

# Quicksilver Quips

June 2016

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## Officers

**President.....Jill Kilty-Newburn**  
**Vice President.....Barb Granter**  
**Secretary.....Melissa Broquard**  
**Treasurer.....Trilby Pederson**

## Board Members

**Elisabet Hiatt**  
**Jayne Perryman**  
**Pat Verheul**

## Newsletter Editor

**Barbara McCrary**  
[bigcreekranch@wildblue.net](mailto:bigcreekranch@wildblue.net)

## Quicksilver on the Web

<http://www.qser.net/>

## *President's Message – June 2016*

Some years back I began working on a farm, and I used to have a office in the building where the agricultural apprentices lived. I ran a summer camp, and Ben worked in the fields as an apprentice to my friend Farmer Andy. We were both pretty green and had a lot to learn about our respective roles. I had files, notebooks and textbooks to learn about my program, and Ben had Andy. At the end of the year, Ben left to go run his own farm and I prepared for another season of camp. To my eyes, Ben had "graduated" from his position and was prepared to go do his own thing while I had to study at the "School of Hard Knocks" for a few more years before I became proficient. (and developed a network of colleagues that I could call on for help in tough times!)

The idea of apprenticeship has been on my mind recently, because I heard Trilby make a really passionate and thoughtful suggestion at our recent board meeting. Her suggestion was that members could support (or apprentice) so many of the folks who work hard to make the activities of our club happen, and they could lighten the load for the for those who are working hard on these projects alone. For example, maybe you would like to learn all that is involved with putting on the club banquet – Mary Andersen tirelessly makes this happen every year; or maybe you would like to know more about how our esteemed Editor of the Quips turns out such a beautiful newsletter every month – Barbara could teach all of us a lot here; Judith gathers photos, stories and award information for the calendar and this is a huge task; we have several standing committee chairs, and you could apprentice the trails, membership, or technical hair person to help them with their work. And please be assured that your president would absolutely welcome an apprentice!

Please ask yourself where there is a job that best suits you and then assign yourself. Make a call or send a note to the person you would like to support. As Trilby says, this is a labor of love – and we would love it if you would share in some of the labor, and the fun. And of course, if you need some help in deciding where you might be of the most help, please reach out to any one of your Board members, we would be happy to brainstorm with you.

See you out there!

Jill

## QSER Board Meeting, May 18, 2016

Jayne Perryman's home

Meeting called to order 7:10pm

Members as in attendance:

Trilby, Melissa, Barb, Jayne, Jill, Pat, Jennifer, Elizabet (by phone)

### Special Business:

1. Nomination and election for substitute board member for Pete Harper.

End result: Elisabet Hiatt elected onto the board.

### Treasurer's Report:

\$8,427.68 - General Account

\$1,074.31 - Trails

\$ 454.38 - Junior

### Committee Reports:

Technical: No new website changes.

Trails: There is still no trough. Jill is following up/in conversation about this.

Membership: No membership report.

**Ride report:** Discussed plans for this year's ride on October 1st.

- Idea of offering members a \$5 discount, new members would be considered new for the following calendar year and would get a few months free. Include membership application with ride entry. This would also help existing members to remember to renew, as they could send in their renewal with their ride entry fee, even all in one check. Bottleneck with renewals is often in the remembering/actual writing of a check.

- Permits are in place, volunteers are being organized. Water truck is confirmed. Tables are confirmed. Someone (who?) will check with Pete about transporting the tables. Trilby is making blankets as awards. We're using the ERIC Ride Management Program this year, which allows for reminder emails (key points: hoof protection on all 4 hooves is mandatory, address is different than what GPS is likely to give riders).

Jill made a motion that Jenny Perryman write an article for Endurance News to include some of the history of the Quick-silver Club. Barb seconded the motion. Approved.

Online payment project discussion postponed another month or two.

### "New" business:

1. Meetings:

- July 16th meeting is BBQ at Newburn's. At this meeting, also have ice cream, plus tack swap, plus members that have business can take 5 min to speak/demo.

- August 27th meeting is campout & combined meeting with SCCHA. Already scheduled to have "Unbridled" showing in the evening. We'll have an "intro to endurance" type clinic this weekend with Jayne in charge of that. Pat has materials that can be used for the clinic.

2. Yearbook vs. calendar: continued to discuss a variety of options including online options, a committee, other printing or setup choices. Jill will follow up with Judith. We'll have further discussion on this topic at our July meeting.

3. Dues increase for paper copy of Quips: revisit this later, Jill will follow up with Barbara. Consider maintaining at \$10 for next year.

4. Club needs/club equipment needed: possibly water troughs. Noted to check with Scott Sansom (unclear if this was assigned to anyone). Revisit this later.

5. Gift to DreamPower Riding Program: Trilby made a motion that we make a gift for \$600, which is 3 scholarships. Jayne seconded the motion. Approved.

6. Fireworks 2017: Fireworks was cancelled for this year, but Santa Cruz Horsemen may be open to working together on it in 2017. Jill and Trilby will be attending their board meeting to listen & briefly discuss at the end of May.

Meeting adjourned at 8:24 PM

Melissa Broquard

Secretary

# Quicksilver 2016 Calendar



BBQ at Newburn's—July 16  
Camp-out with SCCHA—combined meeting—August 27  
Quicksilver Club Meeting—September 21 (location TBD)  
Quicksilver Ride—October 1  
Quicksilver Meeting & Ride—October 22 (location TBD)  
Quicksilver Meeting (TBD)—Elections  
Holiday party—December 3—Almaden Clubhouse

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## Quicksilver Endurance Riders Treasurer's Report

\$8,427.68 - General Account

\$1,074.31 - Trails Account

\$ 454.38 - Junior Account

Trilby has filed the club tax returns for this year and also the Secretary of State form which is required every year, so we are good to go with the government.

## Coe Outings

Henry Coe Park has a lot of events put on by the volunteers through the Pine Ridge Association, and it was fun to see a few QSER members at the Coit Camp Weekend over Memorial Day!

The Back Country Weekend and Coit Camp Weekend provide opportunities for exploring the park from a camp well within the park, so it is easier to get out and explore new trails. There are all kinds of events led by docents and you can find them listed on The Pine Ridge Association's website under Events

<http://coepark.net/pineridgeassociation/programs-events/coe-outings>

## Save the Date:

**QSER Mid Summer Party and General Meeting**  
**Saturday July 16, 5.30 pm at Newburn's (San Martin)**  
**BBQ \* Ice Cream Social \* QSER Member Show and Tell \* Tack Swap**  
**Stay tuned for more info!!**

## *Some Interesting Facts About the Horse's Heart*

From an article in "The Horse" newsletter  
Submitted by Elisabet Hiatt

- **Heart rate (or HR)** The number of times the heart beats each minute. A resting horse's HR is generally around 30 to 40 beats per minute, or BPM. During exercise, horses' heart rates can increase to anywhere from 150 to more than 250 BPM, depending on the exercise intensity. Veterinarians and owners can [measure HR](#) by feeling the horse's pulse, using a stethoscope, or via electronic means, the latter being the most practical and reliable when evaluating horses during and after exercise.
- **Maximal HR ( $HR_{max}$ )** The highest rate at which a particular horse's heart can beat. This can range from 210 to 280 BPM.
- **Stroke volume (or SV)** The amount of blood pumped during each heartbeat. At rest, an average 1,000-pound horse will have a SV of about 900 milliliters (ml). During exercise SV can increase roughly 33% to about 1,200 ml.
- **Cardiac output (or CO)** The amount of blood the heart pumps each minute. An average 1,000-pound horse pumps 30 to 45 liters per minute (l/min) at rest, while an exercising horse will pump up about 240 l/min.
- **Respiratory rate** The number of breaths a horse takes each minute. At rest, most horses' respiratory rates are between 12 and 20 breaths per minute, while at exercise that number can increase to as high as 180 breaths per minute.
- **Tidal volume (TV)** The amount of air inhaled and exhaled with each breath. The average 1,000-pound horse has a tidal volume of 4 to 7 liters at rest, which can increase to about 10 liters during exercise.
- **Minute volume (MV)** The amount of air that passes in and out of the lungs each minute. An average 1,000-pound horse at rest has a minute volume of about 100 l/min, while an exercising horse can have upwards of 1,500 liters pass through its lungs each minute.
- **$VO_{2max}$**  The maximal volume of oxygen a horse can use each minute. Most horses'  $VO_{2max}$  is around 200 milliliters per kilogram body weight per minute.



## *A Camping Trip to Point Reyes*

*By Elisabet Hiatt*

We did a camping trip at Point Reyes last weekend. Shannon Thomas loaned me one of her horses (Tango has sore feet at the moment) and we had a blast. The donkey is Milton, and he came along just for fun. Definitely a conversation starter with hikers! He's like a big, stuffed toy! The other two people are friends from Auburn.

# Goodbye Mia, Welcome Home Lacey

By Judith Ogus

It has been a year and a half since I sold Mia to Juma's Team in Spain and just as long since I have had Lacey. It has taken me this all this time to truly appreciate this chunky bay mare for her solidity, sensitivity, power, and mostly steady disposition. I was spending so much time and energy grieving for Mia that I could not see through the grief to what was right under me. This is how the past can be like quicksand. I am amazed that I am as old as I am and still find it hard to let go. For the first three months after selling Mia I could only think of how much I missed her kindness, her majestic body and incongruous floppy ears and the silly way she liked to flap her lips in water, the big white blaze that looked like a hand pointing toward the heavens. Lacey seemed tough, bossy and cruel to other horses. Her faults stood out more than her assets. Her eye seemed small, angry and veiled; she had side bone; she was a bit stubborn, her neck was short, she behaved like a stallion yet was overt about being in season, and she kicked! When tested, her testosterone level proved to be high for a mare. I did not seem to have a telepathic relationship with her the way I did with Mia. But I kept riding her and every time I did, I enjoyed the ride more. The distance to the ground was 2 inches shorter than from Mia, she felt solid under me and I started to call her my "Destrier," the term for a medieval French warhorse; she was relatively smooth; I could ride her in just a comfy snaffle bit and she remained responsive. She was stocky with good bone, sure footed and a pretty good downhill horse. Most importantly, she made me feel safe.

Becky recently gave me the generous gift of 4 lessons with her Alexander teacher. The Alexander method is a way of aligning and releasing the body so that one uses oneself with ease and can open up to more freedom and optimal movement. It is the method upon which Sally Swift based Centered Riding techniques. At my first lesson the Alexander teacher said, "We have to let go of old things to invite in new things in." In this case she was talking about letting go of tension and of habitual ways of being in our bodies - but this is an idea we can of course invite in to our lives on every level. It can open us up to changes that may bring welcome surprises. It's a lesson I have to relearn over and over again. I will always cherish my years with Mia and everything she taught me by being a vulnerable, sweet, gentle mare as well as an extraordinary athlete. I still cry when I think about her. Thanks to her and Baron, Cathy Lefebvre and I had a grand old time riding together in 2014. Baron, meet Lacey ...



# Endurance Riding History

By Lori Oleson

## Meet the AERC Board in 1974

**Phil Gardner** – President – Phil has been endurance riding for ten years. He has been president of the AERC for the past three years. He is an Operating Engineer residing in Auburn, California.

***Phil is currently very involved with Western States and is on the Board of Governors along with Chair of the Historical Committee. He was inducted into the AERC HOF in 1999.***

**Sam Arnold** – Vice President – Sam, an insurance executive from Fremont, California, who discovered endurance riding three years ago. He rode his Arabian gelding Omar to 2<sup>nd</sup> place standing in the AERC in his second year of completion. He is married to the former Marion Robie. He is the father of one child.

***Sam was inducted into the AERC HOF (with his wife Marion Arnold) in 1982.***

**Todd Nelson, DVM** – Director of Veterinarian Affairs – Todd has been working with endurance horses since his days as a veterinarian student when he joined the veterinarian crews for the Western States Trail Ride. He is currently residing in Fair Oaks, California. Todd is active on many rides. He serves as head veterinarian on rides in California, Nevada and Arizona. His professional opinion pertaining to endurance horses is widely respected by his peers and riders throughout the West. His wife Vicky is also a veterinarian and often works with Todd on the rides.

**Kathie Perry** – Secretary, Treasurer – Kathie has served as the AERC secretary for the past two years. She has been endurance riding for four years. She got her start by crewing for her husband, Ernie, when he rode his first ride in 1969. Currently, Kathie is a high placing consistent finisher with her Arabian gelding, Prince Koslaif (Kola). Aside from being a mother and housewife, Kathie also works for a financial company in Auburn. Kathie resides in South Placer, California.

***Kathie is still an active rider and on the Western States Board of Governors. She has been an AERC past president, national champion and Tevis winner. She was inducted into the AERC HOF in 1983.***

**Julie Suhr** – Publicity Director – Julie is one of endurance riding's most popular and enthusiastic proponents. Julie inspired the initiation of the Castle Rock Challenge Ride eight years ago. She began endurance riding in 1964. Since then she has completed many rides, won some and has several best condition awards to her credit. She is married to Robert Suhr, an insurance executive. She has three children. Her daughter Barbara White often rides with her. Julie resides in Scotts Valley, California.

***"One of endurance riding's most popular and enthusiastic proponents"; some things never change. Julie was inducted in the AERC HOF in 1980.***

**Hal Hall** – Director of Public Relations – Has was the 1972 AERC National Champion. He started endurance riding in 1968 on an Arabian gelding named Solo. In 1971, he purchased the now famous Arabian gelding, El Karbaj. He is now residing in Auburn, California and attending Sierra College. He has been a major spokesman for the AERC during the past three years.

***Since the beginning, Hal has been active in all aspects of AERC and Western States, on the board and as a riders. He was the very first AERC national champion, multiple Tevis winner and was inducted into the AERC HOF in 1999.***

### Board of Advisors –

Charlie Barieau	Sid Morse
Bruce Branscomb, DVM	Kerry Ridgeway, DVM
Harold Cassen	Wendell Robie
Hank Cook, DVM	Gardiner Spring
Kathy Creighton	Jim Steere, DVM
Bud Dardi	Jack VanSickle
Pat Fitzgerald	Boyd Zontelli
Donna Fitzgerald	Lew Hollander
Hank Gibbons	John Wheeler
Cliff Lewis	

### Regional Directors –

Midwest Region	Mrs. William Riedel (Louise)
Southwest Region	Mrs. John Creighton (Janice)
Mountain Region	Mr. Don Gallion
Southeast Region	Mr. Kenton Stephens
Pacific Northwest Region	Mr. John Summerlin
West Region	Mrs. Fred Hecker (Terry)

*Editor's note: Pacific Southwest Region was developed much later.*

# Seeking History

By Barbara McCrary

Some of you may remember the starting and finishing site of Swanton Pacific - the 1/2 mile long meadow sandwiched between Scotts Creek and the hill. On this meadow, in 1865, a homesteader lived with his wife and numerous children (fifteen total.) His name was Ethelbert Harris. Consequently, the meadow is known as Harris Flat.

In the spring of 1865, he, a friend, and a couple of his sons went hunting. Harris was suddenly attacked by a grizzly bear, common in this area at the time. His musket misfired and he was pinned to the ground by the bear. Harris tried to fend off the bear, but the real hero of the day was his "faithful old dog, Towser" who bit the bear on the rump and enabled Harris to escape. His leg was badly mauled and necessitated amputation when it became badly infected. Harris wore a wooden leg ever after.

Before Harris came to Swanton, he had hoped to find gold in the southern region of the California gold trail and had lived in a small village called Bear Valley, northwest of Mariposa. Lud and I, being the history-minded people we are, wanted to see where Harris had come from before coming to Swanton. (He was originally from Texas.)



*Ethelbert Harris and wife, Jane*



*Part of the Harris clan, some years later*

We took off on April 15th and drove to Bear Valley, where we had reserved lodging in a bed and breakfast inn. We missed connecting with a local historian in charge of the museum in Mariposa, due to bad timing. I plan to contact her at a later date.

Bear Valley had little left of it - a few houses, ruins of the old gold-mining town, and - oddly - an old building with one man in attendance, hoping to sell some of the many souvenirs housed within.

After spending one night there, we drove on to Groveland. We were fortunate to make contact with Alex North, a Q'silver member, who, with her husband, own and manage a gorgeous bed and breakfast there, and they just happened to have a room available for two nights. Alex and I remembered each other from the time she rode Swanton Pacific some years before.

Groveland had a couple of particular attractions for us. The first one was Pilot Peak, a remote and barren mountain-top where there is a fire lookout on a tower. I had heard of Pilot Peak most of my life, because my great-uncle, my mother's favorite uncle, had worked on fire watch there for many years; he died in Groveland of pneumonia in the mid 1920s,

**History** (Continued on page 8)

**History** (Continued from page 7)

at the age of 46. Alex located the route for us to take and cheerfully went along with us on our exploration.

Our Subaru Outback wagon negotiated the unpaved Forest Service road without a complaint. The view from Pilot Peak was far-reaching, and my curiosity about some of my family history was satisfied.

We returned to Blackberry Inn to relax, and invited Alex and her husband, Steve, out to dinner that evening.



*The road to Pilot Peak. The Rim Fire burned through this whole area and did an enormous amount of damage. Beetles followed the fire, invaded the trees, and are doing further damage.*

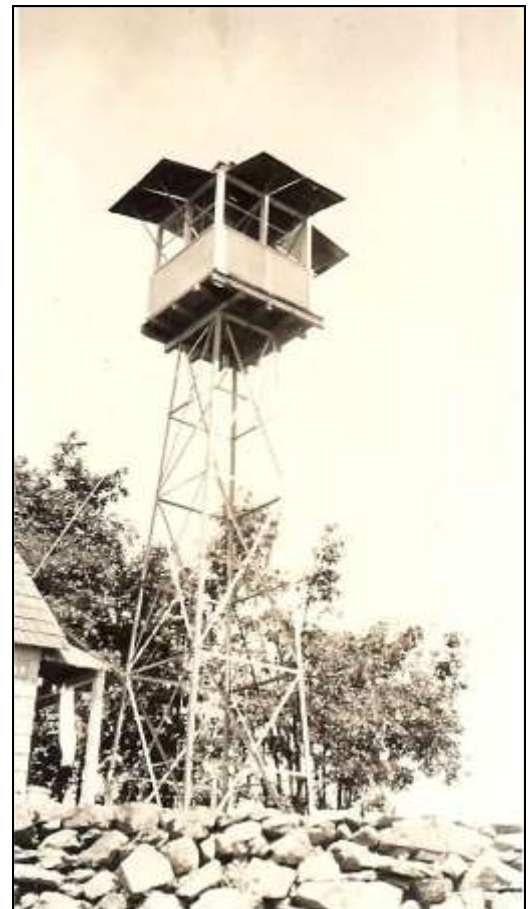


*The lookout tower on Pilot Peak. This area burned, as is visible. The current tower is shorter than the one my great-uncle used. You can see me at the base of the tower, by the stairs.*



*My great-uncle, Clyde Nelson Iliff, on Pilot Peak - 1920s*

The next day, they suggested we drive down to Hetch Hetchy reservoir to see some scenery. This is an amazing valley, with the O'Shaughnessy Dam impounding the Tuolumne River and creating an 8-mile long lake. I had not expected to see a huge waterfall - Wapama Falls - plunging down a cliff on the far side of the reservoir. The fall doesn't look very high in the photo, but it is 1,000 feet high. I wanted to walk the trail to the falls, but it was a five-mile round trip and we weren't sure that we had time for such a distance. So we sat and looked at the scenery and ate our lunch. We took a roundabout way back to Blackberry Inn, showered, and rested. Late that afternoon, Alex took me out in their Kawasaki Mule (much like our John Deere Gator) to feed the horses. She still has her old competition mare, Butter Bea, and a few Asgard horses that she buys, trains, and re-sells.



*The lookout tower in the 1920s*

**History** (Continued on page 9)



**History** (Continued from page 8)

Steve invited us out that evening, and we went to the local country club and golf course for a delicious dinner, finished off with key lime pie. Mmmmm...

We stayed a second night and then headed for home, via several small San Joaquin Valley towns where dairying is a big industry. Long-time neighbors of ours had come from there and continued dairying on the coast side of Swanton valley, back in the 1940s, 50s, and 60s. I went to junior high and high school with their daughter, not knowing she lived in Swanton. Nor did I even know Swanton existed until I met Lud...

One of the great experiences was seeing what Alex and Steve have made of Blackberry Inn. Starting with one old building, restoring and improving it, then building another for lodging, is a lesson in talent, hard work, and good taste. The interior decorating was all Alex, the architecture was Steve's. All in all, it was a lovely stay and fun to re-connect with endurance riding acquaintances from past years. ■



*Damage to the forests by the Rim Fire*



*Hetch Hetchy reservoir and Wapama Falls (center-left, arrow)*



*Blackberry Inn, Groveland, CA*

## Riding with Friends

*By Jayne and Jennifer Perryman*

We are lucky to have the ability to go to compete at rides on a regular basis. The rides are what challenge us. We can tell you of long rides, hot rides, silly ride camp antics, and even muddy, slippery, and sliding rides. But sometimes the best rides are those close to home, at an empty park with friends.

The horses are relaxed when they come out of the trailer. There are no ride nerves or worry. The weather is perfect and there is no camp to set. Just put on the saddle and bridle and head out on the trail. The time walking out for the first bit is spent catching up on the latest news. How are the horses doing? What is new with the family? How's that commute? When is your next ride, and the one after that? How are your cattle?

As we trot along, the conversation ceases. But when climbing the hill at a walk, the chatting begins again. The horses know we are relaxed and having a good time. No tension as we finish up the loop.

Get back to the trailer, unsaddle and brush down the horses. Pick up the ice chest and head to the picnic table in the shade of the oak tree for lunch. It is hard to image a more relaxing day than riding with our friends.



***Pete Harper leads on Rocket, followed by Leslie Harper on Joy, Jenny on Roaster, and Augie helps me frame the photo***



## In Search of Camp Horses



Contact: [horsefinder@roughingit.com](mailto:horsefinder@roughingit.com)  
or [925.283.3795](tel:925.283.3795)

**Roughing It Day Camp is currently looking for a few more camp horses! Do you know someone selling a great all-around lesson horse? Our ideal camp horse loves kids, is sound, and is an easy keeper. We teach English riding to campers ages 4-16, and the skill level of our campers ranges from very beginner to very advanced. You can donate your horse to the Roughing It Foundation for a tax write-off, or we will purchase. Learn more about Roughing It Day Camp's riding programs! <http://www.roughingit.com/horse/>**

Thanks for your help & happy trails!

**SarahNelson**  
**horsefinder@roughingit.com**  
**925-283-3795**

We're hiring ride staff and grooms! Contact: [jobs@roughingit.com](mailto:jobs@roughingit.com)

# July 16

Come Run or Walk  
and support two  
local Non-Profits!

**HOOFS AND WOOFs**  
**5K FUN RUN**



## Harvey Bear County Park



Dogs are welcome but  
must be on non-retractible  
lead. Dog owners are  
responsible for clean up  
and safety of their  
animals.

## Fun for all ages!

Registration begins at 8am with a pancake breakfast to follow the race.  
Registration inclusive of runner packet, medal and pancake breakfast.  
Adults ages 12 and up: \$35, Kids ages 12 and under: \$20. Learn more at:  
<https://hwFunRun.eventbrite.com>.

All proceeds to benefit Operation Freedom Paws and DreamPower  
Horsemanship two local non-profits whose missions help our veterans  
and others with disabilities by providing service animal and animal  
therapy to their clients.

Learn more at:

[www.DreamPowerHorsemanship.com](http://www.DreamPowerHorsemanship.com) & [www.Operationfreedompaws.org](http://www.Operationfreedompaws.org)

# Classifieds and Services

## CRANIOSACRAL THERAPY FOR HORSE AND RIDER

Are you curious about how craniosacral therapy can improve your riding, your horse's gaits and total well being? Craniosacral therapy can enable structural and emotional balance to yourself or your horse by working through and releasing old physical and/or emotional traumas (whether you remembered it or not!) in relaxing non-invasive bodywork sessions.

Are you uncomfortable while riding? I also offer saddle fit and gait evaluations for both you and your horse, unmounted and mounted, to help you identify and trouble shoot sticky spots as a Better Balance Session. I look at all aspects from rider imbalance to hoof imbalance and offer solutions to achieve Better Balance between you and your horse as a whole so that you can go the distance with joy.

We can discuss your issues and curiosities in detail in a free no-obligation telephone or email consultation. Please contact me to schedule a phone conversation or just shoot me an email!

**Kathy Mayeda, EBW-CST, CMT**  
**(408) 763-0977**  
**[klmayeda@gmail.com](mailto:klmayeda@gmail.com)**

## HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California.

Stalls: \$320.00, pasture \$220.00,  
fed twice a day high-quality  
orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders.

My place borders Quicksilver Park.

**Trilby – (408) 997-7500**

I also have one puppy left for placement. 9 week old blue merle Aussie. Mom belongs to me. I am keeping one and have one left to place. Call me for details.

## FOR SALE

1 THOROUGHBRED (Walsall, U.K.) English saddle, 17-1/2" seat, wide tree, together with 2 contoured/padded leather girths, 1 sheepskin pad, 1 saddle cover, 1 Western style rug, and chromium saddle rack/stand. Maybe a Lucinda Green.  
Price \$750

**Jo Barrett - [calypso1@ix.netcom.com](mailto:calypso1@ix.netcom.com)**



# Classifieds



BOOKS ARE THE PERFECT GIFT!



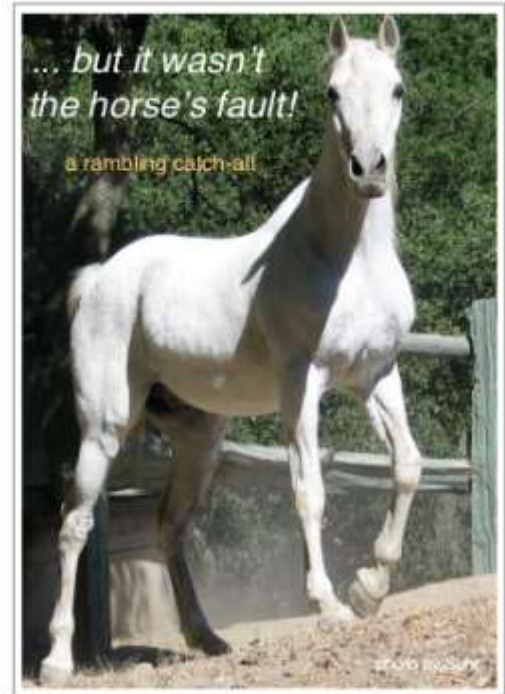
To benefit our trails and our horses, I have written two books. They are entirely different in style.

1. **Ten Feet Tall, Still** is out-of-print, but available as an e-book from Amazon, Barnes and Noble and others. All proceeds to **AERC Trails Fund** and **WSTF Trails Fund** for preservation of horse trails. \$9.99
2. **...but it wasn't the horse's fault!** Available from Marinera Publishing, [www.marinerapublishing.com](http://www.marinerapublishing.com) All proceeds to **CENTER FOR EQUINE HEALTH**, School of Veterinary Medicine, Davis, California \$24.95



by  
Julie Suhr

*You are never  
quite the same  
after you ride  
a good horse.*



## "TEN FEET TALL, STILL"

My first book, *Ten Feet Tall, Still*, is out of print, but is now an e-book for downloading at Amazon, Barnes and Noble and some other places. One Hundred Percent of the proceeds go to the AERC Trails Fund and the WSTF Trails Fund.

**Julie Suhr (831) 335-5933**

## Offered for Sale

Hungarian Shagyas. One is a gelding, age 15, well-trained, a beautiful bay. The other is a pure Shagya mare, age 16, well trained for trail riding, good breeding quality and both sired by the Hungarian Shagya stallion, Oman. Oman has produced both a Tevis winner and Tevis Best Condition horse. A bit more info about the bloodlines of my Hungarian horses for sale...Besides the pure Hungarian bloodlines there are Arabian bloodlines that include Bezatal, Cougar Rock, Gulastra, and other Polish lines.

These horses live in a 300-acre pasture.  
Photos can be provided.

**Carolyn Tucker, Amara Farms (408) 779-6555.**

## Services

### **CENTERED RIDING® LESSONS**

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body.

Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with

Level 3 Centered Riding instructor. Clinics available upon request.

**Becky Hart**

**(408) 425-5860**



### **TAX SERVICES - Specializing in horses**

**Trilby — (408) 997-7500**

### **PRINTING SERVICES**

For Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky: [bghart@garlic.com](mailto:bghart@garlic.com)**

# Humor and Birthdays

## Some good one-liners...

A man's home is his castle, in a manor of speaking.  
 Dijon vu - the same mustard as before.  
 Shotgun wedding - A case of wife or death.  
 A hangover is the wrath of grapes.  
 Dancing cheek-to-cheek is really a form of floor play.  
 Does the name Pavlov ring a bell?

Reading while sunbathing makes you well red.  
 When two egotists meet, it's an I for an I.  
 A bicycle can't stand on its own because it is two tired.  
 What's the definition of a will? (It's a dead give away.)  
 A chicken crossing the road is poultry in motion.  
 If you don't pay your exorcist, you get repossessed.  
 With her marriage, she got a new name and a dress.



The man who fell into an upholstery machine is fully recovered.  
 You feel stuck with your debt if you can't budge it.  
 Local Area Network in Australia - the LAN down under.  
 Every calendar's days are numbered.  
 A lot of money is tainted - It taint yours and it taint mine.  
 A boiled egg in the morning is hard to beat.  
 He had a photographic memory that was never developed.  
 Once you've seen one shopping center, you've seen a mall.  
 Bakers trade bread recipes on a knead-to-know basis.  
 Santa's helpers are subordinate clauses.  
 Acupuncture is a jab well done.



Rose photo submitted by Jo Barrett

## Happy June Birthdays to our Quicksilver Members and Endurance Friends

Michele Roush	4
Jeff Luternauer	6
Michelle Herrera	11
Alex North	26
Susie Hartline	26
Lud McCrary	30



**IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!**

**FIRST: We need your name**

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**And then your address**

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**And your phone number, Fax, e-mail**

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**And then we need your money! Senior membership is \$ 25 \_\_\_\_\_**

**Junior (under 16 years of age) membership is \$ 15 \_\_\_\_\_**

**Family membership is \$ 40 \_\_\_\_\_**

**If you want a printed copy of Quips mailed to you (as opposed to PDF file e-mailed) add \$10 \_\_\_\_\_**

**Total enclosed \$ \_\_\_\_\_**

**Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!**

**How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.**

**Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.**

**Mail to Membership Chairperson: Maryben Stover  
1299 Sandra Drive  
San Jose, CA 95125-3535  
(408) 265-0839**

**May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!**

*"Life outside of endurance? I don't think so."*

*Dave Rabe*

"Nothing can stop a man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."

*Thomas Jefferson*

## **Mission Statement of Quicksilver Endurance Riders, Inc.**

**QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.**

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**Quicksilver Endurance Riders, Inc.  
P.O. Box 71  
New Almaden, CA 95042**

