



Quicksilver Quips

March 2023

Happy Spring
and Daylight
Savings Time!



What's inside

President's message
Announcements
Condolences
Training Clinic
Just for fun
Award Banquet
Esmæ's ride!
Sparkie's good deeds
Bare hooves and trims
Members News
Introducing Gretchen Montgomery
Ride Report 20MT
Board meeting minutes
Treasurer's report
Birthdays and Announcements
Market place
Join the club/renew

And random stuff here and there
just because I can :-)

Officers

2023 Board members are

Jerry Wittenauer - President
Magda Bartilsson - VP
Nick Warhol - Treasurer
Elaine Elbizri - Secretary
Carloyn Tucker - Board
Rachel Miura - Membership
Magda Bartilsson - Board
Brian Reeves- Board

Newsletter Editor

Elisabet Hiatt lazo@ucsc.edu

QSER on the Web:
<http://www.qser.net/>

PRESIDENT'S MESSAGE

Jerry Wittenauer

24 February 2023

The year is off to a great start with folks figuring out how to dance around the rainy days to get their training in and attend rides – yay!

We had a nice contingent of QS Riders at both Fire Mountain and 20 Mule Team Rides, and of course our QS members are deeply-involved in the planning and management of the those two rides .

Disappointing news to hear that the winter storms have caused significant damage to the riding route for the annual Fireworks Ride, and that ride has now been cancelled for 2023 .

Our annual QS Banquet was lotsa fun as always! Kudos to Mary Anderson for organizing this event once again. We recognized our annual award winners for the 2022 season, gave a special recognition to Maryben Stover, and had a nice evening to relax and enjoy the company of our fellow equestrians .

The QS Board is looking at a couple of new initiatives including ramping up a "Ride with GPS" training and on-line resource center (Nick) and building up a focus on "Ride Safety" for this year's QS Fall Classic (Magda) . . . let's all hope for a wrap-up of the rainy season and a return to dry sunny trails!

Best wishes to you all for a safe and productive year with your equine partners.

A big THANK YOU
To Lori Oleson for putting together the lovely
2022
Quicksilver Yearbook/Directory!

Hi everyone- I added the **2021 club directory** to the "members only" page on the web site.
From the web site click on the "Members only" button.

There is a button to download the directory in PDF format.
If anyone has any content, or any ideas for what they would like to see on the website please
let me know.

Thanks
Nick

2023 QSER Club Calendar

18 Jan - Election of 2023 Officers
4 Feb QSER Banquet
23/24 Feb AERC Convention (Jacksonville)
8 Jul QS Support to Fireworks Ride
11 Jul "Go Live" for QS Ride Entries
29 Jul QS Support to Tevis Cup – Finish Line Team

xx Aug QS Camping at Santa Cruz Horsemen's
10 Sep Kick-off Board Search Committee.
30 Sept QS Fall Classic Endurance Ride
15 Nov All Awards Nominations Due
18 Jan Election of **2024** Officers

From Beverley Kane: Dear QSER Friends,

Our Webb Ranch Library needs donations of equine- and equestrian-related books, DVDs, and magazines, especially back issues of the San Mateo County Horseman. (Magazines are given away free.) Genres include, but are not limited to, Riding, Horse Care, Horse Training, General and Natural Horsemanship, Fiction, History, Memoir, Veterinary Medicine, Psychology & Spirituality, Equine-Assisted Learning & Therapy, Breeds.
Please e-mail or txt me to arrange delivery or pick up.

Thank you!
Beverley Kane
650-868-3379
bkane1@stanford.edu

Not putting stirrups back in the hole you found them in... I'm pretty sure that's a hanging offense.

Fom Pat McAndrews:

Proposed California legislation AB 233 would authorize local jurisdictions to adopt rules to "require the rider of a horse to collect and dispose of any waste deposited by a horse on a street, sidewalk, or other public property".

Please contact your local state representative to let them know you oppose this legislation. I'm sure most of us pick up manure in parking lots, etc. but we need to stop this or we'll be picking manure from trails, which is logistically impossible...



Our deepest condolences to our dear Sandy Holder on the loss of her husband, friend, partner and beloved Dave. May all the wonderful memories of adventures and companionship comfort you during this heartbreaking time.

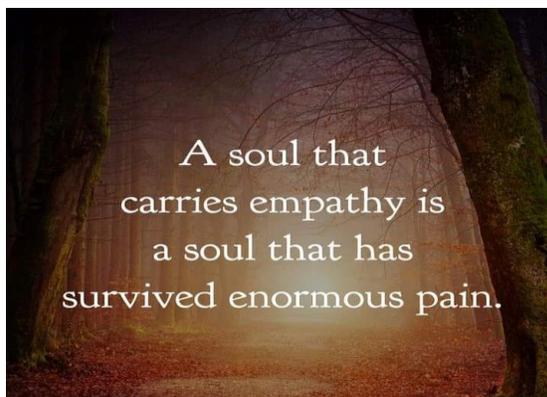
Your Quicksilver club friends.

From Carolyn Tucker:

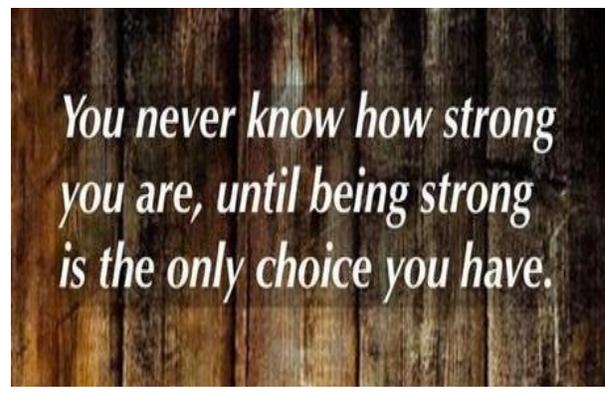
It is with a Sad Heart to announce that my last Oman x Aerial Purebred Shagya Arabian Mare, Amara's A'Rone' (Roni), has passed over the Rainbow Bridge at age 24.

She was always a handful from day one, spoiled by her mom, being the last foal born! But she did do everything I asked of her, even if she really didn't agree!

Our condolences to Carolyn.



A soul that carries empathy is a soul that has survived enormous pain.



You never know how strong you are, until being strong is the only choice you have.

From Pat McAndrews:

Learn to ride in a manner that protects you and your horse with **Agi Yother**

- Feel safer and more secure in the saddle
- Develop a deeper and more secure connection to your horse
- Recognize the correct posture for a balanced and effective seat
- Develop a higher sense of awareness to keep yourself in correct alignment while riding



Available for beginners and advanced riders

**Saturday April 8, 2023 9AM-5PM
Santa Clara County Horsemens
20350 McKean Rd. San Jose, CA 95120**

\$160 Clinic, \$60 Audit

Camping corrals available

Hosted by Pat McAndrews:

**20535 McKean Rd.
San Jose, CA 95120
Cell: 408-828-1140
Email: pat@kittle.net**

*I can accept failure. Everyone fails at something. But I can't accept not trying.
Michael Jordan*

JUST FOR FUN...

I hate it when people confuse education with intelligence. You can have a degree and still be an idiot...

Person: omg you have a horse? they seem like the most beautiful & graceful animals

Me:



If mares took selfies



Hobbies Less Stressful than Horses:

1. Bomb Squad Technician
2. Brain Surgery
3. Pursuing a PhD in Nuclear Physics
4. Banzai Skydiving
5. Training Velociraptors
6. Base Jumping
7. Wing Walking
8. Chainsaw Juggling
9. Volcano Boarding
10. Russian Roulette



5 STEPS TO FINANCIAL SUCCESS

1. Don't ride HORSES
2. Don't buy HORSES
3. Don't look at HORSES
4. Don't associate with people who own HORSES
5. Never mind, it's hopeless. You're stuck and you will never have money, but at least you have a HORSE.

DON'T FORGET TO TELL YOUR FAVORITE PEOPLE THAT YOU LOVE THEM! Shirley Temple

A wise man once told his wife...



...nothing. Because he was wise.

You know how they throw the ball into the crowd after they win the game? That's not allowed in bowling. I know that now.

How I feel after a bad ride...



Quicksilver Awards Banquet - February 4, 2023



Awards recipients:

Horse of the Year: tie between "Carlos" (JerryW) and "Rush Creek Fargo" (LoriO)

Eleanor Norton Award - Elaine Elbizri

Hall of Fame Rider - Nick Warhol

Hall of Fame Horse - no awardee this year

And a good time was had by all...



More Banquet photos below...



Thank you to Mary Anderson and all involved in the planning of this gathering and congratulations to the award winners! Until next year!

News from Jo Barrett's granddaughter...



After arduous hours of work watering, feeding and bathing her horse, Jo Barrett's great-granddaughter Esmae finally gets to go on a horsey ride under the watchful eye of her mum!

Esmae is 3 1/2 years old and lives in England.

Tally-Ho!



This is my horse Echo (who has never seen snow/hail before) trying to figure out what the heck is that white stuff on the ground and refusing to leave his stall...

Of course, there is NO question about where to go potty... inside, of course! Mom will clean it up.

Tango, on the other side, has been rolling in the snow until he made a lovely mud paste with the consistency of chocolate pudding on his coat. Nope, I'm not taking a photo of that!

Elisabet

Alicia Stanton's horse **Sparkie** is a very good citizen! When they encounter trash on the trails, Sparkie willingly and happily picks it up and hands it to Alicia. He will pretty much pick up anything she asks him to, including cans, paper, plastic bags, tissues and even her crop, if and when she accidentally drops it! Way to go Sparkie!!



Pretty Works

(David Landreville, 2015)

A welding teacher of mine used to say, "weld to grind, grind to paint." For those who haven't done much or any welding, this means that if you take your time along the way and do every phase of the job well it will get easier as it goes and you will not only save time but you will have something to be proud of.

This can easily be applied to trimming horse's feet. I've been criticized for years for doing too much "pretty work" when trimming. Some feel that it's not necessary to make it look nice, that good function is all that's important.

In my mind I can't separate good form from good function.

Every time I've seen a photo of a wild mustang hoof or a high mileage horse's bare hoof in person I see a natural work of art with beautiful curves and beveled edges. It's something that you want to feel in your hands. I always think, if this feels so nice in my hands it must feel nice to the horse as well.

This may be a good consideration when deciding whether enough time has been spent rasping a bevel or shaping the highly sensitive frog. How is this going to feel to the horse? If he likes the way I've shaped the back of his foot, will he want to use it more? If he uses it more, will he start to wear it that way? Will it last until my next visit? How much time will I have to spend then?

Personally, I find trimming enjoyable and rewarding. I love collaborating with a horse and the terrain to see what we can build. Every time I hear the words "that's just pretty work" or, "Pretty is as pretty does" I just have to smile.

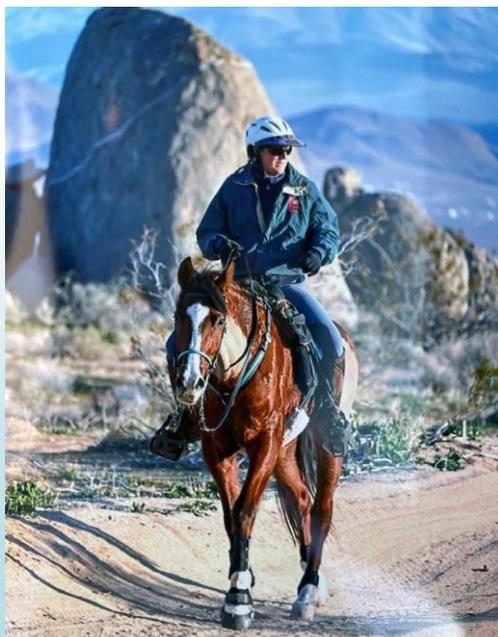


MORE MEMBERS NEWS....

Good times at the Annual AERC Conference in Jacksonville, Florida!

Pictured are Nick Warhol (1st Place) and Jerry Wittenauer (2nd Place) claiming their West Region Awards for the HW Division!

Way to go guys!!! Ride on!



Congratulations to Lori Oleson for completing the 20 Mule Team Ride in 4th place with her awesome partner Fargo. You two rock!!

In the mean time, Julie Suhr is staying at home, but not necessarily by choice... The latest winter storms brought a lot of snow to the Santa Cruz mountains and this is the view from Julie's deck. Keep warm, Julie!!!



Submitted by Janice Frazier:



The Countywide Trails Master Plan envisions a comprehensive network of trails of countywide significance across Santa Clara County. County Parks is working to update the Master Plan Map to better reflect current planning and changes to the countywide trail network.

Unfortunately, there is a lot of information to look at, and not enough space in the Quips. For more information, learn about the proposed map changes, explore the interactive draft map, read the frequently asked questions and take a survey, please go to:

<https://experience.arcgis.com/experience/8e74f2d3538a4645b16816196d6090e2/page/Page/>
Feedback is due by April 30, 2023.

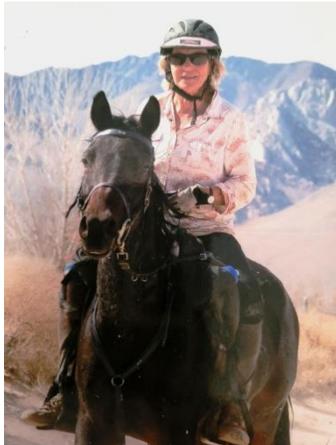
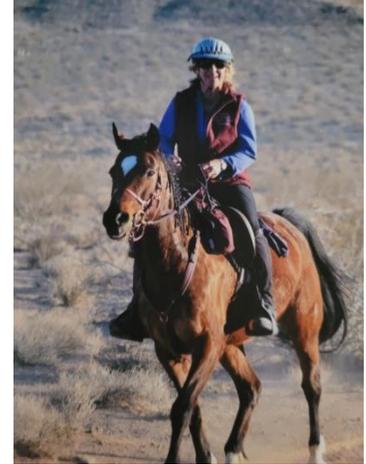
Introducing new club member Gretchen Montgomery!

Even though Gretchen is a new member of Quicksilver, she is an experienced endurance rider and has helped with the annual Quicksilver ride for several years, usually marking trail. (Thank you!!).

Every January, Gretchen manages the Fire Mountain ride, located in Ridgecrest. She has also managed the Eastern High Sierra Classic in Bridgeport. This ride has been canceled numerous times for several years due to smoke, floods, and fire, but Gretchen is a determined Ride Manager, so keep your eyes and ears open for the next ride!

It's no surprise that her passion is endurance riding. She started in 1997 and Jackie Bumgardner was her mentor. Being that she likes to travel to different areas to ride the trails and see new terrain, Endurance riding is the perfect sport for her!

She currently has 3 mares. One mare named **Spice** (pictured at right), who, at 24, is retired and has close to 6,000 miles (wow!!).

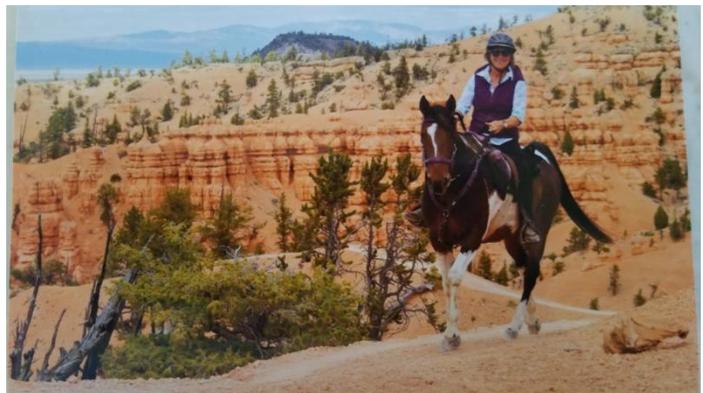


Her young mare, **Lani** (pictured at left), is 6 years old and very capable. She has about 300 endurance miles so far, and finally, **Tika** (no photo) who is her new mare. Tika is 13 years old, and they are just getting to know each other. I'm sure they will be sharing some fun rides soon and she will send us a photo of Tika so we can all go "oooh and aah!" - We are, after all, horse crazy, right??

Also pictured below is Coquette, who unfortunately passed away 3 years ago. Gretchen had many great rides with Coquette and remembers her fondly.

Gretchen lives in Bridgeport, CA most of the year. This area is home for her and she spends a lot of time in the mountains. She also has a home in Ridgecrest where winter endurance riding is spectacular. (Is anyone else besides me jealous???)

Welcome to the club, Gretchen! We hope to see you out there, enjoying the trails and your horses! -Elisabet



In questions of science, the authority of a thousand, is not worth the humble reasoning of a single individual.

- Galileo Galilei (The Father of Modern Science)

From 0 to 100 in ... - no, I am not talking about the ludicrous button on an EV but one HP with one human on top!

This was my first time to crew for my dear friend **Rachel Miura** who was riding her first 100 mile endurance race on Feb 18th in Ridgecrest!

Rachel and I got started and fell in love with endurance rides through Magda Bartilsson's Bay Area Ridge Riders club. We have enjoyed each other's company on many different events.... until Rachel took off to higher aspirations: she wanted to ride 100 miles with Theo, who used to be one of Magda's Arabians.



While Rachel & Theo traveled up to Ridgecrest by horse trailer, I took my other ride: a 2001 VW Eurovan camper bus on an adventure.

Thanks to well written directions I had no problems finding the camp and connected with Rachel before the riders' meeting.

This year's 44th annual 20 Mule Team Ride was smaller in attendance than usual, probably because of the challenging weather since the start of 2023 made it difficult to get enough training rides in. The heavy rains also gave Nick & Brian's team additional work to mark the 'newly created trails by gushing rivers'.

The morning of the ride started chilly with temperatures around freezing but with a promising beautiful sunrise. The day turned into perfect spring riding weather in the desert and I enjoyed hanging out at the vet check point for the 25 & 50 mile holds.



Barbara and Theo reflected in Rachel's glasses! What a team!

I have to give a big shout out to all the organizers and volunteers for this ride! Every detail demonstrated years of experience, love and enthusiasm for this event. And the gatherings felt like one big family. I am glad I just recently joined the Quicksilver Endurance Riders and became a new QSER!

BTW, Rachel & Theo finished their first 100 mile ride in 18 hours and came in 6th!! What an achievement - and only possible because of an amazing organization and wonderful people.

I can't wait for the next event and gathering.

This from Rachel: *The weather was much nicer than the month before at Fire Mountain! We enjoyed a very smooth ride by*

ourselves for the first 85 miles, then joined MJ Fridley and her gelding Magic for the last 15 mile loop. By then Theo was wondering "when will this ever end?!" so he was happy to have a horse buddy. All aspects of the ride were managed so well: communication, trail marking, vets and volunteers, etc. We appreciated all the time and energy everyone put in to making the ride happen. It was an incredible experience for our first 100!

Quicksilver Endurance Riders (QSER) Club February 4, 2023 Board Meeting Minutes

A brief Board meeting was held at Westside Grill, Gilroy on February 4, 2023 at 4:45 p.m., prior to the banquet

In Attendance: Jerry Wittenauer, Nick Warhol, Rachel Miura, Magda Bartilsson, Carolyn Tucker, Brian Reeves Elaine Elbizri.

- Jerry reported on progress of an advert for QSER in the Annual Tevis journal at a cost of \$250
- Rachel reported the addition of one new member
- Magda proposed including information on trail conditions and park changes and developments as a continuing item on the website. This to be explored at next Board meeting.
- A vote was taken and passed on payment of \$500 for club insurance.
- Due to severe wet weather conditions the Fireworks ride has been cancelled for 2023
- A suggestion of addressing safety and emergency situations on trails was discussed. It was to be explored at a future meeting.
- Committee reports to be reviewed at full meeting in March.
- Next meeting: regularly-scheduled meeting on Wednesday 15 March, 6:30 pm, via ZOOM
- Meeting adjourned 5:05 pm

Treasurer's report:

Checking \$8477.90

Savings (trails) \$1075

Significant purchases:

Club insurance for 2023 \$500

Banquet cost to club \$2701.95

The Dog Hair

The dog is gone. We miss him. When the doorbell rings, no one barks. When we come home late, there is no one waiting for us. We still find his white hairs here and there around the house and on our clothes. We pick them up. We should throw them away... But they are all we have left of him. We don't throw them away. We have a wild hope - if only we collect enough of them, we will be able to put the dog back together again.

Author unknown.



Once I got the Lone Ranger role, I didn't want any other, I like playing the good guy. I'll wear the white hat the rest of my life. The Lone Ranger is a great character, a great American. Playing him made me a better person.

—Clayton Moore



March Birthdays

Carolyn Tucker 3/11, Jan Jeffers 3/13



BIRTHDAYS, Y'ALL.... I don't have everyone's birthdays and we want to wish you well! If you are not listed, please send me the day and month! Elisabet

Market Place

HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California. **Stalls: \$400.00, pasture \$330.00.**

Fed twice a day high-quality orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available.

1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails).

I provide my trailer for use to boarders.

Trilby – (408) 997-7500

Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses by Beverly Kane, MD

Equine-imity teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family! Purchase paperback or e-book on Amazon and other outlets. Learn more and download free Introduction at

<http://equine-imity.com>

Illustrations by Judith Oqus

CENTERED RIDING® LESSONS

Help your horse use him/herself effectively while going down the trail. Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860**

Books by Julie Suhr --- Ten Feet Tall, Still and ...but it wasn't the horse's fault! are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at:
(831) 335-5933

Books by Lori Oleson --- Enduring Memories and Endurance... Years Gone By are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at **(408) 710-5651** or lorioleson@alumni.cpp.edu

Specialized Trailmaster Saddle for Sale:

The Trailmaster is a lightweight performance based trail saddle. This one is 15lbs, with a 15" seat, and a wide tree. It is all black and has a custom fleece seat cover over the leather seat. I'm including endurance stirrups and a Specialized girth. The billets are new but no leathers are included. Great condition - just needs to be fitted to your horse.

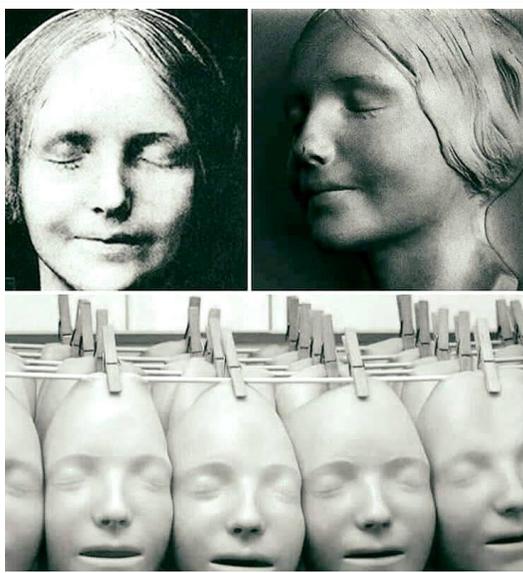
\$1399 **OBO** - plus shipping if necessary.

debbieboscoe@gmail.com (Santa Cruz)





#300 Orthoflex Saddle made for Julie and Bob Suhr's Marinera Ranch. I bought this saddle for my husband and he decided he didn't like it. It's been sitting in my tack room for about a year. I don't think it's happy there. It is well used, but in good condition. I would love to hear some of the stories it has to tell. All original as far as I can tell, including the aluminum stirrups (one of them needs a pad). More photos available. If you are interested, contact me and I will send them. Weighs 28lbs. \$500.00 Elisabet - LAZO@UCSC.EDU



This is the DEATH MASK of a young woman who drowned in the River Seine in the 1880s. As was customary in those days, her corpse was put on display in the Paris mortuary, in the hope that someone might recognize her and claim her body.

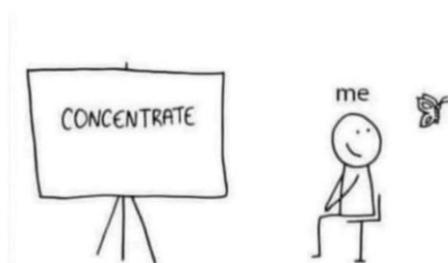
The pathologist on duty became entranced by the girl with the enigmatic half-smile, and so he commissioned a plaster cast made of her face. This mask was replicated many times over. She became known as "L'Inconnue de la Seine," or "The Unknown Woman of the Seine."

In 1955, a toymaker named Asmund Laerdal created what we now know as the CPR doll. Asmund wanted his mannequin to have a natural appearance. Remembering a mask on the wall of his grandparents' house many years earlier, he decided that the L'Inconnue de la Seine would become the face of "Resusci Anne" - the CPR doll.

So you see, this anonymous woman who drowned in the 19th century is responsible for saving many, many lives the world over. It is said that she has the most kissed face of all time.

Sign Up for a CPR Class Today!!

My life summarized in a photo.



Riding a horse is not a gentle hobby, to be picked up and laid down like a game of solitaire. It is a grand passion. It seizes a person whole and once it has done so, one will have to accept that one's life will be radically changed - Ralph Waldo Emerson

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

Club Mission - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name _____

And then your address _____

And your phone number and e-mail _____

And then we need your money! Senior membership is \$ 30 _____

Junior membership is \$ 20 _____

(a junior is under 16 years of age)

Family Membership is \$45 _____

Mailed Quips (paper copy) \$20 _____

Total enclosed \$ _____

You can go to our website at : www.qser.net to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

THANK YOU!!

