



Quicksilver Quips

February 2017

President's Message – February 2017

Inside This Issue	
<i>President's Message</i>	1
<i>QS Calendar, Minutes of January meeting</i>	2
<i>Membership Reports</i>	3
<i>Farewell Solo</i>	4
<i>2016 Was a Roller Coaster of a Year</i>	5
<i>My Story—Elaine Elbizri</i>	6
<i>Classifieds and Services</i>	7-11
<i>Humor & Birthdays</i>	12
<i>Membership Application</i>	13
<i>Quicksilver Mission Statement</i>	14

I am looking forward to our Awards Banquet. The Banquet is a chance for the membership to get together and talk anything from big fish stories to all things endurance. If you were like me, during the holidays, you were surrounded by family and friends that didn't want to talk horse. So if your are feeling a little isolated with the rain, mud and no riding, come to the Banquet.

Someone once said, when my house is clean, my horse is out of shape, and when my horse in shape, my house is dirty. My house is way too clean now. I'm really looking forward to a dirty house and summer riding. We are in the planning stages for our usual summer ride and potluck meetings. The Board would welcome membership input on summer meetings.

This is the time of year the new board takes over. Jill will be stepping down as President, but will still be on the board and will be helping to manage the Fireworks and Quicksilver rides. So no slacking for Jill. Thanks to Barb Granter and Pat Verhuel for their service on the board. They will be stepping down.

The new board is as follows: President Jeanine McCrary, Vice President Elisabet Hiatt, Secretary Melissa Broquard, Treasurer Trilby Pederson, Board Members Jayne Perryman, Jill Kilty-Newburn, Katie Webb.

As with any organization, it is only as good as it's membership. So if anyone has comments or concerns please contact me or a board member.

Happy Trails. Remember Ride! Ride! Ride! and Ride some more.

Jeanine

Officers

President.....Jeanine McCrary
Vice President.....Elisabet Hiatt
Secretary.....Melissa Broquard
Treasurer.....Trilby Pederson

Board Members

Jill Kilty-Newburn
Jayne Perryman
Katie Webb

Newsletter Editor

Barbara McCrary
bigcreekranch@wildblue.net

Quicksilver on the Web

<http://www.qser.net/>

Quicksilver 2017 Calendar



Awards Banquet will be **Saturday, February 4.**
Come for dinner at **Harry's Hobrau at 5.30 - 390 Saratoga Ave, San Jose, CA 95129**



QSER Board Meeting, January 18, 2017

Board Members Present: Melissa Broquard, Elisabet Hiatt, Jeanine McCrary, Jill Newburn, Trilby Pederson, Jayne Perryman, Katie Webb
Called to order at 6:45 PM

New Business:

1. Elections

President: Jeanine McCrary

Vice President: Elisabet Hiatt

Secretary: Melissa Broquard

Treasurer: Trilby Pederson

Board Members: Jill Kilty-Newburn, Jayne Perryman, Katie Webb

2. Calendar events and activities for the year

Saturday, February 4: QSER Awards Banquet, 5:30 PM at Harry's Hofbrau. Brief board meeting prior.

May, date TBD: ice cream social at Trilby's? Planning for Fireworks

Saturday, July 15: Fireworks ride

Saturday, August 26: plan Quicksilver, recap Fireworks, riding meeting. Location TBD. Possible camping?

Saturday, October 7: Quicksilver Fall Classic ride

December, tentatively second Saturday (12/9), but details still TBD: holiday party. Discussed location, and noted that we have had it in San Jose since Trilby is the one who does the turkey and decorations.

Treasurer's Report:

\$10,521.55 in the general account

\$ 454.38 in the junior account

\$ 1,074.40 in the trails account

Committee Reports:

Nothing new to report with the website.

Nothing new to report for trails.

Membership: dues have increased for 2017.

Quicksilver Fall Classic ride report was printed in the Quips.

Additional Items:

Discussed the need for definitions for chairs and committees, possibly even job descriptions. The board will work on this and possibly have them ready to discuss at the February board meeting.

Discussed the possibility of discounting ride fees for junior riders. Ride committee will discuss.

Meeting adjourned at 7:49 PM.

Melissa

Report from My New Home

By Barbara White

As a new resident of Marin County, I offer my gratitude to all who were involved in this. To make this a bit more personal, my new home is about 50 yards from the Indian Valley Open Space. My family and I are out there every chance we get, riding, running, dog walking or stroller pushing.

Today, Djubilee and I started on a fire road with access for all: horses, hikers, runners, cyclists and dogs off leash. There is a lot of use and activity on the fire road, which is wide and relatively flat. There are, also, a number of trails off of the fire road, where I find almost daily peace and happiness. Bikes are forbidden, and dogs are supposed to be on leash. These are climbing, single track, technical trails, with the early wildflowers, small waterfalls, and beautiful vistas in every direction. I see a few hikers and runners, and, rarely, a renegade biker. Most of the dogs are off leash, but quickly gathered up when their owners see me approach. All of the humans I encounter are in the state of bliss one finds out in nature and away from the madding crowd. Far be it from me to complain about a dog off leash; I get it. I would hate to lose access to these trails. Their use is minimal and appropriate for horses.

There are also trails where horses are forbidden. I mistakenly rode one with my daughter once, when we first moved in, not seeing the sign. It was our mistake, as I kept saying to her as we traversed a steep trail with exposed roots underneath and limbs at eye level, "I can't believe people ride horses on this."

So, based on my experience, the trails close to me are appropriate in terms of signage and use. I feel very fortunate that this issue has been settled for now, and I thank everyone who had a part in it.

GOOD NEWS!

ACE thanks you for your activity on the ACE Alert regarding the Marin County Open Space District equestrian trails and camp issues. Because of your amazing response, the Board of Supervisors have been alerted to the active equestrian community. These public servants have been made aware that issues that negatively affect us will be met with instant response.

As of this date

THERE WILL BE NO CHANGE IN THE MARIN COUNTY CODE that would restrict horse access or change of trail signage.

THERE WILL BE NO CLOSURE OF STEWART'S HORSE CAMP.

THERE IS NO SUPERVISOR'S AGENDA ITEM ON JAN. 31 OR SLATED FOR THE FUTURE MEETING.

Thank everyone for your response and interest in Marin County horse issues.

--

Action Coalition for Equestrians (ACE)

www.ACEquestrians.org

For daily trail alerts and information: www.MotherLodeTrails.org

"LIKE" us on Facebook: www.facebook.com/ActionCoalitionforEquestrians

See problems on the trail?

Get the free app and file a Park Watch Report! www.ParkWatchReport.com

Farewell, Solo



Solo
4/18/91 - 1/26/17
Gallop free on greener
pastures my sweet boy!
Thank you for sharing your
beautiful soul with mine.
Elisabet



There is a cycle of love and death that shapes the lives of those who choose to travel in the company of animals. It is a cycle unlike any other. To those who have never lived through its turnings or walked its rocky path, our willingness to give our hearts with full knowledge that they will be broken seems incomprehensible. Only we know how small a price we pay for what we receive; our grief, no matter how powerful it may be, is an insufficient measure of the joy we have been given. - **Suzanne Clothier**

Elisabet Hiatt

2016 Was a Roller Coaster of a Year

By Sandy Holder

The good:

Q's first 100-miler at **20 Mule Team** (fabulous vets, Ride Management, riders, volunteers) where we met great new friends and finished strong, albeit a slightly sore back initially due to broken billets, much better after he rolled.

Cuyama – 2 days with Bolt doing back-to-back 25's and while 'almost losing his mind', finished strong both days

Cooley Ranch – boy what a 'learning experience' on 2 very hot days. Day 1 – we were pulled at the finish after standing in the sun for 10 minutes in 96 degree heat with 70%+ humidity (64 HR when the pulse had been lowered to 60, and no water at the finish line vet area)...so my "metabolic pulled horse" was at 60 after I splashed water on him and we went on to finish Day 2 very strong and 56 at the finish (pulse taken in the shade on a hotter day with less humidity)

Tevis – WOW, all I can say is "WE FINISHED"!!! Super strong too.

And the not so good:

Star died suddenly in the pasture – an aneurism...and 12-days later, we had to put down Sister. Ironically, they were born 12 days apart.

Our 19 year-old cat had a stroke and we helped her to the rainbow bridge

And to finally break my heart, Bear's spleen ruptured, upon ultrasound, we discovered metastatic cancer in his heart and lungs – Dave and I spent the day with him and held him as he fell asleep in my arms for the last time

Last but not least, collapsing at the finish of the QSER Fall Ride – subsequently in and out of the hospital the final 3 months of the year, with no ability to in some cases even be around my horses (blood counts were too low) or with a PICC Line in, the ability to ride them

But dawn does rise again, on a morning you almost don't want to wake up to...with true friends and family helping you to see the light. The sun comes up, and one day, you welcome it, cry a few more tears and embrace life's magic, with love coming back in a different way. My dear friend Lanie sending me a stunning mare, born in her arms, Midnight Diva. My brother sending me a Hawaiian Cat, Kiki, a big rangy boy – very different from my 3 girls. And my dear friend Kim sponsoring someone else's black female German Shephard, delivering 13 solid black puppies...Life is rich and once again, Dave and I have a little boy to love that's all ours, ½ Black German Shephard, ½ Yellow Lab – BUDDY!!



So this weekend, I'll be giving back a bit to my friends by pulling together all the pictures and stories our club members have been sending and memorializing it in our annual Calendar, thankful that the roller coaster ride of 2016 is over and hoping the light is shining for each of you in 2017!

My Story

Dear, dear friends,

I am the silent one, you are my active partners. I thank you for being there and making Quicksilver such an interesting and all-embracing community that has supported me, taught me much and helped keep my faith and ambitions to do endurance rides. I have been a poor inactive member and I am sorry for that.

I bought my first horse, Katie, in 2008. I had fun and excitement for two years, learning and discovering what ownership means and also the fascinating sport of endurance on a beautiful, eager, young Anglo-Arabian. My progress was due to the patient persistence of my true friend and mentor Tracy Hofstrand. Katie and I completed 5 LDs and our first 50.

A second milestone in my endurance experience happened five years ago. When Karla Perkins suggested I take her horse Cherry and join Judith Ogus for the last two weeks of the 2011 Pony Express. This extraordinary and unforgettable two weeks was my true introduction to the meaning of endurance and I loved every minute of it. Since 2011, filled with all the aspirations of an enthusiastic new participant who had discovered that she could do this thing, I worked with and cared for my precious horse Katie. Some of you knew her and understood what potential she had. We never realized that potential.

After my first 50 on Katie in 2009 and up to 2015 I dealt with two years of suspensory injury, followed by pigeon fever requiring two surgeries, navicular changes, and a prolonged uphill battle to reach that point where she could be conditioned enough for an LD. Dealing with continued fatigue, poor recovery, and respiratory concerns in a horse that was always willing to move out and make her best efforts I decided to turn her out into pasture. She only got worse and after a visit to Steinbeck Clinic Katie at age 12 years, was diagnosed with Silicosis and severe Osteoporosis. With a rehabilitation program she improved somewhat but before medical treatment could be applied her hip was broken. Katie was euthanized on May 2nd 2015. Her body was donated to UC Davis for research in to the connection between Silicosis and the development of Osteoporosis.

I retreated even more into the shadows and could not bring myself to join meetings or volunteer for anything. I kept riding thanks to a generous friend who did not have enough time to ride her little black Egyptian Arab regularly. I stayed in shape, followed Quicksilver emails, and read Quips. A few months ago I started a search for my second horse. This was disrupted by a visit to my family in England and the birth of a second grand daughter in October 2016.

In November I got a call from Judith about a chestnut mare staying with Becky Hart in San Jose. They said she did not fit into the lesson schedule and needed someone she could bond with. I have bonded with her. I call her Bella (aka Emira Afire). She has settled into her new pasture at Indian Hills Ranch in Milpitas despite atrocious muddy conditions. She is getting lots of schooling in our covered arena. There is nowhere else to go because of California's glorious rain! I'm signing up with AERC again very soon and looking forward to joining you (or racing you) on the trails.

Elaine Elbizri, January 2017



Classifieds

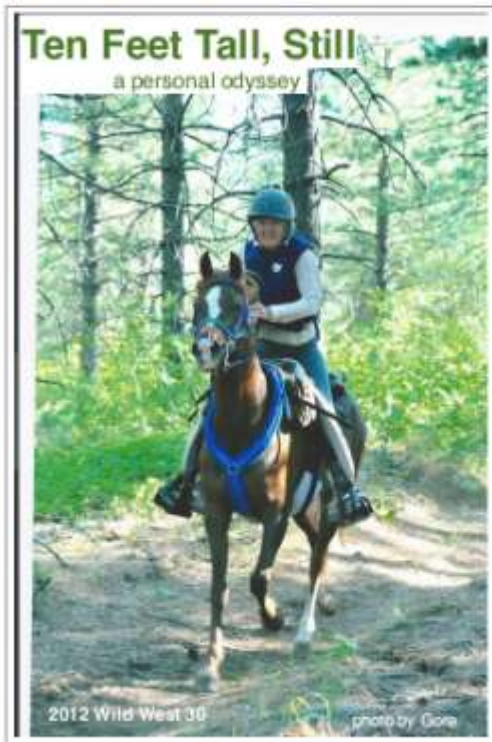


BOOKS ARE THE PERFECT GIFT!



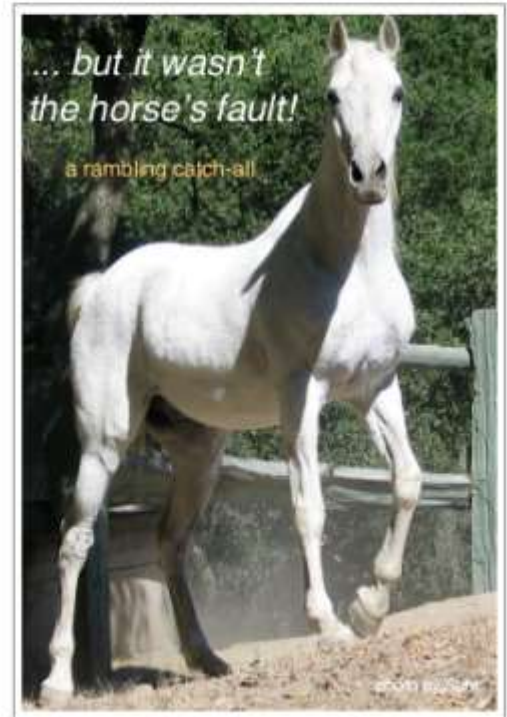
To benefit our trails and our horses, I have written two books. They are entirely different in style.

1. **Ten Feet Tall, Still** is out-of-print, but available as an e-book from Amazon, Barnes and Noble and others. All proceeds to **AERC Trails Fund** and **WSTF Trails Fund** for preservation of horse trails. \$9.99
2. **...but it wasn't the horse's fault!** Available from Marinera Publishing, www.marinerapublishing.com All proceeds to **CENTER FOR EQUINE HEALTH**, School of Veterinary Medicine, Davis, California \$24.95



by
Julie Suhr

*You are never
quite the same
after you ride
a good horse.*



"TEN FEET TALL, STILL"

My first book, *Ten Feet Tall, Still*, is out of print, but is now an e-book for downloading at Amazon, Barnes and Noble and some other places. One Hundred Percent of the proceeds go to the AERC Trails Fund and the WSTF Trails Fund.

Julie Suhr (831) 335-5933

WANTED

Looking to buy or borrow a pair of basic, old style Easy boots, size 000 or pony size. Contact Elisabet at lazo@ucsc.edu or **831-234-4732**

Classifieds and Services



This book is on great horses and riders in the beginning of our sport starting in the 1970's. It has been a fun project and I'm excited to introduce (or re-introduce) those that made endurance riding what it is today.

Dick Carter did the beautiful cover, Susan Garlinghouse wrote the Forward and 5 chapters are about great Quicksilver horses and riders.

A percentage of all sales will be given to the AERC Education Committee.

Lori Oleson

endurancehistory@gmail.com

Cost of book is \$24 + tax/shipping

CRANIOSACRAL THERAPY FOR HORSE AND RIDER

Are you curious about how craniosacral therapy can improve your riding, your horse's gaits and total well being? Craniosacral therapy can enable structural and emotional balance to yourself or your horse by working through and releasing old physical and/or emotional traumas (whether you remembered it or not!) in relaxing non-invasive bodywork sessions.

Are you uncomfortable while riding? I also offer saddle fit and gait evaluations for both you and your horse, unmounted and mounted, to help you identify and trouble shoot sticky spots as a Better Balance Session. I look at all aspects from rider imbalance to hoof imbalance and offer solutions to achieve Better Balance between you and your horse as a whole so that you can go the distance with joy.

We can discuss your issues and curiosities in detail in a free no-obligation telephone or email consultation. Please contact me to schedule a phone conversation or just shoot me an email!

Kathy Mayeda, EBW-CST, CMT

(408) 763-0977

klmayeda@gmail.com


~~~ Welcome to The Horseshoe Bend Waystation! ~~~



Whether a vacation stay or just a stopover - we want your visit to be comfortable, convenient and fun! We have full horse facilities available and dogs are welcome!

We are located in "The Bend" ~8mi north-east of Red Bluff, CA. just off I-5. Newly upgraded home available for vacation rental or stopover.

Complete horse facilities (covered paddocks, arena, pasture) and dogs welcome!

You can email us at [Horseshoebendwaystation@gmail.com](mailto:Horseshoebendwaystation@gmail.com) or call 530.526-1167 to reserve your stay. Check out our website (work in progress!): [www.horseshoebendwaystation.com](http://www.horseshoebendwaystation.com)

And Facebook "*The Horseshoe Bend Waystation*"

You can also find us on VRBO.com (search Red Bluff, CA)

Rates start at:

Per night                    \$150 (max is 5ppl)

Dogs                    require \$100 cleaning deposit(*refundable*)/\$25

Horses \$30 per night (you clean) / \$45 per night (i clean!)

Stopover only {no overnight}: \$20 unlimited use of paddocks/arena/pasture

---

15682 Bend Johnson Rd. Red Bluff, CA 96080

# Classifieds

## **HORSE BOARDING FACILITY**

20535 Rome Drive, San Jose, California.

Stalls: \$320.00, pasture \$220.00,  
fed twice a day high-quality  
orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders.

My place borders Quicksilver Park.

**Trilby – (408) 997-7500**



### **PERFECT FOR ENDURANCE HORSES HERO RANCH—ALMADEN AREA (photo above)**

Huge paddocks with lots of room. Our pastures are real pastures and not crowded -- approximately 2 acres per horse. (See *photo above*.) We have direct trail access. Rates start at \$325. 1 free trailer parking space per boarder. Top quality grass/alfalfa hay fed. Also riding lessons with three-time world champion. Call

**Maryben: 408-265-0839**  
e-mail to [merryben@live.com](mailto:merryben@live.com)

# Services

## **CENTERED RIDING® LESSONS**

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body.

Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with

Level 3 Centered Riding instructor. Clinics available upon request.

**Becky Hart**

**(408) 425-5860**



## **PRINTING SERVICES**

For Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky: [bghart@garlic.com](mailto:bghart@garlic.com)**

## **TAX SERVICES - Specializing in horses**

**Trilby — (408) 997-7500**

# Humor and Birthdays

## Four Ways to Prove You're a Man



*From my friend with the quirky sense of humor*

## Happy February Birthdays to our Quicksilver Members and Endurance Friends



graphicsarcade.com

|                      |    |
|----------------------|----|
| Suzy Kelly           | 2  |
| Dominique Freeman    | 4  |
| Hillorie Bachmann    | 6  |
| Hillary Graham       | 8  |
| Alec Berntsen        | 9  |
| Ken Cook             | 9  |
| Becky Hart           | 12 |
| Laney Humphrey       | 12 |
| Katelin McClarney    | 20 |
| Steve Lenheim        | 21 |
| Chuck Kessinger, DVM | 26 |
| Maryben Stover       | 26 |
| Cynthia LeDoux       | 26 |
| Bruce Weary          | 26 |
| Katie Holder         | 26 |

**IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!**

**FIRST: We need your name**

---

**And then your address**

---

**And your phone number, Fax, e-mail**

---

---

**And then we need your money! Senior membership is \$ 30 \_\_\_\_\_**

**Junior (under 16 years of age) membership is \$ 20 \_\_\_\_\_**

**Family membership is \$ 45 \_\_\_\_\_**

**If you want a printed copy of Quips mailed to you (as opposed to PDF file e-mailed) add \$15 \_\_\_\_\_**

**Total enclosed \$ \_\_\_\_\_**

**Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!**

**How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.**

**Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.**

**Mail to Membership Chairperson: Maryben Stover  
1299 Sandra Drive  
San Jose, CA 95125-3535  
(408) 265-0839**

**May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!**

*"Life outside of endurance? I don't think so."*

*Dave Rabe*

"Nothing can stop a man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."

*Thomas Jefferson*

## **Mission Statement of Quicksilver Endurance Riders, Inc.**

**QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.**

---

**Quicksilver Endurance Riders, Inc.  
P.O. Box 71  
New Almaden, CA 95042**

