



Quicksilver Quips

April 2018

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Officers

President.....Jeanine McCrary
Vice President.....Katie Webb
Secretary.....Shannon Thomas
Treasurer.....Lori Oleson

Board Members

Maryben Stover
Kathie Brayton
Melissa Broquard

Newsletter Editor

Barbara McCrary
bigcreekranch@wildblue.net

Quicksilver on the Web

<http://www.qser.net/>

President's Message – April 2018

You ever wonder why you have horses? After all they are always trying to kill themselves, and sometimes, they are trying to kill you to save themselves. Not to mention the money expended to have them around—the endless vet bills, shoeing bills, and feed bills. One could make the case that no rational person would ever own a horse. But to the horse crazy, when they have a perfect ride on a spring day, flowers blooming, birds singing, and the companionship of another horse crazy, they are in heaven. The memory of the ride overcomes the tribulations of horse ownership. I think those tribulations make the horse crazy nice to know. The horse crazy are generally down to earth, humble, practical, and go out of their way to be helpful. For all those reasons, I think, we join horse clubs and organizations. The reason why I joined Quicksilver Club was to link up with other horse crazies.

If you have not sent in your membership dues, please contact Maryben Stover.

Our next meeting will be at Trilby's May 12th at 2:00 PM—educational meeting. Speaker T.B.A. We can also enjoy some ice cream while we're at it.

Wishing you happy trails.

Jeanine

Quicksilver 2018 Calendar



Endurance Clinic @ Harvey Bear Park June 2 & 3

Got friends who want to learn more about Endurance? Good news: Nick Warhol is leading the charge in getting a new crop of riders ready for the trail and hosting a two day clinic at Harvey Bear County Park on June 2 & 3. Endurance greats like Julie Suhr and Becky Hart will be speaking, and a professional truck driver will be teaching folks how to back up their rigs.

Lectures and demos will happen on Saturday afternoon, followed by a potluck dinner and ride briefing, and on Sunday small groups will go out on the trail for 7 or 15 miles rides.

Learn more here:

<https://nwarhol.wixsite.com/clinic>

Treasurer's Report

March

- Expense (Quips, goodwill cards) total: \$106.33
- Income (dues): \$200.00

Account Balances

- General (checking): \$11,520.32
- Trails (savings): \$1,074.55

Lori Oleson, treasurer

There will be a Mass in honor of
Angela Carter
on Sat. April 14th at
2:00 pm in St. Mary's small chapel
11 First Street, Gilroy CA
We will then have a gathering and Celebration of her Life from
3:00-6:00 pm in the Hall at Gilroy's Methodist Church at
7600 Church St.
RSVP: Cindy Walling
408 846-5822

Maryben

Thanks to you and
all the beautiful silver
friends who mean so
much. Please share
this info for us.

Dick
Cindy & Tom

QSER Board Meeting

March 26, 2018 at Maya Mexican Restaurant, Scotts Valley

Meeting called to order at 7:06

Members in attendance: Jeanine McCrary, Katie Webb, Shannon Thomas, Lori Oleson, Melissa Broquard and Kathie Brayton

Treasurer's Report:

General Balance: \$11,520.32

Trails: \$1,074.55

The breakdown of the expenditures shows the mailed (hard copy) Quips cost \$38.33 per month. Lori motions that we limit the printed Quips to current members who receive this version (9 members, five of which are current on dues). Melissa seconds and the motion is approved.

New Business:

Activities and Events This Year

May: Educational Talk/Ice Cream Social at Trilby's house. Speaker TBA, May 12th 2-4pm. Kathy will be organizing this. The board will meet prior to this event (1:30).

June: Endurance 101 Clinic with Nick Warhol at Harvey Bear Park. June 2-3rd.

July: Fireworks!! Jill is the ride manager and Donna is the ride secretary. July 14th

August: Obstacle/Desensitization Clinic Practicing encounters with drones, bikes and scary tarps that may be found on the trail. Ideally this event would be in association with the Santa Cruz Horseman's Association and may be held at the showgrounds. August 11th is the date suggested.

September: No events planned as we will need to get ready for our big ride in...

October: Quicksilver Ride October 6th.

November: Getting ready for the holiday party in...

December: Get a jump on Party Season by meeting for the Quicksilver Holiday party on the 1st.

Phone Conferencing

We will give it a try soon.

Technical

Shannon Will put a reminder to pay dues on Facebook next week after the paypal account is set up. We will also try Facebook to increase interest in our events.

Awards Banquet

The location was great, the food was good and it was well attended!

Being on the Board is so much fun!!

Jeanine moved to adjourn and Melissa seconded.

Meeting adjourned at 8:13

Shannon Thomas

A Transformative Clinic with Horse Trainers, Frederic Pignon and Magali

By Judith Ogus

Last August, I bought a 6-year-old prospective endurance horse named Tess. When I started teaching her basic exercises at home, I noticed that she loved doing tricks, like climbing up on a large tree stump and following me in the pasture with no halter or lead rope. In the horse world we call this kind of shared activity with no tack or restraint, “Liberty Work.” Tess seemed very eager to engage in this way. When I heard that the French couple, Frederic Pignon and Magali Delgado of “Cavalia” fame would be giving a clinic in Washington, a friend who knew them said, “Drop everything and GO!” so I packed up and went.

“Cavalia,” was the touring theatrical event whose cast included horses, riders, dancers and acrobats. It recounted the history of humans’ lives with horses and took place under a large tent with a stage that consisted of both sand and water and used projections to evoke time and place. In many instances the horses performed at liberty, sometimes interacting with Frederic and sometimes by themselves. They maneuvered on stage with complete joy and freedom, providing the audience with a spellbinding experience.

Frederic and Magali are both master equestrians, with Frederic doing the liberty training, and Magali teaching the horses high level dressage. Both grew up with horses and had parents who encouraged them to pursue their careers in preparing horses for equine “Spectaculars.” Magali’s parents bred and raised magnificent Lusitano horses and it was on these that she learned to perform and compete in dressage, winning second place in an international dressage competition in Rouen in 2002. Frederic grew up on a farm where he believed that he himself was a horse. When he begged his father to send him to a school for horse training, his father admonished, “You do not need to do that. Just spend time with the horses and they will teach you.” Eventually Frederic did go to a school to learn trick riding and his passion for performing with horses was born.

What is unique about Frederic and Magali is that their method of training the horses is based on kindness, and on turning work into play, so that the horses enjoy the learning process and enjoy performing what they have learned. They never rush the horses or over train them by repeating the same thing over and over – something I have sadly witnessed at other clinics. Tess and I had two dressage lessons with Magali and two liberty lessons with Frederic. In addition, I observed lessons that they gave other people who were riding a vast variety of breeds – everything from a mustang to a thoroughbred to a Clydesdale. In each case, both Fred and Magali modulated the lesson based on the horse’s personality and training level. They repeatedly emphasized how important it is to develop your relationship with your horse, more than it is to achieve any trick or technique.

Frederic is tall and slender and has large sensitive hands. He interacts with the horses with a gentleness that I have never witnessed before from a male trainer. It feels as though time expands while you are watching him, as though you are witnessing a beautiful, choreographed dance in which a mutual trust is established between horse and man within a matter of minutes. He only uses quick discipline if a horse behaves in a dangerous manner, not if it simply disagrees with his agenda. In addition to teaching the horses liberty, he lays his hands on their bodies wherever he perceives tension. That combined with observing the horse’s behavior enables him to discern a horse’s back story. He suggested that one nervous gelding had been weaned too early and was unable to understand its position in the herd. In my lesson, Frederic recommended more precision with my cues – something he is a master at.

Magali is equally gentle and kind. She is a small bundle of energy with a great sense of humor. I enjoyed my beginning dressage lessons with her tremendously and wished that I could follow her back to France to continue them. In many dressage situations the instructor will ask you to force the

(Continued on page 6)

(Continued from page 5)

horse into collection – meaning the horse rounds his neck and is working off its powerful hind end to generate impulsion. Magali’s approach was entirely different. She had my young mare going nicely with a soft and correct bend around a 20-meter circle, with her head long and low and back relaxed in just 5-10 minutes. In fact, we began the lesson by me just massaging the mare’s back by using my seat from side to side. It is in this kind way that she is able to achieve high level dressage with her own horses.

At the end of the clinic we had a wrap up in which I said that I felt that Frederic and Magali were part of a paradigm shift – a change in the way that humans interact not only with horses, but with all animals, with the environment and with each other. I hoped that we could make an effort to spread their message of loving kindness. Currently there is a move to bring them to the Bay Area for a Clinic in November 2018 and they are working on a new show called “Equis.”

In the mean time, I highly recommend reading their book, Gallop to Freedom, so that you can get a deeper sense of their philosophies of working with horses. ■



San Vicente—New Section of Calero County Park

Photos sent by Carolyn Tucker



More photos on page 8





UPCOMING EVENTS AT HENRY COE STATE PARK

**** FOR MORE INFORMATION and a list of spring programs, such as wildflower walks and day and evening programs, GO TO www.coepark.net ****

DUE to weather and road conditions, check the website before each event for updates.

Many of these events are limited, so get applications in early.

April 27-29



Coe Backcountry Weekend. Once a year opportunity to drive 11 miles into the park's interior at the south entrance. Come for the day or camp or ~~backpack~~ ^{to ride} to some of the more remote areas. Guided hikes and rides, kids' activities, campfire program. Limited ^{Limited number of applicants, so get yours in early}

May 13

Mothers' Day Breakfast. Gourmet food served outdoors, carnations for mom. Live music. Limited

May 19

Ranch Day (rain date June 2). Learn about ranch life, lots of animals to pet, kids' crafts and activities. Hot dog lunch available.

May 25-28



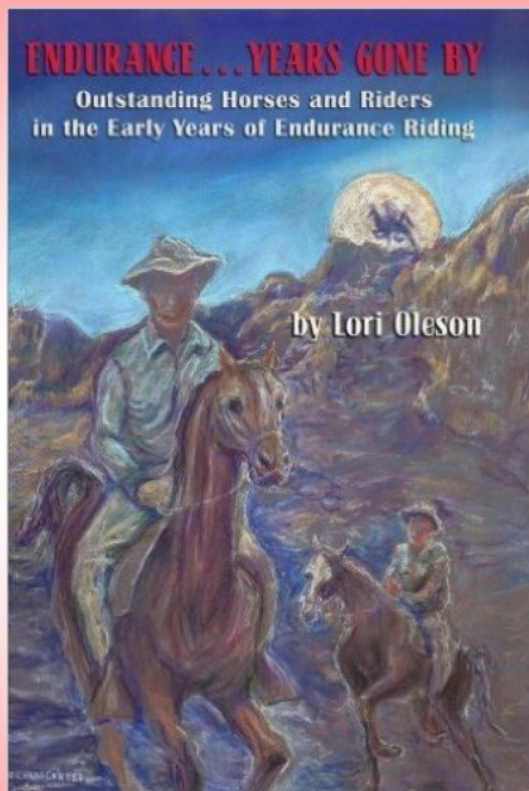
Coit Camp Campout. Once a year opportunity to drive 3.5 miles into the park's western interior. Guided rides and hikes available. Bring your horse or hike. Meals available. Limited ^{space}

June 9

5K/10K Fun Run and Walk. Walk or run along a fairly level course with several creek crossings. Enjoy late spring flowers, maybe spot a bobcat, deer, red tailed hawk or other Coe Park creature.

Henry Coe State Park is not just a network of great trails starting at Hunting Hollow. Volunteers at the park host many fun activities. This a few of them. I've identified the two that would be most interesting for endurance/trail riding people. Back Country Weekend and Coit Campout are the only way to experience the inner trails of the park. Also, it is excellent conditioning and a lot of fun.

Classifieds and Services



This book is on great horses and riders in the beginning of our sport starting in the 1970's. It has been a fun project and I'm excited to introduce (or re-introduce) those that made endurance riding what it is today.

Dick Carter did the beautiful cover, Susan Garlinghouse wrote the Forward and 5 chapters are about great Quicksilver horses and riders.

A percentage of all sales will be given to the AERC Education Committee.

Lori Oleson

endurancehistory@gmail.com

Cost of book is \$24 + tax/shipping

PRINTING SERVICES

For Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky: bghart@garlic.com**

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Classifieds

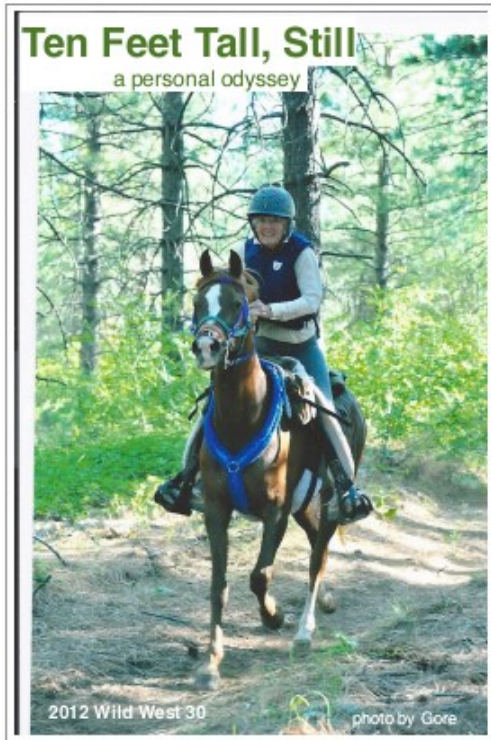


BOOKS ARE THE PERFECT GIFT!



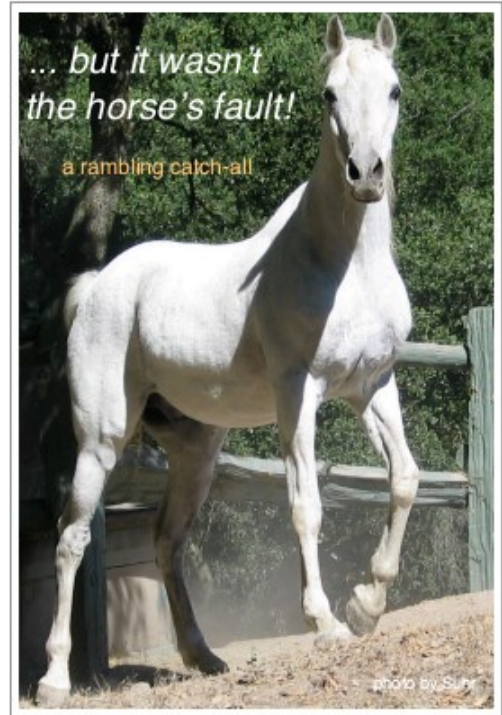
To benefit our trails and our horses, I have written two books. They are entirely different in style.

1. **Ten Feet Tall, Still** is out-of-print, but available as an e-book from Amazon, Barnes and Noble and others. All proceeds to **AERC Trails Fund** and **WSTF Trails Fund** for preservation of horse trails. \$9.99
2. **...but it wasn't the horse's fault!** Available from Marinera Publishing, www.marinerapublishing.com All proceeds to **CENTER FOR EQUINE HEALTH**, School of Veterinary Medicine, Davis, California \$24.95



by
Julie Suhr

*You are never
quite the same
after you ride
a good horse.*



"TEN FEET TALL, STILL"

My first book, *Ten Feet Tall, Still*, is out of print, but is now an e-book for downloading at Amazon, Barnes and Noble and some other places. One Hundred Percent of the proceeds go to the AERC Trails Fund and the WSTF Trails Fund.

Julie Suhr (831) 335-5933

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Classifieds



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PERFECT FOR ENDURANCE HORSES
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Our pastures are real pastures and not crowded (See photo above.) We have trail access to Santa Teresa, Quicksilver and this year the new open space will give us access to Calero and Casa Loma (with just a short ride down McKean). Huge paddocks with lots of room. Rates have been reduced to \$310 for pasture and \$350 for paddocks. New tenants are offered \$50 off of their third month of board. Paddocks vary in size and some have stalls, some have shelters and some are open. We do not charge our boarders for trailer parking. Top quality grass/alfalfa hay fed twice a day. Ring is open to boarders when lessons are not being held. Round pen available anytime. Centered riding lessons are available with three-time world champion.

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20535 Rome Drive, San Jose, California.

Stalls: \$320.00, pasture \$220.00,
fed twice a day high-quality
orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders.

My place borders Quicksilver Park.

Trilby – (408) 997-7500

Humor and Birthdays

JFK Airport

A teacher was arrested **today** at John F. Kennedy International Airport as he attempted to board a flight while in possession of a ruler, a protractor, a compass, a slide-rule and a calculator.

At a morning press conference, the Attorney General said he believes the man is a member of the notorious Al-Gebra movement.. He did not identify the man, who has been charged by the FBI with carrying weapons of math instruction.

"Al-Gebra is a problem for us," the Attorney General said. "They derive solutions by means and extremes, and sometimes go off on tangents in search of absolute values." They use secret code names like 'X' and 'Y' and refer to themselves as "unknowns", but we have determined that they belong to a common denominator of the axis of medieval with coordinates in every country.

As the Greek philanderer Isosceles used to say, 'There are 3 sides to every triangle'.

When asked to comment on the arrest, President Obama said, "If God had wanted us to have better weapons of math instruction, he would have given us more fingers and toes." White House aides told reporters they could not recall a more intelligent or profound statement by the President. It is believed that the Nobel Prize for Physics will follow.



Happy April Birthdays to our Quicksilver Members

Don Brown	5
Melissa Ribley	8
Kimberly Peterson	9
Kathy Brayton	20
Julie Suhr	21
Katie Alton	21
Jill Kilty-Newburn	22
Breanna Chamberlin	27

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name

And then your address

And your phone number, Fax, e-mail

And then we need your money! Senior membership is \$ 30 _____

Junior (under 16 years of age) membership is \$ 20 _____

Family membership is \$ 45 _____

If you want a printed copy of Quips mailed to you (as opposed to PDF file e-mailed) add \$15 _____

Total enclosed \$ _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.

**Mail to Membership Chairperson: Maryben Stover
1299 Sandra Drive
San Jose, CA 95125-3535
(408) 265-0839**

May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!

"Life outside of endurance? I don't think so."

Dave Rabe

"Nothing can stop a man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."

Thomas Jefferson

Mission Statement of Quicksilver Endurance Riders, Inc.

QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

**Quicksilver Endurance Riders, Inc.
P.O. Box 71
New Almaden, CA 95042**

