

Quicksilver Quips



February 2021

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Officers 2021 Board members are

Jill Kilty Newburn, President Jerry Witenauer, Vice Pres Margaret Hastings, Secretary Carloyn Tucker Maryben Stover Trilby Pederson Dick Carter

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QSER on the Web: http://www.qser.net/

President's message

Our new Board of Directors convened on January 20th for our first meeting of the year to elect officers, and we did a pretty good job electing Jerry as our Vice President, Margaret as our Secretary and me as your President. That is the good news. The thing missing is a Treasurer – and this is where **we need you**. Yes, you lone reader skimming this message, you could help support your club by serving as our Treasurer.

Trilby Pederson has admirably filled the role of club Treasurer for more years than I can count; in the years when she has termed out in that role Maryben has stepped in to help in this capacity as well. After several decades of taking care of this for all of us they have determined that they would like to pass on these duties to someone who is more comfortable with on-line banking. In the past few years we have begun taking membership renewal payments electronically and we hope to move our ride payment system in this direction as well. This means that there are fewer checks to write, more on-line account access, and a new way of doing things will be needed. Trilby is willing to help a new treasurer get started, and Lori can assist with an orientation to our on-line systems. So now all we need is a volunteer.

I know – it's only January and here I am already asking you to help out, but this is a an honest and urgent need, so I ask you to consider stepping up to help the group with this one. Reach out to me or any of your Board members to discuss this.

And because MLK day was this month we will lean on the good Dr. for some extra inspiration

"Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve.... You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love." ~Martin Luther King, Jr.

Stay well-Jill

A fun day at Quicksliver park.

By Elisabet Hiatt

It's been at least 10 years since I went to the Mockingbird entrance of Quicksilver park. For some reason I recently decided that it would be fun to go back and remember some of those Quicksilver rides that started at Maryben's place. After riding on the road for a couple of miles we ended up at the Mockingbird parking lot, and up "cardiac hill" we went to get the ride going. I think that was my horse's Solo first ride, more than 25 years ago! Yikes.

QS members Elaine Elbizri and Shannon Thomas agreed to join me and we had a great ride. The biggest change I noticed is that the bicycle riders are a LOT nicer than they were years ago. Maybe

we got lucky, or maybe they are actually nicer... either way, all the bike riders we encountered were pleasant, cordial and very considerate.

As far as the horses, the two geldings unanimously voted Elaine's horse Bella as the star of the show. She is a lovely Arabian mare and clearly ready to do whatever Elaine asks of



her. She has a killer trot, too! Our horses want autographed photos to hang in their stalls.

Sam, Shannon's newest horse, is a Walker and kicks your butt when he goes on high drive... I am convinced he has a spare set of legs that he lowers to



the ground from somewhere, because when he's on "all out go" mode, everything from the belly down looks like a blur of motion and everything from the belly up is like a summer breeze. He's a cool guy that has endless energy, it seems!

My baby Echo (who definitely is no longer a baby!) kept up with them and was having a great time... sometimes maybe a little too great, but at least one foot was always on the ground, unless we were loping! I'm really pleased with how much he has grown and matured. We still have a long ways to go, but I look forward to the process.

The trails were in perfect shape, and the terrain challenging enough to get a great workout. The trail markings are excellent, the weather could not have been better and of course, the company extraordinary!



The Mockinbird parking lot is very nice, too, with a good restroom, water trough, maps and lots of parking space for trailers. If you are looking for a place to ride and haven't been there, I would encourage you to go and check it out!

Jenny the horse...

Every morning in Frankfurt, Germany, you might catch a glimpse of Jenny, a horse who goes on a long walk every morning, all by herself. She has been taking the same route every morning for 14 years, ever since her owner, now 79 years old, became unable to ride. She enjoys greeting all of the familiar faces along the way, and she stops and gets treats and pettings from some of her favorite humans. The locals treat her like a celebrity and happily clean up after her. A piece of paper is attached to her halter that reads, "My name is Jenny. I didn't run away, I'm just walking. Thank you." But the police get calls frequently from people who don't know about the arrangement. They are very familiar with the horse and the owner, and there have been no incidents in 14 years. A local veterinarian gives her routine checkups and continues to find her to be healthy and showing no anxiety about her unique lifestyle.







DISPATCH: THIS IS THE CHESTNUT MARE HOTLINE. HOW CAN I HELP?

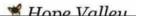
CALLER: HI IT'S 2 MINUTES PAST MY DINNER TIME AND MY OWNER HASN'T EVEN BROUGHT ME IN!

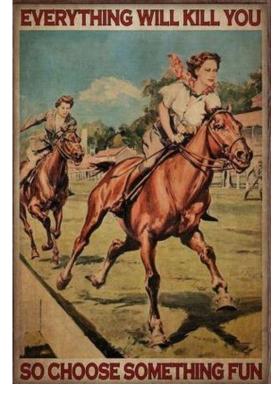
DISPATCH: HAVE YOU TRIED STANDING AT THE GATE AND SCREAMING?

CALLER: YES!! THEY DON'T SEEM TO HEAR ME?

DISPATCH: IS THERE A FENCE OR GATE POST YOU CAN GET STUCK IN?

CALLER: I'LL CHECK





Emergency Evacuation Grab & Go List

	Level 3 ~ 5 Min Evacuation	Floor	Location
	Wallet or Purse Car, House and RV Keys		
	Car, House and RV Keys		
	Cell Phone & Chargers		
	Medications		
	Medical Devices		
	- CPAP, Cane, etc		
	Glasses		
	External Hard Drive		
	Laptop & Charger		
	Emergency Folder		
	Important Documents		
	- Passports, Birth Certificates		
	Proof of Residency - Insurance Cards.Utility Bill.		
	Shoes & Jacket		
	72 Hour Pack		
	Pets		
	Pets 72 Hour Pack		
	Go Binder		
200000	-		
	Level 2 ~ 15 Min Evacuation	Floor	Location
	Photo Containers		Locutton
	Several changes of clothes		
	Family Photos		
	Case Bottled Water		
	Sleeping bags and pads		
	First Aid Kit		
		-	
	Level 2.5 ~ 30 Min Evacuation	Floor	Location
	Journals		
	Cooler with Snacks		
	Battery Powered Radio		
	Blankets/Quilts		
	Porta Potty		
	Flashlights		
	Tent		
	1011		
91 7			
	Level 1 ~ 1 Hour Evacuation	Floor	Location
			Location
	Air Mattress Camp Stove		
	Shovel Fire Extinguisher		
	r ne Exunguisner		

A good list to keep handy....

Given the fires. floods, earthquakes and other emergencies we seem to face often, this list comes in handy when preparing ourselves for "what may come" next. My husband and I actually have had a 5, 10, 30 minutes and 1 hour "time" list posted on our wall, and during the recent fires it came in very handy.

I thought the list to the left would be a good "get started" on making your own list, because you never know.

Julie Suhr, who is no stranger to having to evacuate, takes this a step further and always has a "go bag" by her door ready to grab, in case she doesn't even have 5 minutes. It's not fun to think about it, but it gave me great peace of mind that when we had to evacuate, we didn't have to agonize about what to take ... we did it earlier and with plenty of time to make rational decisions. I also consider my horse trailer/camping van my "go" vehicle, and keep a good supply of food (for us and

our critters), clothes and other items always in there, just in case. This may not be the perfect list for you, but it's a good place to start, so give it a few moments of your time! *Elisabet*

Are our horses a little spoiled?

Here's Trigger, in an open horse trailer from a 1950 Roy Roger's movie, The Bells of Coronado!

Trigger (July 4, 1934 – July 3, 1965) was a 15.3 hands palomino horse made famous in American Western films with his owner and rider Roy Rogers. Trigger learned 150 trick cues and could walk 50 feet on his hind legs (according to sources close to Rogers). They were said to have run out of places to cue Trigger. Trigger became such a ham that as soon as he heard applause, he would start bowing and ruin that trick. He could sit in a chair, sign his name "X" with a pencil, and lie down for a nap and cover himself with a blanket. Roger's most carefully guarded secret was to get Trigger housebroken. "Spending as much time as he does in hotels. theaters, and hospitals, this ability comes in might handy and it's conceded by most trainers to be Trigger's greatest accomplishment."



About Maturity and Growth Plates by Dr. Deb Bennett, Ph.D

"Owners and trainers need to realize there's a definite, easy-to-remember schedule of bone fusion. Make a decision when to ride the horse based on that rather than on the external appearance of the horse!

"For there are some breeds of horse--the Quarter Horse is the premier among these--which have been bred in such a manner as to **LOOK** mature LONG before they actually ARE. This puts these horses in jeopardy from people who are either ignorant of the closure schedule, or more interested in their own schedule (racing, jumping, futurities or other competitions) than they are in the welfare of the animal.

"The process of fusion goes from the bottom up. In other words, the lower down toward the hooves, the earlier the growth plates will fuse--the higher up toward the animal's back you look, the later.

The growth plate at the top of the coffin bone, in the hoof, is fused at birth. What this means is that the coffin bones get no TALLER after birth (they get much larger around, though, by another mechanism). That's the first one.

In order after that:

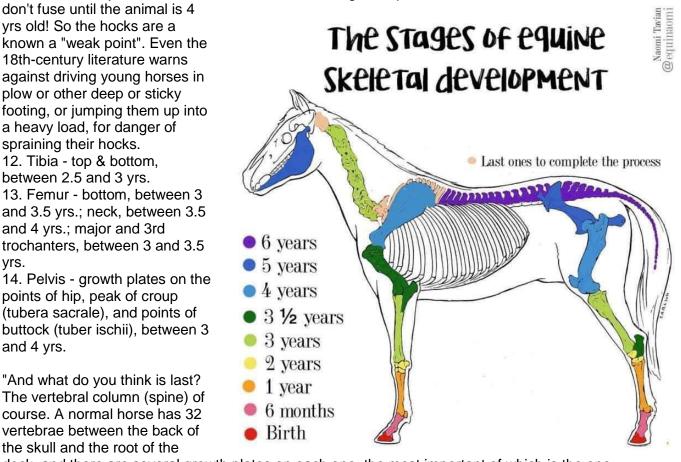
- 2. Short pastern top & bottom between birth and 6 mos.
- 3. Long pastern top & bottom between 6 mos. and 1 yr.
- 4. Cannon bone top & bottom between 8 mos. and 1.5 yrs.
- 5. Small bones of knee top & bottom on each, between 1.5 and 2.5 yrs.
- 6. Bottom of radius-ulna between 2 and 2.5 yrs.
- 7. Weight-bearing portion of glenoid notch at top of radius between 2.5 and 3 yrs.

8. Humerus - top & bottom, between 3 and 3.5 yrs.

9. Scapula - glenoid or bottom (weight-bearing) portion - between 3.5 and 4 yrs.

10. Hindlimb - lower portions same as forelimb

11. HOCK - this joint is "late" for as low down as it is; growth plates on the tibial & fibular tarsals



dock, and there are several growth plates on each one, the most important of which is the one capping the centrum.

"The spine does not fuse until the horse is at least 5-1/2 years old."

This applies to all horses, small scrubby range raised, QH, Draft, gaited, to huge Warm Bloods. The taller your horse and the longer its neck, the later full fusion occurs. For a male (is this a surprise?) you add six months. So, for example, a 17-hand TB or Saddlebred or WB gelding may not be fully mature until his 8th year. Something that owners of such individuals have often told me that they "suspected."

"The lateness of vertebral "closure" is most significant for two reasons.

One: in no limb are there 32 growth plates!

Two: The growth plates in the limbs are (more or less) oriented perpendicular (up and down) to the stress of the load passing through them, while those of the vertebral chain are oriented parallel (horizontal) to weight placed upon the horse's back.

<u>Bottom line:</u> you can sprain a horse's back (i.e., displace the vertebral growth plates) a lot more easily than you can sprain those located in the limbs.

"And here's another little fact: within the chain of vertebrae, the last to fully "close" are those at the base of the animal's neck--that's why the long-necked individual may go past 6 yrs. to achieve full maturity. So you also have to be careful--very careful--not to yank the neck around on your young horse, or get him in any situation where he strains his neck."

Dr. Deb Bennett, Ph.D. is graduate of the University of Kansas, and until 1992 was with the Smithsonian Institute. She is internationally known for her scientific conformation analysis.

Blast from the past... Can you name all the people in these photos?



Quicksilver meeting/ride/pot luck at Rancho Cañada del Oro in 2011

Quicksilver fun day/potluck/meeting at Quicksilver park, 2012



Getting to know you... Stephanie Lee

By E. Hiatt

I started riding in 2000, when I found Becky Hart when she was teaching at Lightfoot Stables,

and I never stopped. I have been taking lessons from Becky since 2000, with a brief 1-year hiatus when I focused on jumping lessons from Corrie Busalacchi, and only stopped taking lessons when the pandemic hit.

Unfortunately, I am not a horse owner (can't justify the spending and the responsibility!), but I have leased a number of horses in the last 15+ years. Does that count? :)

I've had the privilege to ride on Sloane from Jackie Davidson, Savanna from Megan Doyle, Fire from Becky, Moment from Becky, and now Moment from Olivia Shrader (yup same horse - Olivia bought him).



I've only been to a handful of rides: Quicksilver Fall Classics, Gold Rush Shuffle, and Santa Cruz Fireworks.

I would love to do more rides but I need to get a truck for my trailer AND work less...

I continue to ride on the weekends, and I typically hit the Santa Teresa trails or Calero county park if I wake up early enough. My goal is to continue riding, maybe own a horse later!!

When did you join Quicksilver and why?

I think the first time I joined it was during a QS fundraising at Santa Clara Horseman's Association. Must have been 5+ years ago. I joined to support local endurance ride club and just continued being a member, but I've not participated in any club activity. In fact, I found out that I didn't receive any club materials for a few years because my address and email address were incorrect (lol). I found out because Becky passed club yearbook to me one year.



Rides you would like to go to?

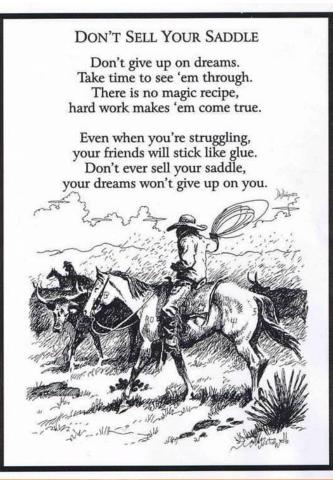
I'd like to do a 100 mile ride some day. Locally, probably Fireworks because I remember the different terrains we got to see. I'd want to go to different rides in the West (SoCal/Nevada/etc) to experience the flat desert rides. I crewed for Twenty Mule Team ride once and that looked fun.

What do you do when not riding? (work, hobbies?) I am a software engineer manager at a tech company. Other than riding, I sew (clothing), knit (clothing), scrapbook, make cards, and watch way too much TV.

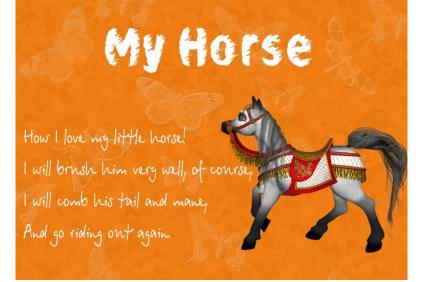
Any items on your bucket list (besides getting a truck)? Own my own home and have my own horse! Travel - Galapagos, Africa (riding Safari), Germany, too many to name.

Poetry corner and other goodies

I found a letter I wrote to my parents in 1959. I quote: "I rode for almost three hours today from the Almaden Country Club almost to the old Senator Quicksilver mines. I missed my calling because I enjoyed that so thoroughly that I could ride for three hours every day and never tire of it." *Julie Suhr*



He's not just my Horse.. He's my Dreams, He's my Happiness, He's my Heart, Laughter, He's my Teacher, 5 He's the Best Part of Me! www.thevelvetmuzzle.com

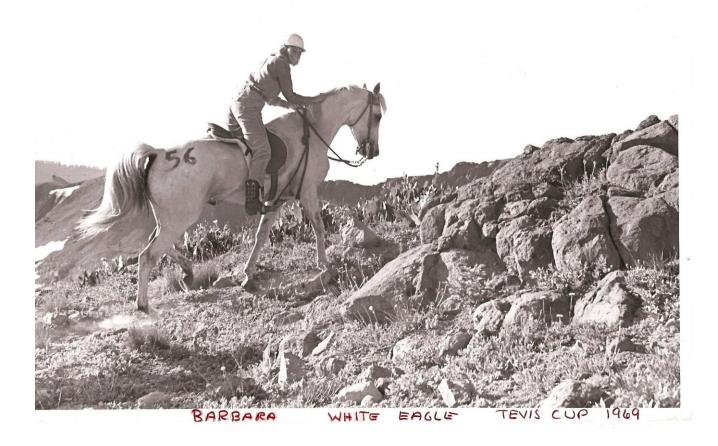


My horse's feet Are as swift as rolling thunder He carries me away From all my fears And when the world threatens To fall asunder His mane is there To wipe my tears...

Breaking News... Barbara White Honored!

By Jerry Wittenauer

The Western States Trail Foundation (managers of the annual Tevis Cup) has selected Barbara White as this year's recipient of the Drucilla Barner Award. This award is presented each year to an individual who - through their distinguished service - has made significant contribution to the goals of the Western States Trail Foundation. In addition to completing the Tevis Ride 34 times (more than any other rider!!!), Barbara has served for many years on the Western States Board of Governors, working in various capacities to protect the trail, preserve its history, and help stage the annual ride. The Quicksilver Riders know Barbara as a friend and mentor, and we are so proud to see her recognized for her efforts! Ever humble, Barbara recently pointed out that she may be the only rider in the history of the Tevis Cup to have been pulled at every vet check! Of course, Barbara is being recognized for far more than that with this award – congratulations from your Quicksilver Family!



SAVE THE DATE !!!

Qhícksílver Club ríde at Fort Ord March 13 at 10AM Detaíls to follow Trea\$urer'\$ report: General Account Balance: \$10,625 Trails account Balance: \$1,074.88 Your membership dues are pretty much the only source of income for the club, especially this year, since we had to cancel the Quicksilver Ride. If you haven't renewed your membership yet, please consider doing that sooner rather than later! Thank you!

Birthdays!!

February

6- Hillorie Bachmann, 8- Hillary graham, 9- Alec Bernstein, 12- Becky Hart and Laney Humprey, 20- Katelyn McClarney, 21- Steve Lenheim, 26- Maryben Stover, Chuck Kessinger & Cynthia Ledoux, 26- Bruce Weary

Quicksilver Endurance DECEMBER Board Meeting Minutes

The Board meeting was held via Zoom on January 20, 2021.

In Attendance: Jill, Jerry W., Dick, Trilby, Maryben, Margaret and Carolyn.

- The first order of business was assignment of new board officer positions. Jill Kilty-Newburn will continue as President, Jerry Wittenauer accepts the Vice President role (as well as Secretary for the Quicksilver ride), Margaret Hastings will assume Secretary and the Treasurer position is still open. After many years handling Treasurer duties for the Club, Trilby is handing over the reins. Jill will reach out to members with the expertise to fill this role.
- General Announcements: Lori and Shannon have put together the Club Directory including member photos and mileage totals and it is being mailed to members along with a cool gift.
- The Club's "Virtual" Awards Banquet will be held next month at 7 p.m. on February 17th via Zoom. In lieu of our usual Club awards there will be something fun called "Awards of Dubious Distinction." Jill is accepting nominations.
- Possible Club activities such as a group ride or campout were discussed. Due to COVID most campgrounds are still closed so that possibility will be revisited later in the year. The Board decided a group ride followed by a BYO lunch (to support a more COVID safe atmosphere) would be held on Saturday, March 13th at Fort Ord. More details will follow.
- Revisited the issue of some members' request that a hard copy of Quips be mailed to them. Trilby and Maryben will continue to sort this out and the Membership form will be updated with a check box to request Quips by mail along with the fee to cover costs.
- New Business discussed included QSER purchasing a quarter page ad in the Annual Tevis Forum mailed to all AERC members. This would help to support the Tevis and serve to get the Club's name out there in hopes of generating new membership. The Board was amenable to the idea and Jerry will draft artwork and a mock-up ad for review at the next meeting.
- The Board meeting schedule will continue on the third Wednesday of the month via Zoom. The next meeting will be at 6:30 p.m. February 17th just before the virtual banquet.
- > The meeting adjourned at 8:05 p.m.

Margaret

Books by Lori Oleson ---

Enduring Memories and Endurance... Years Gone By are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at (408) 710-5651 or lorioleson@alumni.cpp.edu

HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California. Stalls: \$350.00, pasture \$280.00, fed twice a day high-quality orchard-alfalfa mix hay. 96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders. **Trilby – (408) 997-7500** Books by Julie Suhr ---Ten Feet Tall, Still and ...but it wasn't the horse's fault! are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at (831) 335-5933

CENTERED RIDING® LESSONS

Help your horse use him/herself effectively while going down the trail. Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable. Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860**



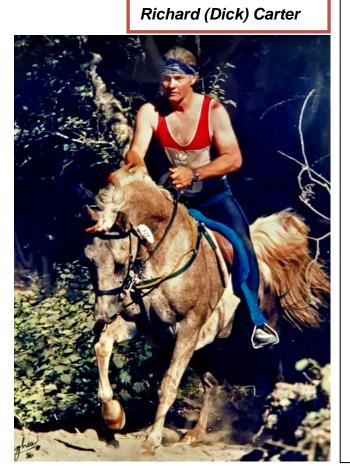
Getting to know your board members... and some of their ponies!

Margaret Hastings

I've always loved horses and rode whenever I got the chance growing up. I guess it all started with that pony ride when I was three. I took lessons from an old Dutchman on the peninsula throughout middle and high school but didn't get my own horse until I finished college. He was an American Saddlebred named Keystone and at the time I was living in Mount Shasta, CA. I loved riding the beautiful mountain trails and thought of endurance riding but didn't know much about it (pre-internet era). Then a move back to the bay area, marriage, career and kids happened and 30 years passed without a horse. About six years ago I decided to get back into riding and began taking lessons with Becky Hart who has been a wonderful mentor. I purchased a six year old Arabian gelding named Pravda and we started our quest to become an endurance team. We did have a couple of set-backs early on but Pravda



and I are getting our groove on now. I couldn't ask for a better horse and love all the people we've met in the sport. I'm looking forward to becoming more involved in our club and getting out to more endurance rides in the future.



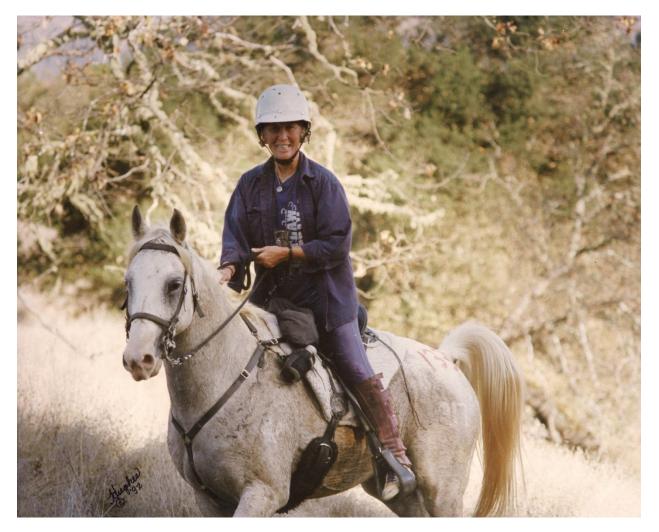
Did my 1st ride in 1973 and enjoyed riding with my daughters until they discovered boys! I now have close to 9,000 miles, with my favorite rides being 100's, the first at Swanton (and enjoyed the Castle Rock 50) and of course the big one being Tevis! For the Quicksilver Endurance Riding Club, I've been on the Board, a Ride Manager, mentor and contributor for trails since the late '70's.

Proudest accomplishment: establishing the first organized ride of any kind in Harvey Bear County Park (intro, 25 and 50 milers) and comanaging it with Sandy Holder. -My wish list was to connect through Open Space to Henry Coe, which became a multi-day ride 2 years in a row. My desire is to find a permanent trail to connect these parks going forward. Published my 1st play recently along with another publication of poems and short stories. I also enjoy all forms of artwork – painting, drawing and my artwork has graced the cover of multiple published books. Beyond everything else, I love horses and pretty girls (of course)!

Trilby Pederson

Trilby Pederson has been a Quicksilver Endurance Riders Member for over 34 years, and most of those have been on the Board serving as Treasurer. She is a woman of many interests and talents, endurance riding being but one of them. For over three decades she competed across the country. Although she has at times been a vocal and eccentric representative of endurance riding, she has always been a very generous person and very caring of her horses. She was recognizable by the flamboyant costumes she makes herself and her traditional purple riding outfits. Her antics, though, will be etched in AERC history while racking up amazing amounts of miles on many fine horses. In 1986 alone, Trilby started and finished 108 rides for a total of 7,115 miles. She was the first rider to compete over 60,000 miles in endurance riding.

Lest you think all she did was ride, you should know that Trilby is an independent business woman who has had a successful accounting firm for over 70 years. She is a talented seamstress and quilter, even making costumes for Sonny and Cher and other entertainers in Hollywood. She is the mother of 6 children, 13 grandchildren and 7 greatgrandchildren . . . making all of them pajamas to match at Christmas time!



ITS GREAT TO BE BACK - By Michelle King

Hey all!!!!! Many of you remember me as a young, energetic, sometimes sassy kid who was running behind (or ahead) of my grandfather, Pete Lemond; asking how high when he told me to

jump. My first ride was Tar Springs at the age of 8. Boy was I exhausted, but I was hooked.

I rode for 10 more very successful years on Sinbad, Earl, and of course Casey, otherwise known as HCC Nurtrd. Oh, the memories I have of so many of you. Hugh and Gloria Vanderford whom I love dearly. Gosh, we had so much fun.

I think of Maryben, who no matter what, would take on all of us juniors (It is a wonder she maintained



any of her sanity!) and all of you that I looked up to...Becky and Judith, Robert and Melissa, Trilby, the Suhr's, and many more.

Then life hit and I thought I knew it all, typical teenage things but it put me on a path away from the sport I had grown to love so much.

I joined the army and had a very lucrative career, traveling the world, as well as deploying to both Iraq and Afghanistan multiple times and finally retiring in 2014 as a chief warrant officer. I always knew that one day I

would find my way back to horses and hopefully back into endurance riding.

Luckily for me, I did!!!!

In July 2020, I was told I could have a mare with foal by my mom's neighbor. I was super excited, but knew I was in for a long road. The mare was severely underweight and I knew the foal would be born any day. On July 28, Prada was



born. However, not exactly thriving. I knew something was wrong and needed

the vet back out ASAP, but my dad and I couldn't get ahold of him. With me in a panic, my dad called Sandy Holder (she lives up the hill from my parents). Sandy wasted no time coming to my rescue. (Keep in mind I had never met Sandy). Sandy offered to take Prada and mom up to her place, where she could keep a watch through the night. With her help Prada and mom began to thrive, and now look better than ever.

Sandy and I started to talk about my young years when I

rode and I told her how much I missed riding and endurance. She offered to go riding and allowed me to ride Bolt. I immediately fell in love. Three months later I did my first ride in over 25 years. I am forever grateful that Sandy came into my life. I look forward to seeing all of you out on the trail. Man, it is great to be back!!!!!





IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!!

Club Mission - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name

And then your address

And your phone number and e-mail _____

And then we need your money! Senior membership is \$ 30 ______ Junior membership is \$ 20 ______ (a junior is under 16 years of age) Family Membership is \$45 ______ Mailed Quips (paper copy) \$20 ______ Total enclosed \$ ______ You can go to our website at : www.qser.net to join, OR send a check made out to: Quicksilver Endurance Riders, Inc. to: Maryben Stover, 1299 Sandra Drive, San Jose, CA 95125-3535 THANK YOU!!

