

June 2021



Happy Summer!

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President's message

Let the summer fun begin!

Whether going to endurance rides, other fun outings with your horses, or just spending time with folks you enjoy, I hope that the summer holds lots of it for you.

I recently attended a campout with the Monetary Bay Equestrians and was pleasantly surprised to be parked near several other Quicksilver members. There was lots of good riding on the trails, socializing, and some of us were quite successful at the Obstacle Challenge and the Poker tent. Meeting up with fellow club members for good times with our horses is what being part of this club is all about for me, and I was extra grateful for this after the past year.

Another thing that I have appreciated our club members is what good resources they are in all things horses. Over the years I have repeatedly reached out to this group asking for recommendations for house-sitters with horse knowledge, and have come up with some great recommendations. Let me reciprocate on this one and share contact information for Laura Bilbro who is getting re-connected with the endurance community and has had several ranch/pet/ house-sitting businesses. Laura has done some catch riding for folks you may know, including Emma McCrary, Ann and Hal Hall, and Fred Emigh. She currently lives in Santa Cruz and is willing to travel. Reach out to her at 831-435-0750 or mountainoceanpetsitting@gmail.com.

The 4th Friday ride on June 25th will be at Harvey Bear Park and I will be leading it. Please reach out to me for more information.

Finally let me make a pitch for coming to join your fellow club members at the <u>Ice Cream Social</u> that will be **hosted by Trilby on June the 12th** at 20535 Rome Drive, San Jose. It would be great to see you there!

Hug those horses-Jill

Cache Creek Ride Repot by Lori Oleson

It is so great to be going to rides on a regular basis again. 2020 some of us squeaked in a few, but this year is feeling almost normal. Cache Creek was on May 1 and it was huge! About 90 in the 50 and a similar number for the LD. There was even an Intro ride that had about 30 riders. This is the first ride (and first event) I have been to that asked to see my CDC card to prove I was vaccinated. If someone wasn't vaccinated, then they needed a negative COVID test within 72 hours. I felt very comfortable around camp knowing that everyone was vaccinated or tested.

The weekend was warm, fortunately not too warm. We even had a nice cool breeze on the second loop. As usual, the challenging trail was marked beautifully, and management put out a lot of water. This was especially nice since there was no natural water this year. Heading out from lunch on the second loop, a very large herd of elk ran by. That's something you don't see every day.

On the 50-mile ride was: 8th Ally Swain riding Sandy Holder's horse Quicksilver WR 11th Lori Oleson riding Rushcreek Fargo DNF MIchelle King on Ghost Lightning WR

On the LD ride was: Debbie Boscoe riding Scarlet Wind Song

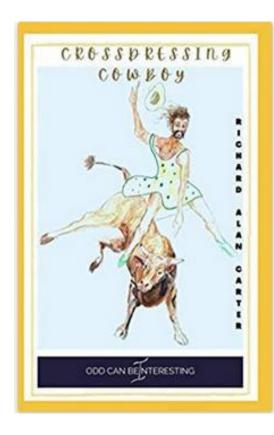
On the Volunteer side was: Sandy Holder Nick Warhol Barbara White



Something to note, from Eleanor Kellon, DVM's Cushings blog:

It sounds like a good idea to use Gastrogard to protect the stomach when on bute - but it might not be. A recent study found the combination reduced squamous ulcerations in horses getting bute but had no effect on worsening/creation of ulcers in the glandular portion of the stomach.

They also found that 50% of the horses getting the combination had clinical signs of colic or diarrhea, two of them severe and fatal, compared to 16.6% with mild signs in the phenylbutazone only group. All horses were healthy before the trial and were scoped before, during and after the 14 day trial period. Blood total protein also dropped more in the bute + omeprazole group than bute alone.



Book Report by Julie Suhr

This is about the most fun book report I have ever done because it is the most fun book I have read. It probably should be called a booklet. The print is big in its hundred plus pages and is rich with the story of a life well lived by a Quicksilver long time member.

Dick Carter could ride a horse but he also is an artist and a great story teller. If the chapters headed Nurse Hannah and Five Things I Like About Myself don't bring a few laughs then go elsewhere for your reading entertainment. He is a poet with a talent. Some of it somber and thoughtful and some will widen your smile. My only disappointment is that he did not illustrate it. So to Dick Carter and his Crossdressing Cowboy my hat is off. You can get it from Amazon Books.

Julie

How Horses Age

^^^^^^

A horse ages roughly 3 times faster than a human.

So a 90 year old human is a 30 year old horse. Both very old, usually arthritic, don't have many of their original teeth left, and very likely retired and enjoying the finer things in life.

A 25 year old horse is a 75 year old human. Still works so far.

A 20 year old horse is a 60 year old human. At that point where the body doesn't work like it use to but the brain is all there and wants to be active.

A 13 year old horse is a 39 year old human. Middle aged, prime of their life where their knowledge and physical ability are about equal.

So let's get down to the babies and work our way up.

A 3 year old horse is a 9 year old child. A child. Not ready for work by a long stretch. We have moved past sending children down the mines.

A 4 year old horse is a 12 year old child. Often will do odd jobs for pocket money, maybe a paper round, mowing lawns etc. Basically a 4 year old horse can start a bit of light work to earn their keep.

A 5 year old horse is a 15 year old teenager. Think they know it all, cocky, and ready to up their work and responsibilities. Still quite weak and not fully developed so shouldn't be at their physical limit but can start building strength.

A 6 year old horse is an 18 year old human. An adult. Ready to work hard.

Pushing your youngster too hard too young will result in failure of many body parts. Joints, tendons, ligaments as well as their brains. Waiting one year at the beginning can give a horse another 10 years of useful working life. Be patient with your pride and joy!





1838's Eight Things a Lady Equestrian Simply Should Not Do:

#1. Do not ride the wrong-colored horse. "Of all colors presented by the horse, none is so rich, and, at the same time, so elegant and chaste, as a bright bay; providing the mane, tail and lower parts of the legs, be black."

"But much white, either on the face or legs, whatever be the general hue, is quite the reverse of desirable." #2. Be easy, but not slovenly (in the saddle). "Nothing can be more detrimental to the grace of a lady's appearance on horseback, than a bad position, it is a sight that would spoil the finest landscape in the



world. She ought to be correct, without seeming stiff or formal: and easy, without appearing slovenly." #3. Do not let your hair embarrass you. And definitely don't wear a bonnet. "The hair should be plaited; or, if otherwise dressed, so arranged and secured that it may not be blown into the rider's eyes, nor, from exercise, or the effect of humid weather, be liable to be so discomposed, as to become embarrassing. To ride in a bonnet is far from judicious."

#4. Do not beat your horse – it is ungraceful. "Ladies certainly ought not to ride horses which require extraordinary correction...a lady should never be seen in the act of positively flogging her steed: such a sight would destroy every previous idea that had been formed of her grace and gentleness." #5. Always ride with a man to shield you if your petticoats start to show! "The only inducements for a gentleman to ride on the left of a lady, would be, that, by having his right hand toward her, in case of her needing assistance, he might, the more readily and efficiently, be enabled to afford it, than if he were on the opposite side; and, should any disarrangement occur in the skirt of her habit, he might screen it until remedied."

#6. "No lady of taste ever gallops on the road." Just say no.

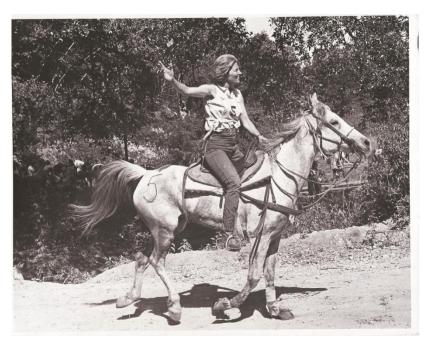
#7. Do not harass your horse. "The lady, in all cases, should recollect that her horse requires occasional haltings and relaxation...it is always better, if the pupil err in this respect, to do so on the side of brevity, than, by making her lessons too long, to harass her horse."

#8. Though most of all – do not ride a horse who is anything less than perfect. The Lady's Horse: "The beau ideal of this kind of horse is superlatively elegant in form, exquisitely fine in coat, and unexceptionably beautiful in color; of a height, in the nicest degree appropriate to the figure of the rider; graceful, accurate, well-united, and thoroughly safe in every pace; 'light as a feather' in the hand, though not at all painfully sensitive to a proper action of the bit; bold in the extreme, yet superlatively docile; free, in every respect, from what is technically denominated 'vice;' excellent in temper, but still

'though gentle, yet not dull;' rarely, if ever requiring the stimulus of the whip, yet submitting temperately to its occasional suggestions."

Endurance riders be like:

YEAH, RIGHT...
EAT
MY
DUST!!



IS PATTING REWARDING TO THE HORSE?

We often see riders slapping their horse on the neck enthusiastically at the end of a show jumping round or dressage test. Patting is considered by many to be a way of telling the horse that they have performed well – but is this the reward we think it is, or could it cause them discomfort?

Horses are extremely sensitive to touch and many riders use different pressures ranging from a light pat to a slap. To find out more about how horses feel about this, a team of equine scientists at Nottingham Trent University set out



to investigate the effects of patting and wither scratching horses when ridden or being handled. For the first part of the study, footage of 16 competitors in the dressage Grand Prix at the 2012 London Olympics was analyzed to see how and when the riders patted their horses, and how they reacted.

Fifteen riders patted their horses, with 12 continuing to do so for over a minute. A significant percentage of these pats resulted in the horse reacting. Most commonly, the horses accelerated – sometimes they changed gait from walk to trot. This could indicate that the horses found the patting unpleasant, or that they took the opportunity to accelerate because the rider dropped the rein contact and/or leant forward.

In a second part to the study, a group of five well-handled riding school ponies and five relatively un-touched rescue horses were patted or scratched four times, for 30 seconds at a time. The study was filmed and the horses' behavioral responses were noted.

Patting resulted in little behavioral reaction. However, wither scratching seemed to be much more effective as a reward to the horse. Some lowered their heads, moved their upper lips and tried to mutually groom the handler – all responses similar to those seen in positive horse-to-horse interaction.

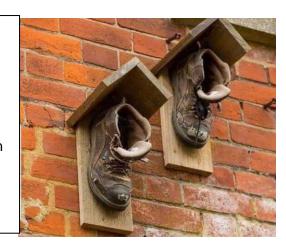
The researchers concluded that riders and handlers should be encouraged to scratch rather than pat their horse as a reward.

Previous research has shown that scratching the withers consistently lowers the horse's heart rate and can therefore be a useful aid to calm them in anxious situations. Wither scratching may also improve the horse/human relationship as mutual grooming does between horses.

Research team: E. Hancock, S. Redgate & C. Nottingham, Trent University. 2014



Got some old riding boots you are sad to part with? Here's an idea... turn them into bird houses!



It's that time of the year when stinging critters show up en force. This is a good visual on which ones are friends and which ones are not!

A COMPREHENSIVE GUIDE TO YELLOW STRIPEY THINGS



CARPENTER BEE

-ACTS LIKE IT'S TOUGH, BUT CAN'T ACTUALLY HURT YOU -HAS NO CONCEPT OF WHAT GLASS IS -LIVES IN YOUR FENCE -FLIES AGGRESSIVELY TO TRY AND SCARE YOU AWAY



HONFYBFF

IS THE BEE THAT NEEDS HELP THE MOST -EXCELLENT POLLINATOR -VERY FRIENDLY -CAN ONLY STING ONCE



-ALSO POLLINATES STUFF VERY WELL -SO FAT IT SHOULDN'T BE ABLE TO FLY -WILL LET YOU PET IT WITHOUT GETTING AGITATED -ACTUALLY A FLYING PANDA



-WEARS YELLOW STRIPEY UNIFORM TO SCARE YOU -ACTUALLY CAN'T DO ANYTHING TO YOU -HANGS OUT IN FIELDS -FOLLOWS YOU IF IT LIKES YOU



PAPER WA

-STING HURTS LIKE THE DEVIL -WILL CHASE YOU IF YOU SWAT AT IT -HAS NO CONCEPT OF PERSONAL SPACE



YELLOW JACKET

-LOOKS SCARY, BUT WILL ONLY ATTACK IF PROVOKED -WANTS YOUR FOOD AND WILL FIGHT YOU FOR IT -NEVER LEAVES YOU ALONE -WILL STING YOU JUST FOR THE HECK OF IT -IS JUST A JERK



CICADA KILLER

-LOOKS LIKE SATAN'S NIGHTMARES -EXCLUSIVELY EATS CICADAS -CAN STING YOU, BUT USUALLY WON'T -STILL PRETTY TERRIFYING



-ALMOST NEVER STINGS ANYTHING EXCEPT SPIDERS -BUILDS NEST IN THE GROUND -HOARDS SPIDERS IN SAID NEST -COOLEST LOOKING OF THE WASPS

What Nick Warhol does when he's not on a horse... Yeehaw-varrroom!!!!



Elisabet asked me to write a short piece about how riding dirt bikes might be similar to riding horses. I could write a book on the subject, but here's a little summary. I have said that desert racing a dirt bike is exactly the same as doing an endurance ride on a horse, but totally different. How can that be? At a high level it goes like this: In both activities vou use vour body, muscles, balance. and experience to ride your "thing", that you straddle with your legs, over rough terrain at a speed that is as fast as you are capable of going, on a marked trail, where everyone starts together and the first to finish is declared the winner. In that respect they are the same. What's weird is how similar the two events really are. Here are some examples of the similarities:

- 1) In both events you go out the day before and camp out the night of the ride. The ride starts early the next morning.
- 2) In both events you are surrounded by your friends, and meet new ones, all weekend. The night before the ride with your friends is the best!
- 3) On the horses you have the pre-ride vet check to make sure your horse is capable of going. On the bikes you have the pre ride Tech Inspection to be sure your bike is safe and complies with all local requirements for the ride.
- 4) In both events there are different classes to be sure you are competing against your peers:
 - a. Bikes- rider skill level: novice, amateur, expert. There are different Bike size classes as well.
 - b. Endurance: different weight divisions.
- 5) In both events you have the ride meeting the night before where the ride manager explains the ride, trail, and any other important facts.
- 6) Both sports require you have a ton of stuff! You are ALWAYS buying something for your mount, be it bike or horse.
- 7) In both events the trail is marked with ribbon, chalk on the ground, and signs.
- 8) In both events the length of the ride is 100 miles. (there are of course longer and shorter rides on both bikes and horses)
- 9) In both events you either do a point to point, ride different loops, or ride the same loops over
- 10) In both events, at the start, someone says GO! and you all take off at the same time. the first to cross the marked finish line is the winner.
- 11) In both events you have a couple of stops along the way- a vet check for endurance, and a pit stop for the bikes. You fill up the horse with food and water, and the bike with gas. The rider gets a breather as well, although the hour hold in endurance is pretty plush. A pit stop on the bike can take as little as 30 seconds!
- 12) Both have special awards for the top ten finishers.

- 13) Both have a national sanctioning body that keeps track of finishes, awards points, rider rankings, and gives out awards at the end of the year.
- 14) You experience the same incredible feeling of accomplishment after finishing either.

See? Almost identical, except for two things: The speed, and the horse. Desert races are fast! An expert desert racer would be able to complete the 20-mule team 100-mile course in about 2.5 hours. Endurance rides are laid out on smooth roads and much less technical terrain on purpose for the benefit of the horses. Bikes can go REALLY fast on the open roads. (you can easily hit 90 MPH). When I was doing a GPS logging run on my bike on the 35-mile loop at 20 Mule Team, it took me about 55 minutes. The bikes ride over much rougher and more technical terrain on purpose.

Which is more dangerous? Riding a horse by far. Sure, you can have violent crashes on a bike and get hurt, but the biggest majority of crashes on the bike are nothing. (assuming you have some riding experience, but this holds for beginning horse riders as well) I fell off my bike going so fast once I could not find it afterwards! I found it, got back on, and finished the race. Falling off a horse hurts every time.

Which costs more? The HORSE! I have spent more on horses and horse care than every dime I ever spent on motorcycles. I know about inflation, but I spend more for horse shoes every 6 weeks than my first motorcycle cost! Don't get me started about horse feed. One of my biggest gripes about the horses is that they need to heal. If your bike breaks, and you want to race next weekend, you just get out your checkbook. When a horse gets injured, it can take a year for it to get better. It has happened to me several times! The main difference, and the big one, is that on a horse you are riding this "thing" that is alive. A bike is an inanimate object. Yes, you can "love" your bike, but it's different. In bike racing it is 90% rider skill and 10% bike, meaning the best riders on an old or poor bike will still beat an average racer on the best bike in the world. The horse is the big equalizer, and is part of the formula for success. A good endurance rider on an average horse will still do well, but they won't beat a decent rider on a great horse.

The one, single, biggest difference between the bikes and the horses is the relationship you have with your horse. Yes, you get an adrenalin rush riding both. Both are fun, exciting, addicting, and both are an amazing experience. Unfortunately, both can also cause you untold amounts of grief. But the amazing part of horses is knowing that the reason you can ride a horse is because that horse is allowing you to be up on his or her back. That's what makes it special; that's the big one. If that horse does not want you on his back, you are off, NOW! Bikes don't do that. You and the horse have to be partners in the most incredible way. There is no equivalent to that on the bike. Anyone can plunk down some money and roll a new bike out of the showroom and not know how to even start it.

Which is better? I have spent 55 years on dirt bikes, and 30 on horses. I'll ride both until I can't ride anything anymore, but if I HAD to choose one it would be the horse. Hands down. No contest. Why? Because of the relationship you build with your horse. There is no experience like that on the planet. The feeling you get after finishing a 100-mile ride with your horse still happy and willing to go on is like no other. You and your horse are the ultimate team. Your horse is not a pet- it is part of you.

Oh, there are two BIG differences in favor of the bikes. When you finish a ride on the bike you put it in the truck and you are done- its beer time! Endurance? The real work begins after you finish a ride. But caring for that horse is worth the wait for that beer! The second is the all protective gear you wear on the bike. When I'm doing the trail for the 20-mule team on the bike I'm all suited up and protected. I hop off the bike, get undressed, and get on the horse. I feel naked! No wonder people get hurt falling off of horses. But that protection comes at a price- it weighs a lot. If we all wore this stuff on the horse everyone would be a heavyweight, and we'd need to switch from Arabians to Clydesdales!

Several QSilver members who are also members of the Monterey Bay Equestrians attended a great camping/poker ride sponsored by MBE. We had a great time and enjoyed some pretty good trails, food and fun.



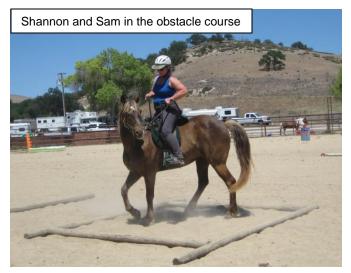
QS members there were Jill and Mike Newburn, Alicia Stanton, Shannon Thomas and husband Ben, Carolyn Tucker and myself. There may have been others, but the camp is pretty big and there were a lot of people there!

Sadly, the lake was missing! Unfortunately, the drought took its toll on the water. A very small creek and a little pond was all that we could see. I really want to go back when we've had a good rain year. I imagine the place must be gorgeous when it's green!

There are really nice tails, but not a lot of miles... we did the 11 mile loop one day and several versions of it on the other days. There is also a short 4-5 mile loop across the street from camp that has good views.

The event was mainly a poker ride fundraiser, so we played poker! My first hand happened to be a pretty dang good one... good enough to qualify me to be one of the first people to go into the "prize corral" and pick something. I have been wanting a high tie for my trailer and... yep, there was one there, so I came home with it! Woo-hoo! I had also volunteered to deal for a while, so got to sit on the other side of the table for a couple of hours and see people spend their money! As I said, it was all for charity, so why not?





They had several fun events, including a challenging obstacle course set up in the arena. Alicia and her horse Sparkie won 2nd place, almost dethroning the reigning queen! Shannon and her horse Sam had a good time, too.

Food was catered and really yummy... it was nice not to worry about cooking. There are also showers available at camp, so we were pretty pampered if you look at it from an endurance rider's point of view!

We saw quite a bit of wildlife out on the trails! Echo almost stepped on a rattlesnake

(yikes!) but fortunately it was more afraid of us than us of it. Elk, coyotes, wild pigs, bald eagles and many cows with babies were also out there to keep things interesting.



Since the place is very close to Fort Hunter Liggett, we also saw some wild flying! Some fancy (I believe) F-15 airplanes were doing very cool exercises up above our heads a couple of times. The sound they make is quite impressive! Helicopters flying in formation also went by once in a while. It was very entertaining and the horses didn't seem to care at all!

I think the best part for me was to be able to actually BE OUT THERE camping again!

With COVID and most parks closed, I really missed being somewhere with my horse other than at home. Good friends made it even more fun and enjoyable!



Thoughtful Equestrian Rules of Horsemanship

1. Make peace with yesterday so it worl't mess up today's ride.

What others think of your riding is none of your business.

3. The slow way is the fast way. Give it time.

4. Don't compare your riding to others and don't judge them. You have no idea what their journey is all about.

5. It's alright not to have all the answers. Just Think!

6. No one is in charge of your riding and horse except you.

7. SMILE - don't take everything so seriously.

8. Enjoy the Journey.

Always continue to learn... you will never know it all.

 www.ThoughtfulEquestrian.com

A few groaners for your entertainment

What do you call a happy cowboy? A jolly rancher

Why did the cowboy take hay to bed? To feed his nightmares

How does a German cowboy say hi? *Audi*.

What do you call it when a cowboy dies and comes back to life?

Reintarnation.

Visitor: Wow, you have a lot of flies buzzing round your horses and cows. Do you ever shoo them?

Cowboy: No we just let them go barefoot.

Where do cowboys cook their meals? *On the range*

This was sent to me by a friend who has a mule. Since I know her mule personally, I thought it was a funny, yet pretty accurate description of the beasties! Elisabet

Candid Equitation Life lessons from a mule

He's not quite a horse, nor is he a donkey. He doesn't neigh and he doesn't bray, instead he does

this prehistoric roar/holler that can be heard in the next valley. He has no real urge to flee, but isn't disproportionately contentious either. The mule is simultaneously the best of both worlds and a completely unique individual of his own standing.

Unlike the horse, who looks at you with expectancy, or the donkey, whose energy is that of a high powered solicitor with better things to do, the mule's gaze is steady and deliberate yet free of any agenda; he won't judge you by anything other than your next move. If you're accurate and courteous in your requests, he will have a flick through your resume, arrange your next interview and generally humor you. If you are clumsy and obnoxious, he will magically morph into your mother- he's not mad at you; he's just disappointed.



He's not going to hurt you, because that may involve hurting himself- leave that pointless drama to the horses, he says. He's just going to do what he was planning to do anyway before you came along with your big ideas, and you now have the option to either agree his was the better idea anyway or prove yourself as the supposedly most

intelligent animal on the planet and come up with a better idea quick smart!

The mule does not entertain nonsense, neurosis or shenanigans. Equally, he does not expect you to be perfect; you are but a mere human after all- you're not a mule, and he completely understands this unfortunate affliction. He just requires you to be clear, fair and logical. If truth be told, this bare minimum is what all equids require. The mule just happens to have the Herculean strength, game show host charisma and scrabble champion vocabulary to tell you to go to hell and make you look forward to the trip on the way. He is generous yet frugal, perfectionist yet amiable, sociable yet independent and kind yet has no qualms about defining his boundaries. Indeed, the key to being an extraordinary human may well be to simply look to an ordinary mule.

Since we are on the mule subject, I found this interesting:



Why do they cut a mule's tail in "bells"?

Back in the day, the Army used mules in service.

A green mule had its tail shaved. By the time the mule was broke to pack, a 'bell' was trimmed in the tail. Once broke to drive, a second bell was added below the first. Broke to ride, a third tassel was trimmed below the second. Thus, a three-bell mule was a well-schooled animal. This way, when looking at a corral full of unknown mules, it was easy to identify which one to select for the job at hand! Maybe we should try this with horses!

Quick Silver group ride at Henry Cowell park - 5/28/21



On Friday May 28, four of us ventured out to enjoy the lovely trails at Henry Cowell State Park. Diane Marcel and her lovely and talented mare Disney, Alicia Stanton and her always present gelding Sparkie, Shannon Thomas and her multi talented gelding Sam and myself, with my live in the moment boy Echo pretty much had the park to ourselves. The weather was lovely and the trails absolutely perfect. I think we saw a total of 8-10 hikers and no other horses out there!

We originally set out to go to the Fireworks river crossing, but got sidetracked into exploring the trail that, about 40 years ago, was the "official" way to cross the river. It's about 1/2 mile before the current crossing and it used to be a great way to go. Unfortunately, due to erosion and heavy

currents, the river got deeper and deeper, until you kind of had to swim across it. Last time I went across, (about 30 years ago!!) my feet were fully under water... and I think that's one of the reason the other crossing became more popular. Regardless, there is a lovely beach there and we just enjoyed the view. Even with a practically no rain year, the water was still very deep. Nice swimming hole!

We did a nice loop, with a few good long trots and a bit of cantering thrown in for fun. The horses were great and I think had as much fun as we did! Next time I'm brining my swimming suit!





Birthdays and other announcements



JUNE BIRTHDAYS

Michelle Roush Rowe 6/6, Susie Hartline 6/26

A note on birthdays: I don't have a complete list of Quicksilver member's birth dates. If you feel inclined (and don't mind having your birthday date published), please send me a note. I don't want the year, just the month and day. Thanks! Eiisabet

Kathy Schmidt wanted to let the club know that **Jan Jeffers'** husband has been admitted to hospice care. Jan would welcome calls from her friends. Her number is 408-779-4722. Kathy's number is 408-656-5055. Please keep the family in your thoughts and prayers.

Quicksilver Endurance Riders (QSER) Club May 2021 Board Meeting Minutes

The Board meeting was held via Zoom on May 19, 2021, beginning at 7:00 p.m.

In Attendance: Jill Kilty-Newburn, Jerry Wittenauer, Nick Warhol, Trilby Pederson, Maryben Stover, Carolyn Tucker and Margaret Hastings.

- <u>Website:</u> Nick reported that online entry for the Quicksilver Ride is pending and will go live on the Club website closer to the ride date.
- Newsletter: Elisabet Hiatt nothing to report.
- Trails: Carolyn reported that everything is wide open, go out!
- Membership and Goodwill: Three new members, checks sent to Nick. Goodwill for Nick who lost his dog.
- Ride Committee: Jerry is headed to Chalk Rock and hopes to learn more about best practices for hosting a ride. Some rides have been very crowded lately and the hope is that the Quicksilver ride will be kept at a reasonable size to ensure a good experience for all. County Parks has a limit on how many can camp at the ride site. He is waiting to hear more on Park openings after the Governor's announcement June 15th. Should know more by our July meeting.
- ➤ Jill reported on the status of the Fireworks ride scheduled for August 28th. The ride committee plans to add one more vet to accommodate more riders. The event site offers a large space for camping. Also waiting to hear more on June 15th.
- Treasurer Report: Nick reports three new member payments; no change financially other than that.
- Old Business: The membership discussion continued. Maryben reported that she has not heard from 20 members regarding their renewal. Others are not renewing or have moved. The protocol for welcoming new members was discussed. Nick will send new members a welcome email and copy the Board. He will also send a copy to Elisabet so she can reach out to new members for a bio to include in the Quips. Nick continues to update the Google Membership List.

Continued on next page

- New Business: Trilby will be hosting a Club Ice Cream Social at her property on Saturday, June 12th. Details to follow.
- The Board meeting schedule will continue on the third Wednesday of the month via Zoom. The next meeting will be at 7p.m. on June 16th unless we have a quorum on June 12th.
- Trilby motioned that we adjourn the meeting at 7:25 p.m. and Nick seconded this.

Respectfully submitted,

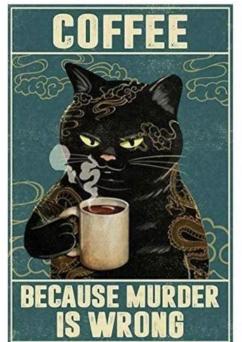
Margaret Hastings

Trea\$urer'\$ report:

General Account Balance: \$9,782.69
Trails account Balance: \$1,074.93

HEAR YE HEAR YE Important notification for club dues:

From now on, please send your <u>club membership dues</u> directly to:
Nick Warhol, QSER Treasurer
3664 Old Quarry Road, Hayward CA 94541



Don't piss off old people. The older we get, the less "life in prison" is a deterrent.



Market Place

HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California. Stalls: \$350.00, pasture \$280.00, fed twice a day high-quality orchard-alfalfa mix hay. 96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders. **Trilby – (408) 997-7500**

Books by Julie Suhr --- Ten

Feet Tall, Still and ...but it wasn't the horse's fault! are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at (831) 335-5933

CENTERED RIDING® LESSONS

Help your horse use him/herself effectively while going down the trail. Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860**

Books by Lori Oleson ---

Years Gone By are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at (408) 710-5651 or lorioleson@alumni.cpp.edu

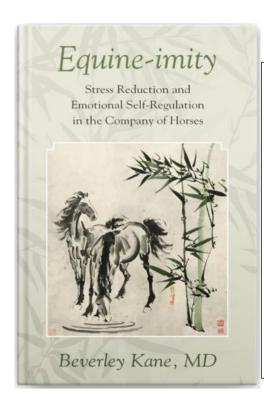
The therapeutic riding center where I work/volunteer is in need of a LARGE side pull for our newest addition, Cushla. He's a lovely Gypsy Vanner and his head is as big as my torso! Before I custom order one for him, I thought I'd check to see if anyone out there has one you are willing to part with. Thanks! **Elisabet** (LAZO@ucsc.edu).

Thank you for your purchase!

Our keepsakes celebrate life, your life and what you're about.

We make jewelry that horse lovers connect with.

855.655.SPIN www.tailspinbracelets.com info@tailspinbracelets.com I haven't used this vendor, but years ago I had a bracelet made with some of my late horse's tail and really loved wearing it. It's falling apart now and I've been looking for someone who makes these, so thought others may want this information. Got it from a friend who was very satisfied with the bracelet she got. Elisabet



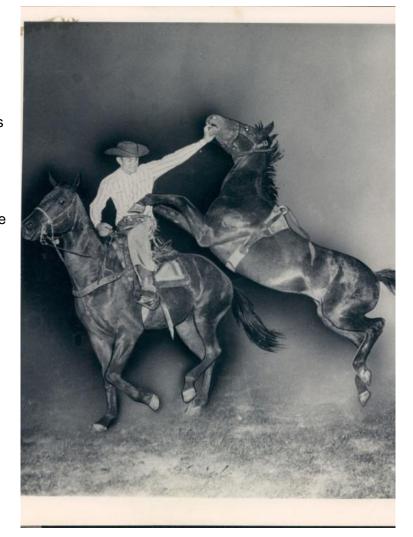
Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses

by Beverley Kane, MD

Equine-imity teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family! Purchase paperback or e-book on Amazon and other outlets. Learn more and download free Introduction at http://equine-imity.com

Have you ever heard of Rudy Calzavara?

This picture is widely considered to be one of the most dramatic rodeo pictures ever taken. It was used as a cover for rodeo/sports magazines as well as covers for countless rodeo souvenir programs. It was only the second time that Rudy had used that particular horse as a pickup horse and he was very green. By the end of the summer the horse was bomb proof and was sold to an international polo team. The bronc, who came to the rodeo company with a load of horses purchased from Montana, continued to buck, although he never got quite so up close and personal again. Note the bronc doesn't even have a flank on him. Rudy had minor scratches on his back and stomach and a couple nicks on his hand, none even requiring stitches.



IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!!

Club Mission - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name	
And then your address	
And your phone number and e-mail	
	And then we need your money! Senior membership is \$ 30
	Junior membership is \$ 20
	(a junior is under 16 years of age)
	Family Membership is \$45
	Mailed Quips (paper copy) \$20
	Total enclosed \$

You can go to our website at: **www.qser.net** to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Maryben Stover, 1299 Sandra Drive, San Jose, CA 95125-3535

THANK YOU!!

