



Quicksilver Quips

January 2016

President's Message – January 2016

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Wow! What a phenomenal start to 2016!! Our AERC contingent in the Rose Parade looked fantastic, and how fun was it to see Julie up in front riding that beautiful White Mare?!

The time is upon us to renew your QSER membership, if you have not already done so. You can download a form on the back of this newsletter, and send those to Maryben, whose address is listed on the form. Back in April, the board decided that we would request a supplemental \$10 printing fee for members who want to continue receiving a hard copy of the Quips by mail. If you are one of those folks who would really appreciate receiving your newsletter this way, please add \$10 to your renewal fee, and we will send you a copy the old fashioned way. Please note that this does not cover the full costs of printing and postage to send these out, but was decided upon as a first step to help us cut costs and save paper. Thanks for your understanding as we try something new.

2016 brings us a new group of Board Members:

Melissa Broquard
Barb Granter
Pete Harper
Jill Kilty-Newburn
Trilby Pederson
Jayne Perryman
Pat Verheul

Thanks in advance for your service to the club and our endurance community.

Please save the date of Wednesday, January 20, 6.30 pm for our first Board Meeting of the year at Trilby Pederson's home - 20535 Rome Drive.

And while you have your calendar out, the Awards Banquet will be February 6. Come for dinner at Harry's Hobrau at 5.30 - 390 Saratoga Ave, San Jose, CA 95129.

And finally, a request to all—please send your photos and contributions to the calendar to Judith before January 13th. It is a wonderful gift that Judith agrees to put this together for us, but we need to send her the pictures so she can work her magic and put it all together. Thanks for your help with this!

May 2016 bring peace, prosperity and good times with cherished friends!

Cheers...

Jill

Officers

President.....Jill Kilty-Newburn

Vice President.....Barb Granter

Secretary.....Jeanine McCrary

Treasurer.....Trilby Pederson

Board Members

Pete Harper

Jayne Perryman

Pat Verheul

Newsletter Editor

Barbara McCrary

bigcreekranch@wildblue.net

Kudos

I could shout it from the housetops for all to hear that in Lori Oleson QS has a gem. I have just spent four day with her in my camper in which the lights don't work, the heat doesn't work, the faucet does not run water. She drove a total of about 13 hours round trip to get me to the Rose Parade and back. She never complained, she never was flustered, she got up at 4 A.M. on Parade day, she helped groom my horse, she saddled my horse, headed me the right direction numerous times, kept track of everything at various rider meetings, dealt with some difficult personalities, walked about 8 1/2 miles between the 7 A.M. when we mounted up until 11:30 when we finished the parade, drove me all the way home afterwards. I will write more for the next QS Quips.

Julie Suhr



Julie—Ten Feet Tall, Still



Terry Wooley-Howe, Julie, and Lori Oleson

From Facebook

To all....I need to share my thoughts concerning the Rose Parade and my deep-felt gratitude to the many who have made a tired old heart soar.

First of all to Rushcreek Aubie and Anna Wolfe, without whom I would have been sitting home watching it all on TV rather than making it one of the heartfelt memories of a lifetime. Aubie and I did the Los Gatos Christmas Parade together and I knew from the start I was on good hooves. And so it was at the Rose Parade. Our practices at LAEC went beautifully and I felt safe and secure as I rubbed the acupuncture points at her withers and told her we could do this. She sort of replied "no problem."

I was the pressured one who knew, unlike the Tevis Cup where if you blow it is only affecting you, but at the Rose Parade if you blow it, it reflects on all the others in the group.

We lined up beautifully as the floats and bands went by and our turn to be entered into the parade approached. The Stanford Band was directly in front of us and they are rather renowned for their wildly unorthodox approach which include some really wacky maneuvers. Aubie did not feel they had all their marbles but she had her buddies Gayle Peña and stablemate Dolly right behind her at whom she would glance to be sure they were okay. My friend Lori Oleson would come beside her and we would march ahead with a "no big deal" attitude which gave me all the confidence I was otherwise lacking. She never stumbled, shied, or did anything to scare me. I had joked with Anna that at the end of the Parade we would toss a coin to see which one of us would take her home. Gayle grabbed her and I knew that my corrals would never hold my new BFF.

To thank individually the people who gave me a New Year's Day beyond compare would take a book. You know who you are and I am blessed to have had you in my life.

Julie Suhr

Editor's Note: And Julie's alma mater, Stanford, won the game, too. How great is that?

Hi, So Glad all went Well!! A Bucket List Item for sure!! I watched you both (Lori and Julie) on TV and really loved it!! Thanks for representing the Quicksilver Group with style and charisma! Happy New Year!!

Carolyn Tucker



Two very happy Rose Parade entrants—Julie Suhr and Lori Oleson— and one calm and serene horse, Rushcreek Aubie

Oh, those CRAZY Arabs! They're always so hyper, flinging themselves about...!

Quicksilver 2016 Calendar



Wednesday, January 20, 6.30 PM for our first Board Meeting of the year
at **Trilby Pederson's home - 20535 Rome Drive.**



Awards Banquet will be February 6. Come for dinner at **Harry's Hobrau**
at **5.30 - 390 Saratoga Ave, San Jose, CA 95129**

We need your nominations for 2015 Season Club Awards

Nominations are still needed for our special club awards! Please contact the committee chairs below with your nominations.

Mary Whitaker- Anderson for the Eleanor Norton Award, which shall be chosen as follows:

This award, given in the memory of Eleanor Norton, is a sportsmanship award, given to the club member that exemplifies the meaning of the word "sportsmanship."

Judith Ogus for the Horse of the Year Award, which shall be chosen as follows:

This award shall be given to one horse owned and/or ridden by a current Quicksilver member. This award shall be separate from the Hall of Fame award. Horse of the Year shall demonstrate outstanding achievement in a single ride season in one or more of the following categories:

1. Outstanding performance at high profile endurance rides.
2. Outstanding accumulative record for the year (high mileage, numerous wins, numerous best conditions or top tens)
3. Outstanding performance in a single ride season by multiple offspring of a broodmare or stallion.
4. Any horse able to overcome adverse conditions (orphaned, serious illness or injury—not race related—, etc.) and able to begin or continue an endurance career.

A committee shall consist of the most current recipient and two members chosen by him/her. The committee shall review nominations submitted by the membership and select an individual that best deserves to be named as Quicksilver Horse of the Year. If no horses are nominated by the membership, the committee may select a recipient for the award.

Judith Ogus for the The Hall of Fame Rider

Lori Oleson for the The Hall of Fame Horse

Thanks for sharing your nominations!

Deck the Halls

The QSER Christmas party was held on December 5, at the New Almaden Club, and all had a good time! The usual yummy potluck faire accompanied Trilby's delicious roast turkey, as we gathered around the tables to enjoy the feast and festivities.

Pete Harper did an admirable job of keeping the gift exchange moving along, and Michael Newburn sneaked off with Trilby's coveted quilt. (Looks fabulous in the guest room!!)

It is always fun to celebrate the season with club friends. Thanks to all who make it happen – cooks, decorators, clean up crew and party goers!

Quicksilver Endurance Riders Treasurer's Report (December)

GENERAL ACCOUNT	\$10,544.14
TRAILS ACCOUNT	1,074.25
JUNIOR ACCOUNT	454.38

The Light QSER Gives Me

By Sandy Holder

I remember the Quicksilver Ride where I first joined the club. It was at Henry Coe and probably the toughest ride I'd ever done – definitely the hardest ride my wonderful pony Tally had ever attempted at that point. Fifty miles mentoring another rider and not really being totally experienced myself, we finished the ride, mid-pack I believe, and my boy did something unexpected – he lay down in front of me to rest. Dick said he looked a bit tired, and having passed the final vet check, was probably OK. I was distraught and quickly caught Melissa's eye and pleadingly asked for her help. She confirmed my mentor's perception and thoughtfully suggested if anything changed, she was more than willing to come take a look at him again. Nervously I attended to him until Dick suggested I actually "let him rest" . . . at which point I started pacing further away. I quickly found myself with Maryben, who to this day I'm not sure what question she asked, but she quickly distracted me from my worry and began to share the history and prestige of the club. Before I knew it, I was opening up my checkbook convinced that I too could belong to the club and become a "Quicksilver Endurance Rider"!

I look back over the years and still shake my head at how really green I was and probably still am. Dick "brought me into the fold" and before I knew it, helping Peggy as an Assistant Ride Manager, adding to my knowledge, and then, at Dick's insistence, joining the Board for a year, before shockingly being "nominated for President". Oh, dear Lord, did I want to say "no" but as you can imagine between being given a resounding yes from the "Duchess of Endurance" and the fine man that's taken me on like a daughter, "no" really wasn't an option.

The Board experience for the club was tough and I really applaud all those that have done it and continue to provide leadership for us. Personally I tried hard to create a positive environment, but not knowing Robert's Rules well enough, and really wanting to make everyone feel equally positive (including the newbies just starting with LD's), it was tougher than expected. I almost gave up at one point and seriously believe but for the call from Julie mid-way through that first year and then the encouragement of Elisabet the 2nd year, I would have.

I look back now and realize that over the years, *many, many club members made me feel "good"* and have offered advice, helping me become a better horsewoman – bringing me "Light". From overcoming distress that comes from actually MAKING my horse thump by giving him the wrong electrolytes *and correcting that issue* (Michelle, Kiki and Peter); *training for the ultimate rides* (Barbara White – completing Swanton, Tevis and Virginia City all on the same horse in the same year); *pacing, detecting lameness, breeding* (Dick) and a million other things; to *supporting my efforts as RM* (TOB – The Other Barb, Katie and so many others); and in the last couple of years, *birthing and raising a baby – two actually now*. . . and then there's showing for BC.

Best Condition – yep that's one, that unless it's for a horse I DIDN'T ride, I still can't do! Suffice it to say, believe it or not, I find myself too nervous to actually show my horse (by any reasonable standards) for Best Condition even WITH the help and encouragement of fabulous members of our club! It's akin to finding my way out of a wet paper bag, even though the "best of the best" have patiently tried to teach me (sorry Becky and Judith). So, after finishing my first 100 miler, the scintillating Swanton Pacific, on a horse that tried to canter to pass 3 other horses the last ½ mile before the finish line (I did NOT let him), I wasn't going to even attempt it. Unfortunately for me, Julie was parked next to us, and when I was still laying on the floor of my LQ at 7 a.m. Sunday morning looking at my horse, she offered herself AND her beautiful daughter's help in "cleaning up my horse to show". . . well, let's just say he was shown in some semblance of a circle, with me tripping 2 or 3 times, and, oh yeah, it was an utter failure. Last year after much practice, I was asked at the completion of 3 days of LD's at Cuyama to "Trot in a straight line and come back" for a CRI. Somehow I managed to trot out, back, do a semi-circle in one direction and then the other. The only good news is our club namesake, Quicksilver WR, was more nervous standing at the finish than I was and once I "put him to work" trotting him out, he relaxed and came back from the full completion trot out with a 42/42 CRI.

So, earlier this year, finding myself in the Top 10 (seriously only because I didn't get lost) the first day, I completed another failed attempt at trotting my horse out. A friend suggested that it looked more like a very pointed triangle. L Julie, as always, smiled at me and said "he really looks nice"! All 3 days I kept my boy at a steady pace, slower than he wanted to go, when we were on flat ground and power walking the hills and only cantering on the last day with Cathy in front (thank you for letting me ride with you) within 2 miles of the finish. Q was incredibly strong all 3 days. Luckily after Day 3, Rebecca realized how "unable" I was and offered to show my boy, an offer graciously accepted! By the way, the Light our club gives me is strong, because for those of you who don't know, Rebecca worked for Heather and Jeremy for 18 months and, as she put it, managed to "teach her" how to do it!

Well, while I failed miserably at the whole BC trotting out thing, Rebecca made him look fantastic, and we actually did something amazingly wonderful – winning overall Fastest Time (only because Cathy got lost on Day 1) and Overall BC for all 3 days. WooHOO!!!

They say "It Takes a Village" and the culmination of all the Quicksilver Endurance Riders (many I haven't even named here), our last ride of the year was actually incredibly successful. Q was upgraded to a Kimberwicke so the 2nd day 50-miler he relaxed and we had an enjoyable day of trotting – easily for him at 10 mph (he can out-trot Star who's

The Light (Continued on page 7)

The Light (Continued from page 6)

been clocked via GPS at 18 mph). We finished 1st and trotted out for BC with a CRI of 48/48 . . . the same heart rate as his pre-ride check-in. We stayed for dinner and shockingly WON Best Condition!

The moral of this rather long and wordy story is that I have so very much to be grateful for. . . and as the New Year begins for us all, I want to thank you each and every one of the Quicksilver Endurance Riders for allowing me to join your club, for sharing your knowledge (and patience) and for continuing to offer your help, no matter my failings, whether I've had a "wardrobe malfunction" or not. Thank you QSER – **For bringing LIGHT into my life!!!**

See you on the trails... ■

Italian Riding Vacation

By Elisabet Hiatt

I spent the first two weeks of November in Italy. It was a bit of an unplanned, unexpected trip, but it involved horses, so, why not?

It all started with a friend mentioning a dressage riding school in Tuscany. That got my interest. I'm not a dressage fan, but I know good riding transfers to any discipline. I have been to Tuscany before and ridden horses there, and I really enjoyed it, so that was also a plus factor. The thing that clinched the deal was my husband saying "wow, I think you should go!" when I casually mentioned the riding school to him... One of the many reasons I married the guy! HA!

Did some sightseeing the first week there that was pretty fun. Went back to a few places that I had visited before (Rome, Milan and Florence) plus a wonderful visit to Cinque Terre, which was my favorite part of the first week. Must go back there someday! Go if you can... it's just beautiful.

The weather was perfect, and since it was "low" season, the tourists were not there en masse. No museum lines, and happy Italians taking their vacations, so it was a very pleasant experience.

The second week was completely saturated with horses... and great food!

The riding school is called "El Paretaio" and it's advertised as a Classical Dressage Riding School. Sounds snobby, but they are not. Picky about your riding, yes, but owned and ran by nice folks all around.

The school is on about 20 acres. I'm guessing half of those are olive groves with horse corrals in them (they use electric fencing extensively). The horses seemed very well taken care of and were turned out to graze when they were off duty, with plenty of space to run and play. They must not like olives, because the trees were not damaged. They also have a nice big barn with quite a few stalls, along with several permanently fenced large turnout corrals. The main house is an old (several hundred years old!) two-story farm house which has been lovingly and carefully restored, but with all the modern amenities. The minute you enter, you are transported to a slower and quieter era, and it's lovely.

Our days consisted of a large breakfast prepared by the Chef, who catered to our every whim. Several of us had dietary restrictions

and she took wonderful care preparing excellent special meals for us. The night before we were given a schedule of when and what horse we would ride the following morning, so after breakfast some went to their lessons, others went hiking, others just relaxed in the lovely living room or went to watch the lessons in progress.

I had mentioned the trip to Q'silver president Jill Newburn and she decided to go, so it was great to meet a friend at the school and watch how a real pro rides! She makes any horse she rides look good! Being totally ignorant about dressage, I was in the most basic classes, so watching people like Jill ride was also a great learning experience.

Lunch was served at around 1PM and the afternoon schedule was posted. We all had two 45 minutes lessons every day. Then came dinner, which was usually a 5 course meal that left most of us in a comatose state, even if you didn't drink the wine!

Our group consisted of about 12 people, several from California (and the Bay Area) and some folks from back East. It was really fun to meet horse lovers from all disciplines who were there just to become better riders and have a good time. Since my return, I've actually gone riding a couple of times with a very nice young lady from Santa Cruz, whom I guess I had to go all the way to Italy to



Italy (Continued on page 8)

Italy (Continued from page 7)

meet... funny how things work out!

So, the lessons... well, let me get this fact out of the way: I hate English saddles. No question about that. I call them (pardon me) crotch killing saddles. Enough said. I guess that's one of the reasons we posted... to get away from the things for at least every other stride! As an endurance rider, I have a super comfy saddle which is pretty much wrapped in a sheep skin cover and is equipped with very wide stirrups. To go from that to what my old farrier used to call "a postage stamp" was quite the shock. But post we did, and eventually it became a little easier to deal with.

We worked a lot at the walk and trot, and the main focus (at least for us newbies) was rhythm, balance, rein tension, leg yielding, shoulder in/out and circles. The instructors constantly pestered me about sitting up straighter, which is hard for me to do due to my broken back and my ingrained need to protect it, but I think I did manage to shave a degree or two from my forward leaning habit. Probably as much as I'll ever be able to do.

I think one of the most fun things for me was the fact that I got to ride several different horses, which is something I hardly ever get to do at home. Although the horses are well trained, this was the end of the season for them, so some were a bit cranky and probably tired of having a different rider every day. This made for interesting "conversations" with them... in Italian, of course! No, seriously, it was wonderful to see that horses are horses, no matter where you are. They respond to kindness, leadership and a soft hand in pretty much every country I've had the pleasure to ride. Such wonderful creatures!

They had several Mérens horses, which almost became extinct in the last century (there were only about 40 of them left in the 1970's). They are French ponies who thrived in the rugged Pyrenees mountainous terrain, which made them



tough, sure footed and quite athletic. They are around 14 hands and can carry quite a bit of weight for long periods of time, but definitely not fast. They also have enough mane on them to cover about 2/3 of the entire horse! I rode a couple of them, and from the front of the saddle pretty much all I could see was the tip of their ears! Cute little guys with a colorful history. Check out https://en.wikipedia.org/wiki/M%C3%A9rens_horse if you want to learn more about them. I also rode a couple of other horses, but by far, my favorite was a white Arab cross mare that "felt" much more familiar to what I'm used to riding. Sasha and I got along great and she gave me several wonderful canters at the end of our lessons that I enjoyed immensely. Riding a mare was also a new experience for me. To the best of my recollection, in the 35 years I've been riding, I've never been on a mare!

What did I bring back? Well, interestingly enough, two weeks after I returned, I did the last endurance ride of the season with my horse Tango. It was a 3 day 155 miler that gave us a total of 665 competitive miles for the year. Tango has had random sore back issues for a while, and no one can figure out why. I practiced my posting a lot on this ride, and we also did quite a bit of loping. I was much more aware of my body and re-evaluated my position far more often than I have in the past. Out of a combined 150 or so riders over the three days, we were one of only 5 people who completed the whole ride as a team (same horse/rider for all three days), and Tango's back was in great shape. That, alone, was worth the whole trip! So if you see us going down the trail, hopefully I'll be posting, and if not, please give me a holler! ■

TTouch for You and Your Horse
Rancho Ruiz, Gilroy, CA
March 11-13, 2016

Instructor: Linda Tellington-Jones

Training location:

Rancho Ruiz
Deb Timms
993 Day Road
Gilroy, CA 95020
www.rancho Ruiz.com
408-309-0538

Local Coordinator:

Judith Ogus
408-425-7873
info@randomarts.biz

Coordinator:

Tellington TTouch Training Inc.
1713 State Road 502 Santa Fe, NM 87506
Phone: 800-854-8326 Fax: 505-455-7233
kirsten@TTouch.com
www.TTouch.com

Schedule:

Day 1: 9:30 AM- 5:30 PM
(please arrive at 9:15 AM)
Day 2: 9:30 AM - 5:30 PM
Day 3: 9:30 AM - 4:30 PM

Tuition March 11-13, 2016: \$565.00 before January 13, 2016 if tuition is paid in full. \$645.00 after.
Payable to the Tellington TTouch Office. (Lunch is included in the tuition.)

Auditing: one-day auditing cost: \$115.00 (Lunch is included)

A \$300.00 deposit is due at the time of registration to hold a space in the class. The balance is due 30 days prior to the start of the training. **Please note, if you pay your deposit with a credit card, the balance will automatically be charged to the same card 30 days prior to the start of the class unless you request otherwise.*

Three ways to Register:

- Online at www.ttouch.com select *Trainings & Workshops, Register for an Event*
- * Mail a check to our office made payable to Tellington TTouch Training and note the course session in the memo line.
- Call our office to pay with your Visa, MasterCard, American Express, or Discover card

Tellington TTouch Training Cancellation Policy: Tellington TTouch Training reserves the right to cancel a session if necessary because of circumstances beyond our control or when enrollment is deemed insufficient. In this case all deposits, tuitions and the processing fees will be refunded. We recommend that you purchase flight and hotel insurance for each event for which you register.

Tellington TTouch Training Participant Cancellation Policy: For cancellations made more than 30 days in advance of the training, a refund will be given minus a \$100.00 administration fee. No refunds are possible for cancellations less than 30 days prior to the start of the training. If you have to cancel, \$300.00 is nonrefundable but you may apply the rest of the deposit to another training that must be attended within one year of your cancellation date.

Meals: Coffee and tea will be provided in the mornings by Rancho Ruiz. We will also provide lunches that will include vegetarian choices. If you have any special dietary needs, please bring your own food. Dinner will not be provided.

If you are traveling to the class:

Airport: San Jose International Airport or San Francisco International Airport

Lodging: <http://www.gilroyvisitor.org/lodging.ph>

Camping:

Camping is allowed at Rancho Ruiz if arranged in advance. \$15.00 per night with no hook ups and \$25 with hookup.

Another lodging option to consider: www.airbnb.com

Bed & Breakfast listings and rooms in private homes

DIRECTIONS to the Farm:

101 to Gilroy, West on Masten Exit, Go to second stop light Santa Teresa and turn left (about 1 mile) Go about 1 mile to Day Rd West and turn right, 1st driveway on the right 993 Day Road

Bringing your own horse to the training: You are welcome to bring your own horse to the training but it is not necessary, as you will still have an opportunity for plenty of hands on work. **If you do want to bring your horse you must let us know in advance and register your horse as soon as possible as horse space is limited so it will be on a first-come basis.** To register your horse online, go to www.ttouch.com, select *Trainings & Workshops*, then select *Register Your Horse*.

Stabling information for your horse:

Overnight fee is \$15.00 per night, per horse. If you need or want shavings you must bring your own. Bring a bucket and your feed. You are responsible for cleaning your own stall. If stalls are not cleaned of all hay, shavings and poop before you leave you will be charged an extra \$15. Your horse should be healthy and in good shape. Please check with your vet for any outbreak status before leaving. For the safety of The Farms chickens **No dogs allowed during clinics**
Please register your horse with The TTouch office **AND** Deb Timms (Rancho Ruiz) 408-309-0538.

Weather & Clothing:

The weather in March in Gilroy, California is usually very pleasant. daytime temperatures should range from 60° - 75°. However if we do experience an El Niño year, it could be rainy. Bring rain gear. Evenings and morning are cooler, usually in the mid-thirties - to mid-fifties. Bring plenty of sun block, sun glasses, hat/visor, and sunblock for your horse if he/she requires it. Make sure to bring water. The indoor arena is usually quite comfortable regardless of outside temperatures. Our advice is to dress in layers!

Equipment:

TTEAM Wand, 4' White Dressage Whip

Tellington TTouch Training, - USA Office
1713 State Road 502 Santa Fe, NM 87506 Ph 800-854-8326 Fax: 505-455-7233
E-mail: kirsten@TellingtonTraining.com website: www.TTouch.com
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TTEAM Lead with 28 chain or zephyr lead.

The wand and lead are essential items for a TTEAM training. If you have them, bring them with you. If you do not have a wand and lead, they will be available for sale at the clinic.

If you have any other TTEAM equipment, i.e., TTEAM driving lines, Balance Rein, Lindell or ace bandages, it would very helpful to have them on hand

Please be sure your items are well marked for easy identification.

Equipment, videos and books will be available for purchase.

Required Reading:

Before attending the training we suggest you become acquainted with Linda's new book, The Ultimate Training and Behavior Book and that you view the DVD Solving Riding Problems With TTEAM, From the Ground. If you purchase a second TTEAM video or DVD of your choice prior to the training, you will receive 50% off that video. These items may be purchased on our web site:

www.TellingtonTTouch.com ~ or call the TTEAM office to place your order. Phone: 800-854-8326

Judith Ogus

judith@randomarts.biz

<http://nucancerfrogblog.randomarts.biz>

<http://www.randomarts.biz>



Tellington *TTouch* Training®

TTEAM - Tellington TTouch Equine Awareness Method Training - Gilroy, CA
March 11-13, 2016
DATA SHEET

Please complete this form and return to
the TTouch Office no later than one month before the training.

Your Name _____

Address _____ City _____ St _____ Zip _____

Phone _____ Fax _____ E-mail _____

Emergency Contact (Name, phone number and e-mail): _____

I am bringing a horse. yes no

I have signed my horse up with the facility. yes no

Accommodations: Please make your arrangements with the hotel of your choice, then fill in the following:

Accommodations:

I am staying at: _____

Transportation:

Flying in/out of: _____

Arrival Date & Time: _____ Airline & Flight # _____

Departure Date & Time: _____ Airline & Flight # _____

I am willing to share my car: Yes No with (#) _____ people

I would like assistance with arranging a ride share: Yes no

Classifieds



BOOKS ARE THE PERFECT GIFT!



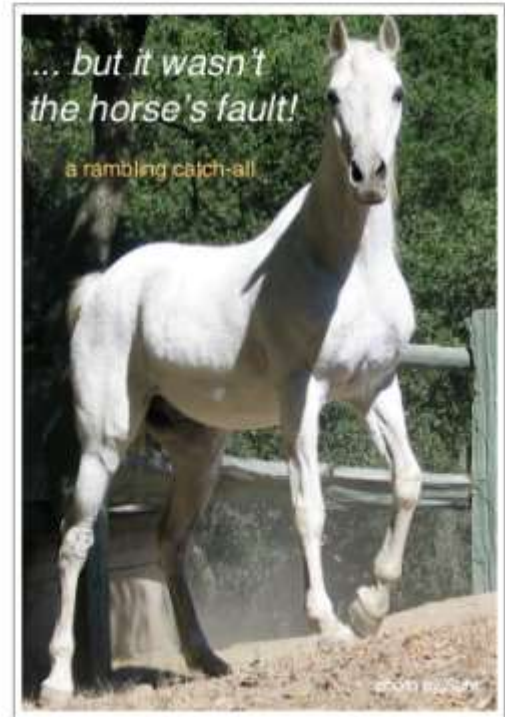
To benefit our trails and our horses, I have written two books. They are entirely different in style.

1. **Ten Feet Tall, Still** is out-of-print, but available as an e-book from Amazon, Barnes and Noble and others. All proceeds to **AERC Trails Fund** and **WSTF Trails Fund** for preservation of horse trails. \$9.99
2. **...but it wasn't the horse's fault!** Available from Marinera Publishing, www.marinerapublishing.com All proceeds to **CENTER FOR EQUINE HEALTH**, School of Veterinary Medicine, Davis, California \$24.95



by
Julie Suhr

*You are never
quite the same
after you ride
a good horse.*



"TEN FEET TALL, STILL"

My first book, *Ten Feet Tall, Still*, is out of print, but is now an e-book for downloading at Amazon, Barnes and Noble and some other places. One Hundred Percent of the proceeds go to the AERC Trails Fund and the WSTF Trails Fund.

Julie Suhr (831) 335-5933

Offered for Sale

Hungarian Shagyas. One is a gelding, age 15, well-trained, a beautiful bay. The other is a pure Shagya mare, age 16, well trained for trail riding, good breeding quality and both sired by the Hungarian Shagya stallion, Oman. Oman has produced both a Tevis winner and Tevis Best Condition horse. A bit more info about the bloodlines of my Hungarian horses for sale...Besides the pure Hungarian bloodlines there are Arabian bloodlines that include Bezatal, Cougar Rock, Gulastra, and other Polish lines.

These horses live in a 300-acre pasture.
Photos can be provided.

Carolyn Tucker, Amara Farms (408) 779-6555.

Classifieds and Services

CRANIOSACRAL THERAPY FOR HORSE AND RIDER

Are you curious about how craniosacral therapy can improve your riding, your horse's gaits and total well being? Craniosacral therapy can enable structural and emotional balance to yourself or your horse by working through and releasing old physical and/or emotional traumas (whether you remembered it or not!) in relaxing non-invasive bodywork sessions.

Are you uncomfortable while riding? I also offer saddle fit and gait evaluations for both you and your horse, unmounted and mounted, to help you identify and trouble shoot sticky spots as a Better Balance Session. I look at all aspects from rider imbalance to hoof imbalance and offer solutions to achieve Better Balance between you and your horse as a whole so that you can go the distance with joy.

We can discuss your issues and curiosities in detail in a free no-obligation telephone or email consultation. Please contact me to schedule a phone conversation or just shoot me an email!

Kathy Mayeda, EBW-CST, CMT
(408) 763-0977
klmayeda@gmail.com

Classifieds

HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California.

Stalls: \$320.00, pasture \$220.00,
fed twice a day high-quality
orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders.

My place borders Quicksilver Park.

Trilby – (408) 997-7500



HORSE BOARDING—PERFECT FOR ENDURANCE HORSES ALMADEN AREA (photo above)

Huge paddocks with lots of room. Our pastures are real pastures and not crowded -- approximately 2 acres per horse. (See *photo above*.) We have direct trail access. Rates start at \$275. 1 free trailer parking space per boarder. Top quality grass/alfalfa hay fed. Also riding lessons with three-time world champion. Call

Becky: 408-425-5860 or

Maryben: 408-265-0839

e-mail to merryben@live.com

Services

CENTERED RIDING® LESSONS

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body.

Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with

Level 3 Centered Riding instructor. Clinics available upon request.

Becky Hart

(408) 425-5860



PRINTING SERVICES

For Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail **Becky: bghart@garlic.com**

TAX SERVICES - Specializing in horses

Trilby — (408) 997-7500

Humor and Birthdays

MORE CREATIVE BUSINESS NAMES



Happy January Birthdays to our Quicksilver Members and Endurance Friends



Robert Ribley	2
Elaine Alton	3
Jeremy Reynolds	16
Doug Spilman	16
Kathy Miller	18
Bob Verheul	23
Ann Plaggmier	23
Pat Verheul	27
Holly Bergantz	27
Tieran Rashid	28
Mike Maul	30

END OF THE YEAR MUSINGS

Wouldn't it be great if we could put ourselves in the dryer for ten minutes, come out wrinkle-free and three sizes smaller?

Last year I joined a support group for procrastinators. We haven't met yet...

I don't trip over things, I do random gravity checks!

I don't need anger management. I need people to stop ticking me off!

Old age is coming at a really bad time!

When I was a child I thought Nap Time was a punishment.. now, as a grown up, it just feels like a small vacation!

The biggest lie I tell myself is... "I don't need to write that down, I'll remember it."

Lord grant me the strength to accept the things I cannot change, the courage to change the things I can & the friends to post my bail when I finally snap!

I don't have gray hair. I have "wisdom highlights". I'm just very wise.

My people skills are just fine. It's my tolerance to idiots that needs work.

Teach your daughter how to shoot, because a restraining order is just a piece of paper.

If God wanted me to touch my toes, he would've put them on my knees.

The kids text me "plz" which is shorter than please. I text back "no" which is shorter than "yes".

I'm going to retire and live off of my savings. Not sure what I'll do that second week.

When did it change from "We the people" to "screw the people"

Even duct tape can't fix stupid... but it can muffle the sound!

Why do I have to press one for English when you're just gonna transfer me to someone I can't understand anyway?

Of course I talk to myself, sometimes I need expert advice.

Oops! Did I roll my eyes out loud?

At my age "Getting lucky" means walking into a room and remembering what I came in there for.

Chocolate comes from cocoa which is a tree... that makes it a plant which means... chocolate is Salad!

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name

And then your address

And your phone number, Fax, e-mail

And then we need your money! Senior membership is \$ 25 _____

Junior (under 16 years of age) membership is \$ 15 _____

Family membership is \$ 40 _____

If you want a printed copy of Quips mailed to you (as opposed to PDF file e-mailed) add \$10 _____

Total enclosed \$ _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party, and the annual awards ceremony; saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your dues, checks made out to: Quicksilver Endurance Riders, Inc.

**Mail to Membership Chairperson: Maryben Stover
1299 Sandra Drive
San Jose, CA 95125-3535
(408) 265-0839**

May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!

"Life outside of endurance? I don't think so."

Dave Rabe

"Nothing can stop a man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."

Thomas Jefferson

Mission Statement of Quicksilver Endurance Riders, Inc.

QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

**Quicksilver Endurance Riders, Inc.
P.O. Box 71
New Almaden, CA 95042**

