



Quicksilver Quips

June 2011

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June President's Message

I just got back from a fabulous camping trip at Henry Coe Park. The drive to Headquarters, to access the Blue Oaks horse camp, will put hair on your chest (or make you lose it if you have any) but oh, so worth it! I've been going there every year for over 20 years, and I would not miss it for anything! The weather was perfect for riding. Grass was belly high to the horses, and greener than I've ever seen it. Wild flowers were spectacular. As usual, not a lot of people out there, which is one of the things I love about Coe. My friend and I rode about 20 hours over the 4 days we were there, and although we didn't break any speed or distance records, we sure had a good time. I think it's good, once in a while, to just go and ride your horse for fun... we train, train, train, and occasionally we lose track of the reason we ride. I just love to go on "vacation" with "my boys" and just hang out for fun. No pressure, no competition, no alarm going off at o-dark hundred... sometimes I just sit and watch them, and remind myself of how lucky I am.

Speaking of fun, your BOD met last month and is working on planning a great outing for the club. As of this writing, Maryben is checking out Casa Loma, near Calero, for us to have a BBQ/pot luck and moon-set ride on June 18th. I hope that many of you will make an effort to come and hang out. Even if you aren't riding at the moment, come and visit and eat with us. A lot of effort goes into planning these events (which many of you said you wanted) so please support those who are working to make it happen by showing up!

Back to Coe: It makes me sad that it's one of the parks slated for closure due to the State budget. I hope that you have already written to as many politicians as you can to make sure this doesn't happen. Where else can you ride to the top of a mountain, 10-12 miles from any civilization and find a wrecking ball in the middle of a field? As it turns out, it's not a wrecking ball at all...it's a buoy! Here's some information I



found about it: The "wrecking ball" is actually a buoy used by the United States during World War II. The buoys were manufactured for the War Department in Clearfield, Utah, and were made out of 3/8", pre-formed steel plates. They were used to hold up anti-submarine nets at the entrance to U.S.

harbors during the war.

Officers

President.....Elisabet Hiatt
Vice President....Karla Perkins
Secretary.....Kathy Brayton
Treasurer.....Trilby Peterson

Board Members

Cathy Kauer
Brian Reeves
Sandy Parker

Newsletter Editor

Barbara McCrary
bigcreekranch@wildblue.net

QSER on the Web:

<http://www.qser.net/>

President's Message (Continued on page 4)

**QSER Board Meeting
May 18,2011**

Attendees:

BOD: Elisabet, Kathy B. Trilby, Merryben, Cathy K., Sandy P.

Members: Joyce

Elisabet called meeting to order at 7 PM.

New business

Discussion #1- The club's June activity will be a potluck trail ride at Casa Loma on June 18. Maryben will talk to the ranger to find out about permission to use the facilities. There is plenty of trailer parking in lot that is down the road from main lot. Trilby offered to call Steve to see if he would be our master chef. Everyone could bring a side dish and drinks of choice. We would meet at 5, those who wish to ride can go for a ride, then dinner would start at 6. This is for all members of club, not just for those who wish to ride.

#2 Reviewed by-laws. BOD reviewed some points that require further discussion. Any changes would require voting by members.

#3 Discussion about voting for new officers and BOD. It was suggested that following the October nominations ballots be put into Nov. Quips. Members could bring to Christmas party in Dec. Members could also vote at that time on written ballots.

#4 The club's Fall ride at Grant Ranch briefly discussed. Brian is ride manager. Becky has also volunteered to help with the logistics as she has had several rides at that location.

#5 Treasurer's report was given, including copy for minutes and president. The account is:

Trails - \$1,073.13
Junior - \$ 454.05
General - \$4,037.89

No further new business. Meeting adjourned at 8:15

Respectfully submitted, Kathy Brayton – QSER Secretary

**Quicksilver Endurance Riders, Inc.
Profit & Loss Statement
Ending December 31, 2010**

Income:

Ride		\$6,320.00
Membership		2,895.00
Tack Sale		<u>1,803.00</u>
Total Income		\$11,018.00

Expenses:

Rent	\$1,488.53	
Instructor	600.00	
Insurance	600.00	
Food	2,267.92	
Awards	60.97	
Postal box	40.00	
Supplies	40.00	
Office	387.53	
Checks printed	40.73	
Service bank fees	98.00	
Ride expenses:		
Food	616.81	
Veterinarians	1,550.00	
Expenses	1,360.08	
Permit	444.00	
AERC	555.00	
State of CA/drug test fees	<u>300.00</u>	
Total Expenses		\$10,449.57

Net Gain **\$ 568.43**

PREVENTING HEAT RELATED ILLNESS

Beautiful weather and long days inspire us to go outside and get active after the dreary winter months. As the temperature rises on a hot day, however, so does the potential for heat-related illness and injury. These hazards also exist on a regular basis for athletes and those who work in hot environments. The progression of heat illness symptoms can be subtle; the affected person may not even know he or she is becoming ill.

Recognizing the symptoms of heat-related illness gives you the power to render help early and prevent serious harm. Heat-related illness progresses in stages. The first signs of trouble are usually heat-related muscle cramps; the next stage is heat exhaustion. Without treatment, heat exhaustion can progress to heat stroke, which is a life-threatening condition.

HEAT CRAMPS

People working or playing hard can lose vital salt and moisture due to profuse sweating. The loss of salt causes muscle cramps. The solution is to stop the activity and gently stretch and massage the affected muscles. It is also important to rehydrate. Having the affected person drink cool (not ice-cold) water or a sports drink is also important, but take it slowly. The person should slowly drink a half-glass of water about every 15 minutes to avoid stomach cramps.

HEAT EXHAUSTION

Heat exhaustion occurs when heat and/or activity overwhelms the body's cooling systems. If left untreated, heat exhaustion can rapidly develop into a more serious illness, heat stroke. In addition to muscle cramps, people experiencing heat exhaustion can have the following symptoms:

- Profuse sweating
- Pale or flushed complexion
- Extreme weakness or fatigue
- Slightly elevated body temperature
- Dizziness, confusion Clammy, moist skin
- Nausea
- Rapid, shallow breathing

First aid for heat exhaustion should be provided immediately. The affected person should be moved to a cool, shady area if outdoors, or to an air conditioned building if possible. Taking a cool bath or shower will bring relief, or if outdoors, the clothing and skin can be sprinkled or sponged with water; fanning the person will also help cool them down. He or she should rest and slowly drink cool water or sports beverage. Be sure there is no caffeine or alcohol in the beverage. If the person refuses water, vomits or loses consciousness, call 9-1-1.

HEAT STROKE

Heat stroke can be fatal or cause permanent disability. A person suffering from heat stroke can become disoriented and confused or may lose consciousness. Their body temperature can quickly rise to as high as 106 degrees. In addition, these symptoms indicate heat stroke:

- Vomiting
- High body temperature
- Rapid, weak pulse
- Skin that is dry, red and hot
- Rapid, shallow breathing
- Confusion, hallucinations

In cases of heat stroke, immediately call 9-1-1. Follow the cooling measures as you would for heat exhaustion, but focus on cooling the body very quickly. Wrap wet sheets around the person and fan him or her. Place ice packs or cold packs on the neck, wrists and ankles. Have the affected person rest lying down until help arrives.

Remember that pets are equally susceptible to heat stroke if left in a hot vehicle. They can also become overheated when active on a hot, sunny day. California law prohibits leaving your pet in an unattended car on hot days (CA Penal Code section 597.7).

May 27, 2011

EHV-1 and EHM Situation Update

In the last couple of weeks the horse industry's eyes have been on the outbreak of EHV-1 and EHM that started in the U.S. in Ogden, Utah at the National Cutting Horse Association's Western Championship. Horses leaving this event started a spread of the disease across the western U.S. primarily. But initial fears that this could be an epidemic have proven unfounded. As can be seen from the detailed figures, state and federal officials are doing a wonderful job of containing the virus.

After discussions with a state veterinary official last week, I learned several things about the disease. First, even for very ill horses, most recover. Secondly, if the virus is passed on to other horses, it weakens as it stair steps down, as is the case with many disease outbreaks. But the good news, as is shown in the referenced report, it hasn't become an epidemic.

The USDA has praised state officials for acting quickly to contain exposed horses within their states and credits this effort, plus the awareness and vigilance of owners to monitor suspect horse's temperatures, for the fact that the number of effected horses has remained low. It's important to remember that the low number of effected horses is out of an overall U.S. population of 9.2 million horses. It is also a fact that with only a few exceptions, this outbreak has been within one discipline.

In talking with management of our shows, all are being vigilant and many have shared policies and practices that have been put in place to insure horses attending events are screened and monitored throughout their events. One of the greatest tools, whether at an event or on your own farm, is to be alert for temperature spikes and isolate any horse with a rise in temperature. So while our industry is breathing easier, we should still be alert for any changes in our horses' condition. A temperature of 101.5 degrees or higher should trigger a call to your veterinarian.

Following is the link to the official USDA weekly situation report on EHV-1 and EHM: <http://www.aphis.usda.gov/vs/nahss/equine/ehv/>.

AHA will continue to keep our members informed as we receive updates.

Glenn T. Petty
Executive Vice President
Arabian Horse Association

President's Message (Continued from page 1)

At the end of the war, at least 1,500 of these buoys remained unused, and they were purchased by the owner of a junk yard near Turlock, California, for \$5 each. This junk dealer turned a handsome profit, selling them to farmers for \$300 each. The buoys held 440 gallons of water, and farmers used them to store water.

Frank Coit, who was from the San Joaquin valley, seems to have purchased at least one of these buoys to clear out brush. Steel plates could be welded onto the buoy, a cable attached to the plate, and, filled with water, the buoy could be dragged by a tractor or bulldozer to clear brush.

Happy trails!

Elisabet

A big THANK YOU to Becky Hart for donating \$66.00 to the club from meals sold at the May SASO ride!



Poison Hemlock

Conium maculatum L.

Common Names: poison hemlock, cigue maculae, deadly hemlock, poison parsley, cigue tachetee, poison fool's parsley **Also known as wild carrot.**

Native Origin: Europe; introduced to North America in the 1800's as a garden or ornamental plant

Description: A biennial herb in the carrot family (Apiaceae) that grows 3 to 8 feet tall. Stems are stout, hollow, ridged, and purple-spotted. Leaves are shiny green, 3 to 4 times pinnately compound, and clasp the stem at the obvious nodes. Crushed foliage and roots have a disagreeable, parsnip-like odor. Flowers are small, white, and borne in umbrella-shaped clusters about 3 inches across (appearing in early summer). It reproduces from seeds that are ridged and flattened, with 2 seeds borne together. It has a thick, white taproot that may easily be mistaken for wild parsnips.



Habitat: The plant grows on dry to moist soils and is often found near roadsides, field borders, hiking trails, railroad tracks, stream banks, irrigation ditches, waste areas, riparian woodlands and open floodplains of rivers and streams.



Distribution: This widespread species is reported from states shaded on Plants Database map.

Ecological Impacts: All plant parts are poisonous; however, the seeds contain the highest concentration of poison. (It was probably used to poison Socrates.) It contains highly poisonous alkaloids toxic to all classes of livestock and humans. Human deaths have occurred from harvesting and consuming the roots as wild carrots or parsnips. It may act as a pioneer species quickly colonizing disturbed sites and displacing natives during early successional areas.

Control and Management: This plant requires active control measures to prevent dominance on a site.

- **Manual-** Hand-pulling, grubbing and/or multiple mowing close to the ground may eventually kill poison hemlock.
- **Chemical-** It can be effectively controlled using any of several readily available general use herbicides such as glyphosate, and 2,4-D. Treat plants before they begin to bud with 2,4-D plus dicamba. Repeat applications may be necessary to reduce densities. Follow label directions and state requirements.*
- **Biological Control-**The European palearctic moth or commonly called hemlock moth (*Agonopterix astroemeriana* C.) may offer possibilities for biological control. The larvae of the hemlock moth can cause severe defoliation by consuming leaves, young stem tissue, flowers and seeds.



Infestation

References: www.ars.usda.gov/Services/docs.htm?docid=9975, plants.usda.gov, www.invasive.org, www.oneplan.org/Crop/noxWeeds/nxWeed21.htm, www.vet.purdue.edu/depts/add/toxic/plant28.htm, www.ansci.cornell.edu/plants/conium.html, www.cbif.gc.ca/pls/pp/poison?p_x=px, www.montana.edu/wwwpb/pubs/mt200013.html, tncweeds.ucdavis.edu/esadocs/documnts/conimac.html

***Garlon 4 is effective and is not a restricted product.**

Subject: MST Development Threat - Your Petition Kit

From: fortordhistory@gmail.com

To: fortordhistory@gmail.com

Dear Friends,

Attached is your petition kit--but first let me tell you something I heard today while gathering signatures in Marina. An MST employee walked up and said, "Boy, you people are ferocious!" I said, "Really, ferocious? That's great!" "Well, maybe, 'ferocious' isn't the word--maybe 'persistent.'"

Ferocious, persistent--I'll take either one. Thought you'd enjoy the feedback.

Back to your kit: last Monday we provided the Monterey-Salinas Transit directors with 355 signatures against the MST/Whispering Oaks project location. Not bad for a week's work.

FROM NOW TILL JUNE 13, WE NEED THOUSANDS MORE! And that means **ALL OF US** must do our part and get signatures.

Your petition kit is attached, and contains:

- 1) a copy of the petition
- 2) a map of the development area
- 3) an action sheet (printed two-up; you'll need to cut it in half)

Things you need:

- 1) Print the items above.
- 2) Grab a pen and something hard to write against.

Where to get signatures:

Your neighborhood, parking lots, entrance to grocery stores, softball games, farmer's markets, classrooms, church, the Jerry Smith Corridor, the health club... sky's the limit. Keep your petition handy--one or two at a time add up quick.

What to say:

- 1) ASK "Will you sign our petition to save Fort Ord trails and open space?" Smile!
- 2) SHOW the map. "MST wants to build its bus maintenance yard HERE on Intergarrison Road between CSUMB and campus housing."

This will destroy 58 acres of woodland habitat and 4,400 oaks.

It will wipe out the beach-to-BLM trail system.

The County Planning Commission told MST no.

But MST is appealing to the County Supervisors, who are pro-development.

We're asking the Supervisors to uphold the Planning Commission's decision and tell MST to find another site, such as the Marina Airport.

- 3) GIVE them the action sheet. "All of us need to be at the County Supervisor's meeting on Tuesday, June 12, in Salinas. On May 9th, seventy people showed up at the MST meeting. We need to double that. Bring a friend!"

Return your signed pages before June 13th to kecline@sbcglobal.net or call 831-899-7934.

Remember: You don't have to be a county resident and neither do signers. There is no age or citizenship requirement. If you never circulated a petition before, you'll be surprised how easy it is. Most people are eager to sign and will thank you.

I thank you, too!

See you with pen and petition,
Margaret Davis
Coordinator
Friends of the Fort Ord Warhorse
831-224-4534
fortordhistory@gmail.com

The above letter came via Ridecamp. The petition kit follows on pages 5 and 6.

forU Fort Ord Rec Users

Save Fort Ord trails and open space.

Don't let a 58-acre oak woodland along Intergarrison Road be bulldozed to make way for a bus maintenance yard!

Talking points for MST Board of Directors and County Board of Supervisors:

- We support MST and public transit.
- We affirm the Planning Commission's unanimous refusal to rezone open space to make way for the MST Corporation Yard and Whispering Oaks Business Park.
- We affirm the Planning Commission's unanimous refusals to permit clear cutting 4400 trees.
- We urge MST to accept these refusals and find an alternative site.
- We ask the County Supervisors to uphold the Planning Commission's ruling.
- We support the greenway and Sgt Allan MacDonald Cavalry Trail connecting the beach and BLM trails.
- We must recognize trails and open space of former Fort Ord as a regional resource.
- We are a community of thousands of residents who value open space and rec enthusiasts using and maintaining trails at former Fort Ord.

PLEASE WRITE MST at MST@MST.ORG and Supervisors at COB@CO.MONTEREY.CA.US.
Attend Supervisors meeting June 14, 2011, 9am, 168 West Alisal Street, Salinas.
Info and petition: fortordrecu@gmail.com

forU Fort Ord Rec Users

Save Fort Ord trails and open space

Don't let a 58-acre oak woodland along Intergarrison Road be bulldozed to make way for a bus maintenance yard!

Talking points for MST Board of Directors and County Board of Supervisors:

- We support MST and public transit.
- We affirm the Planning Commission's unanimous refusal to rezone open space to make way for the MST Corporation Yard and Whispering Oaks Business Park.
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Attend Supervisors meeting June 14, 2011, 9am, 168 West Alisal Street, Salinas.
Info and petition: fortordrecu@gmail.com

forU *Fort Ord Rec Users*

MST Board of Directors and County Board of Supervisors:

- We support MST and public transit.
- We affirm the Planning Commission's unanimous refusals to rezone open space for MST Facility and Whispering Oaks Business Park.
- We affirm the Planning Commission's unanimous refusals to permit clear cutting 4400 trees.
- We urge MST to accept these refusals and find an alternative site.
- We support the greenway and Sgt Allan MacDonald Cavalry Trail connecting the beach and BLM trails.
- We must recognize the trails and open space of former Fort Ord as an important regional resource.
- We are a community of thousands of rec enthusiasts, using and maintaining trails at former Fort Ord.

Please consider our position and vote to withdraw or deny the MST appeal.

<i>Signature</i>	<i>Print Name</i>	<i>Email</i>	<i>Address</i>

Email completed pages before June 13, 2011 to kecline@sbcglobal.net or call 831-899-7934

forU *Fort Ord Rec Users*

<i>Signature</i>	<i>Print Name</i>	<i>Email</i>	<i>Address</i>

Email completed pages before June 13, 2011 to kecline@sbcglobal.net or call 831-899-7934

Equestrians, Ranchers! Boarding Facilities!

Go Green at your place

Donate your



Baling Twine

To Trash for Trails



Recycling creates cleaner facilities,
less land fill,

and new recycled products!



Proceeds to help maintain and expand our trails as well as help the environment

Contact Diane Offutt, California State Horsemen's Association Trail Rep,

at dianeocr@sbcglobal.net 925-833-8636

Collected at Owl's Crossing Ranch Pleasanton CA



Would Quicksilver members establish a collection center and transport baling twine to the above location? It's worth the effort! Who lives, or works, near Pleasanton, and could do this for the club and the environment?

Classifieds...

1977 Toterhome with a rebuilt 88 International engine and a new 4 speed Allison Transmission. Runs great. Has a nice living space with a large fridge. Price reduced to \$5,000.

Heather Reynolds
408-687-7082

Deluxe Endurance Halter Bridle Combination and Deluxe Endurance Breastplate by Zilco. Both are burgundy. Like new. \$150 for both.

Kathy Brayton
kbrayton@aol.com

NEW Portable Corral System

Backed by Parelli and others. Light weight, very easy to set up, attaches to your trailer. Call or email me and I can send a short video presentation.

Wendy Ebster
horsewife@ymail.com

TAX SERVICES – Specializing in horses.

Trilby - (408) 997-7500

PRINTING SERVICES for Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky**: bghart@garlic.com

Price lowered to \$1000 including mohair girth 22", standard fenders worth \$205 or if you prefer standard stirrup leathers worth \$120 and E-Z stirrups from Specialized saddles. The seat is an 18" Classic X that has a slightly built up cantle and moulded "poleys" worth \$315 new.

Lori McIntosh - Cell #: 415-235-5246



Senior Citizen Caregiver

English Speaking, reliable, dependable, honest person seeking employment as a senior citizen/handicap companion helper. Light housekeeping, good cook. No alcohol, no smoking and no drugs. Gilroy, San Martin areas
References upon request
Contact:

Susie Sotelo - Cell #: 408-607-9436

FOR SALE - Specialized Saddle, 18" (English) seat International model, black with attractive border. Nearly new. The twist is too narrow for me; otherwise it is a very comfortable saddle. Will sell it with a HAF pad that fits with the saddle perfectly. \$1500

Barbara McCrary
831-423-4572
bigcreekranch@wildblue.net

FOR SALE

Truck and camper - 2004 Ford F350 4x4 diesel 34,000 miles and 2005 Lance 920 camper. Both in great shape. \$34,000. Will sell as a unit or separately.

Logan Coach 1989 - Two horse straight load ramp. Well used but still solid. \$1800

Must sell. (831) 419-6877



For sale: BCR Katerina Bey
#2A337107-1999 ¾ Arab bay mare, 15 hands, Echstrordinary X Fad-Tiffany. Sweepstakes nominated. Price \$3,500/OBO

Has had lots of training (including Natural Horsemanship) but has no one to ride her at present. Strong uphill horse, very balanced downhill, surefooted, has considerable trail experience. Friendly, easy to catch, lovely ground manners. Very light and responsive; collected, forward trot. Best with experienced, light-handed rider. Will make a great endurance horse. Video available.

Barbara McCrary
831-423-4572
bigcreekranch@wildblue.net

Centered Riding® lessons

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body.

Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with **Becky Hart**, Level 3 Centered Riding instructor. Clinics available upon request. 408-425-5860



Horse Boarding Facility

20535 Rome Drive, San Jose, California.
 Stalls: \$270.00, pasture \$200.00, fed twice a day high-grade oat and alfalfa.
 96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders. My place borders Quicksilver Park.

Trilby – (408) 997-7500

Troxel Equestrian Helmet All-Trails "Sierra" GPSIII micro-adjusting system, tan colored, Small (20 1/2" - 22") brand new, never worn, in box with all accessories, Cost \$99 plus tax so \$110-asking \$75.

Tipperary Equestrian "Sportage" Helmet size Small (20 1/2" - 20 3/4") Navy blue, brand new never worn, in box with all accessories. Cost \$99 plus tax so \$110-asking \$75.

E-mail Janice.Frazier@sbcglobal.net or call **408 390-1226**.

For Sale

Circle J Bronco slant load 2005 2 horse trailer it has drop down windows on head side and bus sliders on tail side. (No photo) **\$5,000**

Contact

Tracy 408-391-8912 or at tracy.hofstrand@gmail.com

Wanted: cheap heart monitor, basic model. [Elisabet lazo@ucsc.edu](mailto:Elisabet.lazo@ucsc.edu) 831-234-4732

I have a set of portable corrals for sale. There are 12 panels that are 12 feet long. They are light weight and white.

Paid \$1100 asking **\$700**.

Heather Reynolds 408-687-7082

From Becky Hart

As you may know, Tom Stutzman donated a large quantity of tack to the club, including 3 orthoflex saddles. One is brand new*, never out of the box. We sold one saddle, but still have the new one and a stitchdown for sale, as well as miscellaneous tack. The sale of the tack generated enough revenue to have a nice awards banquet (it was going to be scaled way down) and to replace the old printer with a new laser printer that will print double sided and color. This printer will be used for the calendar and can be made available to ride managers who would like to print much more cheaply than Kinko's or other copying stores. They need to provide their own paper. The board will need to determine what the price will be to others.

Ortho-Flex Officer's Patriot, \$ 1700/OBO
 stitch-down seat, thigh rolls, 17" seat (western sizing). Billets should be replaced.



Ortho-Flex Patriot, \$2000/OBO 16" seat (western sizing), brand new, never used. Stirrups not included. **Becky Hart, 408-425-5860 or Maryben Stover 408-265-0839**



Notes From Members

From Dom Freeman:

Here is the web link for the Eye on the Bay show "Made in the Bay Area." You might recognize the photo of Daniela Mielke and me finishing the Swanton Pacific 75 in 2006 (photo taken by the Channel 5 camera man.)

The URL is "Eye on the Bay - Made in the Bay Area", link:
<http://sanfrancisco.cbslocal.com/2011/04/25/eye-on-the-bay-made-in-the-bay-area-small-businesses-42511/>

From Mike Maul:

My horse Rroco-my-Sol is at 9,910 miles after two 50 mile rides last weekend on a ride in a very unusual setting. Rroc was 23 last week and he's done 500 miles so far this year.

Our ride was in the woods and fields around the Houston Intercontinental Airport. The ride manager was Darolyn Butler of Humble, TX. Large jets would sometimes come in for a landing only a few hundred feet overhead.

There's another 2-day ride over Memorial Day weekend that we plan to attend.

From Gloria Vanderford:

OLD ENDURANCE HORSES

Every once in awhile a QSER members asks about Sasha (Alosha) who has charmed many adults as well as children. The reason he is so well known is that he was free leased at Skip Lightfoot's Stable to any who would pay his board. We kept ownership of the loveable little gelding until we needed him again.

Born March 23, 1980, we bought him in 1984 from another endurance rider who was told by Wright Training Stables he wasn't the right horse for her. This started our 27-plus year ownership of Sasha, registered Alosha. He was a pistol to ride those first few years but soon settled down to be very competitive and fun horse to ride. He knew the game of endurance and loved every minute of competition. Winning five day rides, several firsts, almost all top tens. At age fifteen he was kicked or ran into a tree and was injured with what is called a Sweeney shoulder. We were told he might be rideable but not endurance. He could not be left behind. He looked in pain, although we were told he was not, no amount of brushing, carrots or hand walking improved his attitude. In the AERC News we read an article about how successful Dr. Lauren DeRock, DVM was with acupuncture on equine injuries. She treated Sasha and told me to ride him up every steep hill I could find (Sweeney shoulder is an injury to the large muscle of the shoulder causing it to lose strength and atrophy) so that the other muscle, mainly the pectoral, becomes stronger and takes over the job of the injured muscle. It worked. He won a five day ride and came in first three of those days. We did some other rides and I noticed he was very tired afterwards. We decided to stop his competition because he only knew one way to race. Talking to Maryben she said she had some girls who would ride him for fun and do arena work on him. So that is why he went to the stables. You would think it would end there. Six years later Heather told me no one was riding him and he looked sad again so we brought him home. Haily was ready to pick up gap and Sasha at 21 was again on the trail. Haily (at age 7) rode him in her first endurance and the rest of the season. Within our family he has carried three generations and three firsts, my first 50 mile endurance win, Amy Daeumler (our granddaughter Haily's mother) first and only Virginia City 100 and Haily's first endurance ride.

Sasha's role in Loma Rica at the age of 31 is to teach Samantha and Christen Vanderford to ride when they visit. He still can do trail rides of about 6 miles and has to be in front or gives the kids problems. Sasha has a pasture pal called Buck who is a Barbados sheep. May he keep on trucking.

May all the old endurance horses out there have the life of this dear friend.

From Barbara McCrary:

Elaborating on my purchase of HCC Crescent for Lud (see page 12), I spent a year "trail training" him before Lud rode him. He became Lud's horse by default. He had run away with me at least twice, once while riding a dirt road up on the chalk ridges above our ranch. He tucked his tail between his legs and ran, flat out, for at least 1/2 mile. I was riding him with a Tom Thumb bit (never again) and I could not stop him. There wasn't room to turn him, either. Finally, as we approached a metal gate across the road, I realized I was going to lose a leg if he went around it (our usual method) at that speed. At that point, the road widened into a spot big enough to land a helicopter for fire suppression. I grabbed the rein close to the bit and literally hauled him around into a turn. If he crashed into a large Manzanita bush, that was fine by me, but he didn't fancy that, so he finally slowed to a stop. I was quite frightened and shaky. We rode home at a walk.

The next time we went out, Lud and I, Crescent was edgy again, and I begged Lud to slow down. He said, "Do you want me to ride him?" And I said, "Yes, but you be careful; he's dangerous." Lud and I exchanged horses, Lud mounted up, sat like Gary Cooper, relaxed and casual, and Crescent and Lud became a lifetime team at that moment. Crescent just didn't like a nervous rider, and after he ran away with me, I was always nervous of him afterwards. He spent the last years of his life nurturing kids in the arena at a children's camp. He was their favorite horse...

From Julie Suhr:

I was saddened to hear of the death of my friend, George Hilliard, author of *Rider Ride On, Horse Tracks Across America*. I wrote him a month ago to buy extra copies of his book that I could use as gifts. He replied that he was sold out. He said his health was not good and he was discouraged.

I think some Quicksilver members may remember him because he came from Arizona to speak before us at one of the Hot Dog Roasts here. Among people he interviewed for his book whose names Quicksilver members may recognize are Sandra Haggin, Hal Hall, Courtney Hart, Hanne and Lew Hollander, Matthew Mackay-Smith, Anne and Dave Nicholson, Trilby Pedersen, Lori Stewart, Maryben Stover, Barbara White, Bruce Weary, Bazy Tankersley and myself. His well researched and documented book is fascinating reading.

The concept of riding horses long distances is a part of our western heritage. I have two copies of his book and am happy to loan out one.

From Julie Suhr:

Two UCSC students were here today tracking a GPS collared mountain lion to my property. My horses and dog told me three days ago he was around and they confirmed it. He is identified as #16, a 7 year old male, 131 pounds, who has a permanent hip injury from being hit a year ago on Highway 17, which he has crossed about a dozen times since they have been tracking him. He ranges from the Forest of Nisene Marks all the way to Highway 35. He has probably made a kill in the area and will be around until that is devoured.

He then may move on or make another kill locally. My dog has barked incessantly for three days and the horses are very agitated.

From Lori Oleson:

Rosie's 2011 Colt—born May 17, 2011

He's a chestnut colt, just what I wanted. He has a lot of chrome in unique areas. His start in life is not what I expected. After weeks of careful monitoring, Rosie had her colt in the afternoon on May 17th. It was very cold and rainy all day. She had him outside.

I arrived after work to find him completely covered in mud and minutes from death. He was never able to gain traction to get up because of the slippery mud.

I picked him up to get him under shelter and called Carolyn (Tucker). She arrived home from work minutes before me. We reacted quickly and had Rosie, the colt, and myself in the trailer and on the way to the vet.

I was in the trailer holding and rubbing him trying to keep him alive. Minutes before arriving at the vets he stopped moving and breathing. His tongue hung out of his mouth. I was losing him. I shook and slapped him around and saw a flutter of his nostrils again. His breathing was faint when the door opened at the vet hospital.

The vet (Ann Wimmer at Tri-County) carried him in the barn and began the work to stabilize him. Fluids, heating pads, blankets, O₂, plasma, etc. His breathing was stronger but irregular, his heart rate was low and his temp was below 92 degrees (the lowest the thermometer would read). I wasn't good, but he was alive.

We discussed different options, treatments, impending problems, care and cost. It was a lot to take in over a short period of time. Carolyn and I were both overwhelmed. We talked. Ann gave me her phone because we had rushed out so quickly, we came with nothing.

Who was I going to call? I don't know anyone's phone number. Numbers are all in my cell phone. I wanted to talk with the stallion owner, Sharon Westergaard in Oregon.

Ann works closely with Martha McNeil at DreamPower Horsemanship. Martha's number was in Ann's phone. I called her. With her help, I was able to get a hold of Sharon.

Shortly after, Martha showed up at the vet hospital. The colt was becoming more stable and his temperature came up to 93 degrees. At least it was registering. A decision had to be made about further care and treatment.

With Martha, there were now 2 people I could discuss the situation with. I had reached my spending limit in the first few hours. Now he needed 24 hour care – turning, standing, feeding, and further treatment of his naval, eyes, among other things. It was too cost prohibitive to keep him at the vet's. I need to move him but where?

Martha came up with California Stables where DreamPower is located. There is a small empty barn away from the general population of the stable. Carolyn stayed at the hospital. Martha and I checked out the barn. She took me to get my truck so I could get my trailer and needed stuff. I made a quick stop at home to drop off Tally, change my sweatshirt (I was covered in mud) and grab a jacket. While I was driving I made a few calls to Marianne Moore and Margaret Graham.

When I arrived back at the hospital, they had moved the colt into the stall with Rosie. I hadn't mentioned her up to this point. She had been frantic the whole time. With her colt near her, she was quiet.

We loaded Rosie and the colt into the trailer and headed for California Stables. When I arrived, Marianne was already there to help. I didn't expect it, but the extra help was much needed. We had them unload and the stall set up in no time. Carolyn left for home. Hillary Graham arrived to help me with the all night shift. In time Martha and Marianne

(Continued on page 14)

(Continued from page 13)

also went home.

Every 45 minutes he would wake up and squirm around. We would get him up to nurse. After the second nursing, he didn't need help finding the teat. He could not however get up or down on this own. By around 4am he could sort of walk with assistance.

Hillary went home at 6am. The vet, Ann, arrived at 7am. She was impressed with his progress. I made a few phone calls and found some friends (Carolyn, Debbie Baughn and Judith Ogus) that could relieve me for a few hours that day.

I was gone for 4 hours and when I returned in the early afternoon he was able to walk around unassisted. Judith pointed out some very complimenting conformation characteristics. I made some calls to arrange help for the night. We were still on round the clock care.

The vet arrived around 7pm. She was again impressed with his progress. His temperature was up to 98 degrees, big improvement but still not normal. I went home around 8:30 and Caroline Graham took over. Garry Stauber of DreamPower took over at 11pm. I got to go home and sleep. It had been 39 hours since I had slept.

When I arrived back the next morning at 6am, he could lie down by himself and could almost get up on his own. I had a short shift because I had to go to work. Jayne Perryman came and stayed till noon. Early on in Jayne's shift, he became independent. He could get up by himself.

He continued to improve. He started to play and became very curious. Of course it did help that his eyes were no longer swollen shut.

Debbie was back at noon. I arrived back at 1:30. His temperature was a perfect 101 degrees. The vet was there shortly after and confirmed his temperature. Everything looked great and she said he no longer needed 24 hour care. The plan was to bring him home the next day.

By 5pm we had all left and Rosie had him all to herself for a few hours for the first time. When I came back for his now, twice a day treatment, his temperature had dropped to 99 degrees and he was shaking. I was really disappointed. I was going to be another full night. Garry was with me. I made some calls and we got the night time shifts covered.

Friday morning his temperature was back to normal. I checked again at noon and it was still good. He was becoming more coordinated getting up and down. He was trying to play but it is just a stall. I checked again at 7pm and 10pm. His temp. was good. This was to be his first night without supervision. If he could maintain his body temp., he could come home.

The next morning I was there early and he looked good. His temp. was normal. I was so happy. By 10am I had he and Rosie loaded in the trailer.

When I got them home, Rosie was so happy she forgot for a moment that she had a foal. She ran and jumped and bucked and said hi to Flame (he was on the other side of the fence now). The colt stayed with Debbie and me, not knowing what he was supposed to do. All of a sudden, Rosie stopped, looked and came running back to him. It was pretty funny. She has been attentive to his every move since then.

He is wearing a big dog jacket at night to help keep him warm. In the stall with baby sitters we were using foal blankets, mini blankets and regular people blankets, none of which would be safe to leave him on his own. The dog jacket was Jayne's idea and it is working out perfect.

His temp. has been steady, the antibiotics are almost finished. The vet has checked him out and says he looks great. One eye needs another week of ointment because he banged it up pretty badly. Nothing long term or permanent.

I've gotten a lot of name suggestions and they have been great. I just kept writing them down. One in particular has stood out as being an appropriate name for him - Victory. His real name will be Victorious Knight. It seems fitting because of what he has overcome. It also sounds like a good endurance name.



Ghost Horse

I didn't want to go ride
I didn't make any plans
I didn't read about new rides
I'd just soon be alone
I didn't clean up my gear
I just stood by the fence
I remembered the past
And I worked through my pain

There is a new ghost at the ranch
He's just a shadow upon these trails
As quietly as a mouse he haunts these hills
He's just a whisper of smoke
I'm all that's left of a team on fire
That once burned up all these trails
He left me here way too soon
There is a new ghost at the ranch

I have bought a new horse
I must make myself ride
With a ghost in my head
He's beside my new horse
He's learning new trails
And he shines with his light
And he runs through my mind
As I ride through my pain

There is a new ghost at the ranch
He's just a shadow upon these trails
He carried me with such strength and willingness
He's just a whisper of smoke
I'm all that's left of a team on fire
That once burned up all these trails
He left me here way too soon
There is a new ghost at the ranch



Photo courtesy of Les & Diana Clark, in memory of their "Ghost Horse", HCC Rusak

Many years ago, our friend, Les Clark, and I drove to the Hyannis Ranch in McNeal, Arizona and selected a horse for each of us. I chose HCC Crescent, who carried Lud for many years and miles. He ended his days at a children's camp, happily training children to ride.

Les chose HCC Rusak, who was untrained at the time, and rode him for an equal number of years. Rusak died of old age at Les and Diane's present home in Walla Walla, WA and is buried on the hillside above their house. The bare patch of earth at the bottom of the photo marks his final resting place.

Barbara McCrary

Poem by AERC member Don Huston, a tribute to his old horse, based on a song by Alison Krauss

"...and God sought to bestow upon man a supreme mark of his blessings, God created the horse. The horse could run faster than the deer, jump higher than the goat, and endure longer than the wolf. Man, being encompassed by elements that sought to destroy him, would have been a slave, had the horse not made him king."

It would be interesting to find out what goes on in that moment when someone looks at you and draws all sorts of conclusions. *Malcolm Gladwell*

I haven't the slightest idea how to change people, but still I keep a long list of prospective candidates just in case I should ever figure it out. *David Sedaris*

Treat a person as he is, and he will remain as he is. Treat him as he could be, and he will become what he should be. *Former football coach, Jimmy Johnson*

Humor

Computer Repair

Caller: Hello, our printer is not working.

Customer Service: What is wrong with it?

Caller: Mouse is jammed.

Customer Service: Mouse is jammed? Printers don't have a mouse!

Caller: Mmmm??.. Oh really?... I will send a picture. →



THE ZEN of SARCASM

9. If at first you don't succeed, skydiving is probably not for you.

10. Give a man a fish and he will eat for a day. Teach him how to fish, and he will sit in a boat and drink beer all day.

11. If you lend someone \$20 and never see that person again, it was probably a wise investment.

12. If you tell the truth, you don't have to remember anything.

13. Some days you're the bug; some days you're the windshield.

14. Everyone seems normal until you get to know them.

15. The quickest way to double your money is to fold it in half and put it back in your pocket.

16. A closed mouth gathers no foot.

17. Duct tape is like 'The Force'. It has a light side and a dark side, and it holds the universe together.

Thanks to Ellen Rinde for these gems (more next month)

These glorious insults are from an era before the English language got boiled down to four letter words:

"In order to avoid being called a flirt, she always yielded easily." - Charles, Count Talleyrand

"He has never been known to use a word that might send a reader to the dictionary." - William Faulkner (about Ernest Hemingway)

"I've just learned about his illness. Let's hope it's nothing trivial" - Irvin S. Cobb

"Why do you sit there looking like an envelope without any address on it?" - Mark Twain

"He uses statistics as a drunken man uses lamp-posts...for support rather than illumination." - Andrew Lang (1844-1912)

"Some cause happiness wherever they go; others, whenever they go." - Oscar Wilde

"His mother should have thrown him away and kept the stork." - Mae West

June

If you would like to be remembered on your birthday, and I don't yet have your date, please send it to me. All I need is your name, month, and day. I don't collect years of birth. After all, who wants everyone to know how old you are?

Barbara
bigcreekranch@wildblue.net



Touch someone's heart. Remember them on their birthday by sending a thoughtful card.

Happy June Birthday to our Quicksilver Members and Endurance Friends

Michele Roush	4
Jeff Luternauer	6
Michelle Herrera	11
Alex North	26
Susie Hartline	26
Lud McCrary	30

Humor

A Selection of Particularly Graphic Signs



Notes From Members

From Michelle Herrera:

On April 30, QSER Club members attended the first "Equine Event" at the Tractor Supply in Gilroy. There were numerous clubs represented and lots of pens with all sizes and styles of horses. I especially enjoyed viewing and talking with the Mustang group, Gold Coast Arabians, Shire Draft Horses, Gaited Horses and watching the Mini's in harness. There were also groups from Cutting and Reining horses, Shetland ponies, and 4-H'ers.

Kathy Brayton set up our table next to Lori McIntosh Photo and Dreampower and I arrived a little later with handouts and magazines. We had a few inquiries about our club and endurance riding. I learned that we need a banner and a bigger table for viewing, as people could not see us from a distance.

The event was well attended, with maybe 20 different participants and lots of visitors. I would like to go back next year, now that I know the layout of the area, and bring a live, working Endurance Horse!!!

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name

And then your address

And your phone number, Fax, e-mail

And then we need your money! Senior membership is \$ 25 _____

Junior (under 16 years of age) membership is \$ 15 _____

Total enclosed \$ _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your 2011 dues, checks made out to: Quicksilver Endurance Riders, Inc.

**Mail to Membership Chairperson: Maryben Stover
1299 Sandra Drive
San Jose, CA 95125-3535
(408) 265-0839**

May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!

Mission Statement of Quicksilver Endurance Riders, Inc.

QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

**Quicksilver Endurance Riders, Inc.
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