops and restaurants. The book was an easy read, as it is mostly photographs with pertinent bits of information. I wish the book was larger, as I really enjoy looking at old photos, and although the quality of the photos in the book is good, they are small and details are hard to see. It is always fun to pick out buildings that are still standing and read about their beginnings and many uses though the years. A fun little book for the history buffs, if we have any.

***“Ghost Towns of the Santa Cruz Mountains”* By John V. Young**

I enjoyed this one very much. As I am riding more in the Lexington trails, I really appreciated the several chapters detailing the history of that entire area. Never realized how many little towns have disappeared in the last 100 years! There are stories about Mountain Charlie (the area and the person), bears, the Summit, the railroad (and tunnels that traverse Highway 17), Alma, the Tevis estate (did you know???), Glenwood, Almaden and many other familiar names. Not as many photos as the Soquel book, but a lot more written history. I think one of these days I will drive around some of the roads that still exist and try to find some of the many homesteads and places mentioned. Would be a fun way to spend a day. Anyone wants to join me?

***“The Glass Castle”* By Jeannette Walls**

I picked this one up because I read Half Broke Horses by the same author and thoroughly enjoyed it (I wrote a review of that book some months ago). Unfortunately, where Half Broke Horses was interesting, fun, uplifting and entertaining, The Glass Castle was utterly depressing and I would not recommend it. Half Broke Horses was the story of the author's grandmother. The Glass castle is the story of her parents, who in my opinion were simply not fit to be parents. Abuse, alcoholism, neglect and hardship are not themes I usually read about for entertainment. I have a bad habit of finishing the books I start, and at times like this one, I wish I didn't. I kept hoping that there would be a happy ending to all the sadness, but it really never came. It was simply a relief to put it away. Yes, the writing is good, and the story gripping, but not worth wasting my limited reading time! If you are having one of those days when you are simply too happy to stand it, by all means, pick this book up and it will take care of it for you.

Gold Country Endurance Ride

By Steve Lenheim

Thought I would help out at the endurance ride Sat. (July14th) so there I was doing what every volunteer does, stand around and wait for horses to show up at the vet stop. Sort of like watching paint dry. Anyway the ride went well with no big problems. Just the usual - getting lost, overheated horses, lame horses, lame riders and such. They had great weather for up here as it cooled off to about 85° in the afternoon but for the most part the trail was in the trees. FYI-lots of trees. I'm impressed at the number of volunteers they had, over 40. Also a unique way of getting them which QSER may want to ponder, that is, each vet check is sponsored and run by a different horse club as the members are also members of other groups (can't remember which club is which yet). They have at least 5 clubs catering to a different aspect of horses. All the effort was to raise funds to improve the camping at their local horse park, Dru Barner. Interesting part is they (horse people) created the park without tax monies in the National Forest before all the BS as exists today.

So, who did I see riding from QSER? Lori McIntosh looking good as can be at 42 miles, Robert Ribley with wide brim hat on, and the one and only, the-guy-age-can-never-keep-down, or bad knees or whatever - Hugh Vanderford. Hugh told me that Gloria had been pulled earlier. I think I was a little surprised that more of the QSER were not there as they put this ride on as a tune up for TEVIS in three weeks. Oops, I think I saw Michele Roush also riding (I hate getting old, can't remember a damned thing).

Other takes on the ride were, **A.** Most of the riders were older than 40. **B.** The ride seems to be more local than not. The people I talked to were all within an hour or an hour and a half driving. **C.** More food than you can imagine, including salmon for everyone. **D.** There are a lot of horses up here. **E.** Same problems as in San Jose - bikes, people sabotaging the trail, and government bureaucrats. Oh, one other we don't have, motorcycles and 4 wheelers. They seem more up on the mountain than in the horse riding trails so not sure of their impact. **F.** How many cheese gold fish can you eat in 9 hrs.?

Damn, just remembered, saw Judy Reens riding along as happy as can be, also. So, who did I forget? More to follow if I remember.

Should make note that Melissa Ribley vetted the check point and there! covered everything, I hope?

Editor's note: QSER member Jeanine McCrary and our granddaughter Katie Webb, riding my horse Jassen's Legacy, aka Jess, finished nicely. They always go for middle-of-the-pack and sound and healthy horses at the finish.

THINKING OUTSIDE THE BOX

No, these are not really short horses...
Denied a permit to build a shelter, this German rancher built a table and chairs instead.
Hooray for loopholes..!

Submitted by Steve Lenheim



August Q'silver Meeting and Ride

Hello Q'silvers! hope you are all saddle sore and walking funny. At least that would mean that you've been riding a lot!

Announcing a change of plans for the August meeting: Instead of going to Sheila's house (she had surgery and is not up to having hundreds of us at her place yet) we (the board) thought (as incredible as that may seem) that you (the rest of the club) would like (and therefore participate) in another group ride (gasp!). We may give Calero another chance (we're a forgiving group, aren't we?) and just go for a pot luck and ride (or maybe a ride and a pot luck?).

Looking at dates, Saturday the 18th seems to be a good one, as there is only one AERC ride on the calendar and it's a ways away.

So, mark your calendars:

Q'silver group ride and super short meeting—8/18/12, 9:00 or 10:00 AM, depending on how far you want to ride

Calero

Pot luck and "hanging out" at around Noon-thirty.

My goodness.... do you think we can actually manage to have TWO fun group rides in ONE year?!?!?! I sure hope so!

I know that several members won't be able to attend as they will be going to England. We will have a "cuppa tea" in their honor, little pinkies extended as we sip, and all kinds of good thoughts going their way. Hope the rest of you can join us!!

Cheers,

Elisabet

The Mayonnaise Jar & Two Beers

When things in your life seem almost too much to handle, when 24 hours in a day are not enough, remember the mayonnaise jar and the 2 Beers.

A professor stood before his philosophy class and had some items in front of him..

When the class began, he wordlessly picked up a very large and empty mayonnaise jar and proceeded to fill it with golf balls.

He then asked the students if the jar was full.

They agreed that it was.

The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly.

The pebbles rolled into the open areas between the golf balls.

He then asked the students again if the jar was full.

They agreed it was.

The professor next picked up a box of sand and poured it into the jar..

Of course, the sand filled up everything else.

He asked once more if the jar was full.

The students responded with a unanimous 'yes.'

The professor then produced two Beers from under the table and poured the entire contents into the jar effectively filling the empty space between the sand.

The students laughed..

'Now,' said the professor as the laughter subsided, 'I want you to recognize that this jar represents your life.

The golf balls are the important things---your family, your children, your health, your friends and your favorite passions---and if everything else was lost and only they remained, your life would still be full..

The pebbles are the other things that matter---like your job, your house and your car.

The sand is everything else---the small stuff.

'If you put the sand into the jar first,' he continued, 'there is no room for the pebbles or the golf balls.

The same goes for life.

If you spend all your time and energy on the small stuff you will never have room for the things that are important to you..

Pay attention to the things that are critical to your happiness.

Spend time with your children.

Spend time with your parents.

Visit with grandparents..

Take time to get medical checkups.

Take your spouse out to dinner.

Play another 18.

There will always be time to clean the house and fix the disposal.

Take care of the golf balls first---the things that really matter.

Set your priorities.

The rest is just sand.

One of the students raised her hand and inquired what the Beer represented.

The professor smiled and said, 'I'm glad you asked.'

The Beer just shows you that no matter how full your life may seem, there's always room for a couple of Beers with a friend.

LIFE ISN'T ABOUT WAITING FOR THE STORM TO PASS...

....IT'S LEARNING HOW TO DANCE IN THE RAIN !

Humor and Birthdays



"Oh great. It's Western and I use an English saddle."

© T. McCracken mchumor.com

Our horses know our secrets; we braid our tears into their manes and whisper our hopes into their ears. ~

Author Unknown

Submitted by Julie Suhr



If you would like to be remembered on your birthday, and I don't yet have your date, please send it to me. All I need is your name, month, and day.
Barbara

bigcreekranch@wildblue.net

Happy August Birthday to our Quicksilver Members and Endurance Friends

Viril Norton*	1
Heather Reynolds	4
Megan Chamberlin	8
Pat McKendry	14
Barbara White	16
Lori Oleson	16
Annie George	17
Becky Glaser	26
Beverley Kane	27

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name

And then your address

And your phone number, Fax, e-mail

And then we need your money! Senior membership is \$ 25 _____

Junior (under 16 years of age) membership is \$ 15 _____

Total enclosed \$ _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.

**Mail to Membership Chairperson: Maryben Stover
 1299 Sandra Drive
 San Jose, CA 95125-3535
 (408) 265-0839**

May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!

Treasurer's Report

General Account: \$5,182.82

Trails Account: \$1,073.77

Junior Account: \$454.33

From Trilby Pederson

Mission Statement of Quicksilver Endurance Riders, Inc.

QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

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