



Quicksilver Quips

April 2012

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Sheila Kumar

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QSER on the Web:

<http://www.qser.net/>

April President's Message

I have come to the conclusion that endurance riding and child birth have an awful lot in common... seriously, hear me out!

I've been riding for a long time, so I think I know something about endurance. Although I have no children, I have witnessed one human birth, seen a number of movies on the subject, and been in close proximity to a significant number of pregnant women, which pretty much makes me an expert on the subject.

Here's how I see it: before we enter a ride (particularly a multi day) we prepare and plan for months. Before they have a baby they also prepare for months. We train, take lessons, saddle fit, pad our horses feet, work on special diets and work on making our horses perform at their best. They go to birthing classes, decorate the baby's room, learn all kinds of stuff about formula and how to make their baby smarter than the neighbor's. We read books, consult with vets and stand on pins and needles every time our horse takes a bad step before the ride day. They also read books, go to the pediatrician, and get freaked out their baby as much as hiccups in their tummies.

And then, the due date finally arrives.... We pack our trailers in anticipation, take it all out and re-pack it... and do it once again, just to be sure there is enough room for the kitchen sink. They pack their bags, pick out the perfect nightie (several of them) and make sure they have enough clothes for every possible event (Hey, you just never know when Vogue will show up to take a photo of that perfect child!).

We arrive at the ride/hospital with great expectations and excitement. We look forward to a perfect and uneventful ride/birth and we settle in for the night.... Then the ride/contractions start... WHAT THE HECK???? Yeah, we can handle it for a while... but as hour after hour pass, we start to wonder what we were thinking. Multi days, just like multiple births, are even more shocking. Just when we think it's over... the whole darned process starts again... and after those 24 or so grueling hours of riding/labor, when it's all over and done, some will declare: "I will NEVER ever, ever do this again!!" (I sure did after my first 3 day ride!). But then something really peculiar happens... they hand you that award/baby and you go "Aaaw.... cute!" and proudly show it to all your friends. As the days pass, and you no longer need assistance getting up off the toilet, you start forgetting about the pain and start remembering the good parts. A few weeks later it seems like there really weren't that many bad parts and it was actually fun. And finally, a few months later, you may even start talking about doing it again! I totally attribute this madness to the brain cells that store our painful memories dying much faster than the ones that store the happy moments. If you really mean it, next time you get back from a ride disheveled, dirty and barely able to waddle

President's Message (Continued on page 2)

President's Message (Continued from page 1)

to your couch, have someone take a photo and post it on your fridge. It may work for an extra week or two before you think "oh, heck, I don't look THAT bad...". See what I mean??

We are having a general club meeting in April. Because the weather is still too unpredictable, we will keep it to the third Weds of the month (4/18) and it will be at Tony and Alba's pizza in Scotts Valley, at 7PM. Come early to have dinner with whomever shows up! (I'll be there at 6). For anyone who is interested, I'd like to propose a group ride in Henry Cowell on Saturday the 28th weather permitting. We can meet at the SCCHA (where the Fireworks ride starts). If you are not a member, as my guest you can just pay \$10 and have full use of the facility for the day. We can have a pot luck, a ride and just hang out. If you have friends who are interested in endurance, bring them along, and we can make it a mini (and unofficial) endurance clinic where we can all share our most memorable and oh, so happy birthing experiences.... Contact me if interested.

Cheers!

Elisabet

We should all be rooting for the Quicksilver Members who have gone to Texas for the April 1st 100 mile ride which will help determine who will represent the United States in the World Championship Endurance Ride in England in August.

Both our riders and their crew people are in the Lone Star state. I have been told that of the fifty or so entrants in this weekend's ride, twenty will be selected and then it will be narrowed down later to the six riders who actually make the trip to England.

Go Quicksilver riders and crews! Your Club is behind you all the way.

Quicksilver Meeting Minutes

2/18/2012

Start of meeting: 5:15 PM

Present: Elisabet Hiatt, Cathy Kauer, Michelle Herrera, Maryben Stover, Sheila Kumar, Lori Oleson, Peggy Davidson.
Several ride managers donated free entries to our club for raffle: 2 - ½ off entries to Desert Gold (Scott Sansom), 2 - ½ off to Ride Bear (Sandy Holder), 1 - ½ off to Just Coe Crazy (Lori Oleson) and 2 - ½ off to Quicksilver Fall classic (Q'silver club). These entries were raffled off at the Awards Banquet. Thank you to all donators!

Portions of the Quicksilver Bylaws are being rewritten, and hopefully will be ready for the April BOD meeting. They will be published in the June Quips for member review, and the members can then vote on them during the June meeting.

Locations for fall ride were discussed – those options being Calero (hopefully the new trail would be ready by then), Harvey Bear, Quicksilver Park or Grant Ranch.

The next club meetings will be:

April - at the Pizza Place in Scotts Valley

June – possibly at Calero parking lot on a Saturday. We hope to include a club fun ride with many diverse events such as games and trail obstacles (just for fun) with simple prizes for incentive! Barbecue potluck to follow.

August – at Sheila Kumar's house – Los Gatos

October – at Peggy Davidsons house – San Juan Bautista.

December – Almaden Community Center Christmas dinner

We are trying to work on changing the meeting dates and times to make it more convenient (and fun) for people to come, thus we are talking about having meetings on Friday or Saturdays with a fun event included. One idea for an "event" was to have a speaker on how to handle trail emergencies.

The dates for these meetings will be posted in the next Quips. We are making sure we don't conflict with endurance rides.

Meeting adjourned: 6:10PM

Peggy Davidson, Secretary.

Quicksilver's Annual Awards—February 18th, 2012



The Usual Suspects



Mary Anderson presents the Horse of the Year Award



Jo Barrett is stunned at receiving the Eleanor Norton award



CF War Hymn "Buddy" - winner of Hall of Fame Horse



Jeremy Reynolds—Hall of Fame Person

Yosemite Gold Cup Endurance Ride April 21, 2012



Sanctioned AERC & FEI 25 - 50 - 75 - 100 miles CEI 1* - 2* - 3* 15 mile fun ride

Come share in the gold at The Yosemite Gold Cup Ride, an International event produced in part with Southern California Equestrian Sports. SCES is an equestrian, non-profit public charity. The trail traverses the Stanislaus National Forest and various sections of private property in and around Groveland and Buck Meadows, California utilizing trails and forest service roads. Depending on the time of year, beautiful sweeping vistas of Yosemite National Park and the Tuolumne River Canyon can be enjoyed from the back of a horse. Meet interesting people from foreign lands.



Camping and stabling for horses will be in a vacant lot, 100 yards from the entrance to Tuolumne Trails Kid's Camp, where children with special needs are able to experience the great outdoors. Their facilities include community cabin rentals, hot showers, a wonderful dining hall and beautiful vistas.

Your entry fee includes:

Friday night banquet dinner
Cash Prizes & Completion awards

Hot Showers
Saturday ride

Pre-entry is mandatory, due to limited entries. If you're not an endurance rider, ride the Fun Ride, or volunteer to see what this wonderful sport is all about. Students, get your community service hours by volunteering at the ride.

www.yosemitgoldcup.com

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Southern California Equestrian Sports
Blackberry Inn
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Action Rider Tack
Kalkowski Brush & Timber Mgmt.
Meadowview Designs
Hotel Charlotte
American Trail Gear

For more information contact:

Alexandra North, CPA
7567 Hamilton Station Loop
Groveland, CA 95321
209.962.8900
831.532.4516 fax
alex@northcpa.com

Yosemite Gold 2012 Endurance Ride Raffle Fundraiser

Win a 2008, 15.2 hh Asgard Arabian

Trained by Clinton Anderson

Ticket Price - \$275

Go to: www.yosemitegoldcup.com to enter



Sponsored by:



First Place Raffle Prize:

- Registered Arabian Gelding, *Statistic grandson from Asgard Arabians
- 60 days training for raffle horse at the Clinton Anderson Academy
- Clinton Anderson Fundamentals Series DVD package
- Clinton Anderson Halter, Lead Rope, Handy Stick & String
- A day's training session for raffle winner at the Clinton Anderson Academy in Texas

Second Place Raffle Prize:

- Clinton Anderson Fundamentals, Intermediate & Advanced Series DVD packages
- Clinton Anderson Halter, Lead Rope, Handy Stick & String

Third Place Raffle Prize:

- Clinton Anderson Fundamentals Series DVD package
- Clinton Anderson Halter, Lead Rope, Handy Stick & String

Envoye has already started his training at the Clinton Anderson Academy. He is a *Statistic grandson. Asgard Arabian and *Statistic son, Triassic, just finished 10th in the President's Cup in Abu Dhabi, 22 minutes behind the winner. Another son, Thematic, finished 5th in a 100km race in Qatar with an average speed of 21.6kmph.



Just Coe Crazy 50/35

Come out on May 27, 2012 and enjoy the beautiful trails at Henry Coe State Park.

Just Coe Crazy will be a benefit ride for DreamPower Horsemanship and the Coe Park Preservation Fund.

We will be using new trails. It this will be a great event to help prepare for Tevis.

This ride is an AHA Recognized Ride.

You can download an entry on the AERC website or contact Ride Manager Lori Oleson lorioleson@hotmail.com or Ride Secretary Margaret Graham mugsbgraham@aol.com

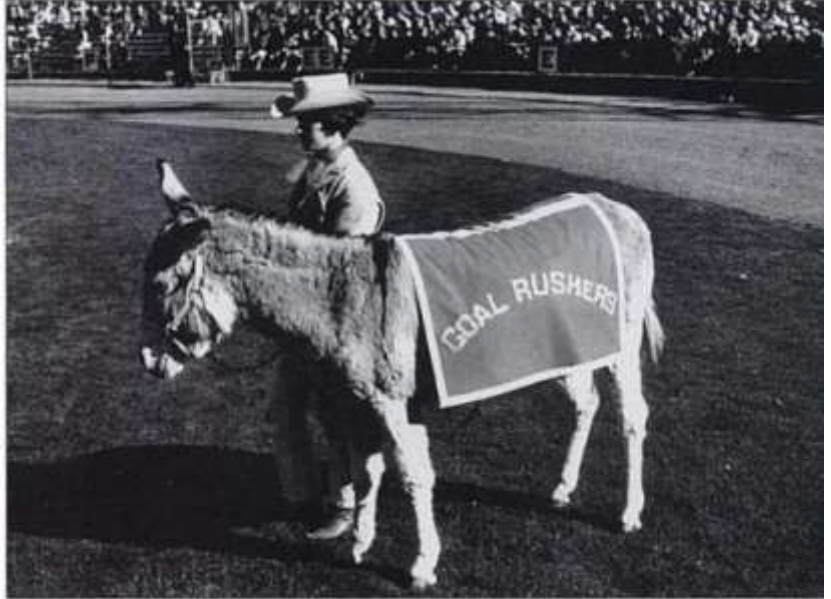
Things You (Probably) Don't Know About Me...

Julie Suhr: I once decided to play polo on my pony and practiced with a croquet ball and mallet. I whammed my poor ancient pony under the jaw with the mallet and my father took it away from me. It was the end of my polo career.

Diane Trefethen: When my husband accused me of over-thinking stuff, I joined Mensa. Mensa is an international organization whose only requirement for membership is that one score within the upper two percent of the general population on an approved intelligence test that has been properly administered and supervised.

Elisabet Hiatt: I drive a 1969 Corvette, which was my "dream car" ever since I was about 10 years old. I've had it for 32 years now. We're approaching the 400K mile mark! (do I get a mileage award for that???)

Jan Jeffers: When I was about six, my father acquired the 49er's mascot, Clementine. We would take her to the home games at Kezar Stadium in San Francisco. We were able to park in the tunnel leading into the field, great parking for sure. I would walk her around the field when they made a touchdown, have her bow to the audience. She knew quite a few tricks. When I turned 16, I took her up to the games on my own as my father had passed away. When I was 18, I turned her over to someone else as my life was changing and I did not have the time to take her to games.



Jan and Clementine

Barbara McCrary: I was high-point archer in my senior year in high school. When Lud and I went to Mongolia in 2007, I entered an archery contest consisting of Mongolian women and a few tourists, including three from our group. I won the contest by hitting the target, a goatskin suspended between two trees, three out of three times. I hadn't drawn a bow in 57 years. The prize was Mongolian money in the amount of \$15 USD. I will always remember my dear HS gym teacher for her instruction.

Mike Maul: I had bright red hair when I was young. It turned gray/blond in my mid 40's.

A Weather Perspective

Well, it is snowing again here in Mariposa :)

Temperature was 30°F at 0700 hours.

Today the stuff is really WET. Sierra Cement we call it. Skiing in it is like skiing in mud. This is the stuff that collapses roofs, downs trees, takes out power lines.

I looked at the Döppler maps and this storm is supposed to take roughly another sixteen hours to pass through. I hope the temperature goes up so I don't have to shovel off the roof <bg>.

I see it is warm (50s) in Connecticut today, albeit mostly overcast. In New England they have a saying. "If you don't like the weather, just wait a minute."

I think Down Easters have convinced the whole nation to follow their lead :)

I grew up in Connecticut. During those first 18 or so years of my life, we had only two (2), real snow storms. One when I was about four and one when I was eighteen. Oh sure, we had a number of "snow days" but they were really "ice days". I remember waking up in Winter to see that Steuben had come through during the night and turned every tree, every blade of grass, every fence post into a crystal work of art. When I was a teen, we lived on a small hilltop. One morning, after an ice storm, the road down the hill was encased in ice. Since they didn't cancel work, just school, at 7am, my dad got in his Tin Lizzy and headed for the train station. About 1/3 of the way down the hill, the car started to slide. By the time it came to a stop at the bottom, it had pirouetted a full 360° as well as performing several marvelous swings back and forth across the roadbed. It didn't move for a while. I guess Daddy was regaining his composure. Finally the car started up again and slowly crept to the end of the street.

The temperature is rising. Another few degrees and the snow will become rain.

Then everything will become "schlumpf", just like Spring in New Hampshire.

I love the perspective I gained growing up in New England.

From an e-mail sent on March 25th by Diane Trefethen

Super Suits Help Horses Saddle Up For The Olympics

These special high-tech suits give a whole new meaning to the phrase “a horse of a different color.”

In fact, these form-fitting garments come in many bright colors, making their wearers look like the equine equivalent of spandex-clad superheroes such as the X-Men (er, X-manes?).

But there’s a serious purpose behind these colorful costumes: They’re designed to help the animals recover from the rigors of travel and exercise as they gear up for the Summer Olympics in London.

The super suits are the creation of Matthew Spice, director of a Sydney, Australia-based company called Hidez. Spice says the compression the suits provide enhances the horses’ blood flow and reduces the vibration their muscles undergo when they’re traveling, in turn leading to better performance in equestrian sports. They also keep the animals dry and comfortable, he adds, and they can be customized with the horse’s name or team logo.

After all, Spice reasoned, horses are athletes too – so it’s only logical that they would benefit from the same kind of compression garments that many runners and professional golfers wear. Five high-performance sports zippers help the suits go on and off quickly. “It’s surprisingly simple,” trainer John McNair told Australian website tophorse.com.au. “It takes me about three minutes to put on and 30 seconds to take off.”

Stuart Tinney, who won a gold medal for Australia in equestrian sports in 2000, uses one of the suits on his horse, Vettori. “I am confident it helps the horses muscles relax and recover after exercise,” he told the U.K. Mirror.

To capitalize on Olympic fever, Hidez is officially launching the suit in June. Makes sense – horse sense, that is. After all, they suit horses, don't they?

TODAY.com editor Rick Schindler is trying to rein in his predilection for horse puns.



The suits, made by Australian company Hidez, are designed to help horses recover from travel and strenuous exercise.

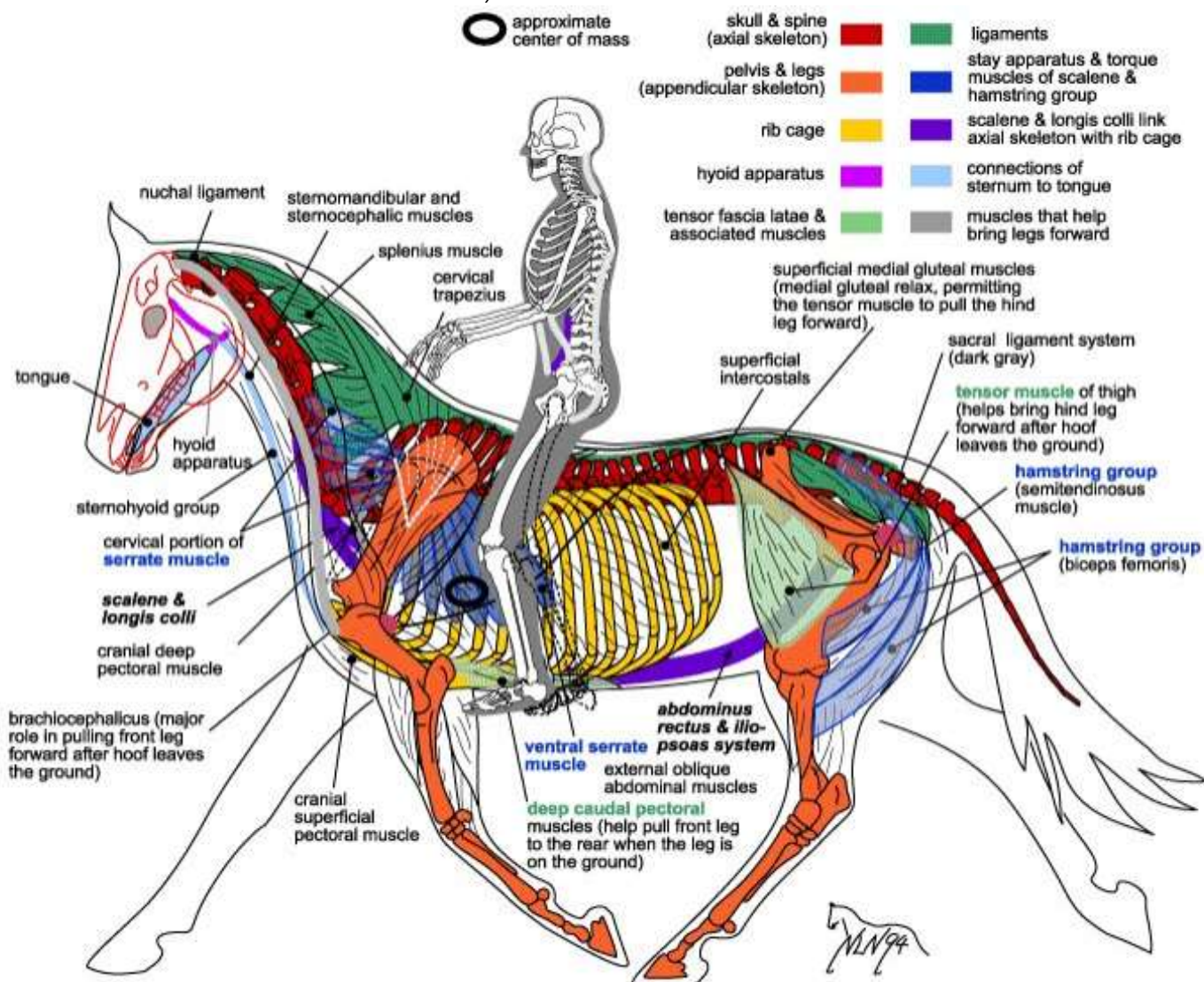
Submitted by Mike Maul

New Girl on the Block

After rejecting this lovely Morgan mare the first time, in January, I couldn't get her out of my mind. Two months later, she had not yet been sold and I phoned her owner that I wanted her after all. I was afraid she might be a little too much horse for me, but I was told I just needed to ride her with a feather-light touch, because she is so responsive. Once before in my life I came close to rejecting a horse, an Arab gelding, because he seemed so plain and uninspiring. I finally bought him and he turned out to be one of the best horses I ever rode. So, with a hunch that I shouldn't turn this mare down, I had "Dreamcatcher Spirit Song" shipped from AZ to CA and she is in our paddock now, settling in.

She has lovely ground manners, and she can hike up a steep hill faster than any horse I have ever ridden. She's very sure-footed and flits through rocks barefooted. I couldn't ask for much more.

Barbara McCrary



This interesting anatomical diagram came via Facebook.

Submitted by Lori Oleson

Classifieds...

Centered Riding® Lessons

Help your horse use him/herself effectively while going down the trail. Take the stress out of your body and your horse's body.

Find out how to have a better seat and make your horse more comfortable. Centered Riding® lessons available with **Becky Hart**, Level 3 Centered Riding instructor. Clinics available upon request.

408-425-5860

PRINTING SERVICES

for Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky**: bghart@garlic.com

TAX SERVICES

Specializing in horses.

Trilby - (408) 997-7500

WANTED: DRESSAGE GIRTH - 26 INCH

This is an experiment as I recently bought some girth converters to go from western to English.

Michelle H. — 831-427-1533

Looking for a house to lease with horse property in the East Bay area. Needs to be within about an hour's drive of San Leandro. We have 3 horses. Looking to relocate the end of June.

Diane Stevens (360) 672-5149 Jazzelation@gmail.com



Julie's beloved "Buddy"

Book for Sale

If you are looking for a gift for yourself or for a friend, please consider *"...but it wasn't the horse's fault!"* by Julie Suhr, with illustrations by Judith Ogus. All profits go to the Center for Equine Health at the Veterinary School in Davis, CA for research into cardio-pulmonary and metabolic disorders of the long distance horse.

Contact Julie at marinera@aol.com to order.



One of the earliest religious disappointments in a young girl's life revolves upon her unanswered prayer for a horse. Phillis Theroux, as quoted in Julie's book

Horse Boarding Facility

20535 Rome Drive, San Jose, California.

Stalls: \$270.00, pasture \$200.00, fed twice a day high-grade oat and alfalfa.

96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders. My place borders Quicksilver Park.

Trilby – (408) 997-7500

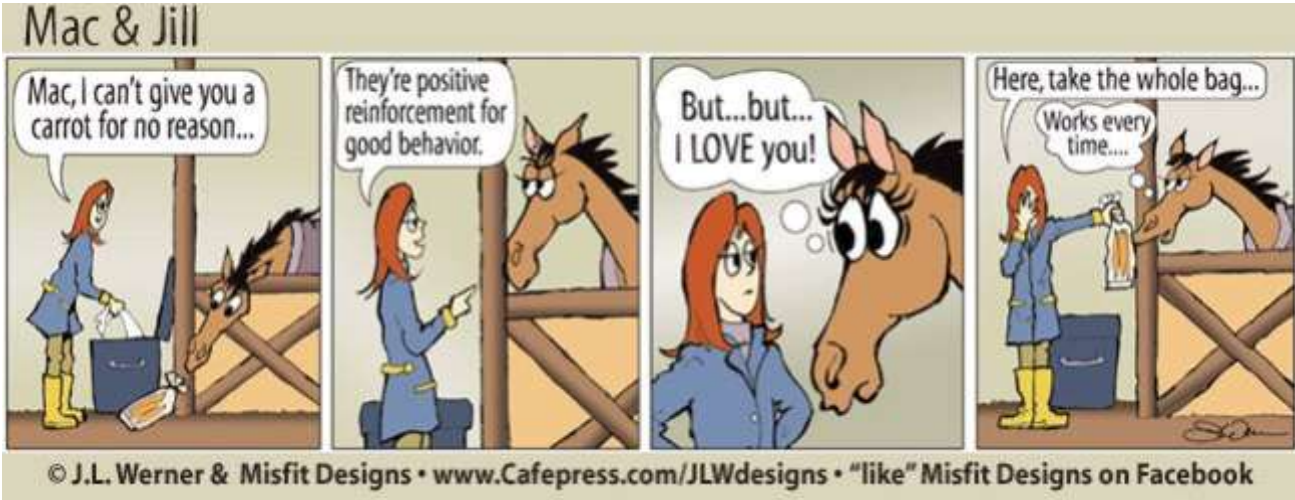
Book Review

I am reading Stephan Crane short stories. Have not read anything by him since Junior High School when we all read the "Red Badge of Courage." I was too young then to appreciate the beauty of his writing. The following is from a war story called *"The Price of the Harness."*

"As the infantry moved along the road, some of the battery horses turned at the noise of the trampling feet and surveyed the men with eyes as deep as wells, serene, mournful, generous eyes, lit heartbreakingly with something that was akin to a philosophy, a religion of self-sacrifice – oh, gallant, gallant horses!"

Submitted by Judith Ogus

Humor



Thanks to Lori Oleson

Hey!!!

I just learned how to text message, talk on my phone, and drive while setting my GPS!



Humor

Investment Tips for 2012

For all of you with any money left after this awful year, be aware of the next expected mergers so that you can get in on the ground floor and make some BIG bucks. Watch for these consolidations in 2012:

1. Hale Business Systems, Mary Kay Cosmetics, Fuller Brush, and W. R. Grace Co... will merge and become: **Hale, Mary, Fuller, Grace.**
 2. Polygram Records, Warner Bros. and Zesta Crackers join forces and become: **Poly-Warner Cracker.**
 3. 3M will merge with Goodyear and become: **MMMGood.**
 4. Zippo Manufacturing, Audi Motors, Dofasco, and Dakota Mining will merge and become: **ZipAudiDoDa.**
 5. FedEx is expected to join its competitor, UPS, and become: **FedUP.**
 6. Fairchild Electronics and Honeywell Computers will call their new company: **Fairwell Honeychild.**
 7. Grey Poupon and Docker Pants are expected to become: **PouponPants.**
 8. Knotts Berry Farm and the National Organization of Women will become: **Knott NOW!**
- And finally....
9. Victoria's Secret and Smith & Wesson will merge under the new name: **TittyTittyBangBang**

Submitted by Ellen Rinde

A Woman's Poem

He didn't like the casserole
And he didn't like my cake,
He said my biscuits were too hard
Not like his mother used to make.
I didn't perk the coffee right
He didn't like the stew,
I didn't mend his socks
The way his mother used to do.
I pondered for an answer
I was looking for a clue.
Then I turned around and smacked him one
Like his mother used to do!

Submitted by Diane Trefethen

Touch someone's heart.
Remember them on their
birthday by
sending a thoughtful card.

If you would like to be
remembered on your birthday,
and I don't yet have your date,
please send it to me. All I need
is your name, month, and day.
I don't collect years of birth.
After all, who wants everyone
to know how old
you are?

Barbara

bigcreekranch@wildblue.net



Happy April Birthday to our Quicksilver Members and Endurance Friends

| | |
|--------------------|----|
| Don Brown | 5 |
| Melissa Ribley | 8 |
| Kimberly Peterson | 9 |
| Jan Jeffers | 13 |
| Kathy Brayton | 20 |
| Julie Suhr | 21 |
| Katie Alton | 21 |
| Jill Kilty-Newburn | 22 |
| Breanna Chamberlin | 27 |

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name

And then your address

And your phone number, Fax, e-mail

And then we need your money! Senior membership is \$ 25 _____

Junior (under 16 years of age) membership is \$ 15 _____

Total enclosed \$ _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.

**Mail to Membership Chairperson: Maryben Stover
1299 Sandra Drive
San Jose, CA 95125-3535
(408) 265-0839**

May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!

Mission Statement of Quicksilver Endurance Riders, Inc.

QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

**Quicksilver Endurance Riders, Inc.
P.O. Box 71
New Almaden, CA 95042**

