



Quicksilver Quips

January 2017

President's Message – January 2017

Jill

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Officers

President.....Jill Kilty-Newburn
Vice President.....Barb Granter
Secretary.....Melissa Broquard
Treasurer.....Trilby Pederson

Board Members

Elisabet Hiatt
Jayne Perryman
Pat Verheul

Newsletter Editor

Barbara McCrary
bigcreekranch@wildblue.net

Editor's note: I've not been able to contact Jill for her president's message, and Quips is already very late, so am sending it without Jill's message.

Quicksilver on the Web

<http://www.qser.net/>

Quicksilver 2017 Calendar



Wednesday, January 20, 6.30 PM for our first Board Meeting of the year
at Trilby Pederson's home - **20535 Rome Drive.**

Awards Banquet will be February 6. Come for dinner at **Harry's Hobrau**
at **5.30 - 390 Saratoga Ave, San Jose, CA 95129**



Deck the Halls

The QSER Christmas party was held on December 3rd, at the New Almaden Club, and all had a good time! The usual yummy potluck faire accompanied Trilby's delicious roast turkey, as we gathered around the tables to enjoy the feast and festivities.

It is always fun to celebrate the season with club friends. Thanks to all who make it happen – cooks, decorators, clean up crew and party goers!

National Day of the Horse

Submitted by Michelle Herrera

On November 18, 2004, United States Senate Resolution 452 recognized December 13 as the National Day of the Horse.

National Day of the Horse encourages people of the United States to be mindful of the contribution of horses to the economy, history and character of the United States.

The domesticated horse we know today, also known as *Equus caballus* was introduced into North America by Spanish explorers. Escaped horses eventually spread across the American Great Plains.

Interestingly, there is a debate about the origin of *E. caballus*. There have been recent mitochondrial studies of an ancient horse called *Equus lamei*. *E. lamei* once populated North America and died out more than 11,000 years ago. The studies suggest it is genetically equivalent to what we know as the modern, domesticated horse. This could mean that *E. caballus* is technically a native species and its evolutionary origin is North America.

Aside from the anthropological debate, the horse has contributed greatly to the advancement of civilization in North America. From clearing forests for farmland and a form of travel bringing pioneers to the west to diversifying Native American's hunting habits and rounding up livestock on ranches, the horse is embedded in American history and legend.

(Excerpt) Read more at nationaldaycalendar.com

Return with Us to Yesteryear...

January 1996

Old Quips President's Messages
Submitted by Julie Suhr

Steve Reflects... Christmas and a New Year approaches and it's now time to think about the future and the past. I for one have much to be thankful for as "95" was a good year for me. Those who helped me to succeed in rides that were only important to me. Certainly not in the same fashion for them. They worked for me to be successful. Those who crewed at Tevis were more than needed and their support brought about the thrill for me of finishing. For them, it was just knowing that I did it. The vets who worked the different rides certainly worked for me without even a thank you. But I know them and I am thankful for their help. Those who put on the rides and got very little in return. They deserve a thank you as they are the reason we have our passion to ride and a place to ride. So many more who supported us. Family and friends and the unknown out there. Someone who just handed us some water or held our horses. They were there and this is the time to think of them and be grateful.

For next year, I can only plan and set my goals. Entice a few souls to help me at the different rides that I want to attend. Hope that I didn't use up all of my friendships last year. Why would they help again? Because they are my friends. It sure was a good year...

The trophies are on the shelf, the pictures are hung on the wall. When I look at them, I see two individuals, my best friend and I. The friend who carried me over the road and trail, stone and mud for hundreds of miles without a whimper—well, maybe a neigh. My companion on a lonely mile of rough trail. The one who made all of this possible. Good-natured with me and always wanting to please—my horse. For him a warm blanket on a cold night, an extra dole of grain when the winds blow, and the rain come down this winter (if it ever comes.) A real good cheer and, in as many ways as possible, a thank you for the season past. Yes, it was a good year.

Somewhere we must find good thoughts for the organization that has helped us. Quicksilver Endurance Riders, Inc. may be a name, but behind it are individuals who helped us to have a good year. Meetings to exchange ideas and guest speakers to give us the valuable knowledge to handle problems and ourselves to make endurance riding a better sport for all. From the beginner (who we all were once) to the most advanced and knowledgeable member, it takes a special warm thanks for all that we enjoyed. We support each other so goals can be achieved. Taking one time for our goals and giving the next, so another member can achieve theirs. The spirit of good will for all starts among us. Merry Christmas and Happy New Year!

50 miles to go

Steve Lenheim

Return with Us to Yesteryear...

Lucky me! Granddaughter Katie Webb, a Quicksilver member, gave me Lori Oleson's book, "Endurance...Years Gone By" for Christmas. Oh, how it brings back memories. It also gave me information that I wasn't completely aware of, mostly about the Great American Horse Race. Lud and I had entered that ride, but I realize now how poorly we were prepared for it. We didn't have the right horses, they weren't conditioned enough, and—as Lud said—"I don't know what made me think I could take 6 months off of my business to do the ride."

I have been fortunate to know, and/or have ridden with most of the people and horses she has written about. When I read the chapter about Khazen +/, Becky Hart's amazing horse, I thought to myself, "Khazen took me through my very first Tevis finish." Courtney had offered the use of Khazen to anyone who would sponsor his daughter through Tevis in 1978. When I met up with Courtney's ex-wife to meet Stephanie, I was informed that other arrangements had been made. So I started Tevis and Courtney wondered where his daughter was when I reached Robinson Flat without her. I rode Khazen very carefully, as he was not my horse. I had no idea of his potential, and while climbing out of the canyons, I would ask him to stop for a rest about every second switchback. He wondered what on earth I was doing that for; he was tireless. Because I rode so carefully, we finished only 15 minutes before cutoff time in the morning, and when I crossed the timing line and continued to ride toward the stadium, I heard a rooster crow in someone's backyard. I thought, "My God! What have I just done?"

I rode into Fort Shellbourne on Courage, who was a nephew of El Karbaj, after Hal and I broke chest-deep snow over Shellbourne Pass. Hal beat me to the finish line and came in first place that day.

I served for many years on the AERC Board of Directors with Maggie Price. What a great lady she was!

Trilby and I rode together on Applegate-Lassen one year, she mounted on her great horse Lad.

The book stirred so many memories of the greats of yesteryear. I think Kathie Perry is still competing, but many, along with me, have retired from competition; some are no longer with us.

Thanks, Lorie, for the tremendous effort you put into this book of endurance riding history and memories. A noble accomplishment. I recommend it to everyone who loves endurance and a good tale.

Barbara McCrary

Permission to Fail

There's a certain freedom in being clueless. BY JULIE MATLOF KENNEDY

MY FRIEND ABBY just did something remarkable—she wrote a play. Now, Abby is razor-sharp and talented, but she's never even written a piece of fiction, much less a play. Nevertheless, her mentor asked her to collaborate on a dramatic piece, and she said yes. If anyone were to ask me to do that, my first reaction would be to laugh. Then I would explain that I have no creative talent, I don't do fiction. . . . I'm just not good at that sort of thing.

How many times have I let the fact that I'm not good at something stop me from doing it? Early on, I focused on the things I did well and made it a habit to avoid everything else. I succeeded academically and was fed a steady dose of praise. I learned to crave it.

I was an approval junkie. Doing poorly was unimaginable—even average felt not good enough. So I stayed in safe territory, avoiding anything that might expose me as clumsy, uncertain or incompetent. That meant singing, poetry, painting, bak-

ing, calculus, needlecrafts, power tools and any sport involving objects moving through the air were all out.

On my 45th birthday, though, I decided I had kept myself locked in safety long enough. My need for approval had become paralyzing. What I really needed was to be clueless—to risk doing something new, with no expectation that I would be any good at it.

My first thought was to try fencing (the idea of declaring "En garde!" was enticing), but in the end I chose horseback riding. My daughter, Alex (Class of '15), is an accomplished rider and a member of Stanford's equestrian team, so I had spent time around barns. But I had never really ridden.

The first challenge was purely physical. My middle-aged body wasn't eager to embrace new exertions. I couldn't believe how much I hurt. Even more daunting was the mental hurdle. It's disorienting to start at the bottom, especially when you've spent your life avoiding it. I found myself asking my instructor again and again what to do. "Put on the bridle? How, exactly?"

Once I was in the saddle, it felt like learning to drive all over again, but with a steering system that had a mind of its own. Even coaxing the horse to walk in a straight line was a big accomplishment. We achieved it only after days of my practicing coordinating legs, hands and head. Then there was learning to post on the diagonal, which requires figuring out—without looking—which of the horse's legs is moving forward at any given moment and synchronizing a slight lift of your body out of the saddle. I still get it wrong sometimes.

Now, four years into what has become a passion, I start every ride with a list of things I want to improve on that day. For once, I am not trying to achieve anything. I ride for the love of it. I ride because it's a pleasure to be a rookie learning from a thoughtful professional. I ride as part of a community of kindhearted equestrians who support and cheer for beginners. I ride because even if I'm not very good at it, it's very good for me. ■

JULIE MATLOF KENNEDY, '87, JD '91, lives in San Francisco.

JULIA BRECKENRID



Submitted by Julie Suhr with the comment that it is one of her favorites

2016 QSER YEAR END POINTS/MILEAGE FORM

Name of Rider _____ AERC Member # _____

Wt. Division _____ Total Career Miles Rider _____

Milestones the Year (New horse, accomplishments, goals met, happy news....) -

Name of Horse _____ AERC Horse # _____ Career Miles _____

Name of Horse _____ AERC Horse # _____ Career Miles _____

Name of Horse _____ AERC Horse # _____ Career Miles _____

Name of Ride	Distance	Horse Ridden	Placing in your weight division	BC?	Did you sponsor a Junior?

Crewing Mileage:

Name of Ride	Distance	Rider	Placing

Volunteer Mileage:

Name of Ride	Distance	Position

Use additional pages if necessary. All forms must be returned by January 12, 2016. Please mail completed forms to Jayne Perryman, 19240 Vista De Lomas, Morgan Hill, CA 95037 or jayneperryman@yahoo.com.

2016 Branding

By Jayne Perryman

On December 27, 2016, the Perryman family participated in the Madrone Cattle Co. branding – this is not a ride story, but a fun part of our holiday season. Not an endurance horse was seen within five miles of the event, but there were two solid working cattle horses and 65 cows with calves, four bulls and a buffalo.

Dusty and I cooked lunch for the crew of about 19, and 65 calves were branded, given immunizations, ear tagged and, if needed, cut. Beautiful crisp, clear weather made the job go quickly. Dusty and I missed seeing the cow horses cut and gather the calves, but I hear that was great fun to watch.



Blair and Splash hanging on the fence after doing the cutting and sorting of the calves from the cows.



Calves in the tub waiting to be pushed into the shoot and then put on the calf table



Kyle Perryman on the chute, working the calves down past Greg and Darren



Jenny taking a break



Calf being held on the table getting her immunization and ear tag



Calf being branded



Lunch being cooked by Dusty...guess beef is on the menu



Lunchtime

Happy New Year!

The branding was the ranch's 99th. Same family for 99 Years. It is the Tilton Ranch run by Burbanks.

Editor's note:

(This is so familiar...Lud and I did this for 65 years, only we never had more than 35-45 calves at one time. We used to gather the cattle with horses—five of us, including three daughters—when they were old enough to help. Beginning in the year 2000, we started using the John Deere Gator, as the cows began to associate it with a load of hay and they would follow us down from the hills and right into the corrals. This ranch in Jayne's photos has nice equipment—Powder River brand cutes, corral panels and gates. Good equipment is essential, as poor equipment can get you into a lot of trouble. We didn't have beef BBQ for lunch. That looks great! I'll bet the ranchers appreciated the help from the Perryman family. Two years ago, we sold our cow herd to our daughter and son-in-law, Janet and Steve Webb—Katie's parents. Katie's brother, Dennis, has bought nine heifers from them and they are pastured here on our home ranch. The next generation of cattlemen...our little ranch has never been without cattle since it was settled in 1869 by Lud's great-grandfather and family.)

Classifieds



BOOKS ARE THE PERFECT GIFT!



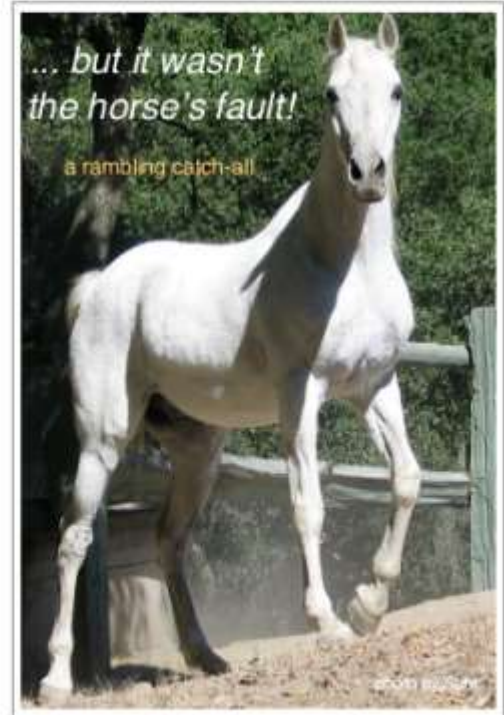
To benefit our trails and our horses, I have written two books. They are entirely different in style.

1. **Ten Feet Tall, Still** is out-of-print, but available as an e-book from Amazon, Barnes and Noble and others. All proceeds to **AERC Trails Fund** and **WSTF Trails Fund** for preservation of horse trails. \$9.99
2. **...but it wasn't the horse's fault!** Available from Marinera Publishing, www.marinerapublishing.com All proceeds to **CENTER FOR EQUINE HEALTH**, School of Veterinary Medicine, Davis, California \$24.95



by
Julie Suhr

*You are never
quite the same
after you ride
a good horse.*



"TEN FEET TALL, STILL"

My first book, *Ten Feet Tall, Still*, is out of print, but is now an e-book for downloading at Amazon, Barnes and Noble and some other places. One Hundred Percent of the proceeds go to the AERC Trails Fund and the WSTF Trails Fund.

Julie Suhr (831) 335-5933

WANTED

Looking to buy or borrow a pair of basic, old style Easy boots, size 000 or pony size. Contact Elisabet at lazo@ucsc.edu or **831-234-4732**

Classifieds and Services



This book is on great horses and riders in the beginning of our sport starting in the 1970's. It has been a fun project and I'm excited to introduce (or re-introduce) those that made endurance riding what it is today.

Dick Carter did the beautiful cover, Susan Garlinghouse wrote the Forward and 5 chapters are about great Quicksilver horses and riders.

A percentage of all sales will be given to the AERC Education Committee.

Lori Oleson

endurancehistory@gmail.com

Cost of book is \$24 + tax/shipping

CRANIOSACRAL THERAPY FOR HORSE AND RIDER

Are you curious about how craniosacral therapy can improve your riding, your horse's gaits and total well being? Craniosacral therapy can enable structural and emotional balance to yourself or your horse by working through and releasing old physical and/or emotional traumas (whether you remembered it or not!) in relaxing non-invasive bodywork sessions.

Are you uncomfortable while riding? I also offer saddle fit and gait evaluations for both you and your horse, unmounted and mounted, to help you identify and trouble shoot sticky spots as a Better Balance Session. I look at all aspects from rider imbalance to hoof imbalance and offer solutions to achieve Better Balance between you and your horse as a whole so that you can go the distance with joy.

We can discuss your issues and curiosities in detail in a free no-obligation telephone or email consultation. Please contact me to schedule a phone conversation or just shoot me an email!

Kathy Mayeda, EBW-CST, CMT

(408) 763-0977

klmayeda@gmail.com

~~~ Welcome to The Horseshoe Bend Waystation! ~~~



Whether a vacation stay or just a stopover - we want your visit to be comfortable, convenient and fun! We have full horse facilities available and dogs are welcome!

We are located in "The Bend" ~8mi north-east of Red Bluff, CA. just off I-5. Newly upgraded home available for vacation rental or stopover.

Complete horse facilities (covered paddocks, arena, pasture) and dogs welcome!

You can email us at [Horseshoebendwaystation@gmail.com](mailto:Horseshoebendwaystation@gmail.com) or call 530.526-1167 to reserve your stay. Check out our website (work in progress!): [www.horseshoebendwaystation.com](http://www.horseshoebendwaystation.com)

And Facebook "*The Horseshoe Bend Waystation*"

You can also find us on VRBO.com (search Red Bluff, CA)

Rates start at:

Per night                    \$150 (max is 5ppl)

Dogs                    require \$100 cleaning deposit(*refundable*)/\$25

Horses \$30 per night (you clean) / \$45 per night (i clean!)

Stopover only {no overnight}: \$20 unlimited use of paddocks/arena/pasture

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15682 Bend Johnson Rd. Red Bluff, CA 96080



# Classifieds

## **HORSE BOARDING FACILITY**

20535 Rome Drive, San Jose, California.

Stalls: \$320.00, pasture \$220.00,  
fed twice a day high-quality  
orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders.

My place borders Quicksilver Park.

**Trilby – (408) 997-7500**



### **HORSE BOARDING—PERFECT FOR ENDURANCE HORSES ALMADEN AREA (photo above)**

Huge paddocks with lots of room. Our pastures are real pastures and not crowded -- approximately 2 acres per horse. (See *photo above*.) We have direct trail access. Rates start at \$275. 1 free trailer parking space per boarder. Top quality grass/alfalfa hay fed. Also riding lessons with three-time world champion. Call

**Becky: 408-425-5860** or

**Maryben: 408-265-0839**

e-mail to [merryben@live.com](mailto:merryben@live.com)



# Services

## **CENTERED RIDING® LESSONS**

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body.

Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with

Level 3 Centered Riding instructor. Clinics available upon request.

**Becky Hart**

**(408) 425-5860**



## **PRINTING SERVICES**

For Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky: [bghart@garlic.com](mailto:bghart@garlic.com)**

## **TAX SERVICES - Specializing in horses**

**Trilby — (408) 997-7500**



## Happy January Birthdays to our Quicksilver Members and Endurance Friends



|                 |    |
|-----------------|----|
| Robert Ribley   | 2  |
| Elaine Alton    | 3  |
| Jeremy Reynolds | 16 |
| Doug Spilman    | 16 |
| Kathy Miller    | 18 |
| Bob Verheul     | 23 |
| Ann Plaggmier   | 23 |
| Pat Verheul     | 27 |
| Holly Bergantz  | 27 |
| Tieran Rashid   | 28 |
| Mike Maul       | 30 |

# END OF THE YEAR MUSINGS

Wouldn't it be great if we could put ourselves in the dryer for ten minutes, come out wrinkle-free and three sizes smaller?

Last year I joined a support group for procrastinators. We haven't met yet...

I don't trip over things, I do random gravity checks!

I don't need anger management. I need people to stop ticking me off!

Old age is coming at a really bad time!

When I was a child I thought Nap Time was a punishment.. now, as a grown up, it just feels like a small vacation!

The biggest lie I tell myself is... "I don't need to write that down, I'll remember it."

Lord grant me the strength to accept the things I cannot change, the courage to change the things I can & the friends to post my bail when I finally snap!

I don't have gray hair. I have "wisdom highlights". I'm just very wise.

My people skills are just fine. It's my tolerance to idiots that needs work.

Teach your daughter how to shoot, because a restraining order is just a piece of paper.

If God wanted me to touch my toes, he would've put them on my knees.

The kids text me "plz" which is shorter than please. I text back "no" which is shorter than "yes".

I'm going to retire and live off of my savings. Not sure what I'll do that second week.

When did it change from "We the people" to "screw the people"

Even duct tape can't fix stupid... but it can muffle the sound!

Why do I have to press one for English when you're just gonna transfer me to someone I can't understand anyway?

Of course I talk to myself; sometimes I need expert advice.

Oops! Did I roll my eyes out loud?

At my age "Getting lucky" means walking into a room and remembering what I came in there for.

Chocolate comes from cocoa which is a tree... that makes it a plant, which means... chocolate is Salad!



**IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!**

**FIRST: We need your name**

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**And then your address**

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**And your phone number, Fax, e-mail**

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**And then we need your money! Senior membership is \$ 25 \_\_\_\_\_**

**Junior (under 16 years of age) membership is \$ 15 \_\_\_\_\_**

**Family membership is \$ 40 \_\_\_\_\_**

**If you want a printed copy of Quips mailed to you (as opposed to PDF file e-mailed) add \$10 \_\_\_\_\_**

**Total enclosed \$ \_\_\_\_\_**

**Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!**

**How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.**

**Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.**

**Mail to Membership Chairperson: Maryben Stover  
1299 Sandra Drive  
San Jose, CA 95125-3535  
(408) 265-0839**

**May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!**

*"Life outside of endurance? I don't think so."*

*Dave Rabe*

"Nothing can stop a man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."

*Thomas Jefferson*

## **Mission Statement of Quicksilver Endurance Riders, Inc.**

**QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.**

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**Quicksilver Endurance Riders, Inc.  
P.O. Box 71  
New Almaden, CA 95042**

