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Officers

President......Jeanine McCrary
Vice President......Katie Webb
Secretary.....Shannon Thomas
Treasurer.....Lori Oleson

Board Members

Maryben Stover Kathie Brayton Melissa Broquard

Newsletter Editor

Barbara McCrary bigcreekranch@wildblue.net

Quicksilver on the Web

http://www.gser.net/

President's Message - October 2018

Greetings Quicksilver Members,

This month is our Quicksilver Endurance ride sponsored by the Club. Please either volunteer, ride or bring friends to enjoy the day. The ride is at Harvey Bear Park, 25/50 mile rides on Saturday October 6th.

Last month the club had a BBQ and Campout at Swanton, so people got to ride on some of the trails that were used for the Swanton Pacific and Castle Rock rides. We had a Wildlife video and presentation of the animals that inhabit our local trails. It's surprising the animals that are out there.

Please contact Melissa if you would like to serve on the Board of Directors.

I hope to catch up with you at the ride.

Feanine

Quicksilver 2018 Calendar



Quicksilver Fall Classic

Save the date: October 6th. If you can't ride, then volunteer to help.



Linda Tellington-Jones Clinic

November 16-18 Rancho Ruiz, Gilroy

Club Meeting Announcement

We will be having an important club meeting on October 13 at Calero County Park. Bring a horse and ride in the morning on the beautiful trails. After riding, we will meet for a simple potluck at noon, so bring something a share. Our meeting will be a wrap up of our endurance ride that will be held the weekend before, voting on the proposed by-law changes and a couple of other items like our Christmas Party plans. Be sure and come, we need you there to properly take care of club business.

QS Fall Classic

It's time for our Quicksilver Fall Classic to be held the weekend of October 6th. I hope everyone has made plans to attend and participate in one form or another. Right now entries are low, so encourage someone to ride. We have our usual great ride planned. The trail will be well marked by Nick Warhol, the fall calves are here and so cute, the veterinary staff is excellent led by Melissa Ribley, there will be a potluck BBQ on Friday with Quicksilver providing the meat, a catered taco bar for Saturday evening and completion awards will be new long sleeved shirts with the club logo. A lot of effort is put into a ride by everyone involved. Come and support the club!

Treasurer's Report

General Account \$10,057.11
Trails Account \$1,074.61
Swanton Camp-out Expense

Insurance \$160.00 Food \$118.05

Quicksilver Bylaws Revision 2018

As amended in June 2014

ARTICLE I

The name of this corporation shall be the Quicksilver Endurance Riders, Inc., a non-profit corporation.

ARTICLE II

The purpose for which this corporation is formed is to promote endurance riding, horsemanship and sportsmanship.

ARTICLE III

Quicksilver Endurance Riders, Inc. shall have a corporate seal having on its circumference the words: "Quicksilver Endurance Riders, Inc, incorporated on the 13th day of February, 1979.

ARTICLE IV

MEMBERS

Section 1. Senior Membership

One aged 16 years and over. Senior member has full membership privileges.

Section 2. Junior Membership

One who is under 16 years of age. A junior member has all privileges of membership except voting, holding office or committee chairmanship.

Section 3. Family Membership

Family members residing in the same household. *Family members are those who are related or living in the same household.*

Section 4. Membership Application

Application for new membership shall be presented to the membership committee chairperson along with appropriate dues *or submitted online*.

Section 5. Dues

The amount of the membership dues shall be fixed yearly by the Board of Directors.

Section 6. Membership Term

Membership shall run from January 1st to December 31st. Membership prior to July 1st, dues shall be the full amount. After July 1st, dues shall be ½ the annual amount. All dues are payable on

January 1st and delinquent as of March 31st of each year.

Section 7. Termination

Membership shall be terminated by:

- (a) Resignation: Any member may resign from the club upon written notice to the Secretary. *Any member may resign from the club in writing at their discretion*.
- (b) Automatic Termination: Failure to pay dues in the allotted time period will result in automatic termination.
- (c) Other Termination: By a 2/3 vote of a quorum, as defined in Article VI, Section 3, by secret ballot at a general membership meeting. A statement of cause will be presented to the members by the Board of Directors at least thirty (30) days prior to the meeting.

ARTICLE V

OFFICERS

Section 1. The officers of this club shall be President, Vice-President, Secretary, Treasurer and three (3) Directors. These officers shall perform the duties prescribed by these Bylaws and by the parliamentary authority adopted by the club. The term of office shall be one calendar year.

Section 2.

The positions of President, Vice-President, Secretary and Treasurer shall be chosen by and shall serve at the pleasure of the Board. These Officers shall be elected at the first meeting of the Board. The past year's President shall serve as an ex-officio member of the board without vote to ease the transition to a new board and election of a new set of officers.

Section 3.

No more than two members of the same family, living in the same household, may serve on the Board of Directors at the same time.

No officer of the corporation may serve for more than three consecutive terms.

ARTICLE VI

GENERAL MEMBERSHIP MEETING

Section 1.

The regular meeting of the club shall be held on the third Wednesday of each month unless otherwise ordered by the Board of Directors. **Regular meetings of the club shall be held at the discretion of the board.**

Section 2.

Special meetings of the club may be called by the President or by the Board of Directors, or upon

the written request of five voting members of the club. The purpose of the meeting shall be stated in the call and no other business may be transacted. At least five days notice shall be given except in cases of emergency.

Section 3.

Ten percent (10%) of the voting members shall constitute a quorum. No business may be conducted without a quorum being present except calls for a recess or adjournment.

ARTICLE VII

THE BOARD OF DIRECTORS

Section 1.

The officers of the club shall constitute the Board of Directors. Each Director shall be elected for a term of one calendar year.

Section 2.

The Board of Directors shall have general supervision of the affairs of the club between its business meetings, fix the hour and place of the meetings, make recommendations to the club, and shall perform such other duties as are specified in these By-Laws. The Board shall be subject to the orders of the club and none of its actions shall conflict with these orders.

Section 3.

Unless otherwise ordered by the Board, regular meetings of the Board shall be held on a day designated by the Board. Special meetings of the Board may be called by the President or shall be called upon the request of three members of the Board.

Section 4.

The Board of Directors shall have the power to acquire, possess, and dispose of the property of the club and to hold the same in trust for the use and benefit of the members of the club under their direction and approval. Neither purchase, nor sale of property, nor any expenditure of more than \$500 shall be entered into without the affirmative vote of the majority of the members present and voting at a general membership meeting. A voting membership quorum is required for this action.

Section 5.

Five (5) members of the Board shall constitute a quorum in and of the Board of Directors. No business may be conducted without a quorum being present except calls for a recess or adjournment.

Section 6.

If the Board has been informed that an officer will be unable to attend at least two meetings of the Board, the board may appoint a substitute. If an officer misses two consecutive meetings, the board may, by a 2/3 vote, declare the position vacant and **appoint a permanent substitute**. A special

Any person not returning such records shall be liable for the costs of hiring professional assistance to reclaim or reconstruct said records.

ARTICLE X

AMENDMENT OF THE BY-LAWS

These By-Laws may be amended at any meeting of the club by a 2/3 vote of a membership quorum, provided that the amendment has been submitted in writing at the previous meeting and has been published in the newsletter, mailed or e-mailed with the call to the meeting. The maker and seconder must be identified.

ARTICLE XI

PARLIAMENTARY AUTHORITY

The rules contained in the current edition of Roberts Rules of Order, Newly Revised, shall govern the club in all cases, which they are applicable and in which they are not inconsistent with these Bylaws and any special rules of order the club may adopt.

ARTICLE XII

DISSOLUTION PROCEDURES

Section 1.

A 3/4 vote of a membership guorum is required for dissolution of this club.

Section 2.

Whenever member approval is required for removal of a director, amending articles of incorporation or dissolution, the vote must be unanimous by those entitled to vote unless the notice of the meeting stated the general nature of the proposal. (This may not be varied in By-Laws or articles. See California Corporations Code, Sec. 9411.).

Section 3

In case of dissolution, the assets of the club will be distributed to the University of California at Davis, School of Veterinary Medicine.

SPECIAL RULES

Section 1.

At meetings of the club, the order of business, so far as the character and nature of the meeting may permit, shall be as follows:

Call to Order

Minutes of Previous Meeting as published in the Quips Correspondence Report of Treasurer election shall be called for the next general meeting. This must be stated in the call to the meeting.

Section 7.

A member or members of the Board of Directors may be removed for cause by a vote of 2/3 of the Board members present and voting at any regular Board meeting, including the annual meeting, or any Board meeting by special notice as herein provided.

- a) At least ten (10) days written notice must first be given to the Board member stating the cause for which that member is proposed to be removed with sufficient clarity to satisfactorily identify the cause or causes. The notice must include the time, date and place of the meeting of the Board of Directors at which the matter of the proposed removal will be considered by a Board vote.
- b) The Board member or members shall have the right to be present at the Board meeting and that member or those members and the representative or representatives thereof to present their views and position. The Board may, in the event it is believed to be in the best interests of the corporation and the interested parties, grant a continuance or continuances and such further hearing or hearings as may be requested by any interested party in its sole discretion.
- c) Removal of a member from the Board of Directors shall not deprive that member or his/her family of membership in the club.

ARTICLE VIII

ELECTIONS

Section 1.

No later than September 10, a nomination/election committee of three members shall be appointed by the Board of Directors, not more than one of whom shall be a member of the Board of Directors. The President shall not be a member of this committee. It shall be the duty of this committee to nominate candidates for the offices to be filled. The report of the nominating committee shall be included in the October newsletter. Additional nominations from the membership shall be permitted. All nominations must be received by the election committee by October 30th.

Section 2.

If more than seven Directors are nominated, they shall be elected by written ballot. The nominating/ election committee will prepare ballots which shall be mailed to each voting member in good standing by November 15th. The ballots must be returned to the committee prior to December 10th.

ARTICLE IX

CLUB PROPERTIES

Section 1.

All records, correspondence and materials are the sole property of the Quicksilver Endurance Riders, Inc.

Section 2.

Committee Reports
Unfinished Business
New Business
Programs, if applicable
Announcements
Adjournment

Section 2.

At meetings of the Board, the order of business, unless otherwise directed by a majority of those present and voting, shall be as follows:

Call to Order

Minutes of Previous Meeting as published in the Quips

Correspondence

Report of Treasurer

Committee Reports

Unfinished Business

New Business

Announcements

Additional Items

Adjournment

Section 3. Financial Giving (New)

Request for support must be submitted to in writing to a current board member for sponsorship. The 501.c.3 status of the organization, latest annual report or other document that lays out the mission, objectives and financial status of the organization shall be reviewed by at least two board members prior to presentation to the full board for vote on funding request. Donation amount and approval shall be decided by a majority vote of the board.

STANDING COMMITTEES

Section 1. Membership

The membership chairperson shall be appointed by the President. It shall be the duty of the chairperson to be responsible for all matters pertaining to membership according to these By-Laws.

Section 2. Program

The program chairperson shall be appointed by the President. This chairperson shall plan programs for the monthly meetings and inform the newsletter editor so the general membership may be notified. This chairperson shall plan programs for special meetings and inform the newsletter editor and send an e-mail so the general membership may be notified.

Section 3. Goodwill

The goodwill chairperson shall be appointed by the President. This chairperson shall act on behalf of the club in matters of serious illness, bereavements of members and any special events of importance to individual members.

Section 4. Technical

The technical committee shall be appointed by the President. This committee will be responsible for the club's website **and Facebook page**, making sure all information is updated. The chairperson of the newsletter committee shall be a member of this committee.

Section 5. Trails

The trails chairperson shall be appointed by the President. The trails chairperson shall be responsible for keeping the club members informed of developments pertaining to trails.

The chairperson **or a substitute designated by the President** shall act as the club's representative at political meetings, city council meetings, county board of supervisors' meetings, or any other meetings pertaining to trails, which may be of interest to the club.

Section 6. Spring Ride

Prospective candidates for ride manager must submit an application in writing to the board. The application is to include a brief outline stating ideas on how the ride is to be planned and managed. The ride committee shall be given various responsibilities to follow through on up to and during the time of the ride as deemed necessary by the ride manager. The ride manager must report to the board at each monthly board meeting on the progress of ride plans. A ride budget must be submitted to the board to be approved and then submitted to the general membership.

Section 7. Fall Ride

Prospective candidates for ride manager must submit an application in writing to the board. The application is to include a brief outline stating ideas on how the ride is to be planned and managed. The ride committee shall be given various responsibilities to follow through on up to and during the time of the ride as deemed necessary by the ride manager. The ride manager must report to the board at each monthly board meeting on the progress of ride plans. A ride budget must be submitted to the board to be approved and then submitted to the general membership. The club shall hold a Fall Endurance Ride. The board must approve of the ride management team. A member of the ride management team must report to the board at each meeting on the progress of ride plans.

Section 8. Newsletter

The Quicksilver Endurance Riders, Inc. shall have an official publication with the name of Quicksilver Quips. The Quicksilver Quips shall be distributed on or about the first of each month.

The Newsletter shall contain:

- (a) Board meeting date, time, place and address;
- (b) General meeting date, time, place and address;
- (c) Upcoming ride dates and other events;
- (d) Candidates nominated for office and election results;
- (e) Any other information, articles and stories of interest to the membership.

(f) Financial reports and minutes of the club.

Section 9. Awards

The awards committee chairperson shall be appointed by the President. The committee's duties and responsibilities shall include:

1. Tabulating points for the year-end awards. Tabulate points or mileage for year-end awards.

All endurance rides, including limited distance, will be counted for mileage points;

Ride & Tie, crew mileage and volunteer mileage will be counted as a separate category;

It shall be the rider's responsibility to notify the awards committee of any specific milestones, accomplishments, etc.

- 2. Putting on the awards banquet, including procuring the awards.
- 3. Yearbook and/or calendar, if any. Club Directory, Yearbook and/or Calendar, if any.

Points shall be tabulated according to the current AERC ride record with the following exceptions:

- 1. All endurance rides, including limited distance, will be counted for full mileage points;
- 2. There will be no top ten points counted for rides of less than 50 miles.
- 3. Ride and Tie mileage will be counted as a separate category:
- 4. Crew mileage will be counted as a separate category;
- 5. It shall be the rider's responsibility to notify the awards committee of their points.

The **Eleanor Norton Award** shall be chosen as follows:

This award, given in the memory of Eleanor Norton, is a sportsmanship award, given to the club member that exemplifies the meaning of the word "sportsmanship."

The committee shall consist of the most current recipient of the Eleanor Norton Award and two general members, not serving on the Board. They shall be elected by the membership at the general meeting three months prior to the awards banquet.

Any nominations and recommendations for a possible recipient must be submitted in writing to any or all of the committee members by email or by telephone, along with the accompanying reasons as to why a particular candidate is to be chosen.

The committee is to consider, carefully and diligently, any and all recommendations and reach a final decision in time to meet the yearbook/calendar deadlines, or, if there is no yearbook/calendar, one month prior to the awards banquet.

An Eleanor Norton Award does not have to be given each year but is only given when the committee feels that there is a suitable candidate.

The **Horse of the Year** shall be chosen as follows:

The Quicksilver Horse of the Year Award shall be given to one horse owned and/or ridden by a current Quicksilver member. This award shall be separate from the Hall of Fame award. Horse of the Year shall demonstrate outstanding achievement in a single ride season in one or more of the following categories:

- 1. Outstanding performance at high profile endurance rides.
- 2. Outstanding accumulative record for the year (high mileage, numerous wins, numerous best conditions or top tens)
- 3. Outstanding performance in a single ride season by multiple offspring of a broodmare or stallion.
- 4. Any horse able to overcome adverse conditions (orphaned, serious illness or injury not race related etc.) and able to begin or continue an endurance career.

A committee shall consist of the most current recipient and two members chosen by him/her. The committee shall review nominations submitted by the membership and select an individual that best deserves to be named as Quicksilver Horse of the Year. If no horses are nominated by the membership, the committee may select a recipient for the award.

The Hall of Fame Rider shall be chosen as follows:

The committee shall consist of the most current recipient and two members chosen by him/her.

Any nominations and recommendations for a possible recipient must be submitted in writing to any or all of the committee members by email or by telephone, along with the accompanying reasons as to why a particular candidate is to be chosen.

The committee is to consider, carefully and diligently, any and all recommendations and reach a final decision in time to meet the yearbook/calendar deadlines, or, if there is no yearbook/calendar, one month prior to the awards banquet.

The award does not have to be given each year but is only given when the committee feels that there is a suitable candidate.

The **Hall of Fame Horse** shall be chosen as follows:

The award shall be given to one horse owned and/or ridden by a current Quicksilver member each year separate from the Horse of the Year Award.

The committee shall consist of the most current recipient and two members chosen by him/her.

Any nominations and recommendations for a possible recipient must be submitted to any or all the committee members in writing, by e-mail or by telephone, along with the accompanying reasons as

to why a particular candidate is to be chosen.

The committee is to consider, carefully and diligently, any and all recommendations and reach a final decision in time to meet the yearbook/calendar deadlines, or, if there is no yearbook/calendar, one month prior to the awards banquet.

The award does not have to be given each year but is only given when the committee feels that there is a suitable candidate.

Section 10. New Member Committee

The New Member Committee shall consist of three or more club membership good standing and shall be appointed by the President. The chairperson shall be decided by the committee members.

The Membership chairperson shall contact the New Member Committee chairperson each time a new member joins the club. The New Member Committee chairperson shall contact one committee member to reach out to the new member.

The New Member Committee member shall:

- 1. Contact the new member by phone or e-mail to welcome new members to the club (discussion points can include but are not limited to: endurance experience, benefits of being a member, invite them to go riding, find out their endurance goals, etc.)
- 2. Introduce them to other club members,
- 3. Invite to each of the upcoming events and activities held by the club throughout the year,
- 4. Write a paragraph or two for the Quips, introducing them to the club. Include a picture if possible.

At the awards banquet, a small gift with the Quicksilver logo will be given to the new member.

QSER Board Meeting, 8/8/2018 at Summit House

Calling to order at 7:03 PM

Present: Jeanine, Katie, Lori, Melissa, Kathy (via conference call)

Absent: Shannon

Minutes of the Previous Meeting: approved, all in favor

Treasurer's Report (Lori):

General - \$11,552.81 Trails - \$ 1,074.59

Melissa is continuing to moderate Facebook page & update website as needed. Melissa to revisit BAEN membership/advertising.

(Continued on page 13)

(Continued from page 12)

Trails – no update

Membership - Melissa will prompt Facebook members to join & support us financially as well as via Facebook discussions. We are very happy with the Paypal turnout and accessibility for new memberships!

Telephone conferencing – tabling this discussion for right now.

August/September club activity – September 15th at Jeanine's. Come Saturday, potluck Saturday evening, camp overnight. Ride Saturday and/or Sunday morning, head home as your schedule allows. The club will provide meat for the BBQ.

We request RSVPs to Jeanine via phone or email.

This is a great chance to expose new or young horses to a diverse variety of trail situations.

It is a members-only event but very easy to join!

Fireworks ride wrap-up – we did well! People were generally very pleased with the ride – when asked to rank the ride in a number of sections, it was overwhelmingly "excellent" with a distant second "good" ranking. We're looking forward to continuing this partnership with the Santa Cruz County Horsemen for the Fireworks ride next year.

Quicksilver Ride – we need volunteers! Are you riding? We'd love to have your help before or after the ride, or the help of your crew when they're not crewing.

Lori has been working on prizes – long-sleeve sport-tech shirts.

We have just a few riders so far. If Melissa can manage it, we may even try online registration.

We will open camp up on Thursday; it will be open 'til noon Sunday.

BBQ potluck Friday night; club will provide the meat.

Can we set up online ride registration? TBD.

Endurance 101 clinic – Nick Warhol put on a wonderful clinic this year. He'd like to put on another clinic in mid-May next year. As a club, we'd like to support this. This was a very popular clinic this year! Lori makes a motion that Quicksilver put on this Endurance 101 clinic with Nick as the manager. Melissa seconds the motion; all in favor, motion passes.

Bylaws: over the past few years it's become apparent that our bylaws need to be updated! Lori motions that we create a committee to amend the bylaws. Kathy seconds. All in favor.

Lori will chair the committee and put together a committee of several people. Currently, they are hoping to get a draft of the revised bylaws into the September Quips. Melissa Broquard will chair the committee to find additional committee members for next year. Please email Melissa (MHBROQUARD@gmail.com) if you're interested in being on the board!

Everyone except Melissa and Kathy is willing to serve for another year, so we need to find at least two people willing to serve on the board for next year. If more than two people are interested, there will be an election.

Meeting adjourned 8:10 PM



TTouch for You and your Horse

November 16-18, 2018 Rancho Ruiz, Gilroy, CA

TTouch is a gentle method for improving behavior, performance and wellbeing, while enhancing the relationship between you and your horse.



Three-day clinic with TTouch® founder

Linda Tellington Jones

Costs:

Rider with horse (limited to 9): \$645 Non-riders without horse: \$545 Auditors: \$125/day

(secure your place with a deposit of \$300)

Information and Registrations:
Tellington TTouch Training, Inc,
800•854•8326 Kirsten@TTouch.com
www.TTouch.com

TTouch for You and Your Horse Rancho Ruiz, Gilroy, CA November 16-18, 2018



Instructor: Linda Tellington-Jones

Training location:

Rancho Ruiz Deb Timms 993 Day Road Gilroy, CA 95020 www.ranchoruiz.com 408-309-0538

Coordinator:

Tellington TTouch Training Inc. 1713 State Road 502 Santa Fe, NM 87506 Phone: 800-854-8326 Fax: 505-455-7233 kirsten@TTouch.com

www.TTouch.com

Local Coordinator:

Lori Oleson 408-710-5651 lori.oleson@alumni.cpp.edu

Schedule:

Day 1: 9:30 AM - 5:30 PM (Please arrive at 9:15 AM) Day 2: 9:30 AM - 5:30 PM Day 3: 9:30 AM - 4:30 PM

Tuition:

Riders with horses: \$645.00 to be paid to the Tellington TTouch Office. Limited to nine riders with horses!

Non-riders without bringing a horse: \$545.00 to be paid to the Tellington TTouch Office.

Lunch is included in the tuition. Breakfast is NOT included. Please bring your own water and a refillable water bottle. We will try to have large jugs of water so you can refill your bottles.

Auditing: one-day auditing cost: \$125.00. (Lunch is included).

A \$300.00 deposit is due at the time of registration to hold a space in the class. The balance is due 30 days prior to the start of the training. *Please note, if you pay your deposit with a credit card, any balance due will automatically be charged to the same card thirty days before the class start unless you have already paid the tuition in full, or let us know that you wish to use a different method of payment.

Class schedule:

Day 1

Morning: Learn "TTouches for You and Your Family."

Afternoon: Work under saddle; dismount and lead the horses through the "TTouch Labyrinth;" remount and observe the changes in the horses.

Participants who wish to learn more about the bodywork or groundwork will be taught by an assistant

Tellington TTouch® Training - USA Office

1713 State Road 502 Santa Fe, NM 87506 Phone: 800-854-8326 Fax: 505-455-7233

E-mail: kirsten@TellingtonTraining.com website: www.TTouch.com

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teacher.

Day 2

Morning: Ride the horses through the "TTouch Playground for Higher Learning" with regular tack and bridle or while using the Lindell.

If a horse is spooky or hesitant, rider will dismount and lead the horse through the "Playground" while learning some of the leading positions. Then remount and ride the horse and observe changes. Participants who wish to lean more about the bodywork or groundwork will be taught by an assistant

Afternoon: TTouches for horses.

Day 3

teacher.

Morning: Riding with the Balance Rein, Liberty Neck Ring, and/or with the TTouch Rollerbit. Learn how to use Promise Wrap.

Participants who wish to learn more about the bodywork or groundwork will be taught by an assistant teacher.

Afternoon: Ground Driving.

Three ways to Register:

- Online at www.ttouch.com select Trainings & Workshops, Register for an Event
- Mail a check to our office made payable to Tellington TTouch Training and note the course session

in the memo line.

Call our office to pay with your Visa, MasterCard, American Express, or Discover card.

Tellington TTouch Training Cancellation Policy: Tellington TTouch Training reserves the right to cancel a session if necessary because of circumstances beyond our control or when enrollment is deemed insufficient. In this case all deposits, tuitions and the processing fees will be refunded. We recommend that you purchase flight and hotel insurance for each event for which you register.

Tellington TTouch Training Participant Cancellation Policy: For cancellations made more than 30 days in advance of the training, a refund will be given minus a \$100.00 administration fee. No refunds are possible for cancellations less than 30 days prior to the start of the training. If you have to cancel, \$300.00 is nonrefundable, but you may apply the rest of the deposit to another training that must be attended within one year of your cancellation date.

Meals: Coffee and tea and some small snacks will be provided. We will also provide lunches that will include vegetarian choices. If you have any special dietary needs, please bring your own food. Dinner & breakfast will not be provided. Please bring your own water.

If you are traveling to the class:

Airport: San Jose International Airport or San Francisco International Airport

Lodging: http://www.gilroyvisitor.org/lodging.ph

Camping:

Tellington TTouch® Training - USA Office

1713 State Road 502 Santa Fe, NM 87506 Ph 800-854-8326 Fax: 505-455-7233

E-mail: kirsten@TellingtonTraining.com website: www.TTouch.com

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Preserving Equestrian Lands & Trails in the San Francisco Bay Area

By Janice Frazier

About Bay Area Barns & Trails:

We know that it takes constant advocacy and action to ensure that horses remain an integral part of our San Francisco Bay Area landscape. In 1999, BABT incorporated as a nonprofit 501c(3) organization with the mission of preserving access to public trail systems and facilities for equestrians in the nine Bay Area counties.

What We Do:

Through our grant programs and educational outreach activities we preserve, promote and help maintain riding trails and stables; we support improved equestrian access and safety on trails; we encourage policies to preserve equestrian and agricultural land use; we promote and encourage sound stable management practices to protect the natural environment and we provide technical and financial support to start up organizations seeking capacity building assistance. Grants are usually 2.5K but can be 5K if larger projects and matching funds from other sources.

We Can Help You!

If you have a public equestrian barn or trail project and could use funding apply for one of our grants! See our website http://www.bayareabarnsandtrails.com/ for the application, its easy to apply, we have 2 funding cycles per year (next deadline is Nov 1). You can contact me (Janice.Frazier@sbcglobal.net) for more information or to see if its a project BABT would likely fund. A good local example is BABT helped fund the water trough at Hicks road staging area. There are many examples of trail building support in most of the counties, and you can see the list of some of the funded projects on our website. BABT has granted over \$300 K in matching funds over the years.

You can help us!

Please contact BABT with news and information about stable preservation and trail access issues (babt@sonic.net) and we can spread the word!

Visit our website to learn more about our programs or to make a contribution to help us keep funding needy projects at www.BayAreaBarnsandTrails.com



Here is a picture of a facility we are helping fund after 2017 fires damage From Janice Frazier—regarding the information on the previous page:

Carolyn got a lot of the info right, but missed catching that the grants are only for projects in the 9 bay area counties that surround the bay (thus the name Bay Area Barns and Trails) and Judith's needs are down in San Benito County, unfortunately.

I discussed with BABT board to make sure and though DeAnza trail may come thru valid counties the work has to be being done in one of the 9 counties. Important to clarify as there are many regional trails of course.

Quicksilver Camp-Out - September 15-16, 2018

By Lori Oleson

Quicksilver members had a rare treat to ride and camp on Swanton Road at Jeanine McCrary's ranch. She marked three different loops to ride the beautiful trails in the area. She also marked a hiking trail to a waterfall.

There was a good turn-out and everyone enjoyed the weekend of riding, hiking, visiting and the hospitality of the McCrarys.

We had a wonderful potluck dinner with the BBQ tri-tip and chicken provided by the club. After dinner, as it was getting dark, we had a wildlife presentation. Neighbor, Katherina, has game cameras set on one of the trails we rode to record wildlife in the area. It was interesting and entertaining.

Most people did spend the night and go for a short ride in the morning after a pancake breakfast, a specialty of Jeanine's husband Ken. The sourdough hotcakes were made from sourdough starter that came from an Alaskan roadhouse in the area where Ken's great-grandfather had homesteaded in the early 1900s.



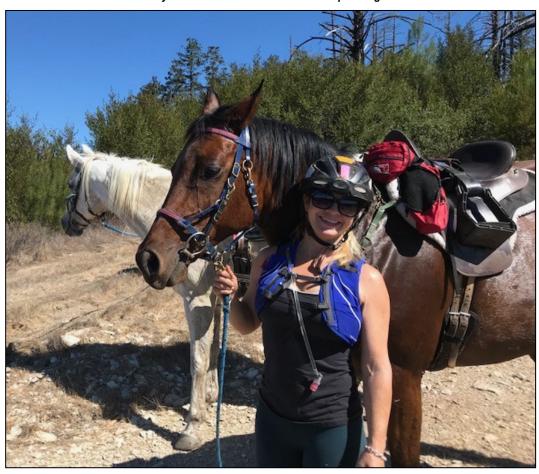
Trilby on Flame, Lori on Rosie



Ken McCrary preparing sourdough hotcakes



Jill Kilty-Newburn and Junior—at the camp on Big Creek



Sara Gray with her horse—on High Hill



Carolyn Tucker and new member, Karen Bish



Jeanine, Becky, and Judith relaxing and visiting 20



Dick Carter and Jeff Luternauer

THE SCCHA FIREWORKS RIDE - A NEWCOMERS PERSPECTIVE

By Melany Moore

Last July I volunteered at the annual SCCHA Fireworks Ride held every July as a Santa Cruz County Horseman's fund-raiser. I was stationed at the finish line to help with all the times, rider weights, pulse taking. etc. Having never taken a horse's pulse before, I knew I was out of my league - what a relief to get to play reporter instead!

It turned out that there was a lot of seasoned help there, so I used my three hours to learn the nuances of endurance riding. I was fortunate to finally meet some of the local "endurance riding legends" - Julie Suhr, Pat Verheul, Becky Glaser & Linda Swarbrick. The women welcomed me and gave me un-edited information to my beginner's questions.

What would be a good way to start training for an endurance ride?

Start with 5-6 miles, three to four days a week. Ride longer on the weekends. Going up hills, the rider can dismount & hand-walk up the hill. "You need to be as fit as your horse", said Tami Elkayam of Elkayam Equine Therapy. She was on site to give hands on healing, and jumped up once when she noticed a horse tying up after finishing the race. She quickly administered massage to alleviate the horse's cramping in the hind quarters.

(Continued on page 22)

What would you feed your horse on race day?

Pat Verheul recommended straight alfalfa, equine SR & a touch of electrolytes, not bran mash (as I had heard) & steel shoes on the horse. She said, "you have got to know your horse & you must condition your horse. Those that ride a calm & straightforward ride, do better than those that race."

What should the rider take on the ride?

Helmet, hoof pick, string, zip ties, 6'parachute cord, duct tape, chap stick, sunscreen, 2 Advil, 2 Immodium (or more), water, electrolytes, snacks (Lara Bars, Platinum Bars for the horse or cookies with electrolytes), tennis shoes – some people get off & run, to give their horse a break. I saw one rider who had a gallon milk jug on a cord. It had a large cut out on one side. Curious, I asked about it. It was for dipping in the river when she crossed. She could offer her horse water from the jug later in the ride.

The Summit Riders were proud to count two of our members as riders in the 25 Mile competition: Pat McAndrews on Constessa & Heather Shupe on Rebel. I interviewed both riders briefly to get their insight.

Pat started her first endurance ride in 1977 and has ridden at least one every year since. Her first endurance horse was an Arab gelding she absolutely loved, riding him for 20 years. Her mount this year is an Arab mare, rescued four years ago. Pat says this mare was so scared of "everything", she wasn't sure she would keep her. Contessa has proven herself, and is a smooth ride. Pat could not be more proud!

Pat reported that she went to the SCCHA grounds to pre-ride the trails two weeks before the Ride. A huge tree was down, so she had to turn around & report it, returning a week later. I asked how Contessa liked the river obstacle. Pat said they crossed the river ten times in one day, all in the name of preparation. It isn't fair not to prepare the horse for that surprise. Wow, was I impressed! Pat & Contessa finished tenth in the 25-mile ride. Dr. Kessinger said Contessa was in as good condition as the #1 horse that came in that day. They tied for Best Condition.

Heather has been training most of the Summer with Rebel, taking long rides all over California, in preparation for the Fireworks Ride. This was her first 25 Mile Endurance Ride. She called it "exhilarating" and would look forward to another one. Heather and Rebel finished thirteenth in the 25 Mile ride, quite a wonderful accomplishment.

Does the rider only trot on the ride or do they canter, as well?

Pat McAndrews said "trotting at a pretty good pace, maybe 8-10 miles per hour is her perfect pace. She likes to stand up in the stirrups. That way she is off the horse's back. She has never reported a "sore back" on her mount. She said "a ten MPH trot is almost a Zen State, like a runners high and a very content state of mind for her." Pat says that her horse doesn't like the two Endurance saddles she owns; she prefers the Western Saddle. People always ask her, "Is this your first Endurance Ride?"

What does the finish line entail?

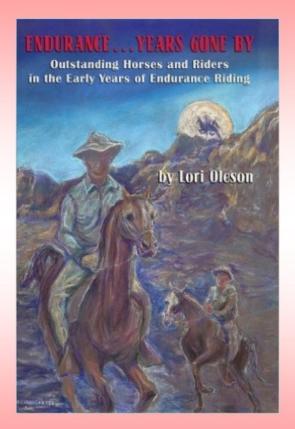
Hop off your horse immediately (the seasoned riders I sat with were very upset when riders remained on their horse to chat.) Remove bridle & saddle. Let the horse drink water. The rider is weighed holding the saddle. The Vet check is shortly thereafter, "when the horse pulses down" (64 beats/minute.) Electrolytes are given to the horse during the ride & afterward, someone reported, "syringing it into their mouth".

Is there a finish time limit per distance?

Time limits: 25 miles = 7 hours 15 mins; 50 miles = 12 hours

For those of you who have ridden Endurance, I have a new-found awe of your fortitude and perseverance. What I learned that day will stick with me. Please count me in as a compassionate spectator. Bless all of you who dare to take on the 25 or 50 mile rides.

Classifieds and Services



This book is on great horses and riders in the beginning of our sport starting in the 1970's. It has been a fun project and I'm excited to introduce (or re-introduce) those that made endurance riding what it is today.

Dick Carter did the beautiful cover, Susan Garlinghouse wrote the Forward and 5 chapters are about great Quicksilver horses and riders.

A percentage of all sales will be given to the AERC Education Committee.

Lori Oleson endurancehistory@gmail.com Cost of book is \$24 + tax/shipping

PRINTING SERVICES

For Quicksilver club ride managers. Our club now has a color duplex printer that is located in the home of Becky and Judith. You can do the printing at the cost of 25¢ per page color and 6¢ per page B&W, if you provide the paper. If you e-mail the printable files to Becky, she will do the printing for you at the cost of 27¢ per page color and 8¢ per page B&W, including the paper.

E-mail Becky: bghart@garlic.com

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Classifieds and Services



BOOKS ARE THE PERFECT GIFT!



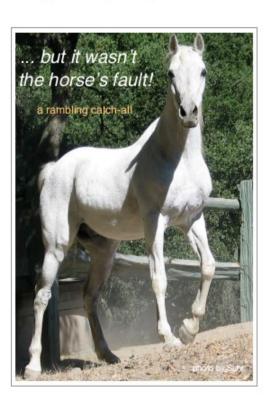
To benefit our trails and our horses, I have written two books. They are entirely different in style.

- Ten Feet Tall, Still is out-of-print, but available as an e-book from Amazon, Barnes and Noble and others.
 All proceeds to AERC Trails Fund and WSTF Trails Fund for preservation of horse trails.
-but it wasn't the horse's fault! Available from Marinera Publishing, www.marinerapublishing.com
 All proceeds to CENTER FOR EQUINE HEALTH, School of Veterinary Medicine, Davis, California \$24.95



by Julie Suhr

You are never quite the same after you ride a good horse.



"TEN FEET TALL, STILL"

My first book, *Ten Feet Tall, Still*, is out of print, but is now an e-book for downloading at Amazon, Barnes and Noble and some other places. One Hundred Percent of the proceeds go to the AERC Trails Fund and the WSTF Trails Fund.

Julie Suhr (831) 335-5933

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We are simplifying our belongings and are selling some nice things including these hand painted Swedish horses. The largest one and smallest one are antiques, and were bought in Sweden. The smallest one is $2.5" \times 2.5"$, the two medium are $4" \times 4"$ and the largest is $7" \times 7"$. We are asking \$50.00 for all four.

Becky and Judith Becky—(408) 425-5860 Judith—(408) 425-7873

Classifieds

GYPSY VANNER STALLION FOR SALE

My friend and mentor is a fabulous horsewoman who has been fighting breast cancer and its aftermath for a few years. She can no longer properly train and care for her beautiful Gypsy Vanner stallion and now must find him a new home. Here is his description from her:

It is with great sadness that I am offering my imported TGCA Registered black 6-year-old stallion Brackenhill Durham. Durham is all traditional cob. Good bone, lots of hair, perfect feet, and clean legs. Bred and owned by James Taylor and imported by Custom Chrome in Canada (James Jaworski and Nancy L Brown). His sire, Brackenhill Solo is a Watson-bred cob, owned by Jeanne Schlenk of Aunique Ranch. His dam is the Patch Mare. He is 14H. I have Full Color Panel, and he is PSSM negative. This sale is heartbreaking for me, but unfortunately my health has made it impossible to continue with his training. Looking for a Five Star home. \$15,000.

Contact Linda Lanzoni at (530) 263-6696 REPLY TO: Linda@MtnEquestrian.com





FREE TO GOOD HOME

I have to find a home for a 16-hand bay Arabian gelding that's 21 (maybe 22.) He's very gentle and healthy. I can't ride anymore. I can deliver him, as I live in Grass Valley now. Let me know if you can help. He will be free to the right person.

Mary Barger marybarger@yahoo.com

Classifieds





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Rates:

Paddock/Stall: \$ 350.00 Pasture: \$ 310.00 Trailer Parking: \$ 25.00

Call Maryben: (408) 265-0839 or e-mail to merryben@live.com

HORSE BOARDING FACILITY

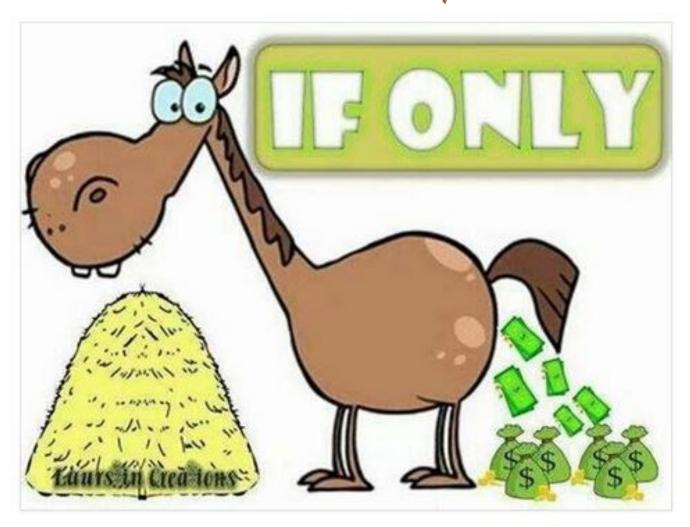
20535 Rome Drive, San Jose, California. Stalls: \$320.00, pasture \$220.00, fed twice a day high-quality orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders.

My place borders Quicksilver Park.

Trilby - (408) 997-7500

Humor and Birthdays



Happy October Birthdays to our Quicksilver Members and Endurance Priends



Michelle Coble	3
Mary Anderson	5
Kylan Rashid	5
John Plaggmier*	6
Lena Spillman	6
Michael Newburn	8
Kathie Schmidt	26
* deceased	

FIRST: We need your name And then your address		
	And then we need your money! Senior membership is \$ 30	
	Junior (under 16 years of age) membership is \$ 20	
	Family membership is \$ 45	
If you want a printed copy of Quip	os mailed to you (as opposed to PDF file e-mailed) add \$15	
	Total enclosed \$	
noonlight rides, endurance rides, t and the annual awards ceremony; s nave! How are our dues spent? Annual Y	e Riders? You will have the opportunity to participate in poker rides, rail projects as well as attend monthly meetings, the Christmas party, saving the best for last, you will meet the best friends you will ever earbook/Calendar; monthly Newsletter; a representative voice in local in the improvement projects; year-end awards and monthly meetings.	
Send your dues, checks made out t	to: Quicksilver Endurance Riders, Inc.	
Mail to Membership Chairperson:	Maryben Stover 1299 Sandra Drive San Jose, CA 95125-3535 (408) 265-0839	
	May your and your horse(s) have a wonderful year riding together as Quicksilver Endurance Riders!!!	

"Life outside of endurance? I don't think so."

Dave Rabe

"Nothing can stop a man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."

Thomas Jefferson

Mission Statement of Quicksilver Endurance Riders, Inc.

QSER exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest standards of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

Quicksilver Endurance Riders, Inc. P.O. Box 71 New Almaden, CA 95042

