



# Quicksilver Quips



May 2024

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## Officers

2024 Board members are

Rachel Miura - President

Magda Bartilsonn - VP

Nick Warhol - Treasurer

Elaine Elbizri - Secretary

Jerry Wittenauer - Board

Barbara Harper - Board

Brian Reeves- Board

## Newsletter Editor

Elisabet Hiatt [lazo@ucsc.edu](mailto:lazo@ucsc.edu)

QSER on the Web:

<http://www.qser.net/>

## Presidents Message

Rachel Miura

April 26, 2024

Hi Quicksilver Club! Spring has officially sprung and I hope you're getting as excited as I am for blue skies and lots of fun events to look forward to!

Here's what the Club's Board has been up to:

- We're in the process of nailing down a weekend that those interested in the Wilderness

First Aid (WFA) class can attend. The class will be all-day and cost \$155 per person.

Please let us know your availability by Friday, May 10 via this form:

<https://forms.gle/vtdi7D69iZ47RUf5>

- We have a new member-sourced recommendations list for all things endurance: tack, apparel, retailers, and more! You can find this in the "for members" section of the website: <https://www.qser.net/for-club-members>, and if you have any recommendations to add please email me! This guide is part of our ongoing effort to provide our members with more resources to enable fun and successful endurance and trail riding.

- Planning for the Quicksilver Fall Classic continues! This year the ride will be on Saturday, September 28th. Please consider joining us as a rider or volunteer, and we have pre-event tasks that enable you to be BOTH a rider and a volunteer! Feel free to reach out and learn more!

Our next Board meeting will be Wednesday, May 15 at 6:30pm, via Zoom. If you'd like to join to share your Club ideas or questions please let us know via email:

[qser-board@googlegroups.com](mailto:qser-board@googlegroups.com)

Wishing you many Happy Trails,

Rachel Miura, on behalf of the Quicksilver Endurance Riders Board

Hi everyone- I added the **2024 club directory** to the “members only” page on the web site.  
From the web site click on the “Members only” button.

There is a button to download the directory in PDF format.  
If anyone has any content, or any ideas for what they would like to see on the website  
please let me know.

Thanks, **Nick**

### 2024 QSER Club Calendar

17 Jan - Election of 2024 Officers  
10 Feb QSER Banquet  
23/24 Feb AERC Convention (Jacksonville)  
13 July QS Support to Fireworks ride  
15 July “Go Live” for QS Ride Entries  
20 July QS Support to Tevis Cup – Finish Line Team

17/18 August-Introduction to Endurance Clinic  
(Harvey Bear Park, San Martin)  
10 Sep Kick-off Board Search Committee.  
28 Sept QS Fall Classic Endurance Ride  
15 Dec All Awards Nominations Due  
15 Jan Election of **2025** Officers



**Happy 100<sup>th</sup> birthday  
to our one and only  
Julie Suhr!!!**

**We love you, and  
here's to many more!**

#### **Wilderness First Aid Class - date selection survey**

Thank you to those who previously expressed interest in a Wilderness First Aid Class to be hosted by QSER! We're now working to identify a date that will work best for those that are interested. Please complete this survey by Friday, May 10 to help us pick a date: <https://forms.gle/vtdi7D69iZ47RUfu5>  
You do not need to be a QSER member in order to attend the class, so feel free to invite your friends!

#### **Website and other important updates from Nick and Rachel:**

Hi everyone - we're in the process of updating our Club website, and wanted to see if anyone had any stories and/or photos we could add to the Club History page here:

<https://www.qser.net/club-history>

Also, do you have any ideas for what additional content you'd like to see on the site? Please send your ideas to Nick: [nwarhol@comcast.net](mailto:nwarhol@comcast.net) and Rachel: [r8chlmiura@icloud.com](mailto:r8chlmiura@icloud.com) !

#### **2023 Yearbook is out!!**

The Yearbook is now on the website!! Lots of photos and, of course, current member's information.

If your mailing address/email or other information has changed in the last year or two and you didn't make the update, please let Rachel or Nick know so they can ensure they include the most up-to-date info in the current yearbook online.

## AN URGENT MESSAGE FROM JULIE SUHR

Dear Friends: I am looking for someone to live in my downstairs apartment. This is a job of sorts as this person has to be here pretty much full-time, available to check on me a few times a day and for emergencies and the occasional small task.

I also need company for a trip to Scotts Valley on Fridays for shopping and errands. This person will need their own car.

I am not looking for a nurse, but rather someone with good common sense and some strength and agility. I am not looking for a companion – I am independent and self-sufficient in most things.

I can give them all day Wednesday – Thursday morning off, and most of Friday. And their friends would be welcome as long as they are pretty quiet and respectful.

The apartment downstairs is fully furnished and very comfortable. There is a kitchen, bedroom, bath, and a large adjacent room with couches and a television. The apartment has a private entrance. As an added bonus, there are large pastures and shelters, so having your horse(s) there is a possibility. I live on a 300+ acre property with lots of walking trails and great neighbors. I am about 15 minutes from Scotts Valley.

I am fortunate to have found someone to stay with me through Wednesday, March 20th. The start date for this new person is about then, although it can be moved out a week or so. But that is coming up soon and I feel a sense of urgency to address this right now.

The appropriate individual would be well compensated, in addition to having a free apartment and, with approval, room for their horse(s).

If you know someone who fits the bill, please call me at 831-252-5933. If I do not answer the first time, please try again.

I really appreciate any help with this. Julie

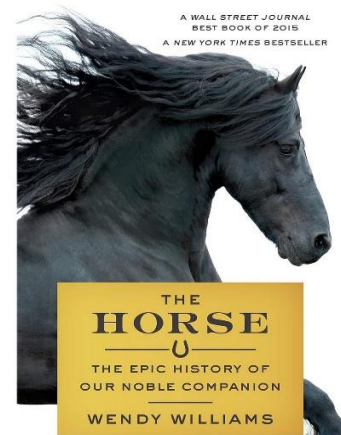
### Book Review by Julie Suhr:

#### THE HORSE - THE EPIC HISTORY OF OUR NOBLE COMPANION

By Wendy Williams. Published in 2015

This book goes back fifty-six million years until our present-day horse developed from a miniature, rodent like creature, probably not more than an inch or so high. Cave drawings and collections of fossils millions of years old tells the story that is hard to dispute. Why did the horse survive to his present stature while so many other species are gone?

The last chapters bring us to our present-day relationship with horses and how we perceive the world differently than they do and why. It is an education we all need. I am totally fascinated by it and thank Debbie Boscoe for bringing it to my attention.



## Introducing new QS member Aaron Montecino and Khaptain

I'm excited to have finally joined, it's been on my to do list for quite a while and I just never got around to it.

I started riding as a kid in elementary school and was actually introduced to endurance riding through the movie Hidalgo. I rode until my sophomore year of high school when the horse I had been leasing passed. He was a senior citizen; his time was up but I stopped riding for a good ten years after that.

Started back up in 2020 during the middle of covid when I came across the Bay Area Ridge Riders on social media. I rode with Magda (Bartliss) about 1-3 days a week for a couple years helping keep the horses in shape during covid and then training her new young ones as she added to the herd.

I finally did my first LD at Cache Creek 2021 with Magda and her horse Bella! Then again at Quicksilver 2021. And a week later I bought my first horse.

Khaptain was four and un-started when I bought him. I definitely took a bit of a gamble there but he is half brother to Bella, Magda's horse, and she specifically said to me "If you don't get that horse, I'm going to go get him myself." So, I knew I found a good one.

With the help of me and Magda's mutual friend Liz (owner of the non-profit Caring Cowgirl) we got him started under saddle and he was a dream the entire time! He stayed in Half Moon Bay and later Montara for the first year I had him and then was able to move him to Oakland to be closer to me and I've been continuing his training on my own.



Last year we entered the intro at Cache Creek 2023, and while we got stormed out and didn't get to ride, that was his first time trailering off property and camping and he was perfect, so it was a great experience for him. We then skipped the intro stage and entered the LD at Camp Far West 2023 and he got his first completion!

Unfortunately, we have to miss Cache Creek this year to focus on ulcer treatment. But looking forward to entering more rides and hopefully celebrating our three year anniversary by taking him to Quicksilver. 😊

Sorry for a lengthy story! So Khaptain is a six year old (seven in July) Arabian gelding and he's a Khemosabi grandson. He stays at Anthony Chabot Equestrian Center in the Oakland hills where we have direct access to multiple regional parks to ride in.

I can't wait for his endurance career to finally take off and I look forward to meeting local endurance riders and becoming more involved in the community!

-Aaron & Khaptain

*Welcome, Aaron and Khaptain! We hope to see you on the trails soon!*

## From Lori Oleson: Introducing Legacy XP (aka Reb), and more...

Five years ago, I picked up a yearling gelding from Southern California. He had some stellar athletes in his pedigree, such as Sierra Fadwa, Cougar Rock (x Bezetal), DR Thunder Bask +/- and Koszar (x Kosciusko). It would be a long wait, but what the heck, I liked him.

Fall 2023, Reb completed two LD rides. The first with me at Quicksilver Fall Classic, the second with Jill at Camp Far West. Now at six years old, he has completed his second 50-mile ride.

I rode him in Nevada at Rides of March. Although cold in the morning, it turned into a lovely day. There was still some snow on the trail, but otherwise good footing. Reb was strong and forward to say the least. This boy wants to go, so it was a challenge to keep his speed in check.

All the vet checks were back at camp and I had a good parking spot near the vetting area. This was very helpful for me. You see back at camp it was not a time for me to rest and eat, no, I had a puppy to play with. Jemma is a lot of puppy and has an abundance of energy, much like Reb on the trail.

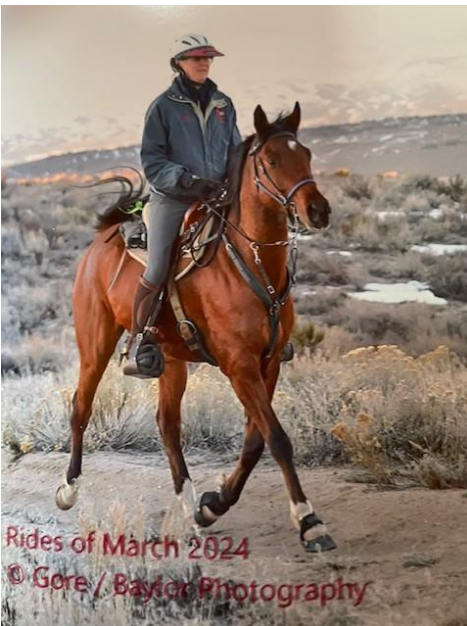
I hardly had a minute to sit down.

I finished the ride around 5:15pm and was in bed by 8pm. I was beat!

Five weeks later we rode the American River Classic. It is only 15 minutes from my ranch, so there was no camping, we rode familiar trails and Jemma stayed home.

It was a big ride and I saw a lot of familiar faces. Again, Reb was a handful, especially in the first half. His behavior in the second half was much better because the day did get warmer than we are used to and it was a hard ride. We finished with 30 minutes to spare and we were both tired.

All of this sounds very typical when it comes to starting a young horse in the sport of endurance and I've started many young horses over the years. Things were different for me this time and I feel (not just exhausted) a sense of accomplishment. Some of you know, but many do not, that last year I was diagnosed with cancer. When I rode Tevis last year (July 2023), I had scheduled surgery less than a week later.



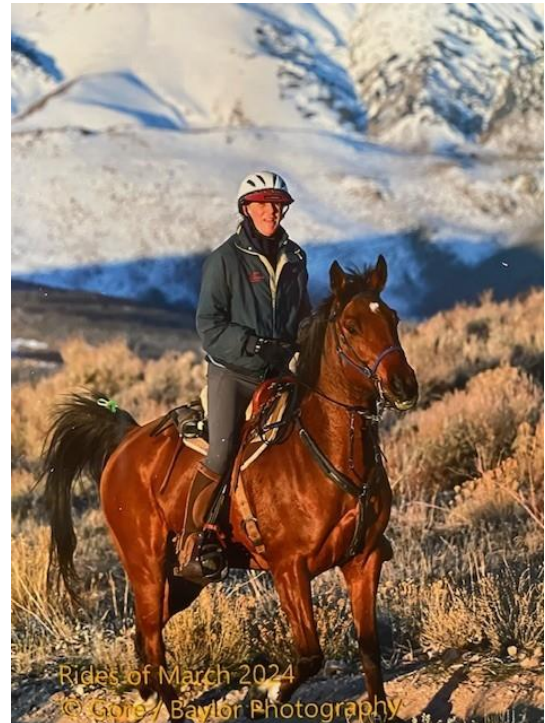
Biopsy of the removed tissue found more cancer, so next was chemo. The week following the QS ride on Reb, I started treatment and it continued until the end of December. I did pretty well until December and then treatment 'kicked my butt'.

I rode through treatment the best I could, but December and into January, I could only walk. How could something I've done for so long be so hard? I started regaining some strength and began trotting a little. It was a slow process. Maybe I could have done a ride on Reb in February, but I thought it best to give myself another month. Even then, I was questionable. I'm not going to know until I get out there.

I was tired for more days than I would like to admit after Rides of March. And I'm pretty tired after American River. It's going to take some time to get 'back to normal' and into shape like I used to be.

I tell you all this now, because if you see me at a ride and I look overwhelmed, overly tired and generally 'out of it' ... there is a reason, and I hope you will be understanding. I do not want anyone to think I am being unfriendly.

*Dear Lori: We wish you a speedy and FULL recovery, and many fun miles ahead with lovely Reb!!*



*The following is part of an article on hay nets and horses' teeth that I found interesting. -Elisabet*

### **Hay nets - should we use them or forgo them?**

**Introduction:** Hay nets are a common management practice used in the horse industry. They have been shown to slow down intake rate, so hay is available longer, and they reduce hay waste, which can provide financial benefits and reduce labor at horse farms. While studies have shown 73% of horse owners report using hay nets, there are still some unanswered questions regarding how they can impact the dental health of the horse, which has made some horse owners hesitant to try this management practice.

**Materials and Methods:** Thirteen mature geldings were used in a 2-year crossover design. During year 1, they were blocked by weight and seven were on the no hay net control (CON) and six were on the hay net (NET) treatment. These horses lived in identical neighboring pens with the only difference being NET horses had their hay placed in hay nets with 1.75"/4.45 cm openings (graciously provided by Hay Chix) while CON horses did not.



At the beginning of the trial, blinded equine dentists (blind meaning they did not know which treatment each horse was on to prevent any bias) performed dental examinations on the horses where abnormalities and conditions were documented, followed by dental correction (horse teeth were floated). Incisor tooth length and the presence of bevels (slants on the incisors) were recorded before and after dental correction as well. Horses remained on these treatments for one year and digital images were taken of their mouth monthly and provided to two equine dentists so they could assess and assign a rostral oral cavity score. After the first year, horses had their dental examination and correction with the same measurements taken and they switched to the other treatment for an entire year before their teeth were evaluated a final time at the end of the study. We chose our timing so horses could be used as their own control and one year is often the recommended length between dental corrections for horses.

**Results:** Incisor length, the presence of bevels, dental abnormalities and conditions were the same regardless of hay net use after one year. Additionally, rostral oral cavity scores that were assessed based on factors including gingiva color and margin, chips, cracks, abrasions, feed stasis, among other things, were the same for both treatments at 47%.

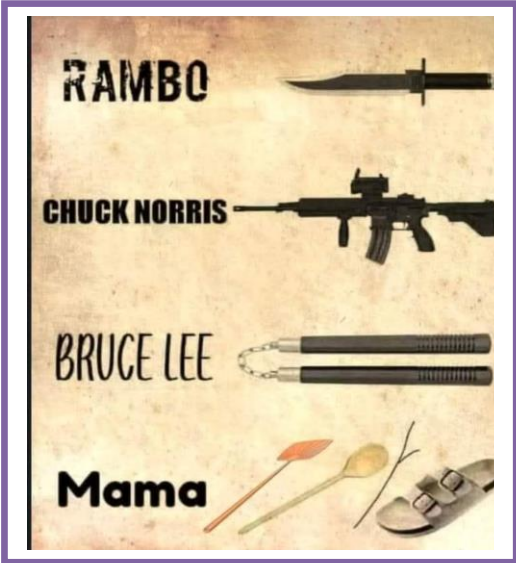
**Discussion:** These findings suggest hay nets do not impact dental health in the horse when evaluated over the course of a year. While I have spoken with equine dentists who have reported the same anecdotal evidence to support these findings, it is important to monitor your horse's dental health regularly as there are some rare instances in which horses may eat aggressively and should be monitored with any type of feed restriction.

**Conclusions:** These results demonstrated that hay net use does not result in negative impacts to dental health in horses.

**Funding:** This research would not have been possible without funding from Hay Chix and we are so grateful for their support!

Wishing you all the best!  
Dr. DeBoer

**JUST FOR FUN...**



People born in the 1950's have lived in 8 decades, 2 centuries and 2 millennia. We had the fastest cars, best music, drive-in theaters and soda fountains. We may be a little cranky, but we had the most fun! 😊

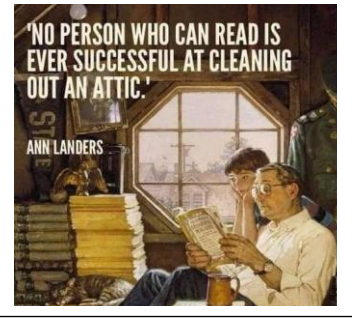


Best or worst "knock-knock" joke



**MAY THE FORCE BE EQUAL TO MASS TIMES ACCELERATION**

Strange things you may only see at a California endurance ride...



## Ride Report: American River Ride Classic!

*By Rachel Miura*

I was due to ride Theo in the event on April 20, but he seemed to be brewing a hoof abscess, so I was super excited and appreciative to get a last-minute offer to ride Amigo the mustang from fellow QSER Board Member Magda Bartilsson! I got to join her on Pistola and Carmen Jackson on Milo – and our 'stang gang was complete and ready to go!

It was a beautiful course but rocks, heat, and a few navigation hiccups meant we were running just a few minutes ahead of the cut-off times for most of the second half of the ride. The section of the trail after the midday 1-hour hold involved crossing the river via No Hands Bridge and featured an “extra” hill that was essentially a hot, paved road. Ugh! We came into the Auburn Overlook 7 minutes ahead of the 4pm cutoff and were able to get the mustangs pulsed down just a couple minutes before the 4:15pm cut off.

By the time we waited in the vetting line and got through we had less than 10 minutes to tack up and leave before the 4:45pm cutoff.

When we left the Auburn Overlook we knew getting to the finish ahead of the 6pm cut off was going to be tight, but we agreed to give it our best shot and the horses seemed to feel better as the day began to cool off. We were still more than a mile out from the finish with less than 10 minutes before 6pm struck, so we had to really boogie the last mile or so and finished just one minute ahead of the cut-off! Whew!

I am very proud of how Amigo did – I could feel his confidence growing throughout the day, and by the end he was leading our trio.

I am excited to hand over Amigo's reins to new QSER member Ruth Taylor to pilot him at the upcoming Cache Creek Endurance Ride on May 4!

As with all endurance events I am grateful to many people for making it a reality - for Ruth coming to crew for us, for all the ride managers, volunteers, and vets, and to Magda and Carmen for their camaraderie and appetite for adventure and fun!

Next year the American River Classi Ride will be celebrating 50 years! How exciting!



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## American River Ride Report

*by Elaine Elbizri*

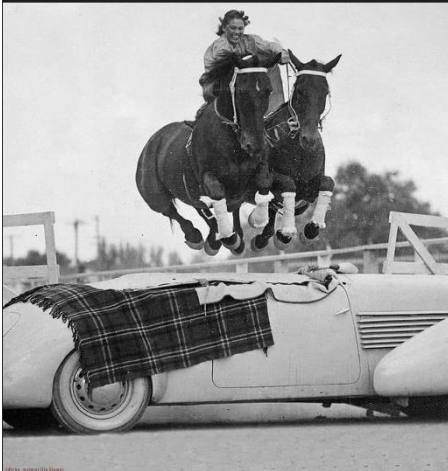
Bella and I finished but we were at the end of the pack! We had a long stream of water, maybe 2-300 yards to ride through. Bella refused to get her feet wet! It was deep and sticky with lots of mud. 7-8 or more riders went through and Bella refused to follow, stayed and stuck herself in the mud. It was much too deep for me to lead her through. One of her boots twisted around her hoof. I decided to take a break and fix the boot. We stood under a tree with lots of grass to eat. I got the boot in place, mounted, and with no one around us we walked back to the water and Bella went straight in and waded through belly high water as if she had been doing it all her life!!

The best thing for me was that when we met more muddy water crossings she went straight through without hesitation. Bella had put her thinking cap on and found walking through muddy water was not life threatening after all. Many of the trails were beautiful - zigzagging down to the American River is breathtaking, but it was hot and seemed like much more than 25 miles.



## A FEW ODD ODDS AND ENDS

### Alice Sisty-cowgirl bronc and bull rider and double Roman horse rider. 1906-1953



Alice Sisty grew up in a well to do New Jersey home, not far from a racetrack owned by her grandfather.

Alice Sisty once rode a horse from Reno to her New Jersey home. On her trek of 3,000 miles, she sometimes slept outdoors in isolated locations. After the national publicity of her ride, she joined Miller's 101 Ranch Wild West Show. Later, she also rode bulls and broncs and performed trick riding at rodeos.

After months of training, in 1936 she became the first woman in rodeo history to perform 2-horse Roman riding jumps. For over 15 years, she was one of the top female rodeo stars and won numerous bronc ridings as well as all-around cowgirl titles.

The car she jumped was her own, one of only 205 model 810/812 convertibles made by Auburn Automobile Company during 1936-37. Front-wheel drive and retractable headlights were among its features.

She was married four times! At age 17 in 1923, Alice Sisty eloped with Allen Zook, a Harvard graduate, after knowing him only one week. In 1928,

she obtained her divorce in Reno, probably because no state had more lax requirements for divorce than Nevada. In 1929, Alice Sisty married Earl Sutton Jr., a rodeo contestant. In 1932, she married rodeo star and western showman Milt Hinkle, who was 25 years older, on horseback in an arena. In 1942, she married her fourth husband, Henning Sommer, who was nine years younger than her. She died in 1953 at age 47 after an extensive illness.

What started out as another ordinary race over a sloppy track at Golden Gate Fields in February 1989, ended in rather extraordinary fashion. As the horses neared the wire, a filly named Sweetwater Oak came flying up on the outside of the leader but stumbled badly, flipping her rider, Nate Hubbard, out of the saddle in the process. With a field full of steam behind him, one could only imagine the potential disaster that awaited the young rider as soon as he hit the ground. Desperate, Hubbard grabbed the filly's neck and managed to hang on until crossing the finish line in second place. Because his feet never touched the ground, the result was upheld by stewards. To her credit, the filly barely skipped a beat.



#### **WE REMEMBER...**

Of the two official United States holidays recognizing the commitment of members of America's military services, Memorial Day honors those who lost their lives while defending their country.

The American Civil War of 1861 to 1865 claimed the lives of more than 550,000 people. During those years, many citizens began to place flowers on the graves of the war dead. In 1868, John A. Logan, a former Civil War general and founder of an organization of war veterans, extended the idea by suggesting May 30 as an annual date to remember the massive numbers who died during the turmoil of the divided nation. Called "Decoration Day," it is believed the date was chosen because flowers would be in bloom all over the country.

By the turn of the century, nearly every state had declared "Decoration Day" an official holiday. After World War I, Decoration Day was expanded to honor those killed in all of the nation's wars, and after World War II, it became known as Memorial Day.

In 1971, Congress established Memorial Day as a federal holiday and fixed its observance on the last Monday in May.



## Ride Report: American River Classic

by Nick Warhol



The American River ride was the first ride that Sorsha and I have done in over seven months. Family obligations have kept us from doing any riding, but we have that pretty much sorted out now. I drove up on Friday morning with Ines and her spunky gelding Rayos. Camp was PACKED with rigs; the parking team did a good job getting people situated. We got so lucky since we were the third from last rig to fit in the main area. We got a great spot very close to everything. The weather was perfect, finally, although I was a little worried about some of the muddy bogs that might be present in the Cool area due to the recent rains we've had.

At the ride meeting the trail lady talked about something called the long water, be sure to take the long water; don't go to the left. What was that? Well, I guess we'll find out.

The ride this year was different than past American river rides in that it started and ended in Cool, doing loops in and out of camp, as opposed to the point-to-point ride that's always been in play at this ride over the years. The last time I did this ride, about 8 years ago, I found the single track from Folsom Lake to the Auburn area was just too torn up, technical, and downright nasty to do again.

I was glad to see a change. The ride was 3 loops for the 50: the red, the white, then the blue. The red and the white loops started and ended in cool. The blue loop was pretty neat since it went from Cool to Auburn, backwards on the Tevis trail, to the vet check at the overlook and then back to Cool the same way. We started out at 6:30 with over 60 horses in the 50. For some reason we just couldn't get away from the conga line of horses during the first few miles. It's just so much easier to ride by yourself. We hung back after a while and let the groups go but kept getting caught up in other groups; it was kind of strange to keep getting stuck with many riders. The trail is a mixture of really nice single track and jeep roads with good footing in most areas. We took a long downhill road to the American river, which was pretty full, and skirted along the shore to the East for a bit. We then climbed all the way back up to the top of the canyon where Cool is located. After 10 miles we finally were able to ride by ourselves the last five miles into the vet check back in camp. We still didn't know what the long water was. Sorsha recovered instantly to her classic 40/40 CRI and ate happily at the trailer for 30 minutes.



The next loop was the white loop, using many of the same trails and the same area as the red loop but included the infamous long water. A look at the GPS route we recorded shows the crazy repetitive trails on the all three loops. A couple miles from camp we noticed over to our left a couple of people trying to extract a poor horse from the mud. That looked pretty grim. The lady at the ride meeting had said "be sure to take the long water, don't go to the left or you'll get stuck." Well, apparently this rider went to the left and got stuck. We turned left into the long water which turned out to be like a Creek, but it was deep. Sorsha is a tall horse, and my feet and ankles were underwater as we slogged up this Creek / puddle / river that wasn't moving, for at least a couple hundred feet. I would have taken a video, and I wish I had, but I was a little bit nervous in there. It was really deep water. And at one point Sorsha thought she might try to exit stage left, but I caught her, and with one nice left leg push I got her back into the deep water in the center of the pond. That was exciting! We exited the water, with horses dripping, and continued on, but had some trouble with trail marking on the white loop, getting lost twice and doing an extra 1.6 miles. (we have a gps). Once back on trail we continued on with winding trails back to the start finish and second vet check in cool. Another great CRI for Sorsha, this time 40/36.

We spent our hour hold letting the horses eat which they did happily, and headed out for the out-and-back loop to Auburn in the heat of the afternoon. It started out in the same general area with the other loops, but eventually made its way over to the Wendell Robie trail all along Highway 49 towards no hands bridge.

I recognized when we got on to the Tevis trail, and we rode across the no hands bridge enjoying the beautiful views. There were a lot, and I mean a lot of people walking on the road along the river between the bridge and the auburn area.

It was very crowded with people; we made our way as best we could along the loop and then to the last vet check at about 40 miles at the Auburn overlook staging area. It was hot, and several horses weren't recovering, but Sorsha certainly didn't have that problem.

She was 44/40 here, it took Rayos a few minutes to come down, but he did. Several horses were pulled for non-recovery here, and I think some were probably not able to make the cut off time. We spent our 30 minutes and continued on, riding back the way we came towards Cool, going in reverse across no hands bridge. It was a long, slow climb up the rocky trail up the Canyon, (at least they kept us off the training hill!) but we took it easy not being in any hurry. We got to the top, then looped around, did a couple more miles and then headed to the finish. It was a long ride; we finished at 5:20, with the winner finishing at about 3:15. The winner happened to be "sandwash" Ali Woodward, riding one of Melissa Montgomery's Mustangs. (Melissa was pulled at the 40 mile check). Ali has turned into one of the best catch riders in the West region. She needs to get her own horse, well then again, maybe she doesn't! Sorsha finished with her classic 40/36, CRI impressing the heck out of the vets. We finished in about 15th place I think out of the 60 or so starters, but I fear there were some overtime pulls at that last vet check. All in all it was an excellent ride, although getting lost a bit, we had a great ride in good weather on great horses.

Next ride will be the Christina Chesterman in a month!



\*\*\*\*\*



Tango is Back!! Yay!!



**From Elisabet Hiatt:**  
 After years of serious health issues, a tracheostomy (see photo), "covid" (he insisted on wearing a mask!) hoof problems and being told that he would probably never be able to go out on the trails again... Tango is baaack! Last year he did 16 miles at a Duck ride and that was a milestone for us. Will he ever do a 50? No, but he is an awesome horse and I'm really happy to be able to enjoy long trail rides with him and he is VERY happy to oblige. Don't give up on your horse until your gut tells you it's time...



## Quicksilver Endurance Riders (QSER) Club Board Meeting Minutes - April 17, 2024

The Board meeting was held via Zoom on April 17, 2024.

In Attendance: Jerry Wittenauer, Nick Warhol, Rachel Miura, Elaine Elbizri, Brian Reeves, Magda Bartilsson.

Apologies from Barbara Harpster

Meeting was called to order at 6:32 pm

### Review of Committees and Report Outs

#### Website

Swag store update: Rachel has ordered a test shirt with the logo and will then see if we can setup a swag store on the website if the test goes well

Crowd-sourced tack recommendations: items listed need more comments and context from those that shared recommendations, then it can be shared on the website in the members only section

#### Membership

New members: 3 new members: Daniela Mielke, Baldwin & Kayley Chieh, Aaron Montecino

Renewing members: 11 members had not renewed by the April 1<sup>st</sup> cut-off date. They will be taken off the google list used for emailing

**Goodwill** - No report

#### Financial

**Treasurer's report:** No change from previous month: Checking: \$9,686, Savings: \$1,076

### Quicksilver Fall Ride

Jerry / Rachel - ride secretary on boarding meeting - April 24

Rachel will look at ERIC with assistance from Brian

### Trails

Magda: Mountain lion tracks were seen on both Skyline and Sierra Azul. Information is being compiled on trails; it will be posted on the website in the members section Nick reported that all single track trails at Del Valle, some of which had been closed 4 years ago were now open.

QS trail project: club account \$1,075

Jerry developed a plan three years ago for Santa Clara County Parks to provide upgrades to the Harvey Bear Ride Camp. County Parks showed little interest. Jerry is providing this plan to our current Trails Representative - Magda for further pursuit. The project includes improvements to ride camp facilities, putting in water pipes, electricity for the barn.

Suggestions: contact other events that use the ride camp area to team up for the project; Bay Area Barns and Trails has funding for trails and access improvement projects.

### Recent and Upcoming Events

**Quips** – next issue May 1. Please share ride reports and other updates as Elisabet is light on content at the moment

### Old business

**Tervis** finish line volunteering: Jerry will create an event on facebook, still need more volunteers at the finish line

**Endurance clinic** to be posted on facebook also to be posted through AERC

### New business

**Wilderness first aid for riders:** 16 expressions of interest! Best months: June, September, December October November Next step: seeing which weekends in these months work for Sierra Rescue, then can circle back with everyone who was interested to see if we can get to 10 attendees on a specific date. Venue available at Ridge ranch.

**For horses:** Idea for related vet session: 90-minute Q&A on common trail mishaps (ie - horse throws a shoe, what to do if your horse trips and falls on its knees, what do you do if your horse is bitten by a snake, what to do if your horse chokes on grass, and what should each rider carry for on-trail safety? This session could be online or in person. Need information from AERC members who have experience of trail needs eg vets, enquire from Jay Mero and Melissa Ribley.

**Extending the Ride trails:** Opportunities for extending the Ride into Henry Coe were discussed; further information to be researched re new trails open in the area between Harvey Bear and HC and the feasibility of such a project.

**Next meeting:** Wednesday, May 16 - 6:30pm via zoom

Meeting adjourned at 7:10

*Elaine Elbizri*

Treasurer's report:  
Checking \$9,686  
Trails \$1,076



*Happy Birthday to all who are  
celebrating another trip  
around the sun!!*



## *Market Place*

### **HORSE BOARDING FACILITY**

20535 Rome Drive, San Jose, California. **Stalls: \$400.00, pasture \$330.00.**

Fed twice a day high-quality orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available.

1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders.

**Trilby – (408) 997-7500**

### ***Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses*** by Beverley Kane, MD

*Equine-imity* teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family!

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**Illustrations by Judith Ogus**

### **CENTERED RIDING® LESSONS**

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860**

### **Books by Julie Suhr**

**Ten Feet Tall, Still** and **...but it wasn't the horse's fault!** are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at: **(831) 335-5933**

### **Books by Lori Oleson --- Enduring Memories**

and **Endurance... Years Gone By** are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at **(408) 710-5651** or [lorioleson@alumni.cpp.edu](mailto:lorioleson@alumni.cpp.edu)

### **From Judith and Becky: Horse Property Share Available March 1, 2024**

We have rooms available for a renter plus space for one horse in our pasture. You get a master bedroom with private bath plus a second room and second bath. Laundry, kitchen and dining are shared. U-shaped house so you have plenty of privacy.

Property is 5 acres, fully fenced with no climb fencing. Horses have a 2.5 acre pasture, mare motel, EuroXiser and outdoor arena. Three Arabians live in the pasture - two geldings and a 32 year-old mare. Hoping to find someone who will share feeding and cleaning and whose horse can also live out.

No cats; the right dog is a possibility. We have 3 dogs, a young chihuahua cross, a 9-yr old border collie and 9-yr-old sight hound. We have some agility equipment.

House is on Salinas Grade, San Juan Bautista, about 1.5 miles from CA156. Rent is \$1500 including utilities and horse trailer parking. Horse boarding is extra and negotiable depending on your availability to help feed.

We are two older women, ex-endurance riders.

Call or email Judith: 408 425-7873; [judith@randomarts.biz](mailto:judith@randomarts.biz)

From Judith Ogus:

Hi QS friends,

I suppose it's weird to send this out to an athletic group, however some of us are aging and/or have good friends who are aging so why not??

We have a very good quality U-step walker with a lot of adjustability. It is very sturdy and collapsible. A friend passed it on to us and we want to pass it on too. Its default mode is with brakes on, you squeeze the handles to release the brakes and go. It belonged to an adult male before we got it, so don't worry that it could be too small for someone else. Please pass this on. [Judith@randomarts.biz](mailto:Judith@randomarts.biz)

Hi folks. It is time for Becky to sell her marvelous horse, Mighty Mouse, a small bundle of courage, intelligence and drive who at nine years old is ready for his next adventure - hopefully as an avid endurance horse.

The first time Becky rode him on the trail she came back with a big grin on her face and thumbs up, meaning he had the get up and go that she loved in a prospective endurance horse. He has taken great care of Becky for the past year and a half or so. They had a fine trail ride last November and since then have played in the arena, not his favorite thing but he will do just about anything Becky asks of him.

This horse is fearless and curious, doesn't spook and is forward but ratable and Becky has had to ride him with just one hand the whole time she has had him.



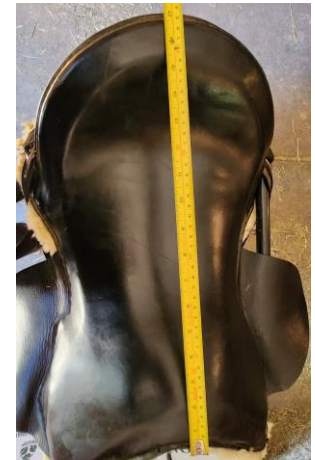
He has straight legs, fine conformation and though he is not registered, he is as typy an Arabian as they come. Here is a photo. He is 14.1 with a great big heart. This is the horse who stands stock still next to the mounting wall we built while Becky walks up a ramp to get to him and stands stock still while she mounts. He learns very quickly and would love to interact with someone who wants to teach him tricks as well as go down the trail. Please pm if you are interested and share.

This guy deserves a good home with someone who loves endurance. [Judith@randomarts.biz](mailto:Judith@randomarts.biz)

### From Debbie Boscoe: FOR SALE: 4 Star 3 Horse LQ

It is full of wonderful features for horses and people alike. It has been the perfect endurance trailer: 8' wide 7'6" tall; WERM flooring Air Ride; drop down windows at head, stock windows at rear; mangers; stud wall; escape door; roof vents; rear (collapsible) tack with 3 saddle racks, blanket bars, lots of hooks. 3 Spring-tie hi ties. Electric jack; roof rack, 4 fresh water tanks (135 gallons); solar panels; deep marine batteries. 9' short wall, custom built interior; queen bed with 10 cabinets; bench bed; full fridge/freezer; 2 burner stove with cover; microwave; extra big deep sink; heat; ceiling skylights with fans; 18' electric awning; full bath with shower, sink, large cabinets; LED lighting and luxury vinyl floors throughout; generator; day/night shades. Low mileage radial tires with 2 spares. Very clean, bright, and roomy. All is well and lovingly maintained. \$49,000

I have lots of pictures and more details. You can contact me at [debbieboscoe@gmail.com](mailto:debbieboscoe@gmail.com) or text me at 831 227 4960



Original Stonewall saddle. I bought 2 of these so I could have a backup when my first one fell apart, which it never did... so this one has been sitting in my tack room for many years. I have 2 Living Bars now, so it's time to let one of these go. It has a tiny bit of rust on the breast collar rings. Other than that, it's in very good condition. Original leather stirrups. All the rigging looks like new. Seat is 15". Weighs about 12lbs w/o the fenders. Make me a reasonable offer, considering that the only one I found for sale was \$1,200.

Elisabet - [lazo@ucsc.edu](mailto:lazo@ucsc.edu) (831-234-4732)

# IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

**Club Mission** - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name \_\_\_\_\_

And then your address \_\_\_\_\_

And your phone number and e-mail \_\_\_\_\_

And then we need your money! Senior membership is \$ 30 \_\_\_\_\_

Junior membership is \$ 20 \_\_\_\_\_

(a junior is under 16 years of age)

Family Membership is \$45 \_\_\_\_\_

Mailed Quips (paper copy) \$20 \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

You can go to our website at : [www.qser.net](http://www.qser.net) to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

**THANK YOU!!**

