

### What's Inside ...

President's Message	1
Update on Soft Tissue Injuries	2
AERC Vet Committee Newsletter	3
Aron Moon Distance Horse of the Year	3
Rroc Makes 5,000	4
Thrill vs. Satisfaction?	4
Tevis Saddle Raffle	5
Wild Oak Ranch House Fire	6
Always There are the Horses	6
2006 Year-End Points Awards Form	7
Classified	8

#### **OFFICERS**

President	Sandy Holder
Vice President	Kathy Brayton
Secretary	Margaret Graham
Treasurer	Trilby Pederson

#### **BOARD MEMBERS**

Steve Lenheim Darran Ross Jennifer Voight

### **Newsletter Editor**

Jackie Floyd P.O. Box 1045 • Lodi, CA 95241 typef@comcast.net

#### **Quicksilver on the Web:**

http://gser.net/

Deadline for submission of QUIPS material is the 25th of the month for 1st of month distribution. Exceptions made for late-breaking news and individual pre-arranged deadlines. Photos can be emailed or snail mailed. Word docs preferred for story material, but not a prerequisite.

### PRESIDENT'S MESSAGE

Hello QSER members!!

As I sit here celebrating the New Year in the mountains of North Carolina (yes, where they run the historic Leatherwood ride), I can only be excited about the beginnings of this wonderful new year. Last year there were many incredible personal firsts - first-time ride manager, first Tevis completion (a lifetime goal), Virginia City and Twenty Mule Team 100's and some humbling firsts - serious injury in February to the love of my life, Tally; as well as returning from a ride to find our mare with a terrible injury to her eye. The good news is that both have recovered, in fact my first ride on Tally happened on Christmas Day! As I look back, it completely amazes me how the love, care and guidance of my family, friends and some extremely talented healers changed my life in 2006!!

So many firsts and the most unanticipated a year ago, of course, was to be nominated and elected President of one of the most prestigious riding clubs in the nation, the Quicksilver Endurance Riders! As I sit here looking to the future, I wonder what goals we should have for ourselves; many come to mind – successful Spring and Fall rides, Poker rides, building on the camaraderie we share (riding together monthly?), continuing to learn from as well as mentor those less knowledgeable. As a first-time President, I openly welcome your help and guidance as well as your patience - particularly as we go down the 2007 path in addressing any challenges that come up.

My first goal is to learn from each of you what your thoughts are on how you will be contributing to making our club better by the end of 2007. If that sounds challenging, to me it is. For all ideas - no matter how great or small, will be welcome. When we look back at the beginning of 2008, I want us to feel a sense of accomplishment - that we've done things together as a club and have positively grown from the experience. You can help make our club fun and exciting. So tell me, how do we - together - accomplish this goal?

I look forward to your thoughts!!

All the best - Sandy

# 2006 YEAR-END POINTS **AWARDS BANQUET**

Saturday, February 10, 2007, at 6:00 p.m. Harry's Hofbrau

390 Saratoga Avenue, San Jose, CA 95129 (408) 243-0434 • http://www.harryshofbrau.com

# **UPDATE ON SOFT TISSUE INJURIES – #7 IN A SERIES:** PREVENTION STRAGETIES

Reprinted from the Fall/Winter 2006 Newsletter of Carol Gillis, DVM, PhD - Vacaville, CA

Soft tissue injuries of the equine athlete generally have a good prognosis for healing, but require a large amount of time, effort and money to complete the process. Prevention of soft tissue injuries therefore is ideal. The following article is dedicated to outlining prevention strategies.

#### **Conformation:**

When purchasing a horse for competition, be aware that several conformational faults are highly associated with soft tissue injuries. Low, underslung heel conformation of the foot places additional strain on the flexor tendons from the hoof to the forearm. "Back at the knee" conformation also places additional constant stress on the flexors. Very straight conformation of the hind limbs, i.e., too little angle at the stifle and hock places additional stress on the hind flexors. A long back and relatively short croup often lead to back and pelvis problems. If you have a competitive horse with one or more of these faults, corrective shoeing and extra attention to conditioning can mitigate their effects.

#### Shoeing:

In general, the most simple shoeing that will do the job is the best. Appropriate shoeing should maintain the line of the hoof and pastern without breaking forward or back at the hoof/pastern junction. There should be adequate heel support and a full enough shoe to support the hoof walls well. The feet should be as similar as possible left to right. The inside and outside walls of each hoof should be of equal height.

### **Nutrition:**

Tendons and ligaments benefit from a good balanced diet along with the rest of the horse. While each horse has individual needs, in general providing adequate calories and protein and a proper calcium phosphorous ratio are the basic necessities for an equine athlete. Proper body condition entails adequate weight to have the muscle mass and energy to perform well without fatigue. Excessive weight increases the day to day strain on soft tissue as well as joints.

#### **Environment:**

Soft tissue injuries occur as often at home as they do when the horse is training or competing. Horses that tend to get cast in their stalls often sustain back and pelvis injuries. Stall modifications such as casting bars or a small paddock to live in can help break this syndrome. Chronic stall/paddock kickers are at high risk for hind suspensory ligament and hock injuries. Changing neighbors or feeding routines to eliminate kicking may be helpful. Covering pipe fencing with plywood or hot wiring the fence may be necessary. Many horses do not tolerate paddock or pasture turnout in hilly terrain well and sustain repeated soft tissue injuries in that environment. Horses evolved as plains animals and stay

soundest when they live on flat or gently rolling terrain.

#### **Training/Conditioning:**

Each equine athlete needs a base of general fitness prior to training for their particular sport. Horses are often eager to go forward, and our methods of assessing musculoskeletal fitness are crude, so this is an area that requires strict attention. Assess the horse's condition based on exercise history and body condition. From that base build gradually and consistently to the exercise level needed for competition. In general, horses should be in regular consistent work a minimum of 4 days per week to prepare for their sport.

Consider the work required for each horse's particular sport. If you are focused on achieving in that sport, avoid cross training that is more difficult than the horse's intended use. For instance, only high level endurance horses compete on hilly terrain. Hill work on even minor slopes has been shown to significantly increase strain on the hind suspensory ligaments. Therefore, using trot work on the flat rather than hill work will protect the horse from unnecessary wear and tear.

Tendons and ligaments have been shown to tear at much higher applied forces when they are preconditioned at walking loads prior to faster work. Joints also benefit from lubrication during walking prior to faster gaits. An effective, simple injury prevention strategy is to walk under saddle for 15 minutes minimum prior to faster work. A 10-minute cool down at the end of the exercise allows muscle to metabolize waste products generated during work.

#### The whole horse:

If the horse is suffering from sore feet or sore hocks, although they may not be overtly lame, they tend to shift weight away from the sore areas during exercise. This places extra load on the tendons and ligaments in the limb(s) that are bearing extra weight. As tendon and ligament have a narrow margin of safety during work, this predisposes to injury. Paying close attention to even minor soreness and treating appropriately will protect the soft tissues as well.

#### **NO HANDS**

Janice Frazier forwarded this video of Artistic Dressage and it is absolutely beautiful to watch. Sure made me realize how much I don't know about riding my own horse. Teamwork is everything. And although most of us will never achieve this kind of union with our mount in our lifetime, it certainly is a reminder to all of us that we always need to be striving for the goal of this type of communication. Click on the lower right corner to make it fill your screen.

http://www.youtube.com/watch?v=ICbUDJJtjV4

#### AERC VET COMMITTEE NEWSLETTER

For those who are interested in what the Vet Committee is doing - the latest issue of their newsletter is at:

http://www.aerc.org/upload/VetNL1106.pdf

There are several interesting articles in it.

Statistics on the Use of the CRI at the Tevis Cup and A General Approach to Treating Metabolic Problems at Endurance Rides.

All of the Vet Committee info is available under the Vets pulldown menu at the far right of the AERC home page http://aerc.org

- Mike Maul

# **QSER MEMBER-OWNED** ARON MOON+// NAMED AHA DISTANCE HORSE OF THE YEAR

The 2006 winner of the Arabian Horse Association (AHA) Distance Horse of the Year Award is presented to 23-year-old Half-Arabian Aron Moon+// (HA Shah Galleb x grade mare), owned by Mike Tracy of Hollister, Calif. Aron Moon, aka "Moon" was chosen for his outstanding accomplishments. During his 17 year endurance career, he's had 95 completions out of 108 starts giving him an 88 percent completion rate and 5,625 miles. Additionally, he's earned 536 Achievement Awards points during his career, reaching the prestigious Legion of Excellence level.

As the winner, Aron Moon's name will be engraved on a perpetual trophy donated by the Arabian Horse Owners Foundation and designed by Joe Staheli. Tracy will receive a matching plaque.

Aron Moon was four years old when Tracy bought him in 1988 for \$400. They began actively competing in 1989

"It was a learning experience. We were both green, and I got thrown off a number of times. It took quite awhile for us to bond," says Tracy.

This resilient team has had some amazing experiences together. The first time the gelding competed on the Western States (Tevis) 60, he tumbled down a steep slope and almost drowned twice trying to find a place to get out of the swift-moving water which included rescue attempts by two different rafting groups and a jerry rigged flotation device made from lifejackets. The pair finally made their way back to the trail where Moon vetted out and finished the ride.

During the AHA National Endurance Ride in 2000, he slipped during a river crossing and split his coronet band at mile 86. Tracy managed to put him back together with chewing gum and cut off the sleeve of his jacket to staunch the bleeding before leading his horse six miles to the vet check where they both got medical attention.

"He has the heart of a lion and the speed of the wind," says Tracy. "There is no quit in him."

Aron Moon has earned numerous champion, reserve and top ten or top five titles in AHA national and regional competitive trail and endurance championships.

"It's an honor to win the AHA Distance Horse of the Year Award," says Tracy. "I'm sure riding, diet, shoeing, veterinary care and even chiropractic care had something to do with his long and successful career, but his heart is Godgiven. Aron Moon exemplifies what endurance is all about, being tired, hungry and sore and still striving because to finish is to win."

For more information on AHA distance programs, visit www.ArabianHorses.org/Distance.

AHA is a major equine association serving 44,000 members across North America. It registers and maintains a database of more than one million Arabian, Half-Arabian and Anglo-Arabian horses and administers more than \$3 million in annual prize money. AHA produces championship events, recognizes close to 400 Arabian horse shows and distance rides and provides activities and programs that promote breeding and ownership. For information about Arabian, Half-Arabian and Anglo-Arabian horses, call 303-696-4500, e-mail info@ArabianHorses.org or visit Arabian-Horses.org.

### **HORSEY TRIVIA**

There are 9.2 million horses in the United States with 4.6 million Americans involved in the industry as horse owner or relevant jobs spending \$ 39 billion annually. There were 18 million horses in the United States in 1900.

Two million Americans own horses and 60,000 full time jobs are required to maintain the horse population.

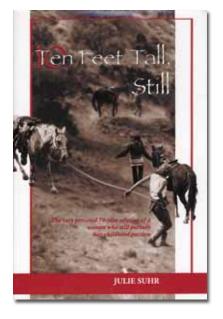
Approximately one half of horse owners have an income of \$ 25,00 to \$ 75,000 and about a quarter of over \$100,000.00.

The number of horses by activity:

Racing 844,531 2,718,954 Showing Recreation 3,906.923 Other 1,752.439

# TEN FEET TALL, STILL

Every copy of Ten Feet Tall, Still, when bought through Julie at 831-335-5933, the AERC or WSTF, puts \$24.95 into our trails. Amazon take 55% so that is not as good a deal for our trails. This book is a good way to explain to non-understanding parents, relatives and friends why we do what we do.



### RROC MAKES 5,000

November 24th - Rroco-my-Sol - otherwise known as Rroc, passed the 5,000-mile mark with his rider Mike Maul at the Lone Star Endurance ride held in the hill country of central Texas.



Rroc is a 1/2 Arabian gelding, a flea bitten gray and is 18 years old. He started his endurance career late in life at 11 and joined Mike after the Ft. Schellbourne ride in 2001.

He's not fast but very reliable finishing 97 of 105 starts. He boarded at Maryben's when we lived in the Bay area. He had colic surgery in February of 2004 and continued to do well even after the surgery.



I belong to one of the CT region local clubs called the Texas Endurance Riders Association (TERA) and recently attended a two-day ride ending on New Year's eve.

Their regional awards ceremony was at the ride and the team of Rroco-my-Sol and I received the High Mileage Horse, High Mileage Rider, 1st HW rider, and Horse and Rider of the Year awards for the 2006 season. Rroc looks very sharp in his new rain-proof Kensington blanket with his name on it.

Rroc completed 1080 miles this year and passed his 5,000 mile mark at 18 years old. He's number 143 on the list of horses who have past the 5,000 lifetime mile mark.

Some other QSER horses on the 2006 list are:

- 1. 18215 Rushcreek Lad; Trilby Pederson W
- 11. 10305 RO Grand Sultan+//; Becky Hart W
- 15. 9765 Exclaimation A; Trilby Pederson W
- 28. 8165 Tari; Robert Ribley W

- 33. 7930 HCC Gazal+/; Bob Suhr/Julie Suhr W
- 36. 7490 Rocky; Karen Chaton W
- 55. 6860 M-ben-farwiz; Trilby Pederson W
- 65. 6470 PC Phoenix; Jeff Luternauer W
- 70. 6295 Dream Weaver; Karen Chaton W
- 96. 5740 Granite Chief+/; Karen Chaton W
- 97. 5720 Razznan; Robert Verheul W
- 99. 5705 Beau; Trilby Pederson W
- 103. 5675 Aron Moon+//; Mike Tracy W
- 111. 5515 Razda; Patricia Verheul W
- 129. 5275 LS Zane Grey+//; Eric Thompson W
- 134. 5260 Salinas Royal; Hugh Vanderford W
- 143. 5185 Rroco-My-Sol; Michael Maul CT

If I've missed anyone - my apologies.

That's 17 (10%) on a list of 172 which a very high percentage for QSER members.

- Mike Maul

### TRIVIA QUESTION

What two well-known FEI riders managed to get their feet caught in their sponge leashes while attempting to dismount? This happened on the same ride although not at the same time.

Answer: Heather Reynolds and Barry Waitte

### THRILL VS. SATISFACTION?

No, I am not an adrenaline junkie.... It just happens that I am not afraid of heights, and I like things that fly.... so it seemed appropriate that since today was my 50th birthday I should jump out of an airplane and (hopefully) parachute back down to earth. It was an exciting experience, and I really enjoyed it. I chose to do a tandem jump, so my "jump master" took care of all the pesky details, such as pulling the cord to release the parachute and keeping us from tumbling around in the air. I just enjoyed the ride and screamed "weeeeeeee" all the way down. It takes a while to reach earth from over 10,000 feet up, but the view from up there is terrific.

Funny thing, though, is that just a couple of days before this experience I had another awesome one that is still very much fresh I my mind. After almost a year of work and a lot of careful guidance, my 4 ½ year old Arab (Tango) offered me the most wonderful gift. I was just trotting around in the arena, and out of the blue, it felt like he just said "hey, how about this?" and gently picking up his feet he cantered from one end of the arena to the other. You have to understand that this is the first horse I've ever trained completely on my own and that this was the very first time he's cantered with me on him. After a few minutes of resting (I had to get my heart rate somewhere in the normal range and clear the tears from my eyes) we trotted to the other end of the arena

and again, he calmly cantered back its full length. I called it a day there and then and went home with the biggest grin my face could bear without actually cracking open.

These two experiences got me thinking, though. There is the thrill of an exciting ride and then there is the satisfaction of knowing you had something to do in creating the ride. There is thrill to be found in being a passenger, but there is an even greater thrill in being a partner in the experience. I have seen many riders that -like me on my sky diving jump, are just passengers on their horses. I have also seen those who are partners with their mount and enjoy not only the ride, but the journey. I can tell you first hand that the satisfaction of that first canter far outweighs the thrill of that first sky diving jump, and I for one, appreciate my horses today more than I did yesterday!

So, give your horse a hug and thank him for the journey every day from here on! Seems like a perfectly good New Year's resolution to me.

- Elisabet Hiatt

# VEGA DRESSAGE SADDLE TO BE AWARDED IN NEW TEVIS RAFFLE

The winning ticket for an exquisite Vega Dressage Saddle will be drawn at this year's Tevis Awards Banquet in Auburn on July 29th. This new raffle is being sponsored jointly by Christensen's Saddlery in Loomis and the Western States Trail Foundation. The saddle will be on display and tickets will be sold for \$2.00 a piece at a number of locations between now and the drawing. Buy your tickets at the AERC Convention in Sparks in February, at the Tevis Educational Two Day Ride in June, and at the Western States 100 Mile Ride in July. Tickets are also available for purchase from

members of the Tevis Board of Governors or directly from the Tevis office in Auburn. Additionally, they will be available at Harry's Hof Brau during our Awards Banquet on Feb. 10th. If Maryben doesn't give you what you want at the prize table, you may still win a saddle in July!



Vega, The by Amerigo, is an Italian-

made saddle of black calf skin leather and has a retail price of \$2,600.00. The Vega is designed for a variety of horses and is easy to fit. It positions the rider correctly, which allows the horse to move freely, and it is used by many top competitors in the Ride. This is your great opportunity to support the Ride and take home a saddle both you and your horse will love!

- Barbara White

### **KEEPIN IT GREEN**

UNBRIDLE the secrets to greener pastures!

A TOTALLY FREE PASTURE MANAGEMENT DVD for Horse People ..... Keepin it Green is a one-hour DVD compilation of special segments on pasture management as featured on the Award-winning TV series UNBRIDLED with Susan Kayne.

Topics covered with expert guests include:

Rotational Grazing

Fencing

Sacrifice Areas

Soil Testing & Soil Amendments

Weed Control

Types of Grasses

Water Quality

Manure Management **Drainage Improvements** 

Nutritional Benefits of

**Good Pasture Management** To get your FREE DVD simply email your name and

mailing address to: Elizabeth.Marks@ny.usda.gov and say please send me the FREE DVD of Pasture Management segments from

**UNBRIDLED** with Susan Kayne!



Keepin it Green is sponsored by the Hudson Mohawk Resource Conservation & Development Council whose mission is to promote regional, economic and natural resource conservation development and made possible with funding from the USDA Natural Resources Conservation Service Grazing Land Conservation Initiative.



### WILD OAK RANCH HOUSE FIRE

The house at Wild Oak burned down to the ground on New Year's Day afternoon about 3:00. We drove out there yesterday afternoon. The house is completely gutted and leveled. The fire burned it to the ground. Nancy and David are wandering around in total shock. Friends are there trying to help but not much anyone can do with just ashes. They lost everything. They were home but out doing chores. It started in the fireplace. They didn't know anything was wrong until they open the door and was met with waist high smoke. They grabbed hoses and tried to fight it but it was to late for that. It took forever for the fire fighting equipment to arrive and by that time the house was fully engulfed. David and Nancy were not hurt in the fire but they are totally crushed emotionally. Read the email after mine for the email from her son.

For those of you who don't remember, Wild Oak is where I boarded Pistol for most of the years that I owned him. Wild Oak became my home away from home. Wild Oak is beyond Calero Lake a few miles south on the right hand side of the road going south.

- Jeri Scott

Hello everyone,

Nancy (mom) wanted me to tell you that the ranch house burned to the ground yesterday afternoon. Her and David are fine but they lost three cats

HORSENSEI EQUINE-ASSISTED LEARNING & THERA **EQUINE EXPERIENTIAL LEARNING** CORPORATE OFFSITES & RETREATS Can you imagine your co-workers with horses?!

- Team Building
- Communication
- Leadership and Followership
- Mindfulness and Meaningful Work
- Special programs for healthcare students and professionals
- Non-riding. No horse experience necessary.
- Venues near Palo Alto and Santa Cruz or bring income to your ranch with our Associates Program. We will rent your facility and employ your humansafe, retired, injured, or rescued horses in our interactive programs that horses love.

#### Beverley Kane, MD

http://www.horsensei.com/programs.html 650-868-3379

See NBC-TV coverage of Medicine & Horsemanship at http://www.horsensei.com/nbcnews.html

and a dog. All contents were lost. They have no clothes other than what was on their back and nothing else.

They are staying in their motorhome that's hooked up to the small house next door. Please go out and give her and David your support. They, including myself, are very devastated by this almost beyond words and would appreciate your calling or coming out. She can't get cell service at the ranch but you can leave a message. Her land line should be up by Thursday.

cell - 838-4089 home - 268-1781 - Bob

# **ALWAYS THERE ARE** THE HORSES

I ride because I rode as a child when life was simpler and somehow more complete. Only the whiff of a clean horse is needed to remind me of days gone by. For always there have been the horses.

I ride because of all the great horse souls who have shared their lives with me and taught me more than I can say. Their names and faces flash before me as old friends. I ride because of all the horses I shall never ride. Those I have watched and marveled at from afar for all their grace and beauty. This is the stuff of a child's dream, the kind that doesn't die with time. Always there are the horses.

I ride because the seasons call to me. Each unique in its appeal and all guite frequently best viewed from the back of a favorite horse. I ride because of all things, horses are my passion. They inspire and encourage, energize, and challenge in ways I cannot explain to the un-initiated. I ride because of the rush of stretching one's self just a bit farther today than before both mind and body. Always there are the horses.

I ride because of those briefest of spans when the partnership comes to full promise. When the path twists and barriers fall, each footfall is measured and balanced between the two as a dance. There are no others... only this moment and this single step to ride. The memories of those times stand vivid in my mind to be recalled with all the freshness of the day at will and in times less grand.

But if I must choose, I ride because I have dreams yet to live. I ride because I have dreams yet to have and what exactly they will be tomorrow I cannot say...but always there will be the horses.

- Author Unknown

### 2006 YEAR-END AWARDS FORM

NAME OF RIDER				
NAME OF HORSE	BI	REED	AGE	
TOTAL CAREER MILES RIDER TOTAL MILES HORSE				
LIST ALL RIDES COM	PLETED FROM 12	2/1/06 THROUGH 1	1/30/06	
MILESTONES THIS YI	EAR			
-				
NAME OF RIDE	LENGTH	PLACING IN YOUR WEIGHT DIVISION	BEST CONDITION?	DID YOU SPONSOR A JUNIOR?

PLEASE USE A SEPARATE FORM FOR EACH HORSE/RIDER COMBINATION. USE THE REST OF THIS FORM AND/OR THE BACK TO TELL US ANYTHING ELSE YOU WOULD LIKE ABOUT YOU, YOUR HORSE, CREW, FAMILY, GRANDCHILDREN, ETC.

### ALL FORMS MUST BE POSTMARKED BY JANUARY 15, 2006, NO EXCEPTIONS.

MAIL COMPLETED FORMS TO MARYBEN STOVER, 1299 SANDRA DRIVE, SAN JOSE CA 95125

### HORSES FOR SALE

REGISTERED SHOW HORSE (1/2 SADDLEBRED, 1/2 ARAB). Brave Heart is 10 years old. Current on his shots. Very healthy (could use some exercise). BraveHeart won a few ribbons as a show horse in the Hunter/Pleasure category. We had him trained for 3 months at Coyote Ranch, and he's been doing very well on trails -goes thru water, doesn't spook, etc. His siblings have sold for over \$7k and some a lot more. His grandsire, Bask, is the all-time winningest Arab ever; his sire, The Chief Justice is also one of the winningest. \$3,500. Also 4horse stock trailer for sale. Call Maryben for info. [02-07]

16-MONTH-OLD CHESTNUT FILLY FOR SALE. Sired by CF Sorcerer. Filly is half sister to 2005 AHA Distance Horse of Year Granite Chief /+. Smooth gaits and a looker. \$3500. Lisa Welch 831-674-3309 [02-07]

18-YEAR-OLD QUARTER HORSE NEEDS HOME. Sound, has been in pasture for the last year in Fresno. Has been a good trail horse and lesson horse in western pleasure. Also does well with city streets. Rita (909) 973-5779 [04-07].

# **MISCELLANEOUS** FOR SALE

MUST SELL. My loss is your gain. Since Christmas is just around the corner this would make the perfect gift for someone. SR ENDURO, 14" seat, will fit someone w/ the following measurements hip circumference of 36-38" or less and a single thigh circumference of less than 22" or less. and a inseam of 28-30 (measurement from the centerline of the seat down to the flat step of the stirrup). Saddle also comes w/ sheepskin cover. Good condition, \$1300/firm, Contact Kim at kim@bodyworkforhorses.com or 408-687-3605. [02-07]

# CLASSIFIED

'96 DODGE 3/4 TON PICKUP TRUCK, 2 door club cab, 118K miles, ex. condition, new tires, camper shell, too much to list. \$5,600. Dave Fanara (408) 779-7085 (h) or (408) 427-4031. [02-07]

LOOKING FOR A TRAILER TO HAUL HAY? I have a boat trailer in very excellent condition with double axle that could carry a ton or two. \$750.00 (for a 20' boat). Steve 997-0368. [02-07]

SUPPLEMENTS/HOOF PROTEC-TION. Wild Eye Arabians is now supplying FASTRACK Probiotics (paste & powder) HOOF -IT Pour in Pads, Kentucky Equine Research products, ENDURAMAX Electrolytes (Paste & Powder) & Neigh Lox (Prevent Ulcers) Associated Feed products - EQUUS (complete feed) Auburn Labs - APF (Adaptogen). For more information contact Wild Eye Arabians, Kirsten or Michael Berntsen at 831 623-2120. kirstenzazz@hotmail.com or www. conklin.com/wildeyearabians. [02-07]

### **FOR RENT**

STALLS/PADDOCKS/PASTURES FOR RENT. Brand new 12x12 stalls with 24x12 paddocks, shavings; we clean. \$250 pastures, \$180. Feed twice a day, high-grade oat and alfalfa hay. 96x48 outdoor arena. Close to 3,600 acre Almaden Quicksilver County Park with 19 miles of manicured trails. Call Trilby at 408 997-7500. [02-07]

### RIDING LESSONS

WANT TO LEARN TO RIDE WITH LESS STRESS AND FATIGUE? Do you want your horse to move properly so that he can minimize wear and tear on his body for the long haul? Mary Fenton, Senior Centered Riding instructor, has lesson spaces on Thursday p.m. at "Lightfoot" Stables (McKean Road, San Jose). I've taken many lessons and several clinics from her, and feel that it's been real worth it. She coached Becky Hart to her Stockholm World Championship on Rio! You can contact Mary at (831) 761-2819. [02-07]

### STALLION SERVICES

Introducing CF SORCERER - now standing at stud. Sire of TBR Granite Chief+/, 2005 AHA Distance Horse of the Year, 2004-2005 AERC National Mileage Champion and 2004 XP Horse of the Year. Visit his website at http://www.spanisharabian.net/orcontact Wizard Arabians, Jackie and Jim Floyd, P.O. Box 1045, Lodi, CA 95241, 209-334-1981, typef@comcast.net [02-07]

### **MISCELLANEOUS**

TAX SERVICES. Need your taxes done? Call Trilby Pederson Tax Services - 408-997-7500. [04-07]

I'M LOOKING FOR A COMPANION HORSE for my 16 year old Arab gelding. Covered stall. 3/4 acre turnout. Calero area. \$200/month. Call Niki Lamb 408-323-9953 or e-mail nlamb@cbnorcal.com [2-07]

# **INFLIGHT** CONVERSATION

Two strangers are sitting in an adjacent seats in airplane. One guy says to the other, "Let's talk. I hear that the flight will go faster if you strike up a conversation with your fellow passenger."

The other guy, who had just opened a good book, closes it slowly, takes off his glasses and asks, "What would you like to discuss?"

The first guy says, "Oh, I don't know; how about Nuclear Power?"

The other guy says, "OK, that could make for some pretty interesting conversation. But let me ask you a question first: A horse, a cow, and a deer all eat the same stuff, but the deer excretes pellets; the cow, big patties; and the horse, clumps of dried grass. Why is that?"

The first guy says, "I don't know."

The other guy says, "Oh? Well then, do you really think you're qualified to discuss Nuclear Power when you don't know sh .. ?"

IT'S NEVER TOO	LATE TO JOIN THE QUIC	CKSILVER RIDERS!!!!!
FIRST: We need your name		
And then your address		
And your phone number, Fax, e-mail		
		r money! Senior membership is \$ 25
		Junior membership is \$ 15
		(a junior is under 16 years of age)
		Total enclosed \$
rides, trail projects as well as attend month last, you will meet the best friends you will	nly meetings, the Christmas party and the ever have! book/Calendar; monthly Newsletter; a year-end awards and monthly meeting	
Mail to Membership Chairperson:	Maryben Stover 1299 Sandra Drive San Jose, CA 95125-3535	May your and your horse(s) have a wonderful Year 2007 riding together as members of the Quicksilver Endurance Riders!!!

408 265-0839

**Quicksilver Endurance Riders, Inc.** P.O. Box 71

New Almaden, CA 95042