



Quicksilver Quips

February 2012

February President's Message

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BLAM!!!! I was relaxing on a Saturday morning, having a cup of coffee and deciding what I was going to do (or not) with my day, when something hit our living room window. Whatever it was, it hit hard and made quite a bit of noise. Of course, I had to go investigate.

I opened the window, stuck my head out, and lo and behold, on the ground, lay this little bird, motionless. Bummer... It must be dead. Better go take a look-see, just in case. Got cats, you know, and they are cute, but quite ruthless when it comes to all things edible.

I rounded the side of the house as one of my cats was rounding the other. Just in time. Pick up bird, check to see if it's breathing... his little head was flopped to one side, and there was no movement. I felt very sad. It must be dead... but just in case, I held it for a few minutes. Maybe it just had "the vapors" like they used to say in the old days. YES!! Movement! One tiny eye opens and sort of looks at me. Do birds see little birds when they whack themselves in the head? I wonder. Naaah, probably just stars.

After a couple of minutes both eyes opened. I saw his terror but there was no strength to struggle in him yet. What is going through his mind, I wonder. Probably something like "I'M GONNA DIE!!!! I'M GOING TO BE THIS MONSTER'S LUNCH!!!!" How do you comfort such fear? I just sat in the sunshine, very quietly, and let it warm itself up and gather strength. No demands, no pressure, just held it in my cupped hands. Time passes and it finally stands up. I offer a finger for a perch. My invitation is accepted, and I am now confident that things will be OK. A few more minutes, and the little bird fluffs up his feathers, POOPS on my hand (I'm not making this up, folks) and flies away to a nearby branch to join a bunch of other little birds.

As I walked back to the house (feeling pretty good!) I thought how much our horses are like that bird. They get scared, try to run away and poop! I wish we could hold them in our hands until they realize that the big, bad monster is not going to eat them. One thing I learned from John Lyons years ago is to back off the pressure. If my horse is scared, I just mentally hold him. No pushing, no "making" him touch the scary thing...I just sit there and let him look at it. If I can get that, soon enough he relaxes and seems to say "Oh, is that all that was? Sheesh, and I thought it was going to eat me!" I love not having a fight with a creature that much bigger than I. My horse Tango is afraid of bridges. The more in a hurry I am, the scarier the bridge, it seems, but if I take the time it takes, he looks at it, sniffs it, (yes, sometimes he poops, too) and on he goes. I just need to stay out of his way. So simple!

Hey folks, the banquet is coming up before you know it (2/18). I really hope we have a great turnout. We have some fun things


President's Message (Continued on page 2)

planned. This is a great opportunity to see people we don't see often. Bring a friend or two and introduce them around. It's gonna be great.

Hope you all have a chance to ride a lot this year. Competitively or just for fun, just get out there and ride! Do you want the club to put on something fun? Give me a call... let's figure it out. I think it was Churchill who said that "the outside of a horse is good for the inside of a man". Let's make our insides feel good!

Elisabet


...but it wasn't the
horse's fault!
a rambling catchall



by Julie Suhr
with illustrations by Judith Ogus

All profits to:
Center for Equine Health
School of Veterinary Medicine
Davis, California
www.vetmed.ucdavis.edu/ceh

Endurance Ride Junkie decal in each book
by Steph Teeter



"This beautifully designed book brought tears to my eyes and laughter to my soul at every turn."
Bobbie Joe Lieberman-Weber, Trail Blazer Magazine

"This book belongs in the library of every rider who loves to head down the trail. I love it."
Linda Tellington-Jones, Tellington Touch Training


"All you have to do is read the prologue to know you want to keep reading this book. It made me laugh out loud!" Becky Hart, Three Time World Champion Endurance Rider

"All but the coldest of hearts cannot help but be emotionally touched by its sensitivity and compassion."
Dr. Gregory Ferraro, Director, Center for Equine Health, Davis, CA

"This book is the most useful guide to long distance riding I can imagine." Bazy Tankersley, Owner, Al-Marah Arabians

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Thank you for helping
our horses. 13

Julie's new book is out! Be sure to order yours!

Gilroy Yamato Hot Springs at Henry Coe State Park

Henry Coe State Park is full of history. The Gilroy Yamato Hot Springs has been closed to the public for many years. Coe Park purchased the historic resort in 2003. I have only seen the bridge (with a locked gate) at the end of Hot Springs Road. On January 12th, there was a public meeting held at the Morgan Hill Community Center regarding the Hot Springs' future.

"Originally acquired by Ortega in 1865, it was then developed by Roop and Oldham in 1866. It was known as a place of healing. During its heyday in the 1880's through the 1920's, the resort attracted San Francisco Area leaders who enjoyed fine dining, dancing, gaming and relaxation. The elderly, sick and vacationers traveled to relax in and drink the mineral waters. The resort featured 2 hotels, 2 restaurants, individual cabins and soaking tubs. It was host of up to 500 guests."

Ownership changed hands a few times between 1900 and 1938. In 1938, Sakata took ownership.

After WWII, the Gilroy Hot Springs provided a different kind of shelter for about 60 families who had been displaced by the wartime removal of the Japanese from the West Coast. Having lost their homes through forced relocation, Mr. Sakata generously offered his resort as a transitional shelter. Mr. Sakata later reopened the resort to the public in the 50's and 60's.

The site is designated as a historic district. The resort area is 8 acres with the old structures in very poor condition because of age, weather and vandalism. In 1980, a fire burned down several structures including the club house and hotel.

Descendents and former residents and guests have formed Friends of Gilroy Hot Springs, a non-profit group working with State Parks to re-define and renew public access. Among the tasks they have outlined are: providing security from damage by nature and man, documenting its history, preserving structures, and creating visitor friendly experiences. Their mission is to Protect, Preserve, and Restore public access to Gilroy Yamato Hot Springs.

The meeting was quite informative and I can't wait to see it. At the meeting they had a lot of great old pictures of what it used to be.

For more information on the Gilroy Yamato Hot Springs including tours and the 4th Annual "GYHS Travel Through History" event in May, go to www.friendsofgilroyhotsprings.org.

Submitted by Lori Oleson

An Opportunity For Public Service

So, I got invited to become a member of the Monterey Bay Equestrian group. Not sure I will join, but just for the heck of it, I went to their website and did a little snooping around.

They have a nice newsletter, so I read it, and I came across this bit of information from their year end report:

The club donated money to: SPCA Monterey \$600.00; CSHA \$100 as a Buckle donor; NCEFT \$1000.00; Emma McCrary Trailblazer fund \$1000.00; BETA (Bicycle Equestrian Trails Assistance) \$500.00 for map printing; Back Country Horsemen \$500 to help rebuild Commanche's Gravesite; and \$600.00 to Pregnant Mare Rescue. We deferred our 2011 donation to Lake San Antonio, as we eventually intend to fund the purchase, construction and eventual expansion of the pipe pens for the horses.

I found this pretty impressive.... I don't know how big a group they are, but I think it would be just wonderful if we followed in their steps. Is there anyone out there who would be willing to put on, say, a poker ride, specifically with the goal of raising money for some trail/organization/charity?

Elisabet

Quicksilver Annual Awards Banquet

When: February 18th, 6:00 PM

Where: Harry's Hofbrau, 390 Saratoga Ave., San Jose

Who: All Quicksilver Members

Philosophy to Live By

The following came in my mail one day, as an ad for Oprah Magazine.
I was so impressed that I had to share...

When being interviewed on TV, Oprah was asked, "What do you know for sure?" Oprah answered that she needed to think about it. She thought about it for two days, and here is what she says she knows for sure:

1. **What you put out comes back** all the time, no matter what. (This is my creed.)
2. You **define your own life**. Don't let other people write your script.
3. Whatever someone did to you in **the past has no power over the present**. Only you give it power.
4. When people show you who they are, **believe them the first time**. (A lesson from Maya Angelou.)
5. **Worrying is wasted time**. Use the same energy for doing something about whatever worries you.
6. What you believe has more power than what you dream, wish, or hope for. **You become what you believe**.
7. **If the only prayer you ever say is "thank you,"** that will be enough. (From the German theologian and humanist Meister Eckhart.)
8. The happiness you feel is in **direct proportion to the love you give**.
9. **Failure is a signpost** to turn you in another direction.
10. If you make a choice that goes against what everyone else thinks, **the world will not fall apart**.

Humor

Answers of a Brilliant Student

- Q1. In which battle did Napoleon die? * **His last battle**
- Q2. Where was the Declaration of Independence signed? * **At the bottom of the page**
- Q3. River Ravi flows in which state? * **Liquid**
- Q4. What is the main reason for divorce? * **Marriage**
- Q5. What is the main reason for failure? * **Exams**
- Q6. What can you never eat for breakfast? * **Lunch & dinner**
- Q7. What looks like half an apple? * **The other half**
- Q8. If you throw a red stone into the blue sea what it will become? * **It will simply become wet**
- Q9. How can a man go eight days without sleeping ?? * **No problem, he sleeps at night.**
- Q10. How can you lift an elephant with one hand? * **You will never find an elephant that has only one hand.**
- Q11. If you had three apples and four oranges in one hand and four apples and three oranges in other hand, what would you have? * **Very large hands**
- Q12. If it took eight men ten hours to build a wall, how long would it take four men to build it? * **No time at all, the wall is already built.**
- Q13. How can you drop a raw egg onto a concrete floor without cracking it? * **Concrete floors are very hard to crack.**

I would have given him 100%

Sent to the editor by a friend with a bizarre sense of humor

Which Quicksilver member ran the Tinker Bell half marathon at Disneyland the weekend of January 28th? Answer next month...

Glossary of Horse Terms

- Hock: Financial condition of all horse owners.
- Stall: What your rig does at rush hour in an unfamiliar city on the way to a big horse show.
- A Bit: What you have left in your pocket after you've been to your favorite tack shop.
- Fence: Decorative structure built to provide your horse with something to chew on.
- Horse Auction: What you think of having after your horse bucks you off.
- Pinto: Green coat pattern found on freshly washed light colored horses left unattended for 2 minutes.
- Well Mannered: Hasn't stepped on, bitten, or kicked anyone for a week.
- Rasp: Abrasive metal tool used to remove excess skin from ones knuckles.
- Lunging: Popular training method in which a horse exercises their owner by spinning them in circles until dizzy.
- Gallop: Customary gait a horse chooses when returning back to the barn.
- Nicely Started: Lunges, but not enough health insurance to even think about riding him.
- Colic: Gastrointestinal result of eating at horse fair food stands.
- Colt: What your mare gives you when you want a filly.
- Easy to Load: Only takes 3 hours, 4 men, a 50lb bag of oats, and a tractor with loader.
- Easy to Catch: In a 10x10 stall.
- Easy Rider: Rides good in a trailer; not to be confused with "ride-able".
- Endurance Ride: End result when your horse spooks and runs away with you.
- Hives: What you get when receive the vet bill for your 6 horses, 3 dogs, 4 cats, and 1 donkey.
- Hobbles: Walking gait of a horse owner after their foot has been stepped on by their horse.
- Feed: Expensive substance used to manufacture manure.
- Dog House: What you are in when you spend too much money on grooming supplies and pretty halters.
- Light Cribber: We can't afford to build any more fencing or box stalls for this buzz saw on four legs.
- Three Gaited Horse: A horse that 1) trips, 2) stumbles, 3) falls.

Thanks to Lori Oleson

Happy February Birthday to our Quicksilver Members and Endurance Friends

Touch someone's heart.
Remember them on their
birthday by
sending a thoughtful card.

If you would like to be
remembered on your birthday,
and I don't yet have your date,
please send it to me. All I need
is your name, month, and day.
I don't collect years of birth.
After all, who wants everyone
to know how old
you are?

Barbara

bigcreekranch@wildblue.net



Hillorie Bachmann	6
Hillary Graham	8
Alec Berntsen	9
Ken Cook	9
Becky Hart	12
Laney Humphrey	12
Katelin McClarney	20
Steve Lenheim	21
Chuck Kessinger, DVM	26
Maryben Stover	26
Cynthia LeDoux	26
Bruce Weary	26
Katie Holder	26

Humor



Carnation Milk—65 Years Ago

A little old lady from Wisconsin had worked in and around her family dairy farms since she was old enough to walk, with hours of hard work and little compensation.

When canned Carnation Milk became available in grocery stores in approximately the 1940s, she read an advertisement offering \$5,000 for the best slogan.

The producers wanted a rhyme beginning With "Carnation Milk is best of all."

She thought to herself, I know all about milk and dairy farms. I can do this! She sent in her entry, and several weeks later, a black limo pulled up in front of her house.

A man got out and said, 'Carnation' LOVED your entry so much! We are here to award you \$2,000 even though we will not be able to use it!

Sent to the editor by a friend with a bizarre sense of humor

Absolutely Brilliant Household Tip

Courtesy of Maxine



**Always keep several
get well cards on the
mantle..
So if unexpected
guests arrive,
They will think you've
been sick
and unable to clean.
(While in reality, you've been
out riding and cleaning the
barn.)**

Thanks to Diane Trefethen



Real Cowboys Have No Fear

Thanks to Elisabet Hiatt

Classifieds...

NEW Portable Corral System

Backed by Parelli and others. Light weight, very easy to set up, attaches to your trailer. Call or email me and I can send a short video presentation.

Wendy Ebster
horsewife@ymail.com

Senior Citizen Care-giver

English Speaking, reliable, dependable, honest person seeking employment as a senior citizen/ handicap companion helper. Light housekeeping, good cook.

No alcohol, no smoking and no drugs.

Gilroy, San Martin areas
References upon request
Contact:

Susie Sotelo
Cell #: 408-607-9436

WANTED

Wanted: 2 easy boots, size 2.
New or used.

Elisabet
lazo@ucsc.edu
831-234-4732

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PRINTING SERVICES

for Quicksilver club ride managers.

Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky:**
bghart@garlic.com



For Sale: THOROUGHBRED (Made in England) 16" English Saddle.

Two beautiful leather contoured girths, stirrups with new leathers, plus sheepskin pad and saddle cover - \$1,000.

Contact :

Jo Barrett
(408) 270 2709.

I have a set of portable corrals for sale. There are 12 panels that are 12 feet long. They are light weight and white.

Paid \$1100 asking \$500.

Heather Reynolds
408-687-7082

Opie is an 11 year old red roan mustang. He was never in the wild and was born at Lightfoot Stables so he has no "wild horse" issues. He is 14.2 or 14.3. The last time I measured his cannon bone it was 9 inches. He has rock hard feet. He has just come back to me from being a lesson horse for kids 5 to 20. He can walk, trot and canter both ways, do basic dressage and has done a lot of trail work, including LD. He is a people pony and loves to have something to do. He is in great shape because he has been ridden regularly this last year.

Call Maryben at 265-0839.

1994 Turnbow aluminum gooseneck, 2 Horse slant load "warmblood" sized trailer. Spring assisted rear ramp. Drop down windows, emergency exit. Separate mid-tack with 4 saddle racks. Very large dressing room/ storage/ bed area with door to horse area. 30 gallon "Drycamp" corner water storage. Neat area to store 2 full bales of hay that can be accessed from either side (serves as step inside to get to bed). High Tie unit installed for overnight trailer tie. Great trailer. Well maintained. I hauled it with Ford F250 diesel or Dodge 2500 diesel easily. Photos available. \$7500 or good offer.

Contact Nancy Elliot at 650-888-4946 or email chi4horses@gmail.com

From Becky Hart

As you may know, Tom Stutzman donated a large quantity of tack to the club, including 3 orthoflex saddles. One is brand new, never out of the box. We sold one saddle, but still have the new one and a stitchdown for sale, as well as miscellaneous tack. The sale of the tack generated enough revenue to have a nice awards banquet (it was going to be scaled way down) and to replace the old printer with a new laser printer that will print double sided and color. This printer will be used for the calendar and can be made available to ride managers who would like to print much more cheaply than Kinko's or other copying stores. They need to provide their own paper. The board will need to determine what the price will be to others.

Ortho-Flex Officer's Patriot,
\$ 1700/OBO
stitch-down seat, thigh rolls, 17"
seat (western sizing). Billets
should be replaced.



Ortho-Flex Patriot, \$2000/OBO 16"
seat (western sizing), brand new,
never used. Stirrups not included.
Becky Hart, 408-425-5860 or
Maryben Stover 408-265-0839



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Stalls: \$270.00, pasture \$200.00, fed twice a day
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1.25 miles to entrance to the Quicksilver County Park (3600 acres
and 19.2 miles of manicured trails). I provide my trailer for use to
boarders. My place borders Quicksilver Park.

Trilby – (408) 997-7500



**For Sale: SR Saddle - Black - 15 inch
seat - built for a person 5'3 1/2" Virtually
new, has buck stitching and carving on
fenders.
Price \$2,850.
Other photos available.**

Jan Jeffers—(408) 921-7698

For Sale: Abetta Endurance Saddle
Arabian wide tree, 15 inch seat.
Chinches, latigos, billets and round
barrel pad included.
Black synthetic seat w/ fenders removed.
Lots of rings and tie straps.
Good clean condition.

Sorry, no photos.
Price \$200.

Michelle—(831) 427-1533

**PLEASE INFORM ME PROMPTLY IF
YOU HAVE SOLD OR WITHDRAWN
YOUR ITEM. I'D HATE TO KEEP
ADVERTISING SOMETHING THAT
WAS ALREADY SOLD.**

Barbara
bigcreekranch@wildblue.net

TAX SERVICES
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SR Saddle—Jan Jeffers

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name

And then your address

And your phone number, Fax, e-mail

And then we need your money! Senior membership is \$ 25 _____

Junior (under 16 years of age) membership is \$ 15 _____

Total enclosed \$ _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.

**Mail to Membership Chairperson: Maryben Stover
1299 Sandra Drive
San Jose, CA 95125-3535
(408) 265-0839**

May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!

Mission Statement of Quicksilver Endurance Riders, Inc.

QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

**Quicksilver Endurance Riders, Inc.
P.O. Box 71
New Almaden, CA 95042**

